**Saint Katherine Greek Orthodox Church**

**Sunday, August 18, 2013**

8th Sunday of Matthew

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**Apolytikion of the Day (Grave Tone)**

Thou didst abolish death by Thy Cross; Thou didst open Paradise to the thief; Thou didst transform the myrrhbearers’ lamentation, and didst bid Thine Apostles to preach that Thou art risen, O Christ God, granting great mercy to the world.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἣνέωξας τῷ Λῃστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἄνεστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

**Apolytikion of Saint Katherine the Great Martyr (First Plagios Tone)**

The all-blessed bride of Christ let us extol in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of us.

Την πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, τὴν βοήθειαν ημῶν και αντίληψιν, ὅτι εφίμωσε λαμπρῶς, τους κομψούς τῶν ἁσεβῶν, τοῦ Πνεύματος τῇ δυνάμει. Και ως μάρτυς τοῦ Κυρίου στεφθείσα, αἰτεῖται πάσι, τὸ μέγα ἔλεος.

**Kontakion of the Day (Second Tone)**

Neither the grave nor death could contain the Theotokos, the unshakable hope, ever vigilant in intercession and protection. As Mother of life, He who dwelt in the ever-virginal womb transposed her to life.

Τὴν εν πρεσβείαις ακοίμητον Θεοτόκον, καὶ προστασίας αμετάθετον ελπίδα, τάφῳ καὶ νέκρωσις οὐκ εκράτησεν, ὡς γάρ ζωῆς Μητέρα, πρὸς τὴν ζωὴν μετέστησεν, ο μήτραν οὐκήσας αειπάρθενον.
Matins Gospel
John 20:11-18

At that time, Mary stood weeping outside the tomb, and as she wept she stooped to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had lain, one at the head and one at the feet. They said to her, “Woman, why are you weeping?” She said to them, “Because they have taken away my Lord, and I do not know where they have laid Him.” Saying this, she turned round and saw Jesus standing, but she did not know that it was Jesus. Jesus said to her, “Woman, why are you weeping? Whom do you seek?” Supposing Him to be the gardener, she said to Him, “Sir, if you have carried Him away, tell me where you have laid Him, and I will take Him away.” Jesus said to her, “Mary.” She turned and said to him in Hebrew, “Rabboni!” (which means Teacher). Jesus said to her, “Do not hold me, for I have not yet ascended to the Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God.” Mary Magdalene went and said to the disciples, “I have seen the Lord”; and she told them that He had said these things to her.

Epistle Reading
St. Paul’s First Letter to the Corinthians 1:10-17

BRETHREN, I appeal to you by the name of our Lord Jesus Christ, that all of you agree and that there be no dissensions among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest any one should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized any one else.) For Christ did not send me to baptize but to preach the gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

Gospel Reading
Matthew 14:14-22

At that time, Jesus saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, “This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves.” Jesus said, “They need not go away; you give them something to eat.” They said to him, “We have only five loaves here and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed, and broke and gave the loaves to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then he made the disciples get into the boat and go before him to the other side, while he dismissed the crowds.

Wisdom from the Church Fathers
~St. John Chrysostom, Homily 49 on Matthew 14, 4th century

And another thing too we learn, the self-restraint of the disciples which they practised in necessary things, and how little they accounted of food.

For being twelve, they had five loaves only and two fishes; so secondary to them were the things of the body: so did they cling to the things spiritual only. And not even that little did they hold fast, but gave up even it when asked.
Memorial Services are offered this morning for John Vlahos, father of Marie Weidman, and Lynda G. Debbas, mother of Dr. Elias G. Debbas. May their memory be eternal!

Hellenic Education Center (HEC). Paideia will have a registration table during the Coffee Hour on August 18 and 25 and a “Meet and Greet” on Thursday, August 22 at 7:00pm. Child care and fun activities will be provided during the “Meet and Greet.” Eleni Alexopoulou, the new HEC director, will be at both the registration table on Sundays and the “Meet and Greet” on Thursday to answer questions and discuss plans for the coming year.

EFGOCM Choir Conference. Saint Katherine is hosting the EFGOCM choir conference the weekend of October 17-20. Beginning today and through the end of September, please stop by Choir Table at the Coffee Hour and place an ad or welcome to our participants in our Program Book. Please contact Katina Doulis, Conference Chairman, at 703-899-4130.

GOYA. GOYA will have basketball practice for boys and girls on Thursdays, August 22 and 29, starting at 7:00pm. On Sunday, September 15, they will have Church Duty during second liturgy, followed by a General Meeting with elections. All youth of our community, ages 13-18, are encouraged to participate in GOYA.

Operation Lace Up. On August 21 and 22, over 3,000 pairs of children’s shoes will be delivered to Saint Katherine and then distributed to homeless children in the Washington, DC Metropolitan area. This program is administered by FOCUS (Fellowship of Orthodox United to Serve). We need volunteers to help unload and sort the shoes into sizes and school districts. The shoes must be moved out in 5-6 days. Contact Eleni Porter at beporter1@verizon.net, if you can help us.

Appalachian Outreach, August 22-26. Members of Saint Katherine and other area Orthodox churches travel to North Carolina on a mission trip, led by Fr. Costa, from August 22 through August 26. They will work with the Fellowship of Orthodox Christians United to Serve (FOCUS) on Habitat for Humanity-type projects. Please keep them in your prayers.

Greek Folk Dance Lessons Begin September 11, 7:00pm. Saint Katherine offers Greek Folk Dance lessons through the Byzantio Greek Dance and Cultural Arts Program. Registrations for the 2013-2014 program are now being accepted. More information, including a Registration Form and Permission Slip are available at http://saint-katherines.org/about_us/greek-folk-dance-lessons. Please turn in all paperwork and fees direction to Anna at the first dance practice. Please feel free to contact Aris and Anna at greekdancedc@gmail.com or 757-218-6991.

Philoptochos. Please mark the following dates on your calendars: September 22, Philoptochos Meeting; October 27, Philoptochos Agape Foundation Tea; and Philoptochos Yard Sale in October date TBD.

Monumental Mission Walk, October 19. On October 19, Orthodox Christians from around the metro-DC area will converge on the National Mall for the first-ever Monumental Missions Walk. Sponsored by our Metropolitan DC Orthodox Christian Mission and Outreach Committee, the event is a 3-mile spiritual strol past some of our nation's most important landmarks. For more information and to register, visit https://monumentalmissionswalk.eventbrite.com. Proceeds will be shared with the OCMC for international missions and our own local ministries.

Safeway Supporters. Please note that Safeway, along with many vendor partners, will donate 10% of the sale price of more than 2,500 products purchased from August 14 to September 10 to Saint Katherine. Look for the apple logo. As always, thank you. Questions? Contact Elvira Garnett at 703-425-3675.
Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, ὁπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δέχθεις από τα αμαρτωλά μας χέρια και τις προσφορές αυτές ἑτερι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας γιά την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το ἔλεος και φιλανθρωπία του μονογενούς Σου Υἱού. Ευλογημένο να είναι το όνομά Σου εις τον αἰώνα. Αμήν.

The Sunday bulletin is available online in two formats—a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins

Church Organizations

Acolyte Captains – A. Galatis, N. Issa, and G. McKinney
Protos-Psalter – James Loizou 703-356-8220
Choir Director – John Doulis 703-670-4386
Catechetical School – Christian Demeter 703-534-5669
Hellenic Education Center – Eleni Alexopoulou 703-671-7713

Philoptochos – Eleni Kanakos 703-938-8360
YAL President – TBD
GOYA – Presv. Pauline Pavlakos 703-239-2627
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