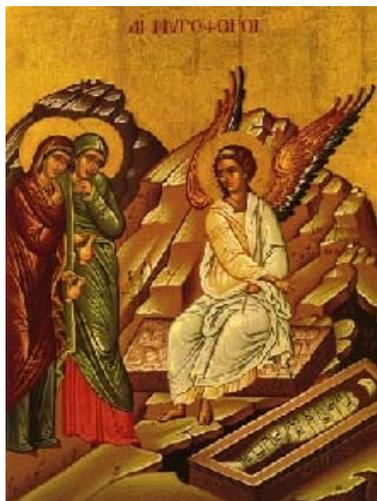


Saint Katherine Greek Orthodox Church



Sunday, May 12, 2019
Sunday of Myrrh-Bearing
Women

St. Epiphanius, Bishop of Cyprus
St. Germanos, Patriarch of
Constantinople
Mother's Day



Apolytikion of the Great and Holy PASCHA (1st Plagal Tone)

-Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.
-Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας, και τοις εν τοις μνήμασι ζωήν χαρισάμενος.

Apolytikion of the Day (2nd Tone)

-When You descended unto death, O Life Immortal, You rendered to Hades a mortal blow by the lightning of Your divinity, and when from the depths of darkness You also raised the dead, all the heavenly powers cried out: O Giver of Life, Christ our God, glory to You.

-Ότε κατήλθες προς τον θάνατον, η ζωή η αθάνατος, τότε τον Άδην ενέκρωσας, τη αστραπή της θεότητας. Ότε δε και τους τεθνεώτας, εκ των καταχθονίων ανέστησας, πάσαι αι δυνάμεις των επουρανίων εκραύγαζον. Ζωοδότα Χριστέ, ο Θεός ημών, δόξα σοι.

Apolytikion of the Myrrh-Bearing Women (2nd Tone)

-When he took down Your immaculate Body from the Cross the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose O Lord and granted the world Your great mercy.

-The Angel standing at the sepulcher cried out and said to the myrrh bearing women. The spices are appropriate for mortal men but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy.

-Ό εϋσχήμων Ίωσήφ, από του ξύλου καθελών το άχραντόν σου Σώμα, σινδόνι καθαρᾶ, ειλήσας και άρώμασιν, εν μνήματι καινή κηδεύσας απέθετο, αλλά τριήμερος ανέστης Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα έλεος.

-Ταῖς Μυροφόροις Γυναίξι, παρὰ τὸ μνήμα επιστάς, ὁ Άγγελος έβόα. Τὰ μύρα τοῖς θνητοῖς ύπάρχει άρμόδια, Χριστός δε διαθορας έδειχθη άλλότριος, αλλά κραυγάσατε, Άνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα έλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

-Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

-Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομπούς των ασεβών, του Πνεύματος τη δύναμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Plagal Tone)

-Into the grave you descended, immortal One, and yet the power of Hades have you destroyed! And as victor you did arise, O Christ God, to the women who came bearing myrrh, you proclaimed, "Rejoice!" and unto your apostles you granted the gift of peace, and have bestowed on the fallen resurrection.

-Ει και εν τάφῳ κατήλθες άθανάτε, αλλά του Άδου καθεΐλες την δύναμιν, και ανέστης ως νικητής, Χριστέ ὁ Θεός, γυναίξι Μυροφόροις φθεγξάμενος, χαίρετε, και τοῖς σοῖς Άποστόλοις ειρήνην δωρούμενος ὁ τοῖς πεσοῦσι παρέχων άνάστασιν.

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Epistle Reading

The Lord is my strength and my song. The Lord has chastened me sorely.

The reading is from the Acts of the Apostles.

