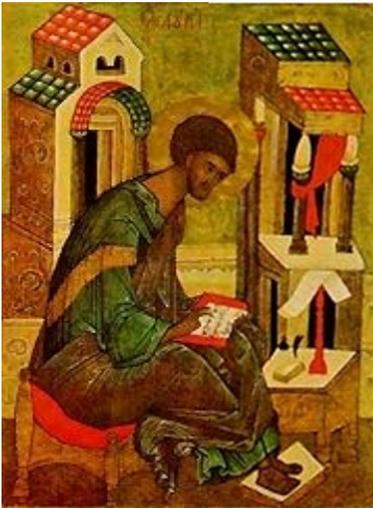


Saint Katherine Greek Orthodox Church



Sunday, October 13, 2019
**Sunday of
The 7th Ecumenical Council**

**Carpos, Papylos, Agathodoros,
and Agathoniki, Benjamin the Deacon**



Apolytikion of the Day (4th Plagal Tone)

-From on high You descended, Most Merciful; for us You condescended to a three-day burial to set us free from the passions. O Lord, our Resurrection and our life, glory to You!

-Εξ ύψους κατήλθες ο εύσπλαγχνος, ταφήν κατεδέξω τριήμερον, ίνα ημάς ελευθερώσης των παθών. Η ζώή και η ανάστασις ημών, Κύριε δόξα σοι.

Apolytikion of the Church Fathers of the 7th Ecumenical Council (4th Plagal Tone)

-Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

-Υπερδεδοξασμένος εἶ, Χριστέ ο Θεός ημών, ο φωστήρας ἐπὶ γῆς τοὺς Πατέρας ημών θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὀδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

-Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

-Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν τὴν θείαν καὶ πολιοῦχον Σινά, τὴν βοήθειαν ημών καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῆ δυνάμει. Καὶ νυν ὡς Μάρτυρ στεφθεῖσα, αἰτεῖται πάσι τὸ μέγα ἔλεος.

Kontakion of the Day (2nd Tone)

-The protection of Christians unshameable, intercessor to our Holy Maker, unwavering, do not turn from the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercession and speed now to supplication, as a protection for all time, Theotokos, for those who honor you.

-Προστασία τῶν χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον ὡς ἀγαθή, εἰς τὴν βοήθειαν ημών, τῶν πιστῶς κραυγαζόντων σοι: Τάχυνον εἰς πρεσβείαν, καὶ σπεύσον εἰς ἱκεσίαν, ἡ προστατεύουσα αεὶ, Θεοτόκε τῶν τιμώντων σε.

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Epistle Reading

Blessed are you, O Lord, the God of our fathers.

For you are just in all you have done.

The reading is from St. Paul's Letter to Titus.

Titus 3:8-15 – Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel Reading

Luke 8:5-15 – The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

Adult Bible Class - Classes are held every Sunday at 9:30am in the board room of the Meletis Charuhas Center. Join us each Sunday to learn more about our faith. "*A Journey through the Orthodox Faith Guided by the Words of the Bible*". This year's topic: *The Gospel of Luke*. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone is welcome!

Journey to Orthodoxy – The "Journey to Orthodoxy" class for adults meets 9:30am-10:30am Sunday, before Liturgy, (concurrently with the Sunday School). The class is designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox faith. It is also recommended for intending or newly married couples where one spouse is not Orthodox. The class is held in an informal discussion format. Text is provided. We meet in the Seniors' Kentro room on the ground floor of Founders' Hall. For further information, please contact the teachers, Dr. John Demakis demakis9931@gmail.com or Mr. Jim Jatras heraclius13@gmail.com, 202-375-1007.

Church Playroom – Parents please accompany your children in the playroom downstairs. Regardless of age, all children in the playroom must be supervised by a Parent at all times.

The parking spot next to the assistant priest is restricted for the Head Chanter. A sign will be placed in the coming weeks.

Stewardship Table – Please stop by the stewardship table and update your email on record. We are transitioning to mailing statements to save \$2,000 in mailing costs. Thank you.

MANY THANKS to all of our parishioners who worked so hard prior and during our Festival! Our Fall Festival was a great success! May God bless you all!



Announcements



Celebrating our Saint Katherine Church on Sunday, November 10, 2019. There will be a Free Lunch after the Divine Liturgy. Only 300 tickets will be available! Please RSVP to Sophia Tsangali at stsangali@stkchurch.com. (There will be only one Liturgy on November 10, Orthros 9:30am, Divine Liturgy 10:30am.)

