

# Saint Katherine Greek Orthodox Church



Sunday, March 25, 2018  
5<sup>th</sup> Sunday of Great Lent

The Annunciation of Theotokos  
Ο Ευαγγελισμός της Θεοτόκου  
Greek Independence Day



## *Apolytikion of the Annunciation (4<sup>th</sup> Tone)*

Today marks the crowning of our salvation and the revelation of the mystery before all ages. For the Son of God becomes the son of the Virgin, and Gabriel proclaims the grace. Wherefore, we also cry out with him, "Hail, O full of grace, the Lord is with you."

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἢ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

## *Apolytikion of Saint Katherine the Great Martyr (1<sup>st</sup> Tone)*

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν τὴν θεῖαν καὶ πολιοῦχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομπῶδους τῶν ἀσεβῶν, τοῦ Πνεύματος τῆς δυνάμει. Καὶ νυν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πάσι τὸ μέγα ἔλεος.

## *Kontakion of the Day (4<sup>th</sup> Plagal Tone)*

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοὶ ἡ Πόλις σου Θεοτόκε, Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων μὲ κινδύνων ἐλευθέρωσον, ἵνα κράζω σοί, Χαῖρε νύμφη ἀνύμφευτε.

## *Epistle Reading*

*My soul magnifies the Lord, and my spirit rejoices in God my Savior.*

*For he has regarded the humility of his servant.*

*The reading is from St. Paul's Letter to the Hebrews.*

**Hebrews 2:11-18** – BRETHREN, he who sanctifies and those who are sanctified have all one origin. That is why he is not ashamed to call them brethren, saying, "I will proclaim thy name to my brethren, in the midst of the congregation I will praise thee." And again, "I will put my trust in him." And again, "Here am I, and the children God has given me. Since therefore the children share in flesh and blood, he himself likewise partook of the same nature, that through death he might destroy him who has the power of death, that is, the devil, and deliver all those who through fear of death were subject to lifelong bondage. For surely it is not with angels that he is concerned but with the descendants of Abraham. Therefore he had to be made like his brethren in every respect, so that he might become a merciful and faithful high priest in the service of God, to make expiation for the sins of the people. For because he himself has suffered and been tempted, he is able to help those who are tempted.

## *Gospel Reading*

**Luke 1:24-38** – In those days, Elizabeth the wife of Zacharias conceived and for five months she hid herself, saying, "Thus the Lord had done to me in the days when he looked on me, to take away my reproach among men." In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin's name was Mary. And he came to her and said, "Hail, O favored one, the Lord is with you! Blessed are you among women!" But she was greatly troubled at the saying, and considered in her mind what sort of greeting this might be. And the angel said to her, "Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever; and of his kingdom there will be no end." And Mary said to the angel, "How shall this be, since I have no husband?" And the angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God. And behold, your kinswoman Elizabeth in her old age has also conceived a son; and this is the sixth month with her who was called barren. For with God nothing will be impossible." And Mary said, "Behold, I am the handmaid of the Lord; let it be to me according to your word." And the angel departed from her.

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**Easter Bake Sale** will be on Sunday March 25<sup>th</sup>, Saturday March 31<sup>st</sup> and Sunday April 1<sup>st</sup>, after Liturgy is completely over. Please preorder by calling Mary Varlas at 703-965-4161 or email her at [LPbakesale@yahoo.com](mailto:LPbakesale@yahoo.com).

**Easter Decorated Lambathes/Candles** will be available on the same dates as above. Please preorder by calling or emailing Mary Varlas.

**GOYA** – GOYA is for any youth either 13 years old or in 7<sup>th</sup> grade and up!

Good Friday Retreat – Youth will help clean the church and decorate the Kouvouklion. We will also have a mini-retreat led by Nick!

Saturday of Lazarus – March 31 – We will have fellowship and fold palm crosses after Liturgy. Many hands make light work!

Camp Good Shepherd – VA – July 8-14 – This is our annual local youth summer camp! Promo video: <https://www.youtube.com/watch?v=z041Gc-3sJk> – Contact Nick Junes for more info. (njunes@stkchurch.com)

GOYA Basketball – For more information please contact our coaches: Boys: John Snyder (jcs0902@yahoo.com), Girls: Faye Kranis (fayekranis@aol.com).

