Sunday of the Paralytic
Κυριακή του Παραλύτου
Sts. Carpos & Alphaeus of the 70
St. Alexandros of Thessaloniki

Paschal Troparion (1st Plagios Tone)
--Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας, και τοις εν τοις µνήµασι, ζωήν χαρισάµενος.
--Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Apolytikion of the Day (3rd Tone)
--Ευφραίνεσθω τα ουράνια, αγαλλιάσθω τα επίγεια, ὦτι ἐποίησε κράτος, εν βραχίονι αυτοῦ, ο Κύριος. Επάτησε το θανάτω τον θάνατον. Πρωτότοκος των νεκρών εγένετο. Εκ κοιλίας Άδου ερρύσατο ημᾶς, και παρέσχε το κόσμῳ το μέγα ἔλεος.
--Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Apolytikion of Saint Katherine the Great Martyr (1st Plagios Tone)
--Την πανεύφημον νύμφην Χριστού υµνήσωµεν, Ἀικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ηµῶν και αντιλήψιν. Ὀτι εφίµωσε λαµπρῶς, τους κοµψούς των ασεβῶν, τον Πνεύµατος τη δυνάµει. Καί νυν ως µάρτυς στεφθείσα, αιτείται πάσι το µέγα ἔλεος.
--The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of us.

Kontakion of the Day (4th Plagios Tone)
--Εἰ καὶ εν τάφῳ κατήλθες αθάνατε, αλλά τοῦ Άδου καθήλες την δύναµιν. Καὶ ανέστης ὡς νικητής, Χριστέ ο Θεός, γυναίξι µυροφόροις φθεγξάµενος, χαίρετε, καὶ τοῖς σοις Αποστόλοις εἰρήνην δωροῦµενος, ο τοῖς πεσοῦσι παρέχως ανάστασιν.
--Though in the grave you descended, O immortal one, yet you destroyed the power of Hades; and you rose as victor, O Christ our God; to the myrrh-bearing women you said: Rejoice! And to your Apostles you granted your peace, you who grant resurrection to the fallen ones.
Epistle Reading

Sing praises to our God, sing praises.
Clap your hands, all you nations.
The reading is from the Acts of the Apostles.

Acts 9:32-42 – In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, “Aeneas, Jesus Christ heals you; rise and make your bed.” And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was here, sent two men to him entreating him, “Please come to us without delay.” So Peter rose and went and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made and knelt down and prayed; then turning to the body he said, “Tabitha, rise.” And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading

John 5:1-15 – At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there for a long time, he said to him, “Do you want to be healed?” The sick man answered him, “Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, “it is the Sabbath, it is not lawful for you to carry your pallet.” But he answered them. “The man who healed me said to me, ‘Take up your pallet, and walk.’” They asked him, “Who is the man who said to you, ‘Take up your pallet and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse be fall you.” The man went away and told the Jews that it was Jesus who had healed him.

Saint Katherine’s Spring Festival! Next Weekend!

Friday, May 31st, Saturday and Sunday, June 1st and 2nd, 2013.
Memorial Services are offered this morning for Haralambos Bob Beverly, beloved husband of Mrs. Jill Katherine Beverly and father of Rev. Fr. Neilos and Rodney Beverly; for James F. Barackman, beloved husband of Mrs. Stella Brackman, father of Gloria Nussbaum and grandfather of Stephanie and Daniel; and for Helen Scouros, beloved mother of Mrs. Stella Brackman, Dr. Maria Scouros and Dr. Michael Scouros. May their memory be eternal!

Coffee Hour is sponsored this morning by the Beverly and Brackman families in memory of their loved ones.

Sacraments – Congratulations to George and Mary Charuhas on the baptism of their daughter Vasiliki Anna, May 26, 2013 at 3:00 p.m.

