Saint Katherine Greek Orthodox Church

Sunday, April 21, 2019
Palm Sunday

Hieromartyr Ianouarios
and his Companions
St. Alexandra, the Empress
St. Maximianos, Patriarch of
Constantinople

Apolytikion of Saint Lazarus and Palm Sunday (1st Tone)

To confirm the general resurrection before Your Passion, You resurrected Lazarus from the dead, O Christ our God. Therefore imitating the children, carrying the symbols of victory, we cry out to You the Victor over death: “Hosanna in the highest! Blessed are You, the One, who comes in the name of the Lord.”

Τὴν κοινὴν Ανάστασιν προ του σου πάθους πιστούμενος, εκ νεκρών ἡγείρας τὸν Λάζαρον Χριστὲ ο Θεός. Όθεν καὶ ημεῖς ὡς οἱ παιδεῖς, τα τῆς νίκης σύμβολα φέροντες, σοι τῷ νικητῇ τοῦ θανάτου βοῶμεν: Ωσαννά εν τοῖς υψίστοις, ευλογημένος εἰς εὐχθαλήνην σοι, εὐλογημένος ο ερχόμενος εν ονόματι Κυρίου.

Apolytikion of Palm Sunday (4th Tone)

We were buried with You through Baptism, O Christ our God, and thus by Your Resurrection we have been granted immortal life, and extolling You we cry aloud, "Hosanna in the highest! Blessed are You, the One who comes in the name of the Lord."

Συνταφέντες σοι διά του Βαπτίσματος, Χριστέ ο Θεός ημών, τῆς αθανάτου ζωῆς ηξιώθημεν τῇ Αναστάσει σου, καὶ ανωμονούντες κράζομεν: Ωσαννά εν τοῖς υψίστοις, ευλογημένος εἰς εὐχθαλήνην σοι, εὐλογημένος εἰς εὐχθαλήνην σοι, εὐλογημένος εἰς εὐχθαλήνην σοι, εὐλογημένος εἰς εὐχθαλήνην σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημῶν καὶ αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβῶν, τοῦ Πνεύματος τη δυνάμει. Καὶ νῦν ἡ Μάρτυς στεφθείσα, αιτεῖται πάσι τῷ μέγα ἔλεος.

Kontakion of the Day (2nd Tone)

In heaven upon the throne, on earth upon the colt, You were carried, O Christ our God; and the praise of the Angels, and the hymns of the children, You received as they cried to You, "Blessed are You, the One, who is coming to call Adam back again."

Τῷ θρόνῳ ἐν οὐρανῷ, τῷ πώλῳ ἐπὶ τῆς γῆς, ἐποχέως ἀκούσωμεν Χριστὲ ὁ Θεός, τῶν Ἀγγέλων τὴν αἴνεσιν, καὶ τῶν Παίδων ἀνύψωσιν προσεδέξω βοώντων σοι: Εὐλογημένος εἰς ἔρχομενος, τὸν Ἀδὰμ ἀνακαλέσασθαι.
Epistle Reading

Blessed is he who comes in the name of the Lord.
Give thanks to the Lord, for he is good. His mercy endures forever.
The reading is from Saint Paul’s letter to the Philippians.

Philippians 4:4-9 – BRETHREN, rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you.

Gospel Reading

John 12:1-18 – Six days before Passover, Jesus came to Bethany, where Lazaros was, whom Jesus had raised from the dead. There they made him a supper; Martha served, and Lazaros was one of those at table with him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped his feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, one of his disciples (he who was to betray him), said "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not that he cared for the poor but because he was a thief, and as he had the money box he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of my burial. The poor you always have with you, but you do not always have me."
When the great crowd of the Jews learned that he was there, they came, not only on account of Jesus but also to see Lazaros, whom he had raised from the dead. So the chief priests planned to put Lazaros also to death, because on account of him many of the Jews were going away and believing in Jesus.
The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, " Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!" And Jesus found a young donkey and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on a donkey's colt!" His disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of him and had been done to him. The crowd that had been with him when he called Lazaros out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet him was that they heard he had done this sign.

