

Saint Katherine Greek Orthodox Church



Sunday, September 29, 2019
2nd Sunday of Luke

Kyriakos of Palestine, the Anchorite
Martyr Petronia



Apolytikion of the Day (2nd Plagal Tone)

-Angelic powers appeared at Your tomb, and those guarding it became like dead, and at Your grave Mary was standing, seeking Your most pure body. You plundered Hades, not being tempted by it; You encountered the virgin, granting life. O Lord, who rose from the dead, glory to You!

-Αγγελικαί Δυνάμεις επί το μνήμα Σου, και οι φυλάσσοντες απενεκρώθησαν, και ίστατο Μαρία εν τω τάφω, ζητούσα το άχραντός Σου σώμα. Εσκύλευσας τον Άδην, μη πειρασθείς υπ' αυτού. Υπηνητησας τη παρθένω, δωρούμενος την ζωήν. Ο αναστάς εκ των νεκρών, Κύριε δόξα σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

-Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

-Την πανεύφημον νόμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δύναμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (2nd Tone)

-The protection of Christians unshameable, intercessor to our Holy Maker, unwavering, do not turn from the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercession and speed now to supplication, as a protection for all time, Theotokos, for those who honor you.

-Προστασία των χριστιανών ακαταίσχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε, μή παρίδης, αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον ως αγαθή, εις την βοήθειαν ημών, των πιστών κραυγαζόντων σοι: Τάχυνον εις πρεσβείαν, και σπεύσον εις ικεσίαν, η προστατεύουσα αεί, Θεοτόκε των τιμώντων σε.

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Epistle Reading

O Lord, save your people and bless your inheritance.

To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Second Letter to the Corinthians.

2nd Corinthians 4:6-15 – Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ.

But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you.

Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

Gospel Reading

Luke 6:31-36 – The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

Adult Bible Class - Classes are held every Sunday at 9:30am in the board room of the Meletis Charuhas Center. Join us each Sunday to learn more about our faith. "A Journey through the Orthodox Faith Guided by the Words of the Bible". This year's topic: The Gospel of Luke. Please see enclosed flyer. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone is welcome!

Journey to Orthodoxy – The "Journey to Orthodoxy" class for adults meets 9:30am-10:30am Sunday, before Liturgy, (concurrently with the Sunday School). The class is designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox faith. It is also recommended for intending or newly married couples where one spouse is not Orthodox. The class is held in an informal discussion format. Text is provided. We meet in the Seniors' Kentro room on the ground floor of Founders' Hall. For further information, please contact the teachers, Dr. John Demakis demakis9931@gmail.com or Mr. Jim Jatras heraclius13@gmail.com, 202-375-1007.

Church Playroom – Parents please accompany your children in the playroom downstairs. Regardless of age, all children in the playroom must be supervised by a Parent at all times.

The parking spot next to the assistant priest is restricted for the Head Chanter. A sign will be placed in the coming weeks.

Stewardship Table – Please stop by the stewardship table and update your email on record. We are transitioning to mailing statements to save \$2,000 in mailing costs. Thank you.

The Children's AGAPE Foundation of the Greater Washington DC area that assists ill and needy children for payment of medical and medically related expenses, invites you to their 27th Annual AGAPE Tea at Sts. Constantine & Helen Church at 7101 Norwood Road in Silver Spring, MD, this SATURDAY, October 5, from 2-4pm. There will

be an educational lecture by Audiologist Dr. Andrea Liacouras, door prizes, and wonderful food and refreshments provided by members of the Agape Board. Donations will be accepted and can be forwarded to our church office if unable to attend, Attention Agape Foundation-Mrs. Diane Argerson or Dr. Evie Cavros. The AGAPE Foundation appreciates your support for our worthy cause.



Announcements



Memorial Service is offered this morning for **Manolis and Soterios Ponirakis**, husband and son of Mrs. Mina Ponirakis, and father and brother of Angelo Ponirakis. May their memory be eternal!

Coffee Hour is sponsored this morning by Mrs. Mina Ponirakis and family in memory of her beloved husband and son, Manolis and Soterios Ponirakis; and by our Ladies Philoptochos.

Coffee hour, following the second Divine Liturgy, is also sponsored this morning by our Church to welcome Father Nikolas, Presvytera Katerina, and their little son, Stamatios Delaveris. Kalosorisate! May God bless you! (*See enclosed short biography*)

The Ladies Philoptochos is inviting all parishioners, young and mature on Friday, October 18th, 7:00pm-9:00pm at the Chelpon Hall, for an ongoing seminar, of our Metropolis Opioid Response Effort "Support Without Judgment". Reception to follow.

