

Saint Katherine Greek Orthodox Church

Sunday, September 15, 2013

Sunday After The Holy Cross



Nikitas the Great Martyr, Philotheos the Righteous, Bessarion of Larissa, Righteous Father Symeon, Archbishop of Thessolonica, John the New Martyr of Crete



Apolytikion of the Day (Third Tone)

Let the heavens rejoice and the earth be glad, for the Lord by His Might, has created a Dominion. He has conquered death by death, and become the first-born of the dead. He has delivered us from the depths of Hades, and has granted the world great mercy.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιástῳ τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion for Afterfeast of the Holy Cross

Lord, save Your people and bless Your inheritance, granting our rulers to prevail over adversaries, and protecting Your commonwealth by Your Cross.

Σώσον Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς Βασιλεύσι κατὰ βαρβάρων δωρούμενος καὶ τό σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Apolytikion of Saint Katherine the Great Martyr (First Plagios Tone)

The all-blessed bride of Christ let us extol in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of us.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ πολιούχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληπτιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομμοῦς τῶν ἀσεβῶν, τοῦ Πνεύματος τῆ δυνάμει. Καὶ ὡς μάρτυς τοῦ Κυρίου στεφθεῖσα, αἰτεῖται πάσι, τὸ μέγα ἔλεος.

Kontakion of the Day

Lifted up on the Cross by Your free will, Christ God, grant mercies to the new commonwealth that bears Your name. Gladden our faithful rulers by Your power, giving them victories over their adversaries. May Your alliance be for them a weapon for peace, an invincible standard.

Rev. Fr. Constantinos A. Pavlakos
Proistamenos
703-671-1515
Cell: 571-213-1109
fcostas@stkchurch.com

Jim Stoucker
President,
Parish Council
Home: 703-690-1050
jstoucker@aol.com

Anna Vassilopoulos
Asst. Financial Officer
703-671-1515
avassilopoulos@stkchurch.com

Sophia Tsangali
Secretary/Teacher
703-671-1515
stsangali@stkchurch.com

Roberto Medina
Maintenance
Supervisor
703-671-1515

Epistle Reading

St. Paul's Letter to the Galatians 2:16-20 - BRETHREN, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Gospel Reading

Mark 8:34-38; 9:1 Sunday after Holy Cross - The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Wisdom from the Church Fathers

And see how He also makes His discourse unexceptionable: not saying at all, "whether you will, or no, you must suffer this," but how? "If any man will come after me."

"I force not, I compel not, but each one I make lord of his own choice; wherefore also I say, 'If any man will.' For to good things do I call you, not to things evil, or burdensome; not to punishment and vengeance, that I should have to compel.

Nay, the nature of the thing is alone sufficient to attract you." ... For thou oughtest not, O Peter, because thou hast confessed me Son of God, therefore only to expect crowns, and to suppose this enough for thy salvation, and for the future to enjoy security, as having done all. ..."

"... For although it be in my power, as Son of God, to hinder thee from having any trial at all of those hardships; yet such is not my will, for thy sake, that thou mayest thyself too contribute something, and be more approved."

The key to knowledge is the humility of Christ. The door of the Kingdom of Heaven is open, not to those who only know in their learned minds the mysteries of faith and the commandments of their Creator, but to those who have progressed far enough to live by them.

**St. John Chrysostom, Homily 55 on Matthew 16, 1. B#54, p.339.
4th Century**

If you would be victorious, taste the suffering of Christ in your person, that you may be chosen to taste His glory. For if we suffer with Him, we shall also be glorified with Him.

Blessed are you if you suffer for righteousness' sake. Behold, for years and generations the way of God has been made smooth through the Cross and by death. The way of God is a daily Cross. The Cross is the gate of mysteries.

St. Isaac the Syrian, The Orthodox Way: Revised Edition, SVS Press, p. 129

Announcements

Memorial Services are offered this morning for **Anne John Kaylor**, mother of Michael and Joseph and daughter of Deatra Wood, Kathy Pergola and Susan Kaylor; and for **Barbara Euripides**, wife of Mr. Charles Euripides and mother of Chris, Michael & Gus. May their memory be eternal! Coffee hour is sponsored by the families in memory of their loved ones.



Our **FALL FESTIVAL** will be held **Friday, Oct 4 – Sunday Oct 6**. **We need your help and support. Please volunteer** by calling Andrea Ballard andreaballard1@verizon.net.

