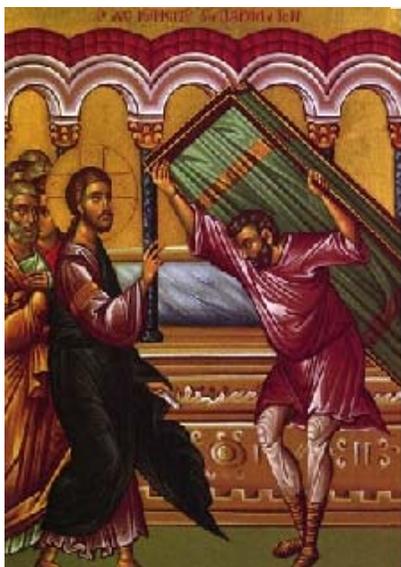


Saint Katherine Greek Orthodox Church

Sunday, May 3, 2015



**Sunday of the Paralytic
Timothy & Mavra the Martyrs
Peter the Wonderworker**



Apolytikion of the Day (1st Plagios Tone)

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs, He has granted life.

Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας, και τοις εν τοις μνήμασι ζώνη χαρισάμενος.

Apolytikion of the Day (3rd Tone)

Let the heavens sing for joy, and let everything on earth be glad. For with His arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Ευφραινέσθω τα ουράνια, αγαλλιášθω τα επίγεια, ότι εποίησε κράτος, εν βραχίονι αυτού, ο Κύριος, επάτησε τω θανάτω τον θάνατον, πρωτότοκος των νεκρών εγένετο, εκ κοιλίας Άδου ερρύσατο ημάς, και παρέσχε τω κόσμω το μέγα έλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληπνιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματων τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Plagios Tone)

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the Myrrh-bearing women. Hail, and granting peace to Your disciples, You who raise up the fallen.

Ει και εν τάφω κατήλθες αθάνατε, αλλά του Άδου καθείλες την δύναμιν, και ανέστης ως νικητής, Χριστέ ο Θεός, γυναιξί Μυροφόροις φθεγξάμενος. Χαίρετε, και τοις σοις Αποστόλοις ειρήνην δωρούμενος, ο τοις πεσούσι παρέχων ανάστασιν.

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Epistle Reading

Sing praises to our God, sing praises.

Clap your hands, all you nations.

The reading is from the Acts of the Apostles.

Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading

John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticos. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty eight years. When Jesus saw him and knew that he had been lying there for along time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them. "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Reminder! AHEPA and Daughters of Penelope Metro Scholarships Applications and instructions for submission are available at the Saint Katherine Church Office. Application deadline for graduating seniors is the first week of April each year. Donation deadline for this year's scholarships was the third week of April. Donor contact information is also available at the Church Office. The event will be held Sunday, May 17, 2017.

Dear Parishioners and Friends of St. Katherine, in an effort to locate Greek Orthodox Christians who have been born in Constantinople and later emigrated to various parts of the world, our Ecumenical Patriarchate has reached out to our Holy Metropolis for assistance. If you and/or family members were born in Constantinople please contact the Church Office and leave your contact information with Sophia.

The Ladies Philoptochos of Saint Katherine would like to let you know that they have *koulourakia* and *paximathia* available all year long. Please contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

Announcements

Christ is Risen! Truly He is Risen! Χριστός Ανέστη! Αληθώς Ανέστη!

Memorial Services are offered this morning for **Athanasios Anagnostopoulos**, brother of Mrs. Georgia Panagopoulos; for **George Bursenos**, son of Mr. & Mrs. Chris and Maria Bursenos, brother of Joanna, Matthew, Demetrios, Shawna and uncle of Christopher; for **Jane and Demetrios Bursenos**, parents of George, Maria, Stephanie and Chris; for **Alekos and Maria Andreou**, parents of Andri, Costas, and Iacovos. May their memory be eternal!

Coffee Hour is sponsored this morning by the Panagopoulos, Bursenos, Orphanides and Andreou families in memory of their loved ones.