Acts 6:1-7 – In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Gospel Reading

Mark 15:43-47; 16:1-8 – At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Catechetical (Sunday) School Graduation – Next Sunday, May 19 at the end of the Divine Liturgy, following with a reception at the Chelpon's Hall for the students with their parents and teachers. Regular classes at 9:00 a.m. Have a Blessed Summer! We will see you again for Sunday School in September. Please remember our Vacation Bible School in August. *See notice on next page.*

Congratulations to our GOYAns!!! Our Girls A and B teams both won the championship at the Saint Demetrios Annual Basketball Tournament last weekend! *Και εις ανώτερα!*

Happy Mother's Day!



Announcements



Χριστός Ανέστη! Αληθώς Ανέστη! -- Christ is Risen! Truly He is Risen!

Coffee Hour is sponsored this morning by our Ladies Philoptochos. *Happy Mother's Day!*

Saturday June 1st is our annual **Ladies Philoptochos Luncheon** at Nostos restaurant in Vienna, VA. Prepaid reservations are accepted by Mary Varlas 703-965-4161. No payment at the door.

The Ladies Philoptochos are collecting Greek Recipes, in order to publish our first cookbook. Please email us your recipes at greekrecipes@aol.com or bring them to us at our table during the coffee hour.

Ladies Philoptochos General Meeting will take place next Sunday, May 19, in the board room after Divine Liturgy. Elections will be held the same day.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place every Tuesday at 7:15 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year's topic is *Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed*. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

Summer 2019 VBS – This year's theme is *Traveling the Ark of Salvation* and we will be learning about the life of Theotokos. Camp is in session the week of August 5-9 and is for ages 5-14 and will run from 10:00 a.m. – 2:00 p.m. The cost is \$30/child and includes lunch daily. A registration table will be set up after Liturgy May 12th in the community center lobby. Checks should be made out to: *St. Katherine's Greek Orthodox Church* with “VBS 2019” in the memo line. Registration forms are also available online on our website. Payment may also be given directly to Victoria Cherpes or placed in the Sunday school mailbox. Refer questions to Victoria Cherpes at victoriacherpes@gmail.com. Looking forward to see your kids at camp!

Attention Parishioners! When attending church services and events at our church, kindly please park your car properly within the designated parking space lines in the parking lot. This will prevent loss of a space for someone else to park their car. *Thank you!*

The Saint Genevieve Orthodox Book Club – We are discussing Part I of *Wounded by Love: The Life and Teachings of Saint Porphyrios*. All are welcome! Please contact Victoria Cherpes, victoriacherpes@gmail.com for more information.

GOYA – Christos Anesti! Upcoming basketball tournament: Annapolis, May 11-12. Next Youth Sunday/Meeting/Elections is May 19. For more information, email: SaintKatherineGOYA@aol.com.

“Paideia preschool is looking to hire an assistant for the summer program (Paideia Preschool) July 1-August 23. For more information, please contact the director at ealexopoulou@stkchurch.com.”

Saint Katherine Spring Festival – June 7, 8 and 9, 2019 – Traditional foods, drinks and deserts, arts and crafts, live music and dancing. The link to volunteer is: <https://signup.com/go/KfnpVFz>. For more information, please contact Andrea Ballard at 703-250-5419 or andreaballard@verizon.net.

Church Services

Sunday, May 19	Sunday of the Paralytic – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m. Sunday School Graduation following the Divine Liturgy
Monday, May 20	Saints Constantine and Helen, Equal-to-the Apostles – Great Vespers at Saints Constantine and Helen, Annapolis, Maryland (2747 Riva Road, Annapolis, MD 21401)
Tuesday, May 21	Saints Constantine and Helen, Equal-to-the Apostles – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.
Sunday, May 26	Sunday of the Samaritan Woman – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Monday, May 27	Memorial Day – Trisagion Prayers at the National Memorial Park Cemetery 10:00 a.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. -- Week Day Services: Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Niko Porter 703-901-2404
Protos-Psalter – Nicholas Mpras 703-560-7714
Choir Director – John Slanta 703-307-0142
Catechetical School – Bill & Eleni Porter 703-901-2404
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161
YAL President – Faye Anson 703-437-5747
GOYA President – Maria Sarantis,

effie@sarantisproperties.com

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church