Sunday, April 26, 2015

Saint Katherine Greek Orthodox Church

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Saint Katherine Greek Orthodox Church

Sunday of the Myrrh Bearers
Basil, Bishop of Amasea
Glaphyra the Righteous

Apolytikion of the Day (1st Plagios Tone)
Christ is risen from the dead, by death trampling down upon death, and to those in the tombs, He has granted life.
Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας, και τοις εν τοις μνήμασι ζωήν χαρισάμενος.

Apolytikion of the Day (2nd Tone)
Noble Joseph, having lowered from the Cross, your undefiled body, with spices anointed it and wrapped it in fresh linen, and in a brand new tomb, with loving care laid it; but in three days you did rise Lord, granting to the world the great mercy.
Ο ευσχήμων Ιωσήφ, από του ξύλου καθελών, το άχραντόν σου σώμα, σινδόνι καθαρά ειλήσας και αρώμασιν, εν μνήματι και νεκρών, κηδεύσας απέθετο. Άλλα τριήμερα ανέστης Κύριε, παρέχον τον κόσμον το μέγα έλεος.

To the women with the myrrhs, standing close by the tomb, the angel cried out: For mortals the myrrhs are appropriate, but Christ proved himself a stranger to corruption, but shout out with glee, the Lord has risen, granting to the world the great mercy.
Ταις μυροφόροις γυναιξί, παρά το μνήμα επιστάς, ο Άγγελος εβόα: Τα μύρα τοις θνητοίς υπάρχει αρμόδια, Χριστός δὲ διαφθοράς εδείχθη αλλότριος, αλλά κραυγάσατε: Ανέστη ο Κύριος, παρέχον τον κόσμον το μέγα έλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)
The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.
Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ος Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Plagios Tone)
Though You went down into the tomb, You destroyed Hades’ power, and You rose the victor, Christ God, saying to the Myrrh-bearing women. Hail, and granting peace to Your disciples, You who raise up the fallen.
Ει και εν τάφω κατήλθες αθάνατε, αλλά του Άδου καθελές την δύναμιν, και ανέστης εσ ενικητής, Χριστέ ο Θεός, γυναίξ Μυροφόροις φθειρόμενας. Χαίρετε, και τοις σοις Αποστόλοις ειρήνην δωρούμενος, ο τοις πεσούσι παρέχων ἀνάστασιν.

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Epistle Reading

The Lord is my strength and my song.
The Lord has chastened me sorely.
The reading is from the Acts of the Apostles.

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, “It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to ministry of the word.” And they said pleased the whole multitude, and they chose Stephen, a man full of faith and Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them.

Gospel Reading

Mark 15:43-47, 16:1-8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, “Who will roll away the stone for us from the door of the tomb?” And looking up, they say that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, “Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you.” And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Reminder! AHEPA and Daughters of Penelope Metro Scholarships Applications and instructions for submission are available at the Saint Katherine Church Office. Application deadline for graduating seniors is the first week of April each year. Donation deadline for this year’s scholarships was the third week of April. Donor contact information is also available at the Church Office. The event will be held Sunday, May 17, 2017.

Dear Parishioners and Friends of St. Katherine, in an effort to locate Greek Orthodox Christians who have been born in Constantinople and later emigrated to various parts of the world, our Ecumenical Patriarchate has reached out to our Holy Metropolis for assistance. If you and/or family members were born in Constantinople please contact the Church Office and leave your contact information with Sophia.

Second Cuba Mission Trip, April 30-May 8, 2015 – Father Costas Pavlakos, Presvytera Pauline Pavlakos, Eugenia Vroustouris, Dr. Jerry Rich, Fr. Nectarios Trevino, Elena Chambers, Perry Cherpes, Lucy Hagopian, and Christos Marafatsos will be leaving for the second Orthodox Cuba Mission Trip on April 30 to May 8, 2015. We will take a collection for the churches in Cuba, and we will offer a blessing for the Mission Team. Please keep them in your prayers. Please make checks payable to Saint Katherine, and write “Cuba Mission” on the memo line.

The Ladies Philoptochos of Saint Katherine would like to let you know that they have koulourakia and paximathia available all year long. Please contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.
Christ is Risen! Truly He is Risen! Χριστός Ανέστη! Αληθώς Ανέστη!

Memorial Services are offered this morning for Andromachi Timotheou, mother Harry Timotheou and Andrea Stylianos; for Milton Meletios Sarris, husband of Mrs. Irene Sarris, and father of Marina, Eleni and Christina; for Dr. James Alatis, husband of Mrs. Penelope Alatis, and father of William, Steven and Anthony; for Aspasia Makrigiorgos, mother of Stamata, Nia, Billy and Nick; and for Marios Droussiotis, husband of Mrs. Nathina Droussiotis and father of Marios. May their memory be eternal!

Coffee Hour is sponsored this morning by the Timotheou, Stylianos, Sarris, Alatis, Makrigiorgos and Droussiotis families in memory of their beloved ones!