Parents are reminded that *children are not allowed to play on the stage* in the Meletis Charuhas Center during Coffee Hour or other social gatherings. We ask your assistance to prevent injury to the children and damage to curtains and other equipment. Thank you.

New Candle Prices – The Parish Council has approved the following changes to candles available at the pangaria: Red votive candles - \$10; large white candles - \$5; small candles -\$1 (no change). Prices are effective in April.

The 2015 Saint Katherine Vacation Bible Camp needs teachers and volunteers! Please contact Vicki Mowery at (703) 913-3178 or mowerycrew@gmail.com, or Eleni Porter at (703) 913-0962 or beporter@verizon.net if you are interested. Camp will take place June 22-26, 2015, 10:30 a.m. – 2:00 p.m., ages 4-14. **Registration is still open!** Vacation Bible Camp is a unique opportunity for our Orthodox youth to come together in order to enhance their understanding of our faith. Please help us make this a memorable week for our youth. Registration forms are available at the narthex. (Sponsored by AHEPA Chapter #438).

HEC will offer a 7-week period of summer fun to 3 - 5 year-old children in our Summer Camp Program, June 29 - August 14, 7:30 a.m. - 3:30 p.m. For more information, please contact the director at ealexopoulou@stkchurch.com.

Food Pantry – Our next collection for the food pantry mission at our neighbor church, Columbia Baptist Crossroads on Glen Carlyn Road, will be on Sunday, May 17. Blue cloth bags with a list of suggested donations will be handed out this morning and next Sunday, May 10. Thank you for your contributions for the destitute, which have been totaling a thousand pounds of food per collection. We also welcome your help in taking the food to Columbia Baptist and shelving it on Sunday, May 17 at 10:30 a.m. If you would like to be involved, contact Marilyn Rouvelas at mrouvelas@verizon.net.

The Yard Sale by our Philoptochos will take place on Saturday, May 16, 8:00 a.m. to 2:00 p.m. at St. Katherine's Founders' hall. For more information please contact Mrs. Trish Kapsidelis at (703) 356-5905.

Save the date: The Philoptochos Annual Dinner will be on June 9, at 6:00 p.m., at Anthony's Restaurant in Falls Church. Complete dinner – mezethakia, entrée, wine, dessert, etc., including gratuity \$30.00 per person. Additional information to follow.

Gentle Exercise Class – Reduce stress, lower blood pressure, gain flexibility, balance and circulation. Class includes deep breathing, stretching, balance, meditation and deep relaxation. Open to men and women of all ages and all fitness levels. 6 weeks for \$60.00, drop-in's \$12.00, payable to Saint Katherine. Wednesday evenings at 7:00 p.m., May 6 through June 10, held at Saint Katherine in large classroom across from board room. Bring a yoga mat, cushion and blanket. For further information contact Tina Ligelis at (703) 845-0520 or LigelisCPA@aol.com.

Church Services

Tuesday, May 5

St. Irene the Great Martyr – Αγ. Ειρήνης Μεγαλομάρτυρος
Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.

Sunday, May 10

Sunday of the Samaritan Woman – Κυριακή της Σαμαρείτιδος
Orthros/Youth and Adult Catechism 9:30 a.m.
Divine Liturgy 10:30 a.m.

One Liturgy only
Mother's Day

Please note:

One Liturgy on Sunday, May 10, May 24, and May 31.

Two Liturgies on Sunday, May 17.

One Liturgy on Sundays of June, July, August and until September 13.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Anastasios Galatis & Daniel McKinney
Protos-Psalter – James Loizou 703-356-8220
Choir Director – John Doulis 703-670-4386
Catechetical School – George Charuhas 703-999-2109
Hellenic Education Center – Eleni Alexopoulou 703-674-7715

Philoptochos President – Eleni Kanakos 703-938-8360
YAL President – Faye Anson 703-437-5747
GOYA President – Demetrios Karounos 703-321-3009
JOY – Toula Christou 703-533-0055
HOPE – Vaitsa Bousbouras vsbousbouras@yahoo.com



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church