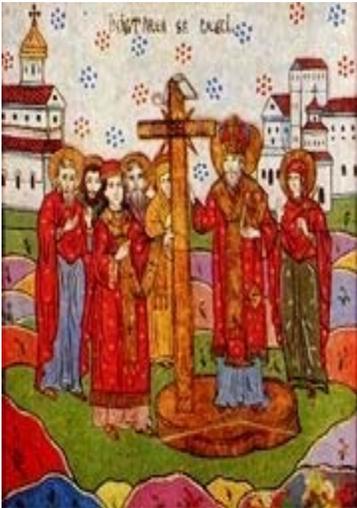
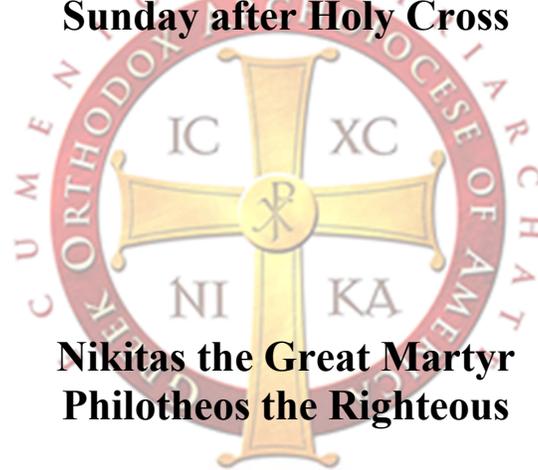


Saint Katherine Greek Orthodox Church



Sunday, September 15, 2019
Sunday after Holy Cross



Nikitas the Great Martyr
Philotheos the Righteous



Apolytikion of the Day (4th Tone)

-The joyful news of Your resurrection was told to the women disciples of the Lord by the angel. Having thrown off the ancestral curse, and boasting, they told the Apostles: death has been vanquished, Christ our God is risen, granting to the world great mercy.

-Το φαιδρόν της Αναστάσεως κήρυγμα, εκ του Αγγέλου μαθούσαι αι του Κυρίου μαθήτριαι, και την προγονικήν απόφασιν απορρίψασαι, τοις Αποστόλοις καυχώμεναι έλεγον. Εσκύλευται ο θάνατος, ηγέρθη Χριστός ο Θεός, δωρούμενος τω κόσμω το μέγα έλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

-Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

-Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Tone)

- Lifted up on the Cross by Your free will, Christ God, grant mercies to the new commonwealth that bears Your name. Gladden our faithful rulers by Your power, giving them victories over their adversaries. May Your alliance be for them a weapon for peace, an invincible standard.

-Ο υψωθείς εν τω Σταυρώ εκουσίως, τη επωνύμω σου καινή πολιτεία, τους οικτιρμούς σου δώρησαι, Χριστέ ο Θεός, εύφρανον εν τη δυνάμει σου, τους πιστούς Βασιλείς ημών, νίκας χορηγών αυτοίς, κατά των πολεμίων, την συμμαχίαν έχοιεν την σην, όπλον ειρήνης, αήττητον τρόπαιον.

Epistle Reading

O Lord, how manifold are your works. You have made all things in wisdom.

Bless the Lord, O my soul.

The reading is from St. Paul's Letter to the Galatians.

Galatians 2:16-20 – Brethren, knowing that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Gospel Reading

Mark 8:34-38; 9:1 – **The Lord said:** "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Εἶπεν ὁ Κύριος: Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἀμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

Adult Bible Class - Classes are held every Sunday at 9:30am in the board room of the Meletis Charuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone is welcome!

Journey to Orthodoxy – The “Journey to Orthodoxy” class for adults meets 9:30am-10:30am Sunday, before Liturgy, (concurrently with the Sunday School). The class is designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox faith. It is also recommended for intending or newly married couples where one spouse is not Orthodox. The class is held in an informal discussion format. Text is provided. We meet in the Seniors’ Kentro room on the ground floor of Founders’ Hall. For further information, please contact the teachers, Dr. John Demakis demakis9931@gmail.com or Mr. Jim Jatras heraclius13@gmail.com, 202-375-1007.



