Apolytikion of the Day (4th Tone)

Το φαιδρόν της Αναστάσεως κήρυγμα, εκ του Αγγέλου μαθούσαι αι του Κυρίου μαθήτριαι, και την προγονικήν απόφασιν απορρίψασι, τοις Αποστόλοις καινόμιμαι ἐλεγον. Ἐσκύλευται ο θάνατος, ἡγέρθη Χριστός ὁ Θεός, δωροῦμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and the rejection of the ancestral decision, they cried aloud to the Apostles triumphantly. Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Apolytikion of Saint Katherine the Great Martyr (1st Plagios Tone)

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν τὴν θείαν και πολιούχον Σινά, τὴν βούηθειαν ἡμῶν και ἀντίλημιν, ὅτι εφίμωσε λαμπρῶς, τοὺς κομψούς τῶν ασεβῶν τοῦ Πνεύματος τῇ δυνάμει. Καὶ ὃς μάρτυς τοῦ Κυρίου στεφθείσα, αἰτείται πάσι, τὸ μέγα ἔλεος.

The all-blessed bride of Christ let us extol in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for the muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of us.

Kontakion of the Day (4th Plagios Tone)

Τη υπερμάχω στρατηγώ τα νικητηρία, ως λυτρωθείσα τῶν δεινῶν ευχαριστηρία, αναγράφω σοι ἡ Πόλις σου Θεοτόκε. Αλλ᾽ ως ἔχουσα τὸ κράτος απροσμάχητον, εκ παντίων με κινδύνων ἔλευθερωσον, ἵνα κράζωσι σοι. Χαίρε Νύμφη ανύμφευτε.

Your city sings to you a song of victory, and offers thanks to its defender and deliverer, for sparing it from trials, O Theotokos. But because you have the power invincible, from a multitude of dangers liberate me, so that I may cry out to you. Hail Bride who knew no bridegroom.
Epistle Reading
The Lord will give strength to his people.
Bring to the Lord, O sons of God, bring to the Lord honor and glory.
The reading is from Saint Paul’s Letter to the Hebrews.

Hebrews 6:13-20 – Brethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore by himself, saying, “Surely I will bless you and multiply you.” And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have field for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Gospel Reading
Mark 9:17-31 – At that time, a man came to Jesus kneeling and saying: “Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seiz es him, it dashes him down; and he foams and grinds his teeth and become rigid; and I asked your disciples to cast it out, and they were not able.” And he answered them, “O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me.” And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You dumb and deaf spirit, I command you, come out of him, and never enter him again.” And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, “Why could we not cast it out?” And he said to them, “This kind cannot be driven out by anything but prayer and fasting.” They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, “The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise.”
Announcements

**Memorial Services** are offered this morning for **Polydoros (Paul)** and **Erene Adams**, parents of Helen Trahos; and for **Bartholomew DiMattina**. May their memory be eternal!

**Coffee Hour** is sponsored this morning by Dr. & Mrs. Chris Trahos and family in memory of her beloved parents Polydoros (Paul) and Erene Adams.

**Sacrament – Congratulations** to George and Anastasia Giatas on the baptism of their son Stavros Constantine, April 14, 2013 at 1:00 p.m.

**Wednesdays, March 20 through April 24 – Soup’er Study: What’s Your First Love?** Soup and Bible Study! Come after Wednesday night Pre-sanctified Services for a bowl of hot homemade soup, bread, and beverage, along with prayerful discussion of what we can learn about ourselves from reading St. Paul’s letter and Christ’s injunction to the Ephesians (Rev. 2:1-7). All Adults and older teens are welcome. No one is required to speak up during the discussion; listeners are always a blessing to the group! Study sessions will last around 1 ¼ hours, in the lower level of the parish education building. **Questions?** Call Gregory McKinney at (703) 338-6929.

**Philoptochos Easter Bake Sale** will be held April 27 and 28. Please preorder your “tsourekia”. Order forms are available in the narthex and in the church office.

**Philoptochos Yard Sale** – Friday and Saturday, April 19 and 20 in the Founders’ hall. Please bring items for yard sale to church as soon as possible so that they can be sorted and priced. All clothing, sheets, towels, etc. should be laundered and folded. If you have any questions please contact Trish Kapsidelis at tkg1413@yahoo.com or (703) 356-5905.

