

Saint Katherine Greek Orthodox Church



Sunday, May 15, 2016
Sunday of the Myrrh-Bearers

Pachomios the Great Martyr
Achillios, Bishop of Larissa



Apolytikion of the Day (1st Plagios Tone)

Christ is Risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Χριστός Ανέστη εκ νεκρών, θανάτω θάνατον πατήσας και τοις εν τοις μνήμασι ζώνη χαρισάμενος.

Apolytikion of the Day (2nd Tone)

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightning of Thy Divinity. And when Thou didst also raise the dead out of the nethermost depths, all the powers in the Heavens cried out: O Life-giver, Christ our God, glory be to Thee.

Ότε κατήλθες προς τον θάνατον, η ζωή η αθάνατος, τότε τον Άδην ενέκρωσας, τη αστραπή της Θεότητος. Ότε δε και τους τεθνεώτας εκ των καταχθονίων ανέστησας, πάσαι αι Δυνάμεις των επουρανίων εκραύγαζον: Ζωοδότα Χριστέ ο Θεός ημών, δόξα σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομπούς των ασεβών, του Πνεύματων τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Tone)

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the Myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

Ει και εν τάφω κατήλθες αθάνατε, αλλά του Άδου καθειλες την δύναμιν, και ανέστης ως νικητής, Χριστέ ο Θεός, γυναιξί Μυροφόροις φθεγξάμενος. Χαίρετε, και τοις σοις Αποστόλοις ειρήνην δωρούμενος ο τοις πεσούσι παρέχων ανάστασιν.

Epistle Reading

The Lord is my strength and my song. The Lord has chastened me sorely.

The reading is from the Acts of the Apostles.

Acts 6:1-7 – In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, “it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word.” And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Gospel Reading

Mark 15:43-47; 16:1-8 – At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, “Who will roll away the stone for us from the door of the tomb?” And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, “Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you.” And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

The Saint Katherine HEC Greek School is leading an initiative to include Modern Greek as part of the Fairfax County “credit by exam” program. To do so, we need to collect 200 names of FCPS junior high and high school students who know Greek. If we are successful, our children can obtain high school credit for their knowledge of Greek. If you or your child is currently enrolled in grades 6-12 in a FCPS school and know Greek, please contact pelekasisgreece@yahoo.com to provide your/your child’s information so we can collect the 200 names.

Kindergarten Teacher – The Hellenic Education Center in Falls Church is seeking for an English language teacher for its inaugural kindergarten class for 2016-2017. This is a 6 time position (4.5 hours daily) in a Greek immersion program. This position can be turned into a full time position by adding a preschool class or before/after care responsibilities, according to the candidate’s preference. Learn more about our school at ealexopoulou@stkchurch.com or www.stkhec.org.

Philoptochos Annual Luncheon – You are invited, with your husband, to attend our luncheon on June 11, at 1:00 p.m., at Nostos Restaurant, 8100 Boone Blvd., Vienna, near Tysons I. Menu choice: Lamb riganato, chicken, or salmon. Tickets \$40.00, which includes tax and gratuity. Reservations and pre-payment required by June 1st. Please, RSVP to Mary Drakoulis – Marydrak3gmail.com or (703) 273-4159

Senior Kentro – A luncheon for seniors will be served in the Seniors Kentro on Thursday, May 19 from 11:30 a.m. to 1:00 p.m. This is our second such event and your participation is critical for us to continue. Reservations are required, so please RSVP to the Church Office (703-671-1515 or stsangali@stkchurch.com) no later than noon, May 17. Our menu for this event features Chicken Riganato, potatoes, string beans and salad, and rice pudding for dessert. Come enjoy good food and pareia with your friends.

Announcements

Χριστός Ανέστη! Αληθώς Ανέστη! Christ is Risen! Truly He is Risen!

Memorial Services are offered this morning for **Mary Capsalis**, mother of Manuel Capsalis; for **Alexandra 'Alex' Diapoulis** and **James Gasparis**, sister and cousin of Margo Buda and Nicholas Diapoulis; for **Konstantinos Stoumbos**, husband of Mrs. Vasiliki Stoumbos and father of Tom Stoumbos; for **George Bursenos**, son of Mr. & Mrs. Christopher Bursenos; for Costas Johnnides, father of Marianna, Euripides and Christianna; and for the **AHEPA Deceased Brothers of Peter Derzis Chapter 438**. May their memory be eternal!

Coffee Hour is sponsored this morning by the AHEPA Peter Derzis Chapter 438, the Capsalis, Buda and Diapoulis, and Bursenos families in memory of their loved ones.