GOYA – Youth Sunday and GOYA meeting today after church. We will also be selling ads for our Basketball tournament (11/2-3). Upcoming events: St. Katherine Festival (10/4-6); Cox Farm (10/11); Food Distribution (10/12). For more information, email SaintKatherineGOYA@aol.com.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class "Catechetical Lecture of Saint Cyril" is taking place every Thursday at 7:30 p.m. in the Board Room. This includes time for discussion and fellowship.

The Genevieve Orthodox Book Club meets the last Sunday of each month after the Divine Liturgy in the Seniors Kentron. All are welcome to join us. If you would like to be included on our mailing list or for more information, please contact vistoriacherpes@gmail.com.

Attention Parishioners! When attending church services and events at our church, kindly please park your car properly within the designated parking space lines in the parking lot. This will prevent loss of a space for someone else to park their car. Thank you!

Mission Trip – Are you interested in going on an OCMC mission trip? Last year, OCMC sent 22 short term mission teams to 10 countries and ministered to nearly 7,000 people. See OCMC.org for more information.

Saint Katherine Fall Festival – Next Weekend, October 4-6, 2019, 11:00am-9:00pm. Live music by Golden Flame. We need volunteers for the Festival! We are using [SignUp.com](https://signup.com/go/HqZxrRC) to organize volunteers for our upcoming Fall Festival. Click <https://signup.com/go/HqZxrRC> to see our SignUp. Review the options listed and choose the spot(s) you like; or Sign up! It's easy-you will NOT need to register an account or keep a password on SignUp.

Daughters of Penelope - Helle Chapter 283, and **Saint Katherine's Ladies Philoptochos** are accepting New Hoodies and Sweatshirts. Please click on link <http://bit.ly/DOPHelleKeepWarm>. Monetary donations will be accepted. Thank you!

The Daughters of Penelope is an organization that promotes Hellenism, Education and Philanthropy. Our next initiation will take place at 12 Noon on October 13, in Chelpon Hall. If you are interested in joining this wonderful organization, please contact Rosalie Georgeadis @ 703 432-1723 or rgeorgeadis@hotmail.com. or President, Maria Vargas 703- 812-0286 (Mariatv703@yahoo.com).

Looking for home care work for the elderly and some tutoring, Greek or English or babysitting; Fluent in Greek and English; Fairfax, Falls Church, Vienna, McLean or Reston area. Please call the Church office, 703-671-1515.

Church Services

Tuesday, October 1	Vespers for Saint Paraskevi 7:00pm – Our Saint Katherine will be blessed to have the Miracle-Working Icon of Saint Paraskevi from Kattavia, Rhodes, Greece. Accompanying the sacred icon is Fr. Zacharias from the parish of St. Paraskevi and Skiathi Monasteri, Rhodes, Greece. (See enclosed flyer). <i>Vespers with Orthros and Liturgy</i> will also take place at Saint Sophia Cathedral, Washington, DC on Monday, September 30 at 6:00pm.
Sunday, October 6	3rd Sunday of Luke – 1 st Divine Liturgy 8:00am; Orthros 9:30am; 2 nd Divine Liturgy 10:30am
Sunday, October 13	Sunday of the 7 th Ecumenical Council – 1 st Div. Liturgy 8:00am; Orthros 9:30am; 2 nd Div. Lit. 10:30am
Friday, October 18	St. Luke the Evangelist – Orthros 9:30am; Divine Liturgy 10:30am
Sunday, October 20	6 th Sunday of Luke – 1 st Divine Liturgy 8:00am; Orthros 9:30am; 2 nd Divine Liturgy 10:30am
Saturday, October 26	St. Demetrios the Myrrh-Streamer – Orthros 9:30am; Divine Liturgy 10:30am
Sunday, October 27	7 th Sunday of Luke – 1 st Divine Liturgy 8:00am; Orthros 9:30am; 2 nd Divine Liturgy 10:30am

Sunday Services: Orthros 9:30am., Divine Liturgy 8:00am & 10:30am -- *Week Day Services:* Orthros 9:30am, Divine Liturgy 10:30am

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Αβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Michael Parrish and Leon Porter, 571-213-1109
Protos-Psalter – Nicholas Mpras 703-560-7714
Choir Director – John Slanta 703-307-0142
Catechetical School – Christina Vazquez 703-728-2657
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161
YAL President – Faye Anson fanson38@yahoo.com
GOYA President – Iliana Tzafolias,
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