**Festival News** – We will be making “tyropites” Tuesday, April 16th at 10:00 a.m. Many hands are needed. All are welcome. For more information please call Elvira Garnett, (703) 425-3675 or email villa45@hotmail.com.

**Girls, ages 6-13, who would like to be a Myrrh-Bearer** during the Lamentations service on Holy Friday evening should contact Christina Vazquez at czvmail@aol.com. Eight girls are needed for the service. Each girl will need to be present for a meeting after the morning service on Holy Friday.

**GOYA is selling Ads for their Tournament Book** after both Liturgies during “Coffee Hour”. The St. Katherine GOYA Basketball Tournament will be held May 11th and May 12th. This is a perfect way to advertise your Business and give your support to GOYA at the same time. As always, our GOYA thanks you in advance for your love and support!

**Best advertising rates around!** Please consider advertising your business and/or profession on the new online Saint Katherine Business and Professional Directory. So many of us would prefer to do business with someone we know. Let the rest of the community know what you do for a living! The directory is already up and running. Check it out on the church website. The application form is included in this bulletin and online. Contact Daphne Vaccarello, dvac_memories@verizon.net with any questions.

**Now on sale at the bookstore:** “Peter Clashes with Anger” and “Eleni Looks at Jealousy.” These new books for eight-to ten-year-olds were written by Jeanette Aydlette and Marilyn Rouvelas, and published by Holy Cross Orthodox Press. Jeanette and Marilyn will be signing books at the bookstore after both Divine Liturgies on Sunday, April 21. These books make great Pascha gifts. [https://sites.google.com/site/silentwayseries/](https://sites.google.com/site/silentwayseries/).

**Diaper collection for area food pantries** – We will be collecting diapers again on Palm Sunday, April 28, 2013. Federal food stamps can-not be used to buy diapers, so this is a great help to mothers with infants. Collections will take place in the foyer of our Meletis Charuhas Center. Please bring unopened packages of newborn to 6. No pull ups, please. God bless you.

**SAFEWAY supporters**, please stop by our table to see what Safeway has donated for our children in 2013. We will also be accepting new members. For more information please call Elvira Garnett at (703) 425-3675 or villa45@hotmail.com.
Offertory Prayer – O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς – Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτώλα μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και την φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

Church Services

Monday, April 15  Compline – Απόδειξιν 7:00 p.m.
Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Wednesday, April 17  Pre-Sanctified Liturgy – Απειτούργια των Προηγησμένων Δόρων 7:00 p.m.
Holy Confession – Ιερά Εξομολόγησις 6:00 p.m.
Soup’er Study 8:30 p.m.

Friday, April 19  The Akathist Hymn – Ο Ακάθιστος Ύμνος 7:00 p.m.

Sunday, April 21  5th Sunday of Great Lent – Ε΄ Κοριακή των Νηστειών
Saint Mary of Egypt – Αγίας Μαρίας της Αιγύπτιας
1st Divine Liturgy 8:00 a.m.
Orthros/Youth and Adult Catechism 9:30 a.m.
2nd Divine Liturgy 10:30 a.m.

Monday, April 22  Compline – Απόδειξιν 7:00 p.m.
Holy Confession – Ιερά Εξομολόγησις 6:00 p.m.

Offertory Prayer – O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

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Church Organizations

Acolyte Captains – A. Galatis, N. Issa and D. McKinney
Protos-Psalter – James Loizou (703) 356-8220
Choir Director – John Doulis (703) 670-4386
Catechetical School – Christian Demeter (703) 534-5669
Greek School – Sophia Tsangali (703) 671-5820
Paideia Preschool – Pantelis Psoras (301) 762-1478

Philoptochos – Eleni Kanakos (703) 938-8360
YAL President – TBD
GOYA President – Tiffani Wills (703) 948-7950
JOY – Tina Papamichael (703) 536-4711
HOPE – Toula Christou (703) 533-0055

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Please visit our website at: www.saint-katherines.org
Facebook: Saint Katherine Greek Orthodox Church