

Saint Katherine Greek Orthodox Church



Sunday, April 17, 2016

5th Sunday of Great Lent

St. Mary of Egypt

Εξ Κυριακή των Νηστειών

Αγ. Μαρίας της Αιγυπτίας

St. Symeon, Bishop of Persia

St. Makarios, Bishop of Corinth



Apolytikion of the Day (1st Plagios Tone)

Τον συνάναρχον Λόγον Πατρί και Πνεύματι, τον εκ Παρθένου τεχθέντα εις σωτηρίαν ημών, ανυμνήσωμεν πιστοί και προσκυνήσωμεν, ότι ηυδόκησε σαρκί, ανελθειν εν τω σταυρώ, και θάνατον υπομείναι, και εγείραι τους τεθνεώτας, εν τη ενδόξω Αναστάσει αυτου.

To the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. Of His own will He mounted the cross in the Flesh, He suffered death, and raised the dead by His glorious resurrection.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστου υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (2nd Tone)

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία των Χριστιανών ακαταίσχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε. Μή παρίδης αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον, ως αγαθή, εις την βοήθειαν ημών, των πιστών κραυγαζόντων σοι. Τάχυνον εις πρεσβείαν, και σπεύσον εις ικεσίαν, η προστατεύουσα αεί, Θεοτόκε, των τιμώντων σε.

Epistle Reading

*You, O Lord, shall keep us and preserve us. Save me, O Lord, for the godly man has failed.
The reading is from Saint Paul's Letter to the Hebrews.*

Hebrews 9:11-14 – Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

Gospel Reading

Mark 10:32-45 – At that time, Jesus taking the twelve again, he began to tell them what was to happen to him, saying, “Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise.” And James and John, the sons of Zebedee, came forward to him, and said to him, “Teacher, we want you to do for us whatever we ask of you.” And he said to them, “What do you want me to do for you?” And they said to him, “Grant us to sit, one at your right hand and one at your left, in your glory.” But Jesus said to them, “You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?” And they said to him, “We are able.” And Jesus said to them, “The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.” And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, “You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many.”

Palm Sunday Family Fish Luncheon will be served immediately after both Divine Liturgies on Palm Sunday, April 24, 2016. Psari cod plaki, rice, roll of bread and Greek salad, beverages. Donation: \$15.00 per person. Pasta dish available for children: \$7.00. Carry out orders will also be available after both Liturgies.

GOYA is selling ads for their 2016 Basketball Tournament (May 7-8) ad book. Please stop by the GOYA table at coffee hour for more information about the tournament, to place your ad, or pick up a flyer. You can also submit your ad electronically to pedakia@aol.com. Order and payment must be received by Monday, May 2. Thank you in advance for your support

The Ladies Philoptochos are having their traditional Easter Bake Sale following the Divine Liturgy: Sunday, April 17, Saturday of Lazarus, April 23, and Palm Sunday, April 24 following the 2nd Liturgy only. No sales will be available during Holy Week. For more information please contact Mary Varlas, (703) 965-4161 or LPbakesale@yahoo.com.

The Saint Katherine HEC Greek School is leading an initiative to include Modern Greek as part of the Fairfax County “credit by exam” program. To do so, we need to collect 200 names of FCPS junior high and high school students who know Greek. If we are successful, our children can obtain high school credit for their knowledge of Greek. If you or your child is currently enrolled in grades 6-12 in a FCPS school and know Greek, please contact pelekasisgreece@yahoo.com to provide your/your child's information so we can collect the 200 names.

Paideia Bilingual Kindergarten Informational Meeting – Come learn the advantages of our unique Kindergarten program: Greek language immersion, Curriculum based in scientific inquiry, Low teacher – student ratio with highly qualified staff, On-site before and after care, Jr. K/Bridging options. Monday, April 25, 6:30-7:30pm, Hellenic Education Center, 3149 Glen Caryn Rd., Falls Church, VA 22041. www.stkhec.org, 703-671-7715, ealexopoulou@stkchurch.com.

Announcements

Youth Church Duty Sunday – The youth of our church have Church Duty this Sunday. Peter Buddendeck is the Captain and Epistle Reader. Other teenagers will help with the various duties.

Memorial Services are offered this morning for **Konstantinos Giannoukos**, husband of Mrs. Loukia Giannoukos and father of Christina; for **Rolland Papadakis**, father of Nick Papadakis; for **William Basil Rousos**, husband of Mrs. Irene Rousos; for **Alekos Andreou** and **Maria Andreou**, parents of Andri, Kostas and Iakovos; for **Stavros Kolas**, husband of Mrs. Athina Kolas and father of Androula, Vaso, Dionysia, Kyriakos, Kostas and Andreas; and for **Marios Droussiotis**, husband of Mrs. Nathina Droussiotis and father of Marinos. May their memory be eternal!

Coffee Hour is sponsored this morning by the Rousos and Andreou families in memory of their loved ones.

