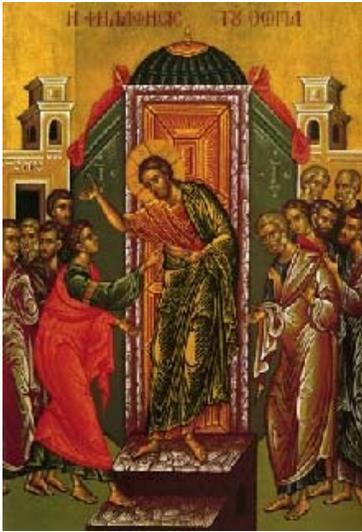
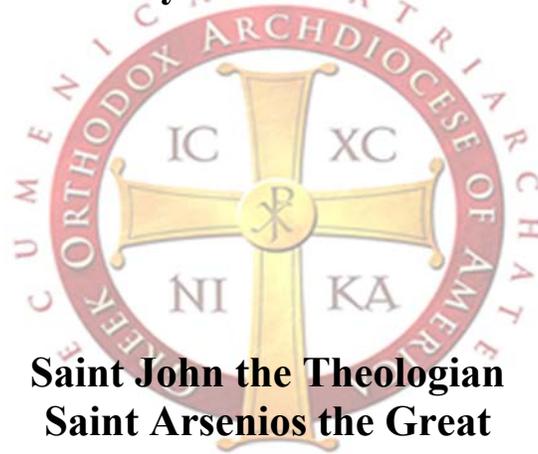


# *Saint Katherine Greek Orthodox Church*



**Sunday, May 8, 2016**  
**Sunday of Saint Thomas**



**Saint John the Theologian**  
**Saint Arsenios the Great**



## *Apolytikion of the Day (1<sup>st</sup> Plagios Tone)*

Christ is Risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Χριστός Ανέστη εκ νεκρών, θανάτω θάνατον πατήσας και τοις εν τοις μνήμασι ζώνη χαρισάμενος.

## *Apolytikion of the Day (Grave Tone)*

Whilst the tomb was sealed, Thou, O Life, didst shine forth from the grave, O Christ God; and whilst the doors were shut. Thou didst come unto Thy disciples, O Resurrection of all, renewing through them an upright Spirit in us according to Thy great mercy.

Εσφραγισμένου του μνήματος η ζωή εκ τάφου ανέτειλας Χριστέ ο Θεός, και των θυρών κεκλεισμένων, τοις Μαθηταίς επέστης η πάντων ανάστασις, πνεύμα ευθές δι' αυτών εγκαινίζων ημίν, κατά το μέγα σου έλεος.

## *Apolytikion of Saint Katherine the Great Martyr (1<sup>st</sup> Tone)*

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληπνιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

## *Kontakion of the Day (4<sup>th</sup> Plagios Tone)*

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the Myrrh-Bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

Ει και εν τάφω κατήλθες αθάνατε, αλλά του Άδου καθείλες την δύναμιν, και ανέστης ως νικητής, Χριστέ ο Θεός, γυναιξί Μυροφόροις φθεγξάμενος. Χαίρετε, και τοις σοις Αποστόλοις ειρήνην δωρούμενος ο τοις πεσούσι παρέχων ανάστασιν.

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## *Epistle Reading*

*The voice has gone out into all the earth.*

*The heavens declare the glory of God.*

*The reading is from Saint John's First Universal Letter.*

**1<sup>st</sup> John 1:1-7** – That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life – the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us – that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. And we are writing this that our joy may be complete.

This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

## *Gospel Reading*

**John 20:19-31** – On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: “Peace be with you.” When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, “Peace be with you. As the Father has sent me, even so I send you.” And when He had said this, He breathed on them, and said to them: “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.”

Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: “We have seen the Lord.” But he said to them: “Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe.”

Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: “Peace be with you.” Then He said to Thomas, “Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing.” Thomas answered Him, “My Lord and my God!” Jesus said to Him: “Have you believed because you have seen me? Blessed are those who have not seen and yet believe.”

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

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**The Saint Katherine HEC Greek School** is leading an initiative to include Modern Greek as part of the Fairfax County “credit by exam” program. To do so, we need to collect 200 names of FCPS junior high and high school students who know Greek. If we are successful, our children can obtain high school credit for their knowledge of Greek. If you or your child is currently enrolled in grades 6-12 in a FCPS school and know Greek, please contact [pelekasisgreece@yahoo.com](mailto:pelekasisgreece@yahoo.com) to provide your/your child's information so we can collect the 200 names.

**Kindergarten Teacher** – The Hellenic Education Center in Falls Church is seeking for an English language teacher for its inaugural kindergarten class for 2016-2017. This is a 6 time position (4.5 hours daily) in a Greek immersion program. This position can be turned into a full time position by adding a preschool class or before/after care responsibilities, according to the candidate's preference. Learn more about our school at [ealexopoulou@stkchurch.com](mailto:ealexopoulou@stkchurch.com) or [www.stkhec.org](http://www.stkhec.org).

