

# Saint Katherine Greek Orthodox Church

Sunday, May 24, 2015



## Sunday of the Fathers of the First Ecumenical Council Symeon the Stylite Vincent of Lerins

### *Apolytikion of the Day (2<sup>nd</sup> Plagios Tone)*

When the angelic powers, appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You, resurrected from the dead, O Lord, glory to You.

Αγγελικαί Δυνάμεις επί το μνήμα σου, και οι φυλάσσοντες απενεκρώθησαν. Και ίστατο Μαρία εν τω τάφω, ζητούσα το άχραντόν σου σώμα. Εσκύλευσας τον Άδην, μη πειρασθείς υπ' αυτού. Υπήντησας τη παρθένω, δωρούμενος την ζωήν. Ο αναστάς εκ τω νεκρών, Κύριε δόξα σοι.

### *Apolytikion of Saint Katherine the Great Martyr (1<sup>st</sup> Tone)*

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντιληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματον τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

### *Kontakion of the Day (2<sup>nd</sup> Tone)*

O Christ our God, upon fulfilling Your dispensation for our sake, You ascended in Glory, uniting the earthly with the heavenly. You were never separated but remained inseparable, and cried out to those who love You, "I am with you and no one is against you."

Την υπέρ ημών πληρώσας οικονομίαν, και τα επί γης ενώσας τοις ουρανίοις, ανελήφθης εν δόξη, Χριστέ ο Θεός ημών, ουδαμόθεν χωριζόμενος, αλλά μένων αδιάστατος, και βοών τοις αγαπώσι σε. Εγώ ειμί μεθ' υμών, και ουδείς καθ' υμών.

Rev. Fr. Constantinos A. Pavlakos  
Proistamenos

(O) 703-671-1515 (C) 571-213-1109  
[frcostas@stkchurch.com](mailto:frcostas@stkchurch.com)

Rev. Fr. Panagioti Hanley  
(O) 703-671-1515 (C) 571-421-6595  
[frphanley@stkchurch.com](mailto:frphanley@stkchurch.com)

Jim Stoucker  
President,  
Parish Council  
Home: 703-690-1050  
[jstoucker@aol.com](mailto:jstoucker@aol.com)

Lori Nelson  
Bookkeeper  
703-671-1515  
[nelson@stkchurch.com](mailto:nelson@stkchurch.com)

Sophia Tsangali  
Secretary/Teacher  
703-671-1515  
[stsangali@stkchurch.com](mailto:stsangali@stkchurch.com)

## ***Epistle Reading***

*Blessed are you, O Lord, the God of our fathers. For you are just in all you have done.*

*The reading is from the Acts of the Apostles.*

**Acts 20:16-18, 28-36** -- In those days Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be in Jerusalem, if possible, on the day of Pentecost. And from Miletus, he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them: Take heed to yourselves and to all the flock, in which the Holy Spirit has made you guardians, to feed the church of the Lord which he obtained with his own Blood. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how he said, "It is more blessed to give than to receive." And when he had spoken thus, he knelt down and prayed with them all.

## ***Gospel Reading***

**John 17:1-13** -- At that time, Jesus lifted up his eyes to heaven and said, "Father, the hour has come; glorify thy Son that the Son may glorify thee, since thou hast given him power over all flesh, to give eternal life, that they know thee the only true God, and Jesus Christ whom thou hast sent. I glorified thee on earth, having accomplished the work which thou gavest me to do; and now, Father glorify thou me in thy own presence with the glory which I had with thee before the world was made.

"I have manifested thy name to the men whom thou gavest me out of the world; thine they were, and thou gavest them to me, and they have kept thy word. Now they know that everything that thou hast given me is from thee; for I have given them the words which thou gavest me, and they have received them and know in truth that I came from thee; and they have believed that thou didst send me. I am praying for them; I am not praying for the world but for those whom thou hast given me, for they are thine; all mine are thine, and thine are mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to thee. Holy Father, keep them in thy name, which thou has given me, that they may be one, even as we are one. While I was with them, I kept them in thy name, which thou hast given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to thee; and these things I speak in the world, that they may have my joy fulfilled in themselves."

