Apolytikion of the Day (Second Plagios Tone)

When the Angelic Powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You, resurrected from the dead, O Lord, glory to You.

Αγγέλικαι Δυνάμεις επὶ τὸ μνήμα σου, καὶ οἱ φυλάσσοντες απενεκρόθησαν. Καὶ ἵστατο Μαρία εν τῷ τάφῳ, ἥττοὺσα τὸ ἀχραντὸν σου σῶμα. Ἐσκύλευσας τὸν Ἀδην, μὴ πειρασθείς υπ’ αυτοῦ. Ὑπήντησας τῇ παρθένῳ, δωρούμενος τὴν ζωῆν. Ο αναστάς εκ τῶν νεκρῶν, Κύριε δόξα σοι.

Apolytikion of Saint Katherine the Great Martyr (First Plagios Tone)
The all-blessed bride of Christ let us extol in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of us.

Την πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημῶν και αντίληψιν, ὃ εφίμωσε λαμπρώς, τοὺς κομψούς τῶν ασεβῶν, τοῦ Πνεύματος τῇ δύναμει. Και ὡς μάρτυς τοῦ Κυρίου στεφθείσα, αἰτείται πάσι, τὸ μέγα ἔλεος.

Kontakion of the Day (Second Tone)

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία τῶν χριστιανῶν ακαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετο, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλά πρόφθασον ως γαθή, εἰς τὴν βοήθειαν ημῶν, τῶν πιστῶς κραυγαζόντων σου: Τάχυνον εἰς πρεσβείαν, καὶ σπεύδον εἰς ικεσίαν, η προστατεύουσα αεί, Θεοτόκε τῶν τιμῶντος σε.
Epistle Reading

O Lord, save your people and bless your inheritance. To you, O Lord, have I cried, O my God.

The reading is from Saint Paul’s Second Letter to the Corinthians.

Corinthians 4:6-15 – BRETHREN, it is God who said, “Let light shine out of darkness,” who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ.

But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested into our bodies. For while we live we are always being given up to death for Jesus’ sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us but life in you.

Since we have the same spirit of faith as he had who wrote, “I believed, and so I spoke,” we too believe, and so we speak, knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

Gospel Reading

Luke 7:11-16 – At that time Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, “Do not weep.” And he came and touched the bier, and the bearers stood still. And he said, “Young man, I say to you, arise.” And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, “A great prophet has arisen among us!” and “God has visited his people!”

Wisdom of the Church Fathers

The sign that thou lovest God, is this, that thou lovest thy fellow; and if thou hatest thy fellow, thy hatred is towards God. For it is blasphemy if thou prayest before God while thou art wroth. For thy heart also convicts thee, that in vain thou multipliest words: thy conscience rightly judges that in thy prayers thou profitest nought.

St. Ephraim the Syrian , ON ADMONITION AND REPENTANCE.

Let us then, bearing in mind all the things which have been said, show forth great love even towards our enemies; and let us ease away that ridiculous custom, to which many of the more thoughtless give way, waiting for those that meet them to address them first.

St. John Chrysostom, Homily 18 on Matthew 5
4th Century

There are three things that impel us towards what is holy: natural instincts, angelic powers and probity of intention. Natural instincts impel us when, for example, we do to others what we would wish them to do to us (cf. Luke 6:31), or when we see someone suffering deprivation or in need and naturally feel compassion. Angelic powers impel us when, being ourselves impelled to something worthwhile, we find we are providentially helped and guided. We are impelled by probity of intention when, discriminating between good and evil, we choose the good.

St. Maximos the Confessor, Second Century on Love no. 32, Philokalia Vol. 2 edited by Palmer, Sherrard and Ware; Faber and Faber pg. 71
7th century
"Every work which does not have love as its beginning and root is nothing."

St. John Chrysostom, Unknown
4th century

Announcements

**Today is the last day of our FALL FESTIVAL! Please come and taste our home made delicious Greek food and pastries, enjoy Greek music and dancing and so much more!**

**Saint Katherine Annual Dinner Gala – SAVE THE DATE!** Sunday, November 10, 2013 at the McLean Hilton in Tysons Corner in celebration of our Parish and our many blessings and also to honor the Veterans of our community (all veterans planning to attend please register at our booth in the lobby after liturgies). Our honored guest will be His Eminence Metropolitan Evangelos of New Jersey. 6:00 PM Silent Auction and Reception; 7:00 pm Dinner. Music by “Appolonia.” For info & reservations, contact Nick Larigakis, Dinner Chairman, 703-909-9078.