## *Announcements*

***Χριστός Ανέστη! Αληθώς Ανέστη! Christ is Risen! Truly He is Risen!***

**This morning is Church Youth Duty Sunday, and GOYAns and Catechetical (Sunday) School students will serve.**

**The Ladies of Philoptochos are hosting a Continental Breakfast** this morning following the Divine Liturgy in honor of Mother's Day at the Meletis Charuhas Center. Everyone is welcome! ***Happy Mother's Day!***

**Philoptochos** – To sponsor Coffee Hour after a Memorial Service is \$175.00 donation. It will include set up coffee, 100 koulourakia, 100 paximathia, putting koliva in cups and cleaning up. Donations need to be sent to Saint Katherine's in advance. Please write checks to: *Saint Katherine Greek Orthodox Church*. Parishioners will call the church first for the date and all their information and then, they can contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

**Teach Youth Basic Orthodoxy in Guatemala This Summer** – In Guatemala there are hundreds of children and young adults hungry to learn more about their Orthodox Christian Faith. A short-term OCMC mission team has been invited to offer a summer Church school program for two communities outside Nuevo Conception in Southwest Guatemala to teach basic Orthodoxy. If you have a heart for youth or teaching, please prayerfully consider joining this team which will serve from June 15<sup>th</sup> to the 28<sup>th</sup>, 2016. To learn more or apply, visit [http://www.ocmc.org/about/view\\_team.aspx?TeamId=170](http://www.ocmc.org/about/view_team.aspx?TeamId=170), e-mail [teams@ocmc.org](mailto:teams@ocmc.org), or call 1-877-463-6784, ext. 141.

**Peter Derzis AHEPA Chapter 438** started selling 2016 restaurant raffle tickets after the Liturgy during coffee hour. The cost of the tickets is \$20.00 (6 for \$100.00) with the drawing for the 3 prizes of \$500.00 in gift certificates to be held on AHEPA Sunday, May 15, 2016.

**Save the Date! The Metropolitan DC Orthodox Mission and Outreach Committee** is again sponsoring a Mission Dinner, at SS Peter and Paul Antiochian Orthodox Church, 10620 River Road, Potomac, MD, on Sunday, May 15, beginning with a Pan-Orthodox Vespers at 4:30 p.m., Hors d' Oeuvres and Silent Auction at 5:15 p.m., and the Mission and Missionary presentation at 6:00 p.m. All proceeds benefit the OCMC. The speaker is V. Rev. John Chakos, speaking on "*Guatemala Mission Faces East: The Next Step in Conversion*". For tickets please contact Dr. John Demakis at [demakis9931@gmail.com](mailto:demakis9931@gmail.com) or Betty Slanta at [slanta@verizon.net](mailto:slanta@verizon.net).

**Need for Catechetical School Teachers** – A few of our dearly loved Sunday School teachers will be stepping down after many years of service. As a result, we need stewards who are willing to fill these openings for the continued Christian Education of our children. We are looking to fill these positions for the 2016-2017 school year, so please contact Bill and/or Elaine Porter at [beporter1@verizon.net](mailto:beporter1@verizon.net) ASAP. Thank you in advance!

**Saint Katherine's Spring Greek Festival – June 3, 4, and 5, 2016, 11:00 a.m. to 10:00 p.m.** Our Spring Festival is made possible by the combined efforts of many volunteers just like you! The success of our Festival depends on the support of ALL parishioners. Proceeds from our Festival assist Saint Katherine in continuing her ministries and programs. To volunteer you can use the link: <http://vols.pt/7nWYJc>. For any questions, please contact Andrea Ballard at (703) 250-5419 or [andreaballard1@verizon.net](mailto:andreaballard1@verizon.net).

## Church Services

Sunday, May 15

**Sunday of the Myrrh-Bearers – Κυριακή των Μυροφόρων**

Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.

Saturday, May 21

**Saints Constantine and Helen, Equal to the Apostles**

**Των Αγίων Ισαποστόλων Κωνσταντίνου και Ελένης**

Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday, May 22

**Sunday of the Paralytic – Κυριακή του Παραλυτικού**

Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.; **Sunday School Graduation**

Sunday, May 29

**Sunday of the Samaritan Woman – Κυριακή της Σαμαρείτιδος**

Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.

Monday, May 30

**Memorial Day – Trisagion at the National Memorial Park** 10:00 a.m.

**Offertory Prayer.** O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

**Προσευχή Προσφοράς.** Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

[http://www.saint-katherines.org/about\\_us/sunday-bulletins](http://www.saint-katherines.org/about_us/sunday-bulletins)



METROPOLIS OF  
NEW JERSEY

### Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Veleziz

Protos-Psalter – James Loizou 703-356-8220

Choir Director – Nick Kyros (703) 981-2526

Catechetical School – Bill Porter 703-901-2404

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Eleni Kanakos 703-938-8360

YAL President – Faye Anson 703-437-5747

GOYA President – Theo Karounos 703-321-3009

JOY – Toula Christou 703-533-0055

HOPE – Vaitsa Bousbouras, vsbousbouras@yahoo.com



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