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**Our Saint Katherine parish is pleased to welcome Metropolitan Kallistos Ware**, from Oxford, England, for a Pan Orthodox Vespers on Saturday, June 13<sup>th</sup>, 2015 at 5:00 p.m. and Divine Liturgy on Sunday, June 14<sup>th</sup>. Following Vespers on Saturday, he will make a presentation "*Divine Compassion and Restoring the Human Icon*" in the church. Metropolitan Kallistos is one of our foremost Orthodox theologians today. Immediately following the presentation there will be a meal served in our Community Center. Metropolitan Kallistos' books will be available for purchase and for signing. If you would like to take part in the meal will be a \$15.00 charge, payable on site (children less than 12 are free). Please confirm your attendance at the meal with [demakis9931@gmail.com](mailto:demakis9931@gmail.com) or [slanta@verizon.com](mailto:slanta@verizon.com).

## Announcements

**Memorial Services** are offered this morning for **Peter Stathis**, husband of Mrs. Olga Stathis and father of Julia and P.J. Stathis; for **Chris Christofi** and **Andreas Christofi**, brother and father of Kostas Christofi and Maria Georges; for **Anastasia Thrasyvoulou**, daughter of Mrs. Eleni Thrasyvoulou and sister of Mary Kolas and Yioula Trahilis; and for **Vasiliki Karousos**, mother of John Karousos and Nancy Mingussi. May their memory be eternal!

**Coffee Hour** is offered this morning by the Stathis, Christofi, Georges, Thrasyvoulou, Kolas, Trahilis, and Karousos families for their loved ones.

**The Ladies Philoptochos of Saint Katherine** would like to let you know that they have *koulourakia* and *paximathia* available all year long. Please contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

**Parents are reminded** that *children are not allowed to play on the stage* in the Meletis Charuhas Center during Coffee Hour or other social gatherings. We ask your assistance to prevent injury to the children and damage to curtains and other equipment. Thank you.

**New Candle Prices** – The Parish Council has approved the following changes to candles available at the pangaria: Red votive candles - \$10; large white candles - \$5; small candles -\$1 (no change). Prices are effective in April.

**The 2015 Saint Katherine Vacation Bible Camp** still needs teachers and volunteers! Please contact Vicki Mowery at (703) 913-3178 or [mowerycrew@gmail.com](mailto:mowerycrew@gmail.com), or Eleni Porter at (703) 913-9629 or [beporter1@verizon.net](mailto:beporter1@verizon.net) if you are interested. Camp will take place June 22-26, 2015, 10:30 a.m. – 2:00 p.m., ages 4-14. Registration for camp is now closed. Please help us make this a memorable week for our youth. (Sponsored by AHEPA Chapter #438).

**HEC** will offer a 7-week period of summer fun to 3 - 5 year-old children in our Summer Camp Program, June 29 - August 14, 7:30 a.m. - 3:30 p.m. For more information, please contact the director at [alexopoulou@stkchurch.com](mailto:alexopoulou@stkchurch.com).

**The Philoptochos Annual Dinner** will be at the Anthony's Restaurant, Falls Church, this year, on June 9<sup>th</sup>, at 6:00 p.m. You are all invited to come! Dinner includes: Mezethakia, salad, choice of oven-roasted chicken with potatoes, or lamb shank with rice, wine, galaktoboureko, cost, including gratuity \$30.00. Please, make your reservations by calling Mary Drakoulis at (703) 273-4159.

**Gentle Exercise Class** – Reduce stress, lower blood pressure, gain flexibility, balance and circulation. Class includes deep breathing, stretching, balance, meditation and deep relaxation. Open to men and women of all ages and all fitness levels. 6 weeks for \$60.00, drop-in's \$12.00, payable to *Saint Katherine*. Wednesday evenings at 7:00 p.m., May 6 through June 17, held at Saint Katherine in large classroom across from board room. Bring a yoga mat, cushion and blanket. For further information contact Tina Ligelis at (703) 845-0520 or [LigelisCPA@aol.com](mailto:LigelisCPA@aol.com). Class will not be held on May 27<sup>th</sup>.