Announcements



Catechetical (Sunday) School – Sunday School begins this morning. We start with prayer at 9:15am in the Meletis Charuhas Hall and classes begin at 9:30am.

Parish Retreat – Join us for our Parish Retreat on Saturday, September 21, 9:30am-3:00pm. *Theme:* God and Lucifer Battle Again! *Speaker:* Del Staecker, Orthodox Writer. *Location:* Chelpon Hall. *Registration Fee:* \$20.00. Lunch/Breakout Sessions. Copy of *Job 2.0 God and Lucifer Battle Again for a Single Soul*. RSVP: fcostas@stkchurch.com.

Coffee Hour is sponsored this morning by our Ladies Philoptochos.

Philoptochos – **There is a Philoptochos General Meeting** this morning after the second Liturgy in the board room.

The Ladies Philoptochos is inviting all parishioners, young and older on Friday, October 18, 7:00pm-9:00pm at the Chelpon Hall for an ongoing seminar of our Metropolis Opioid Response Effort “Support Without Judgment”. Reception to follow.

GOYA – The GOYA officers are: President **Iliana Tzafolias**, 1st VP **Anna Moratis**, 2nd VP **Stratis Bohle**, Recording Secretary **Peter Stathis**, Corresponding Secretary **Kate Cherpes**, Treasurer **Maria Karageorge**, Historian **Maria Papas** and **Mia Tzafolias**, Social Coordinator **Evi Euripides**, asst. Social Coordinator **Yianni Koukides** and Sgt. at Arms **Stephano Stathis**. For information on GOYA, please email SaintKatherineGOYA@aol.com.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place every Thursday at 7:30 p.m. in the Board Room. This includes time for discussion and fellowship.

The Genevieve Orthodox Book Club meets the last Sunday of each month after the Divine Liturgy in the Seniors Kentron. All are welcome to join us. If you would like to be included on our mailing list or for more information, please contact vistoriacherpes@gmail.com.

Attention Parishioners! When attending church services and events at our church, kindly please park your car properly within the designated parking space lines in the parking lot. This will prevent loss of a space for someone else to park their car. Thank you!

Mission Trip – Are you interested in going on an OCMC mission trip? Last year, OCMC sent 22 short term mission teams to 10 countries and ministered to nearly 7,000 people. See OCMC.org for more information.

Saint Katherine Fall Festival – October 4-6, 2019, 11:00am-9:00pm. Live music by Golden Flame. We need volunteers for the Festival! We are using SignUp.com to organize volunteers for our upcoming Fall Festival. Click <https://signup.com/go/HqZxrRC> to see our SignUp. Review the options listed and choose the spot(s) you like; or Sign up! It’s easy-you will NOT need to register an account or keep a password on SignUp.

Church Services

Tuesday, September 17 *Saints Sophia, Faith, Hope and Love* – Orthros 9:30am; Divine Liturgy 10:30am
Sunday, September 22 *1st Sunday of Luke* – 1st Divine Liturgy 8:00am; Orthros 9:30am; 2nd Divine Liturgy 10:30am
Thursday, September 26 *Falling Asleep of St. John the Theologian* – Orthros 9:30am; Divine Liturgy 10:30am
Sunday, September 29 *2nd Sunday of Luke* – 1st Divine Liturgy 8:00am; Orthros 9:30am; 2nd Divine Liturgy 10:30am

Sunday Services: Orthros 9:30am., Divine Liturgy 8:00am & 10:30am -- Week Day Services: Orthros 9:30am, Divine Liturgy 10:30am

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte – Niko Porter 703-901-2404

Protos-Psalter – Nicholas Mpras 703-560-7714

Choir Director – John Slanta 703-307-0142

Catechetical School – Christina Vazquez 703-728-2657

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161

YAL President – Faye Anson fanson38@yahoo.com

GOYA President – Iliana Tzafolias,

SaintKatherineGOYA@aol.com

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church