

Saint Katherine Greek Orthodox Church



Sunday, April 7, 2019
Fourth Sunday of Great Lent
Sunday of Saint John
Climacus

Kalliopios and Akylina, Martys
St. Savvas the New in Calymnos



Apolytikion of the Day (4th Tone)

Having learned the joyful tidings the angels told when they proclaimed the resurrection, the women followers of the Lord did cast aside the ancient curse laid upon the forefathers. To the apostles, the women cried out with pride: Death has lost its armored might, and Christ God is risen from the dead, granting His great mercy to all the universe!

Το φαιδρόν της Αναστάσεως κήρυγμα, εκ του Αγγέλου μαθούσαι αι του Κυρίου μαθήτριαι, και την προγονικήν απόφασιν απορρίψασαι, τοις Αποστόλοις καυχόμεναι έλεγον. Εσκύλευται ο θάνατος, ηγέρθη Χριστός ο Θεός, δωρούμενος τω κόσμω το μέγα έλεος.

Apolytikion of Saint John the Ladder (4th Tone)

Your abundant tears made the wilderness sprout and bloom, and your deep sighing made your labor fruitful one hundredfold. You became a star shining over the world with miracles, our holy Father John; intercede with Christ God to save our souls.

Ταις των δακρύων σου ροαίς, της ερήμου το άγονον εγεώργησας, και τοις εκ βάθους στεναγμοίς, εις εκατόν τους πόνοους εκαρποφόρησας. Και γεγονός φωστήρ, τη οικουμένη λάμπων τοις θαύμασι, Ιωάννη πατήρ ημών όσιε. Πρέσβευε Χριστώ τω Θεώ, σωθήναι τα ψυχάς ημών.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

Την πανεύφημον νόμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Tone)

To you, defender and commander in a time of war, I your City, offer gratitude for victory, for you rescued me from sufferings, O Theotokos. Since the power you possess is unassailable, from all dangers I entreat you to deliver me, that I may cry to you: Rejoice, O unwedded Bride.

Τη Υπερμάχω Στρατηγώ τα νικητήρια, ως λυτρωθείσα των δεινών ευχαριστήρια, αναγράφω σοι η Πόλις σου Θεοτόκε. Αλλά ως έχουσα το κράτος απροσμάχητον, εκ παντίων με κινδύνων ελευθέρωσον, ίνα κράζω σοι: Χαίρε Νύμφη ανύμφευτε.

Epistle Reading

O Lord, how manifold are your works. You have made all things in wisdom.

Bless the Lord, O my soul.

The reading is from St. Paul's Letter to the Hebrews.

Hebrews 6:13-20 – BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Gospel Reading

Mark 9:17-31 – At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

OCMC Mission Banquet – The Metropolitan Washington DC Mission and Outreach Committee will again sponsor an Orthodox Christian Mission Center (OCMC) Mission Banquet on Sunday, May 5, 2019, beginning with Vespers at 4:00 pm; appetizers and dinner program begin at 5:00 pm at St. Katherine Greek Orthodox Church 3149 Glen Carlyn Road Falls Church, VA 22041. The banquet speaker this year is the V. Rev. Lou Christopoulos, past Vice President of the OCMC. There is a \$60 donation per person, table of 10 for \$500, student rate of \$30 and children under 12, free. Please reserve your place at the banquet by contacting Dr. John Demakis at demakis9931@gmail.com or Ms. Antonia Chelpon at achelpon@aol.com. Tickets payable to "St. Katherine Greek Orthodox Church" memo: OCMC. Fabulous themed baskets will again be available. Please plan to donate to and support this annual banquet.

GOYA is hosting a breakfast fundraiser after Church today. Please join us for fellowship and delicious food! After breakfast, GOYA will have its monthly meeting and take nominations for the 2019-2020 GOYA Board. For more information, email SaintKatherineGOYA@aol.com.

The Saint Genevieve Orthodox Book Club is a ministry of St. Katherine. We meet the last Sunday of every month in the Senior Kentro, Chelpon Hall, following the Divine Liturgy at 1:00 p.m. We are reading and discussing books concerning our faith. Everyone is invited to attend. Light Lenten Fare is served and we hope to see you there! For more information please contact Father Costa, fcostas@stkchurch.com or Victoria Cherpes, Victoriacherpes@gmail.com.

Daughters of Penelope Monthly Chapter Meeting on Sunday, April 14, 2019 after the Divine Liturgy in the Board room.