AHEPA Sunday – Today we recognize the members of our beloved AHEPA family, as they are inspired by the power of the faith that we share and their love for humankind to offer service and resources in many ways. For over ninety years the American Hellenic Educational Progressive Association has promoted the ideals of philanthropy, education, civic responsibility, and family and individual excellence through many programs and special efforts, including assistance to Greek immigrants, scholarships for youth, housing for senior adults, relief funds following major tragedies, and activism on a wide range of issues. May we continue to offer our prayers and support for the faithful service of AHEPA.

Philoptochos – To sponsor Coffee Hour after a Memorial Service is \$175.00 donation. It will include set up coffee, 100 koulourakia, 100 paximathia, putting koliva in cups and cleaning up. Donations need to be sent to Saint Katherine's in advance. Please write checks to: *Saint Katherine Greek Orthodox Church*. Parishioners will call the church first for the date and all their information and then, they can contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

Teach Youth Basic Orthodoxy in Guatemala This Summer – In Guatemala there are hundreds of children and young adults hungry to learn more about their Orthodox Christian Faith. A short-term OCMC mission team has been invited to offer a summer Church school program for two communities outside Nuevo Conception in Southwest Guatemala to teach basic Orthodoxy. If you have a heart for youth or teaching, please prayerfully consider joining this team which will serve from June 15th to the 28th, 2016. To learn more or apply, visit http://www.ocmc.org/about/view_team.aspx?TeamId=170, e-mail teams@ocmc.org, or call 1-877-463-6784, ext. 141.

Peter Derzis AHEPA Chapter 438 are selling 2016 restaurant raffle tickets after the Liturgy during coffee hour. The cost of the tickets is \$20.00 (6 for \$100.00) with the drawing for the 3 prizes of \$500.00 in gift certificates to be held on AHEPA Sunday today.

The Metropolitan DC Orthodox Mission and Outreach Committee is again sponsoring a Mission Dinner, at SS Peter and Paul Antiochian Orthodox Church, 10620 River Road, Potomac, MD, today Sunday, May 15, beginning with a Pan-Orthodox Vespers at 4:30 p.m., Hors d' Oeuvres and Silent Auction at 5:15 p.m., and the Mission and Missionary presentation at 6:00 p.m. All proceeds benefit the OCMC. The speaker is V. Rev. John Chakos, speaking on "*Guatemala Mission Faces East: The Next Step in Conversion*". For tickets please contact Dr. John Demakis at demakis9931@gmail.com or Betty Slanta at slanta@verizon.net.

Need for Catechetical School Teachers – A few of our dearly loved Sunday School teachers will be stepping down after many years of service. As a result, we need stewards who are willing to fill these openings for the continued Christian Education of our children. We are looking to fill these positions for the 2016-2017 school year, so please contact Bill and/or Elaine Porter at beporter1@verizon.net ASAP. Thank you in advance!

Saint Katherine's Spring Greek Festival – June 3, 4, and 5, 2016, 11:00 a.m. to 10:00 p.m. Our Spring Festival is made possible by the combined efforts of many volunteers just like you! The success of our Festival depends on the support of ALL parishioners. Proceeds from our Festival assist Saint Katherine in continuing her ministries and programs. To volunteer you can use the link: <http://vols.pt/7nWYJc>. For any questions, please contact Andrea Ballard at (703) 250-5419 or andreaballard1@verizon.net.

Church Services

Saturday, May 21	Saints Constantine and Helen, Equal to the Apostles Των Αγίων Ισαποστόλων Κωνσταντίνου και Ελένης Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Sunday, May 22	Sunday of the Paralytic – Κυριακή του Παραλυτικού Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.; Catechetical (Sunday) School Graduation
Sunday, May 29	Sunday of the Samaritan Woman – Κυριακή της Σαμαρείτιδος Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Monday, May 30	Memorial Day – Trisagion at the National Memorial Park 10:00 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Veleziz	Philoptochos President – Eleni Kanakos 703-938-8360
Protos-Psalter – James Loizou 703-356-8220	YAL President – Faye Anson 703-437-5747
Choir Director – Nick Kyros (703) 981-2526	GOYA President – Theo Karounos 703-321-3009
Catechetical School – Bill Porter 703-901-2404	JOY – Toula Christou 703-533-0055
Hellenic Education Center – Eleni Alexopoulou 703-671-7715	HOPE – Vaitsa Bousbouras, vsbousbouras@yahoo.com



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