Philoptochos – To sponsor Coffee Hour after a Memorial Service is \$175.00 donation. It will include set up coffee, 100 koulourakia, 100 paximathia, putting koliva in cups and cleaning up. Donations need to be sent to Saint Katherine's in advance. Please write checks to: *Saint Katherine Greek Orthodox Church*. Parishioners will call the church first for the date and all their information and then, they can contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

Teach Youth Basic Orthodoxy in Guatemala This Summer – In Guatemala there are hundreds of children and young adults hungry to learn more about their Orthodox Christian Faith. A short-term OCMC mission team has been invited to offer a summer Church school program for two communities outside Nuevo Conception in Southwest Guatemala to teach basic Orthodoxy. If you have a heart for youth or teaching, please prayerfully consider joining this team which will serve from June 15th to the 28th, 2016. To learn more or apply, visit http://www.ocmc.org/about/view_team.aspx?TeamId=170, e-mail teams@ocmc.org, or call 1-877-463-6784, ext. 141.

Journey to Orthodoxy Class for adults – Meets 9:00 – 10:00 a.m. on Sundays in Seniors' Kentro of the Founders' Hall. Do you want to know more about the teachings, practices, history and contemporary life of the Orthodox church? For more information contact John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Peter Derzis AHEPA Chapter 438 started selling 2016 restaurant raffle tickets after the Liturgy during coffee hour. The cost of the tickets is \$20.00 (6 for \$100.00) with the drawing for the 3 prizes of \$500.00 in gift certificates to be held on AHEPA Sunday, May 15, 2016.

Saturday of Lazarus Outreach Project – Once again the St. Katherine community will distribute bags of basic clothing items, toiletries and food living on the streets of the DC area. You have always supported this project very generously and we are asking for your support so that we can distribute 200 bags to those in need. Please contact Daphne Papamichael at Cyprusd@aol.com for more details. Thank you very much!

Save the Date! The Metropolitan DC Orthodox Mission and Outreach Committee is again sponsoring a Mission Dinner, at SS Peter and Paul Antiochian Orthodox Church, 10620 River Road, Potomac, MD, on Sunday, May 15, beginning with a Pan-Orthodox Vespers at 4:30 p.m., Hors d' Oeuvres and Silent Auction at 5:15 p.m., and the Mission and Missionary presentation at 6:00 p.m. All proceeds benefit the OCMC. The speaker is V. Rev. John Chakos, speaking on "*Guatemala Mission Faces East: The Next Step in Conversion*". For tickets please contact Dr. John Demakis at demakis9931@gmail.com or Betty Slanta at slanta@verizon.net.

There are three more spots for any girl between the ages of 7-12 who is interested in serving as a Myrrh Bearer on Holy Friday evening. Please contact Christina Vazquez at czvmail@aol.com. Additionally, there will be a mandatory meeting on Holy Friday morning for all Myrrh-Bearers.

Catechetical School Clothes Drive – Thank you to all who donated to our Clothes Drive and to Melanie and Joanna Greig and to Parrish family for transporting the 25 bags of clothing to the Northern Virginia Family Services (NVFS) office. The estimated value of clothing collected was \$2,500! Below are a few words of gratitude from Marliisa Hudson, the community Engagement Specialist, and the Early Head Start Center: "Today has been amazing...we are blown away by the sheer amount of toddler clothes...the gratitude in this place was palpable! Thanks so much for all of your coordination...please pass on to the St. Katherine family just how much it has benefitted our families!"

Diaper Drive – Next Sunday, April 24, Palm Sunday, we will be doing our semi-annual diaper collection. Collections will take place in the foyer of our Community Center. Please bring unopened packages for newborn to 6. No pull ups please. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants. Thank you.

Church Services

Monday, April 18

Holy confession 6:00 p.m., *Compline* 7:00 p.m.

Wednesday, April 20

Pre-Sanctified Liturgy 7:00 p.m.

Saturday, April 23

Saturday of St. Lazarus, Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday, April 24

Palm Sunday – Κυριακή των Βαΐων

1st Divine Liturgy 8:00 a.m., Orthros 9:00 a.m., 2nd Divine Liturgy 10:30 a.m.

Bridegroom Service – Ακολουθία Νυμφίου 7:00 p.m.

Monday, April 25

Holy Monday – Μεγάλη Δευτέρα

Bridegroom Service – Ακολουθία Νυμφίου 7:00 p.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. Week Day Services: Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Veleziz

Protos-Psalter – James Loizou 703-356-8220

Choir Director – Nick Kyros (703) 981-2526

Catechetical School – Bill Porter 703-901-2404

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Eleni Kanakos 703-938-8360

YAL President – Faye Anson 703-437-5747

GOYA President – Theo Karounos 703-321-3009

JOY – Toula Christou 703-533-0055

HOPE – Vaitsa Bousbouras, vsbousbouras@yahoo.com



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