28th Hermes Expo – Commerce, Communications, Culture – Trade, Tourism, Investment Opportunities, Via Gastronomy. This year the Hermes Expo International is organizing three Expo's, in Washington, DC, (Monday, April 8 at the Capital Hilton, 4:00p.m.-8:30p.m.), in Philadelphia (Wednesday, April 10 at the Arts Ballroom), and the "Tastes of Hellas" in New York City (at the 3 West Club). Everyone is invited to attend, at least the one in D.C. For more information please email at info@hermesexpo.com or visit us at www.hermesexpo.com.



Announcements



Memorial Services are offered this morning for **Demetrios “Jimmy” Vroustouris**, husband of Mrs. Konstantina Vroustouris and father of Jenny, Nick, Voula and Theodora; and for **Evangelos Dermitzakis**, husband of Mrs. Gianna Dermitzakis and father of Michael. May their memory be eternal!

Coffee Hour is sponsored this morning by the Vroustouris and Dermitzakis families in memory of their loved ones.

April 21, 2019 – Fish dinners will be available after both Liturgies. Palm Sunday will also be Stewardship Sunday. Stewardship pledge cards are enclosed in the Easter mailing. Thank you to those who have become stewards for 2019. If you are new to our community or if you have not yet pledged to become a steward, you may do so at the Stewardship table in the Meletis Charuhas Hall after Liturgy. *“All Things are Possible to the One Who Believes in Christ”*

The Ladies Philoptochos will be selling Easter Lambathes (decorated candles) this morning after Church, on Sunday, April 14th, and Saturday April 20th, after the Divine Liturgy.

The Ladies Philoptochos are collecting Greek Recipes, in order to publish our first cookbook. Please email us your recipes at greekrecipes@aol.com or bring them to us at our table during the coffee hour.

Philoptochos Easter Bake Sale will take place on Sunday, April 14 and Saturday April 20. There will be NO Bake Sale on Palm Sunday and Holy Week.



Our Capital Campaign begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of “our families, our church, our future.” Please contact us at capcampaign@stkchurch.com with your questions.

JOURNEY TO ORTHODOXY – The “Journey to Orthodoxy” class for adults meets at 9:00 a.m. Sunday (concurrently with the youth Sunday School before 10:00 a.m. Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place on Tuesdays. Meetings are at 7:15 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year’s topic is *Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed*. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

Scholarship Opportunity for Graduating Seniors! The 2019 Washington Metropolitan Area AHEPA/DOP Scholarship Program Application is available now in the Church Office (paper copy) and also through a link on the church’s website. Completed applications were due March 30. Scholarship awards will be presented to recipients at the Annual Scholarship Banquet on May 19, 2019, in Rockville, MD. Donor applications are also available in the church office if you would like to contribute to this worthy program. For more information, please contact Karen Polizos, (571) 434-7790.

Church Services

Monday, April 8	<i>Compline</i> – 7:00 p.m.; Holy Confession 6:00 p.m.
Wednesday, April 10	<i>Presanctified Liturgy</i> 7:00 p.m.; Holy Confession 6:00 p.m.
Friday, April 12	<i>The Akathist Hymn</i> 7:00 p.m.; Holy Confession 6:00 p.m.
Sunday, April 14	<i>Sunday of Saint Mary of Egypt</i> – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Monday, April 15	<i>Compline</i> 7:00 p.m.; Holy Confession 6:00 p.m.
Wednesday, April 17	<i>Presanctified Liturgy</i> 7:00 p.m.; Holy Confession 6:00 p.m.
Saturday, April 20	<i>Saturday of Lazarus</i> – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m. – Fold Palms into Crosses
Sunday, April 21	<i>Palm Sunday</i> – Orthros 9:30 a.m.; Divine Liturgy 8:00 a.m. and 10:30 a.m. <i>Bridegroom Service</i> 7:00 p.m.
Monday, April 22	<i>Holy Monday – Bridegroom Service</i> 7:00 p.m.
Tuesday, April 23	<i>Holy Tuesday – Bridegroom Service</i> 7:00 p.m.
Wednesday, April 24	<i>Holy Wednesday – Holy Unction</i> 3:00 p.m. and 7:00 p.m.
Thursday, April 25	<i>Holy Thursday – Vespers with Liturgy of St. Basil (Mystical Supper)</i> 6:00 a.m. <i>The Holy Passion of Christ (Twelve Gospels)</i> 7:00 p.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. -- *Week Day Services:* Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Αβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

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Choir Director – John Slanta 703-307-0142
Catechetical School – Bill & Eleni Porter 703-901-2404
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Please visit our website at:

www.saint-katherines.org

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