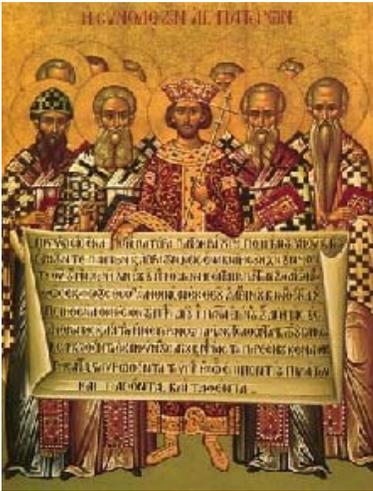


Saint Katherine Greek Orthodox Church



Sunday, July 14, 2019
Fathers of the 4th Ecumenical Council

St. Aquila of the 70
St. Joseph the Confessor



Apolytikion of the Day (3rd Tone)

-Let the heavens rejoice; let the earth be glad, for the Lord has shown the mighty power of His arm. He trampled down death by death and became the firstborn of the dead. From the depths of Hades, He delivered us and granted to the world great mercy.

-Ευφραίνεσθω τα ουράνια, αγαλλιιάσθω τα επίγεια, ότι εποίησε κράτος, εν βραχίονι αυτού, ο Κύριος. Επάτησε τω θανάτω τον θάνατον. Πρωτότοκος των νεκρών εγένετο, εκ κοιλίας Άδου ερρύσατο ημάς, και παρέσχε τω κόσμω το μέγα έλεος.

Apolytikion of the Holy Fathers (4th Plagal Tone)

-Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

-Υπερδεδοξασμένος εί, Χριστέ ο Θεός ήμών, ο φωστήρας επί γής τούς Πατέρας ήμών θεμελιώσας, και δι' αυτών προς την άληθινήν πίστιν, πάντας ήμάς όδηγήσας· πολυεύσπλαγγνε, δόξα σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

-Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

-Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (2nd Tone)

-The protection of Christians unshameable, intercessor to our Holy Maker, unwavering, do not turn from the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercession and speed now to supplication, as a protection for all time, Theotokos, for those who honor you.

-Προστασία των χριστιανών ακαταίσχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε, μή παρίδης, αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον ως αγαθή, εις την βοήθειαν ημών, των πιστώσ κραυγαζόντων σοι: Τάχυνον εις πρεσβείαν, και σπύσον εις ικεσίαν, η προστατεύουσα αεί, Θεοτόκε των τιμώντων σε.

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Epistle Reading

*Be glad in the Lord, and rejoice, O righteous.
Blessed are they whose transgressions have been forgiven.
The reading is from St. Paul's Letter to Titus.*

Titus 3:8-15 – Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel Reading

Matthew 5:14-19 – The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

St. Nicholas Cathedral, 3500 Massachusetts Ave., NW, Washington, DC, is offering church choirs in the DC area the opportunity to participate in a Master Class Workshop for singing instruction with Benedict and Maria Sheehan next weekend, July 12-14. (Benedict is the choir director at St. Tikhon's Theological seminary in South Canaan, PA.)

The Master Class provides a tailored workshop integrated into church music. The intensive sessions help church musicians of all abilities reach new levels of mastery, with emphasis on how to retain these skills and employ them in an everyday singing. They particularly emphasize the spiritual work of the sacred choral musician with connections to ensemble blend, musicianship, expressiveness, attentiveness and a prayerful ethos.

Read more at <https://www.benedictsheehanmusic.com/workshops>.

If you are interested in this workshop, please mail Elena Forrest, choir director at St. Nicholas, at elena_forrest@yahoo.com.



Announcements



Memorial Services are offered this morning for **Pericles G. Apostolou** (*6-month*), father of Chrisostomos Apostolou and Sofia Kehayias; for **Efstathios** and **Patricia, Dimitrios** and **Venetia Vlassopoulos Demson**, parents and grandparents of Venetia Demson and Robert Demson; for **Petros** and **Isabella DeVallee**, **Theodora Siderakis**, **Spiridoula** and **Gerasimos Romanos**, **Amalia** and **George Liacopoulos**, **Anastasia** and **Theodoros Dessilas**, **Gherase Dendrino**, **Magdalini Comitas**, **Peter DeVallee** and **Dimitrios Siderakis**, aunts, uncles and cousins of Venetia and Robert Demson. May their memory be eternal!

Coffee Hour is sponsored this morning by our Ladies Philoptochos.

GOYA – For information please email, SaintKatherineGOYA@aol.com.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place every Thursday at 7:30 p.m. in the Board Room. This includes time for discussion and fellowship.

The Saint Genevieve Bookclub meets the last Sunday of each month following the Divine Liturgy at 12:30 p.m. in the lower level of the Chelpon Hall in the Senior Kentro. We are currently reading *Wounded by Love: The Life and Wisdom of Saint Porphyrios*. We hope to join us for fellowship and a discussion of the book. All are welcome and, if you would like to be included in our mailing list, please contact Victoria Cherpes at victoriacherpes@gmail.com.

Attention Parishioners! When attending church services and events at our church, kindly please park your car properly within the designated parking space lines in the parking lot. This will prevent loss of a space for someone else to park their car. Thank you!

Homeless Shelter Clothing Ministry – We will be collecting clothes for area shelters. Please bring new or clean, used clothes and unopened toiletries to the foyer of our community center this morning. Thank you!

Prayers for mission trip to Alaska – Our choir director John Slanta and Betty Slanta are headed to Alaska later this month for a short term mission in Pilot Station Wilderness Youth Camp on the Yukon River. They will teach music and do liturgies, do crafts and have Bible studies. Thank you for your prayers for Betty and John’s mission! Are you interested in going on an OCMC mission trip? Last year, OCMC sent 22 short term mission teams to 10 countries and ministered to nearly 7,000 people. See OCMC.org for more information.

Church Services

Sunday, July 21	5th Sunday of Matthew – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Saturday, July 27	Saint Panteleimon the Great Martyr – Orthros 9:30 a.m.; Divine Liturgy 10:00 a.m.
Sunday, July 28	6th Sunday of Matthew – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Thursday, August 1	Dormition Fast Begins
Friday, August 2	Paraklesis 7:00 p.m.
Sunday, August 4	7th Sunday of Matthew – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Tuesday, August 6	Holy Transfiguration – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.
Wednesday, August 7	Paraklesis 7:00 p.m.
Friday, August 9	Paraklesis 7:00 p.m.
Sunday, August 11	8th Sunday of Matthew – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Wednesday, August 14	Great Vespers for the Dormition of the Theotokos 7:00 p.m.
Thursday, August 15	Dormition of the Theotokos – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.
Sunday, August 18	9th Sunday of Matthew – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Sunday, August 25	10th Sunday of Matthew – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Thursday, August 29	The Beheading of Saint John the Baptist – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.
Sunday, September 1	Beginning of the Ecclesiastical Year – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. -- *Week Day Services:* Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Niko Porter 703-901-2404
Protos-Psalter – Nicholas Mpras 703-560-7714

Philoptochos President – Mary Varlas 703-965-4161
YAL President – Eave Anson 703-437-5747