**EFGOCM Choir Conference** will be hosted by Saint Katherine the weekend of October 17-20. Beginning today and through the end of September, please stop by Choir Table at the Coffee Hour and place an ad or welcome to our participants in our Program Book. Please contact Katina Doulis, Conference Chairman, at 703-899-4130.

**Monumental Mission Walk, October 19** – On October 19, Orthodox Christians from around the metro-DC area will converge on the National Mall for the first-ever Monumental Missions Walk. Sponsored by our Metropolitan DC Orthodox Christian Mission and Outreach Committee, the event is a 3-mile spiritual stroll past some of our nation’s most important landmarks & will benefit Orthodox Missions world-wide and locally. For more information and to register, visit https://monumentalmissionswalk.eventbrite.com.

**Women’s Book Club** – Our first meeting is on Wednesday, October 9 at 10:30 a.m. We will start reading a new book, *Everyday Saints and Other Stories*, http://everydaysaints.com/27.htm. This is a best seller in Russia and has been translated into English. We look forward to your continued friendship and sharing our Orthodox journey together in the coming year. Please contact Fay Mpras to join us, faympras@gmail.com. Book available at the bookstore or at the meeting.

**OCAMPR – On November 1-2, 2013, the Orthodox Christian Association of Medicine, Psychology and Religion (OCAMPR) will hold its annual national conference at Saint Katherine. The theme of the Conference is The Clinical and Pastoral Care of the Aging Patient. Our keynote speaker Friday night will be Bishop John of Boston and New England of the Antiochian Archdiocese who is also a clinical psychologist. On Saturday we will have noted speakers covering the medical, psychological, and religious issues of the aging patient. Go to www.OCAMPR.org for the full agenda and to register or email J. Demakis for more information, demakis9931@gmail.com.**

**AHEPA Christmas Ornaments** – The Peter N. Derzis AHEPA Chapter #438 is proud to announce orders are now being taken for our Sixth Annual Community Christmas Ornament. These collectable ornaments have grown in popularity from year to year and we are extremely proud of this year’s offering. This stunning three-dimensional ornament is entitled “Star of Saint Katherine” and is a testament to the indomitable spirit of our community, its ministries and those who lovingly labor in its behalf. Manufactured by the same firm that creates the...
famous White House Christmas ornaments, they make excellent gifts and are the ideal stocking stuffer. Ornaments will first be available for sale during the Fall Festival and after Liturgies during coffee hour while supplies last. Please visit our booth at the Fall Festival or place your order after Liturgy, or by sending requests to antovi@verizon.net or by calling 703-929-6110.

**Missions Food Pantry** – Thank you to Saint Katherine’s community for giving so generously on September 22 to the Columbia Baptist Food Pantry next door to our church. We are pleased to report that 1,100 pounds of food was donated and delivered that day. Your generosity is a blessing to many.

**Single Parent Fellowship** – Join us for the inaugural meeting of the newest mission of our church – Single Parent Fellowship. We will meet on Sunday, October 13, 9:30 a.m. All single parents are welcome. Please feel free to contact Andrea Katsenes, the coordinator, at andrea.katsenes@verizon.net.

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**Church Services**

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| Sunday, October 13 | **Sunday of the Seventh Ecumenical Council**  
Divine Liturgy 8:00 a.m. and 10:30 a.m.; Orthros and Catechetical School 9:30 a.m. |
| Sunday, October 20 | **Sixth Sunday of Luke**  
Divine Liturgy 8:00 a.m. and 10:30 a.m.; Orthros and Catechetical School 9:30 a.m. |
| Sunday, October 26 | **Saint Demetrios the Myrrhbearer**  
Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m. |
| Sunday, October 27 | **Seventh Sunday of Luke**  
Divine Liturgy 8:00 a.m. and 10:30 a.m.; Orthros and Catechetical School 9:30 a.m. |

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**Offertory Prayer.** O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

**Προσευχή Προσφοράς.** Ω Θεέ, ὁπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δέχθηκε από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το άλλος και φιλανθρωπία του μονογενοῦς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εἰς τὸν αἰώνα. Αμήν.

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The Sunday bulletin is available online in two formats—a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting: [http://www.saint-katherines.org/about_us/sunday-bulletins](http://www.saint-katherines.org/about_us/sunday-bulletins)