Saint Katherine Annual Dinner Gala – SAVE THE DATE! Sunday, November 10, 2013 at the McLean Hilton in Tysons Corner in celebration of our Parish and our many blessings and also to honor the Veterans of our community (all veterans planning to attend please register at our booth in the lobby after liturgies). Our honored guest will be His Eminence Metropolitan Evangelos of New Jersey. 6:00 PM Silent Auction and Reception; 7:00 pm Dinner. Music by “Appolonia.” For info & reservations, contact Nick Larigakis, Dinner Chairman, 703-909-9078.



Hellenic Education Center (HEC). Enrollment for our Greek school and Preschool is underway and registrations for the 2013-14 school year are currently being accepted. Please direct questions to our HEC director, Eleni Alexopoulou, at 703-627-1556.

Catechetical (Sunday) School registration will take place today during Sunday school session downstairs in the rooms where music instruction normally occurs. Father Costas will offer a blessing promptly at 9:30 am in the Community Center. Everyone is welcome.

Food Pantry Ministry – Please bring non-perishable food or canned items to the church on Sunday, Sept. 22. This can include canned fruits & vegetable, cereal, cereal bars, soup, pasta sauce, canned pasta, boxed pasta, peanut butter, rice, chili, canned tomatoes, tuna, and macaroni and cheese. Special bags for the food collection will be distributed after church today. Please be generous.



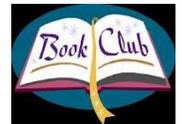
GOYA has Church Duty during 2nd Liturgy today; John Nicopoulos is the GOYA Captain/Epistle Reader. A meeting and elections take place following Liturgy in the Board Room. Then, we will have basketball practice in the gym. All teens are encouraged to participate in activities ranging from basketball, bowling, skiing, Epiphany Celebration in Ocean City, preparing for Easter, feeding the homeless and a habitat for humanity type project.



Monumental Mission Walk, October 19. On October 19, Orthodox Christians from around the metro-DC area will converge on the National Mall for the first-ever Monumental Missions Walk. Sponsored by our Metropolitan DC Orthodox Christian Mission and Outreach Committee, the event is a 3-mile spiritual stroll past some of our nation's most important landmarks & will benefit Orthodox Missions world-wide and locally. For more information and to register, visit <http://monumentalmissionswalk.eventbrite.com>.

Philoptochos. Please join us for our next meeting, September 22 after the Divine Liturgy.

Women's Book Club – Our first meeting is on Wednesday, Oct 9 at 10:30 am. We will start reading a new book, *Everyday Saints and Other Stories*, <http://everydaysaints.com/27.htm>. This is a best seller in Russia and has been translated into English. We look forward to your continued friendship and sharing our Orthodox journey together in the coming year. Please contact Fay Mpras to join us, faympras@gmail.com.



AHEPA Christmas Ornaments – The Peter N. Derzis AHEPA Chapter #438 is proud to announce orders are now being taken for our Sixth Annual Community Christmas Ornament. These collectable ornaments have grown in popularity from year to year and we are extremely proud of this year's offering. This stunning three-dimensional ornament is entitled “*Star of Saint Katherine*” and is a testament to the indomitable spirit of our community, its ministries and those who lovingly labor in its behalf. Manufactured by the same firm that creates the famous White House Christmas ornaments, they make excellent gifts and are the ideal stocking stuffer. Ornaments will first be available for sale during the Fall Festival and after Liturgies during coffee hour while supplies last. Please visit our booth at the Fall Festival or place your order after Liturgy beginning September 15, or by sending requests to antovi@verizon.net or by calling 703-929-6110.

“Star of Saint Katherine”

Church Services

Sunday, September 15

Sunday After the Holy Cross

Divine Liturgy 8:00 am and 10:30 am; Orthros and Catechetical School 9:30 am

Sunday, September 22

First Sunday of Luke

Divine Liturgy 8:00 am and 10:30 am; Orthros and Catechetical School 9:30 am

Thursday, September 26

The Falling Asleep of St John the Evangelist and Theologian

Orthros 9:30am; Divine Liturgy 10:30 am

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – A. Galatis, N. Issa, and G. McKinney

Protos-Psalter – James Loizou 703-356-8220

Choir Director – John Doulis 703-670-4386

Catechetical School – Christian Demeter 703-534-5669

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos – Eleni Kanakos 703-938-8360

YAL President – TBD

GOYA – Presv. Pauline Pavlakos 703-239-2627

JOY – Tina Papamichael 703-536-4711

HOPE – Toula Christou 703-533-0055



3149 Glen Carlyn Road Falls Church, Virginia 22041 Phone 703-671-1515 Fax 703-671-1385

Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church