Parents are reminded that children are not allowed to play on the stage in the Meletis Charuhas Center during Coffee Hour or other social gatherings. We ask your assistance to prevent injury to the children and damage to curtains and other equipment. Thank you.

New Candle Prices – The Parish Council has approved the following changes to candles available at the pangaria: Red votive candles - $10; large white candles - $5; small candles - $1 (no change). Prices are effective in April.

Metropolitan DC Orthodox Mission and Outreach Mission Dinner – The Metropolitan DC Orthodox Mission and Outreach Committee is again sponsoring a Mission dinner, to be held at St. Katherine, this Sunday, April 26, 2015, 5:00 p.m. Pan-Orthodox Vespers, 5:30 p.m. Hors d’oeuvres, and 6:00 p.m. Dinner and Presentation, to benefit the OCMC, the International Orthodox Mission and Evangelization organization. Please consider coming to the banquet. The speaker is Very Rev. John Chakos, Missionary to Guatemala, who will speak on “Orthodoxy in the Guatemalan Highlands: a light shines brightly”. The tickets are $55.00 for adults; for those under 22, $30.00; children under 6 are free; get a table for 10 for $500.00. The reservation deadline is April 21, 2015. Points of contact are: Dr. John Demakis, demakis9931@gmail.com; Skip Mersereau, jwmster@gmail.com or Betty Slanta, slanta@verizon.net. Enclose check and mail to St. Katherine, 3149 Glen Carlyn Rd., Falls Church, VA 22041. Check payable to St. Katherine Greek Orthodox Church, note: Mission Banquet.

The 2015 Saint Katherine Vacation Bible Camp needs teachers and volunteers! Please contact Vicki Mowery at (703) 913-3178 or mowerycrew@gmail.com, or Eleni Porter at (703) 913-0962 or beporter@verizon.net if you are interested. Camp will take place June 22-26, 2015, 10:30 a.m. – 2:00 p.m., ages 4-14. Registration is still open! Vacation Bible Camp is a unique opportunity for our Orthodox youth to come together in order to enhance their understanding of our faith. Please help us make this a memorable week for our youth. Registration forms are available at the narthex. (Sponsored by AHEPA Chapter #438).

HEC will offer a 7-week period of summer fun to 3 - 5 year-old children in our Summer Camp Program, June 29 - August 14, 7:30 a.m. - 3:30 p.m. For more information, please contact the director at ealexopoulou@stkchurch.com.

Food Pantry – Our next collection for the food pantry mission at our neighbor church, Columbia Baptist Crossroads on Glen Carlyn Road, will be on Sunday, May 17. Blue cloth bags with a list of suggested donations will be handed out on May 3 and May 10. Thank you for your contributions for the destitute, which have been totaling a thousand pounds of food per collection. We also welcome your help in taking the food to Columbia Baptist and shelving it on Sunday, May 17 at 10:30 a.m. If you would like to be involved, contact Marilyn Rouvelas at mrouvelas@verizon.net.

The Yard Sale by our Philoptochos will take place on Saturday, May 16, 8:00 a.m. to 2:00 p.m. at St. Katherine’s Founders’ hall. For more information please contact Mrs. Trish Kapsidelis at (703) 356-5905.

The Philoptochos Annual Dinner will be at the Anthony’s Restaurant on June 9, 2015. Details will follow.
Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ο Θεός, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δέχθεις από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμο του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αἰώνα. Ἀμήν.

Church Services

Sunday, May 3
**Sunday of the Paralytic – Κυριακή του Παραλύτου**
Divine Liturgy 8:00 a.m., and 10:30 a.m.
Orthros/Youth and Adult Catechism 9:30 a.m.

Tuesday, May 5
**St. Irene the Great Martyr – Αγ. Ειρήνης Μεγαλομάρτυρος**
Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.

Sunday, May 10
**Sunday of the Samaritan Woman – Κυριακή της Σαμαρείτιδος**
Orthros/Youth and Adult Catechism 9:30 a.m.
Divine Liturgy 10:30 a.m.
One Liturgy only
*Mother’s Day*

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting: [http://www.saint-katherines.org/about_us/sunday-bulletins](http://www.saint-katherines.org/about_us/sunday-bulletins)

Church Organizations

- Acolyte Captains – Anastasios Galatis & Daniel McKinney
- Protos-Psalter – James Loizou 703-356-8220
- Choir Director – John Doulis 703-670-4386
- Catechetical School – George Charuhas 703-999-2109
- Hellenic Education Center – Eleni Alexopoulou 703-671-7715
- Philoptochos President – Eleni Kanakos 703-938-8360
- YAL President – Faye Anson 703-437-5747
- GOYA President – Demetrios Karounos 703-321-3009
- JOY – Toula Christou 703-533-0055
- HOPE – Vaitsa Bousbouras vsbousbouras@yahoo.com

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Please visit our website at: [www.saint-katherines.org](http://www.saint-katherines.org)

Facebook: Saint Katherine Greek Orthodox Church