**Camp Good Shepherd – June 28<sup>th</sup>** (2:00 p.m. check in) – **July 3<sup>rd</sup>** (2:30 p.m. pick up) for grades 6<sup>th</sup>-12<sup>th</sup>. Location: Camp Piankatank (1586 Stampers Bay Road, Hartfield, VA 23071). Cost: \$495.00 by June 1<sup>st</sup>, \$545 after June 1<sup>st</sup>. Theme: *Living the Good Life – The Beatitudes*. Scholarships are available by contacting the Metropolis Youth Office at (908) 301-0500 or by email [dnphilothos@nj.goarch.org](mailto:dnphilothos@nj.goarch.org). Registration: <http://h3981838.ath.cx:8111/CGSOnline/login.html;jsessionid=EADCE6B54FD4DEA9CFE6CC48A7170195>. Additional information: <http://nj.goarch.org/youthyal/goodshepherd.htm>.

**St. Phoebe Center Southern Regional Chapter** will be presenting a Pan-Orthodox program, “*Restoring the Holy Orthodox Tradition of Deaconesses*” at St. Katherine's in the Hellenic Education Center on Thursday, May 28, at 7:30 p.m. RSVP and further information: [mrouvelas@verizon.net](mailto:mrouvelas@verizon.net), [www.orthodoxdeaconess.org](http://www.orthodoxdeaconess.org).

**The Greek Orthodox Metropolis of New Jersey proudly presents a Metropolitan Concert** – Areti Ketime, “*The Angelic Voice*”, “*East meets West...Musical Bridges*”, performing for the first time in U.S., Sunday, May 31, 6:00 p.m., St. Nicholas Community Center, Greek Town Square, Baltimore, MD. Tickets/Info: [specialevents@nj.goarch.org](mailto:specialevents@nj.goarch.org), 908-301-0500 or call Mrs. Katherine Cavallo, 703-978-1539. All proceeds will benefit the ministries of our New Jersey Metropolis.

**Greek Music Artists** will celebrate the release of a new DC, performance at the Kennedy Center's Millennium Stage, “*Hellenic Song: A Musical Migration*”, Monday, May 25, in collaboration with the Embassy of Greece. Mary Voutsas (piano), Anna Hennessy (violin) and Ellie Falaris Ganelin (flute). It will be a collection of sonatas, suites, and popular songs by contemporary Greek composers. Entrance is free.

**SAINT KATHERINE SPRING 2015 GREEK FESTIVAL – JUNE 5, 6 and 7 – Please get involved! Our Spring Festival is made possible by the combined efforts of many volunteers just like you! The success of our Festival depends on the support of all parishioners. Proceeds from our Festival assist Saint Katherine in continuing its ministries and programs. If you would like to volunteer, please contact Andrea Ballard at (703) 250-5419 or [andreaballard1@verizon.net](mailto:andreaballard1@verizon.net).**

## Church Services

Monday, May 25

### Memorial Day

Trisagion Prayers at the National Memorial Park Cemetery 10:00 a.m.

Sunday, May 31



### The Holy Pentecost – Της Αγίας Πεντηκοστής

Orthros 9:30 a.m.

Divine Liturgy 10:30 a.m.

Catechetical/Sunday School Graduation following the Divine Liturgy in Church.

A Pizza luncheon, cake and refreshments for Sunday School students and their parents in the hall.

### Please note:

One Liturgy only – May 24<sup>th</sup> through September 13<sup>th</sup>.

**Offertory Prayer.** O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

**Προσευχή Προσφοράς.** Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

[http://www.saint-katherines.org/about\\_us/sunday-bulletins](http://www.saint-katherines.org/about_us/sunday-bulletins)



METROPOLIS OF  
NEW JERSEY

### Church Organizations

Acolyte Captains – Anastasios Galatis & Daniel McKinney

Protos-Psalter – James Loizou 703-356-8220

Choir Director – John Doulis 703-670-4386

Catechetical School – George Charuhas 703-999-2109

Hellenic Education Center – Eleni Alexopoulou 703-674-7715

Philoptochos President – Eleni Kanakos 703-938-8360

YAL President – Faye Anson 703-437-5747

GOYA President – Demetrios Karounos 703-321-3009

JOY – Toula Christou 703-533-0055

HOPE – Vaitsa Bousbouras vsbousbouras@yahoo.com



3149 Glen Carlyn Road Falls Church, Virginia 22041 Phone 703-671-1515 Fax 703-671-1385

Please visit our website at:

[www.saint-katherines.org](http://www.saint-katherines.org)

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