OCCMC Mission Banquet – The Metropolitan Washington DC Mission and Outreach Committee will again sponsor an Orthodox Christian Mission Center (OCCMC) Mission Banquet on Sunday, May 5, 2019, beginning with Vespers at 4:00 pm; appetizers and dinner program begin at 5:00 pm at St. Katherine Greek Orthodox Church 3149 Glen Carlyn Road Falls Church, VA 22041. The banquet speaker this year is the V. Rev. Lou Christopulos, past Vice President of the OCMC. And, Dr. Michael Colburn, OCMC linguist and translator will present on how he translates liturgies into the languages of the countries where OCMC has a presence. There is a $60 donation per person, or get a table of 10 for $500, student rate is $30 and children under 12 are free. Please reserve your place at the banquet by contacting Dr. John Demakis at demakis9931@gmail.com or Ms. Antonia Chelpon at achelpon@aol.com. Tickets are payable to "St. Katherine Greek Orthodox Church" memo: OCMC. There will also be a special dedication in memory of Col. Dennis J. Garbis and Mikhail & Theodora (Dottie) Ziu. Fabulous themed baskets will again be available. Please plan to donate to and support this annual banquet.

Saint Genevieve Orthodox Christian Book Club is currently reading "Wounded by Love: The Life and Wisdom of Saint Porphyrios" Copies of the book are available in the parish bookstore. Our next meeting is on Sunday May 5th following the Divine Liturgy. All are welcome and we hope to see you there. Teen babysitters are available for parents with small children. Please contact Victoria Cherpes (victoriacherpes@gmail.com) for more information.

Diaper Drive – This morning, which also means that we are doing our semi-annual diaper collection. Collections will take place in the foyer of our Community Center. Please bring unopened packages for sizes newborn to 6. No pull ups please. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants.
Palm Sunday Fish Luncheon/Stewardship Sunday, this morning – Fish dinners will be available after both Liturgies. Palm Sunday is also Stewardship Sunday. Stewardship pledge cards are enclosed in the Easter mailing. Thank you to those who have become stewards for 2019. If you are new to our community or if you have not yet pledged to become a steward, you may do so at the Stewardship table in the Meletis Charuhas Hall after Liturgy. “All Things are Possible to the One Who Believes in Christ.”

Coffee Hour is sponsored this morning by our Ladies Philoptochos.

Heart to Heart, Sunday, May 5th – The Ladies Philoptochos will be offering A continental breakfast to be served in the Chelpon Hall after the Divine Liturgy. This fundraiser will be for our brothers and sisters in Greece and Cyprus. Everyone is invited. In case you cannot join us, please mail your contribution to Saint Katherine Ladies Philoptochos with Heart to Heart in the memo line.

Saturday June 1st is our annual Ladies Philoptochos Luncheon at Nostos restaurant in Vienna Va. Prepaid reservations are accepted by Mary Varlas 703-965-4161. No payment at the door.

The Ladies Philoptochos are collecting Greek Recipes, in order to publish our first cookbook. Please email us your recipes at greekrecipes@aol.com or bring them to us at our table during the coffee hour.

Our Capital Campaign begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of “our families, our church, our future.” Please contact us at capcampaign@stkchurch.com with your questions.

JOURNEY TO ORTHODOXY – The “Journey to Orthodoxy” class for adults meets at 9:00 a.m. Sunday (concurrently with the youth Sunday School before 10:00 a.m. Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place every Tuesday at 7:15 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year’s topic is Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

Kandilia (Luminaries) – An Easter Tradition at Saint Katherine – Let us light the processional pathway for the Epitapion on Holy and Great Friday evening. Purchase Kandilia in memory of, in honor of, and/or for the health of your loved ones - $10.00 each. One individual, or one family name per bag. Please see flyer at the pangari.

GOYA – For more information, email SaintKatherineGOYA@aol.com.

Summer 2019 VBS – This year’s theme is Traveling the Ark of Salvation and we will be learning about the life of Theotokos. Camp is in session the week of August 5-9 and is for ages 5-14 and will run from 10:00 a.m. – 2:00 p.m. The cost is $30/child and includes lunch daily. A registration table will be set up after Liturgy May 12th in the community center lobby. Checks should be made out to: St. Katherine’s Greek Orthodox Church with “VBS 2019” in the memo line. Registration forms are also available online on our website. Payment may also be given directly to Victoria Cherpes or placed in the Sunday school mailbox. Refer questions to Victoria Cherpes at victoriacherpes@gmail.com. Looking forward to see your kids at camp!!!
Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at [http://www.saint-katherines.org/about_us/sunday-bulletins](http://www.saint-katherines.org/about_us/sunday-bulletins).

Church Organizations

Acolytes – Niko Porter 703-901-2404
Protos-Psalter – Nicholas Mpras 703-560-7714
Choir Director – John Slanta 703-307-0142
Catechetical School – Bill & Eleni Porter 703-901-2404
Hellenic Education Center – Eleni Alexopoulou 703-671-7715
Philoptochos President – Mary Varlas 703-965-4161
YAL President – Faye Anson 703-437-5747
GOYA President – Maria Sarantis, effie@sarantisproperties.com
JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com
HOPE – Doris Mentis, doris@alumni.virginia.edu