Ladies Philoptochos is selling their cookbooks every Sunday after the second Liturgy. **General meeting** is going to be held on Sunday, October 20th, in the board room, after the second Liturgy.

The Ladies Philoptochos is inviting all parishioners, young and mature on Friday, October 18th, 7:00pm-9:00pm at the Chelpon Hall, for an ongoing seminar, of our Metropolis Opioid Response Effort "Support Without Judgment". Reception to follow.

GOYA – Upcoming events: Opioid Awareness (10/18); St. Nicholas Basketball Tournament (10/19-20). For more information, email SaintKatherineGOYA@aol.com.

The St. Katherine's HOPE ministry for children (ages 7 and under) is meeting at the "Burke Nursery Pumpkin Playground" in Burke, VA (9401 Burke Rd.) on Sunday, October 20th, from 3-6pm. Please email Doris Mentis at doris@alumni.virginia.edu to register (admission for children will be provided, if registered). For further details please visit: www.pumpkinplayground.com.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class "*Catechetical Lecture of Saint Cyril*" is taking place every Tuesday at 7:00 p.m. in the Board Room. This includes time for discussion and fellowship.

The Genevieve Orthodox Book Club meets the last Sunday of each month after the Divine Liturgy in the Seniors Kentron. All are welcome to join us. If you would like to be included on our mailing list or for more information, please contact vistoriachepes@gmail.com.

Attention Parishioners! When attending church services and events at our church, kindly please park your car properly within the designated parking space lines in the parking lot. This will prevent loss of a space for someone else to park their car. Thank you!

Mission Trip – Are you interested in going on an OCMC mission trip? Last year, OCMC sent 22 short term mission teams to 10 countries and ministered to nearly 7,000 people. See OCMC.org for more information.

Daughters of Penelope - Helle Chapter 283, and Saint Katherine's Ladies Philoptochos are accepting New Hoodies and Sweatshirts. Please click on link <http://bit.ly/DOPHelleKeepWarm>. Monetary donations will be accepted. Thank you!

The Daughters of Penelope is an organization that promotes Hellenism, Education and Philanthropy. Our initiation will take place at 12 Noon, today, in Chelpon Hall. If you are interested in joining this wonderful organization, please contact Rosalie Georgeadis at 703 432-1723 or rgeorgeadis@hotmail.com, or President, Maria Vargas, at 703- 812-0286 (Mariatv703@yahoo.com).

50th Anniversary Dinner for Father George Alexson – Sunday, October 27, 2019. 6:00-7:00pm Cocktail hour with complimentary hors d'oeuvres and cash bar. 7:00-10:00pm Dinner Reception (semi-formal attire) at Belmont Country Club (19661 Belmont Manor Lane, Ashburn, VA 20147, 703-723-5349, www.BelmontContryClub.com.) \$80 per adult, \$20 per child, 12 and under. Menu options: filet mignon, stuffed chicken with spinach and feta, and salmon. All entrees are served with salad, bread, coffee, tea and dessert. Please email us at info@hagoc.org.

Church Services

Sunday, October 13 *Sunday of the 7th Ecumenical Council* – 1st Div. Liturgy 8:00am; Orthros 9:30am; 2nd Div. Lit. 10:30am
Friday, October 18 *St. Luke the Evangelist* – Orthros 9:30am; Divine Liturgy 10:30am
Sunday, October 20 *6th Sunday of Luke* – 1st Divine Liturgy 8:00am; Orthros 9:30am; 2nd Divine Liturgy 10:30am
Saturday, October 26 *St. Demetrios the Myrrh-Streamer* – Orthros 9:30am; Divine Liturgy 10:30am
Sunday, October 27 *7th Sunday of Luke* – 1st Divine Liturgy 8:00am; Orthros 9:30am; 2nd Divine Liturgy 10:30am
(General Assembly)

Sunday Services: Orthros 9:30am., Divine Liturgy 8:00am & 10:30am -- Week Day Services: Orthros 9:30am, Divine Liturgy 10:30am

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Michael Parrish and Leon Porter, 571-213-1109
Protos-Psalter – Nicholas Mpras 703-560-7714
Choir Director – John Slanta 703-307-0142
Catechetical School – Christina Vazquez 703-728-2657
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161
YAL President – Faye Anson fanson38@yahoo.com
GOYA President – Iliana Tzafolias,

SaintKatherineGOYA@aol.com

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church