Saint Katherine is offering a Summer Camp for 2 year olds and 3-5 year olds this summer. Both camps are offered from 2 July-16 August on a weekly basis, with after care available. Many fun activities are planned! If interested, please contact Pantelis Psoras at (301) 538-4710 or director@gopaideia.org.

Bible Camp After-care Program will be offered Monday, June 24 – Friday, June 28 from 1:30 p.m.–3:00 p.m. as a supplement to the Saint Katherine Vacation Bible Camp (VBC), for ages 4–14. For more information, please contact Pantelis Psoras at (301) 538-4710 or director@gopaideia.org.

Orthodox Youth Day at Kings Dominion is on Thursday, June 20. All youth of our church, of any age, are welcome. The cost is $48.00 per person, which includes admission and an all-you-can-eat picnic lunch. If there is enough interest, we will rent a bus, otherwise we will carpool. The reservation deadline, with payment, is Monday, June 3. Please give your money to Presv. Pauline or Maria Wills. For more information, contact Presv. Pauline at (703) 239-2627 or przpauline@stkchurch.com.

Catechetical (Sunday) School Graduation is June 9. Only one Liturgy this day at 10:30 a.m. Class as usual at 9:30 a.m. Pizza party for students, teachers and parents after liturgy in Founders’ Hall. Have a blessed summer!

Greek School Graduation is also on Sunday, June 9 at 5:00 p.m. with a cook out dinner. Please come to see our program and have dinner with us.

Memorial Day – Monday, May 27 – Trisagion Prayers will take place on Monday, May 27, 10:00 a.m. at the National Memorial Park Cemetery.

St. Katherine’s Book Club invites everyone interested in joining to lunch and our final meeting on Wednesday, June 12, from 10:30 a.m. to 1:30 p.m. at the home of Fay Mpras in Annandale. You do not have to be a member or have read the current book, Remember Thy First Love: The Three Stages of the Spiritual Life in the Theology of Elder Sophrony, to enjoy this morning of “sistership” and hospitality. This is an opportunity to observe and participate in our unique meetings (generally held every other Wednesday morning at St. Katherine’s from 10:30-12:00) where we discuss answers to previously questions about text in several chapters only, not the entire book. The questions are a great catalyst for exploration of our faith and how it applies to our lives. If you would like to join us for lunch and the meeting on June 12, please email: faympras@gmail.com or call Fay at (703) 865-5776. We look forward to having new members, and we will begin again in October.

Attention Parishioners – Please park your cars in our church’s parking. Do not park your cars in front of our neighbors’ houses and drive ways and block them. Thank you!
Church Services

Monday, May 27  Memorial Day

Trisagion Prayers 10:00 a.m.
at the National Memorial Park Cemetery

Sunday, June 2  The Samaritan Woman – Της Σαμαρείτιδος
Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. (Festival)
Only ONE Liturgy (Summer Schedule)

Sunday, June 9  The Blind Man – Του Τυφλού
Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Sunday School Graduation in Church following the Liturgy
Greek School Graduation and picnic 5:00 p.m.

Thursday, June 13  The Holy Ascension – Της Αναλήψεως
Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Saturday, June 15  Challenge Liturgy 9:30 a.m., at St. George, Bethesda, Maryland

Offertory Prayer – O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς – Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δέχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και την φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εἰς τὸν αἰῶνα. Αμήν.

Church Organizations

Acolyte Captains – A. Galatis, N. Issa and D. McKinney
Protos-Psalter – James Loizou (703) 356-8220
Choir Director – John Douli (703) 670-4386
Catechetical School – Christian Demeter (703) 534-5669
Greek School – Sophia Tsangali (703) 671-5820
Paideia Preschool – Pantelis Psoras (301) 762-1478

Philoptochos – Eleni Kanakos (703) 938-8360
YAL President – TBD
GOYA President – Tiffani Wills (703) 948-7950
JOY – Tina Papamichael (703) 536-4711
HOPE – Toula Christou (703) 533-0055

Facebook: Saint Katherine Greek Orthodox Church