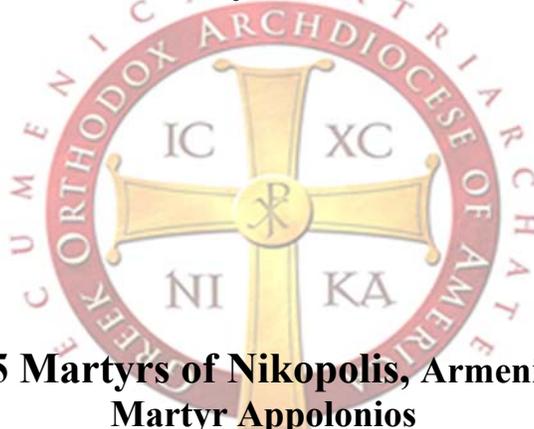


Saint Katherine Greek Orthodox Church

Sunday, July 10, 2016

3rd Sunday of Matthew



**45 Martyrs of Nikopolis, Armenia
Martyr Appolonios**

Apolytikion of the Day (2nd Tone)

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightning of Thy Divinity. And when Thou didst also raise the dead out of the nethermost depths, all the powers in the Heavens cried out: O Life-giver, Christ our God, glory be to Thee.

Ότε κατήλθες προς τον θάνατον, η Ζωή η αθάνατος, τότε τον Άδην ενέκρωσας τη αστραπή της Θεότητος, ότε δε και τους τεθνεώτας εκ των καταχθονίων ανέστησας, πάσαι αι Δυνάμεις των επουρανίων εκραύγαζον: Ζωοδότα Χριστέ ο Θεός ημών δόξα Σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (2nd Tone)

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant, O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee. Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία των Χριστιανών ακαταίσχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε. Μή παρίδης αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον, ως αγαθή, εις την βοήθειαν ημών, των πιστών κραυγαζόντων σοι. Τάχυνον εις πρεσβείαν, και σπεύσον εις ικεσίαν, η προστατεύουσα αεί, Θεοτόκε, των τιμώντων σε.

Epistle Reading

The Lord is my strength and my song.

The Lord has chastened me sorely.

The reading is from Saint Paul's Letter to the Romans.

Romans 5:1-10 – BRETHREN, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man -- though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.

Gospel Reading

Matthew 6:22-33 – The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well."

Announcements

Memorial Service is offered this morning for **Betty M. Dakes**, wife of Mr. Stephen G. Dakes and mother of George, Michael and Stephanie. May her memory be eternal!

Coffee Hour is sponsored this morning by Mr. Stephen G. Dakes and family in memory of his beloved wife, Betty M. Dakes.

Philoptochos – To sponsor Coffee Hour after a Memorial Service is a \$175.00 donation. It will include set up coffee, 100 koulourakia, 100 paximathia, putting koliva in cups and cleaning up. Donations need to be sent to Saint Katherine's in advance. Please write checks to: *Saint Katherine Greek Orthodox Church*. Parishioners will call the church first for the date and all their information and then, they can contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

Need for Catechetical School Teachers – A few of our dearly loved Sunday School teachers will be stepping down after many years of service. As a result, we need stewards who are willing to fill these openings for the continued Christian Education of our children. We are looking to fill these positions for the 2016-2017 school year, so please contact Bill and/or Elaine Porter at beporter1@verizon.net ASAP. Thank you in advance!

Need for Greek School Teacher and Preschool Assistant Teacher – The Hellenic Education Center in Falls Church is seeking for a Greek School teacher and for an assistant Preschool teacher for 2016-2017. For more about our schools please contact ealexopoulou@stkchurch.com or www.stkhec.org.

Monumental Missions Walk, October 15, 9:00 a.m.-12:00 p.m. Save the date! The tent will be set up on the DC Mall near 3rd/4th Streets, next to the American Indian Museum. The 2-3 mile walk will go past the Capital and other monuments/memorials in the area. Please consider picking up a registration form/sponsor sheet available after church and ask family and friends to sponsor you for the walk. Help us raise funds for OCMC and local VA charities, while walking with other Orthodox Christians. Checks should be made out to Saint Katherine Church, with "Monumental Missions Walk 2016" in the memo line. If questions, email Eleni Porter at beporter1@verizon.net.

Orthodox Youth Day at Kings Dominion – The June 28 Regional Orthodox Youth Day at Kings Dominion will not take place. Fr. Costa will try to organize a day at Kings Dominion with our local churches later this summer. If it comes to fruition, the information will be in the Sunday bulletins and mailed to our listserv.

Pray – Volunteer – Donate! Focus North America Summer Feeding – Childhood hunger is a problem that affects over 21 million children in the United States. In the District of Columbia alone, 13.2% of all households are food insecure. For two weeks this summer the Orthodox Churches of D.C. will serve over 15,000 meals to children who suffer from childhood hunger. Volunteer are needed to prepare and distribute meals. We need you **June 27 – September 2!** Sign up to volunteer at WWW.FOCUSNORTHAMERICA.ORG/WASHINGTONDC. For questions email or call DC@FOCUSNA.ORG, 866-267-3083.

Church Services

Saturday, July 16

Challenge Liturgy at Saint George, Bethesda, MD 9:00 a.m.

Sunday, July 17

Sunday of the Holy Fathers – Κυριακή των Αγίων Πατέρων
Saint Marina the Great Martyr – Αγίας Μαρίνης Μεγαλομάρτυρος
Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.

Monday, July 18

Vespers for Saint Makrina, St. George, Ocean City, MD 6:00 p.m.

Tuesday, July 19

Saint Makrina – Της Αγίας Μακρίνης
Divine Liturgy, St. George, Ocean City, MD 10:00 am.

Wednesday, July 20

Prophet Elias – Προφήτου Ηλιού του Θεσβίτου
Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday, July 24

5th Sunday of Matthew – Ε΄ Κυριακή Ματθαίου
Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Veleziz

Protos-Psalter – James Loizou 703-356-8220

Choir Director – Nick Kyros (703) 981-2526

Catechetical School – Bill Porter 703-901-2404

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Eleni Kanakos 703-938-8360

YAL President – Faye Anson 703-437-5747

GOYA President – Theo Karounos 703-321-3009

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alumni.virginia.edu

PTO - TBA



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