**YAL/OCF – Young Adult League** – Palm Sunday Potluck Dinner with Saint Sophia YAL – April 1 – 5:30-8:00 p.m. – 28 K Street NE, Washington, DC 20003.

**Orthodox Christian Fellowship (OCF)** – George Mason – Our college ministry is up and running with a lot of enthusiasm! – Please contact Christina Mahklou (cmahklou@masonlive.gmu.edu) for more information.

**Moms, Pops, and Tots / HOPE / JOY** – We will be having our annual Easter Egg Hunt by the playground area Easter Sunday after Liturgy! Please contact Irene Sakkas (irenesakkas@gmail.com) or Nick Junes (njunes@stkchurch.com) for more information or to help set up.

## Announcements

**Palm Sunday Family Fish Luncheon** next Sunday immediately after both Divine Liturgies. *Psari* cod *plaki*, rice, roll of bread and *horiatiki* Greek salad. Donation: \$15.00 per person. Pasta dish available for children: \$7.00. Carry out orders will also be available after both Liturgies.

**Kandilia (Luminaries)** – An Easter Tradition at Saint Katherine – Let us light the processional pathway for the Epitaphio on Holy Friday evening. Please purchase Kandilia in memory of, in honor of, or for the health of your loved ones - \$10.00 each. One individual or one family name per bag. Forms are available in the narthex at the pangari, where the candles are.

**Coffee Hour** is sponsored this morning by our Ladies Philoptochos.

**Journey to Orthodoxy** – Our “Journey to Orthodoxy” class for adults meets 9-10 a.m. Sunday before Liturgy. This class is designed for non-Orthodox inquirers as well as Orthodox Christians wanting to learn more about our faith. It is also recommended for newly married couples, particularly where one is not Orthodox. It is informal and all texts are provided. Location is the Seniors’ Kentro (downstairs of Chelpon Hall). For more information please contact Dr. John Demakis [demakis9931@gmail.com](mailto:demakis9931@gmail.com) or Jim Jatras [heraclius13@gmail.com](mailto:heraclius13@gmail.com), 202-375-1007.

**Scholarship Opportunity for Graduating Seniors!** – The 2018 Washington Metropolitan Area AHEPA/DOP Scholarship Application is available now in the Church Office. Completed Applications are due March 31st. Donor applications are also available. Awards will be presented at the Annual Banquet in May 2018. For more information, please contact Karen Polizos, (571) 434-7790.

**Please plan to join us in a Pan-Orthodox Celebration of Orthodox Christian Missions** on Sunday, April 22, 2018, following Vespers at 4:30 p.m. Come enjoy a wine reception and dinner, along with music, raffles and guest speakers, including our very own Antonia Chelpon. Your support will help the Orthodox Christian Missions Center spread our Orthodox faith throughout the world! Tickets are \$60.00. Student rate is \$30.00 and a table for ten is \$500.00. For tickets to the benefit and the raffle contact: Nia Vroustouris at [evroustouris@gmail.com](mailto:evroustouris@gmail.com), Linda Jouvanis at [ljouvanis@gmail.com](mailto:ljouvanis@gmail.com), or stop by the Missions and Outreach table during Coffee Hour.

**You are invited to join the Gardeners of St. Phocas** – Together we can continue to enhance the gardens of our church. All interested parishioners are asked to contact Linda Jouvanis at [ljouvanis@gmail.com](mailto:ljouvanis@gmail.com). You do not need a green thumb. A joyful spirit will do!

**"Lenten Outreach Project** – Once again the St. Katherine community will be helping those less fortunate by distributing 200 bags filled with new clothes, personal care items and food. The distribution will take place today, Sunday, March 25 - the Feast Day of the Annunciation. Our Stewards have been so very generous in the past and we once again ask for your support. Please contact Daphne Papamichael at [cyprusd@aol.com](mailto:cyprusd@aol.com) to find out how you can be part of this important Ministry of our church. Thank you!!"

**MEN'S GROUP** – I would like to invite any man from our parish to join us for dinner and fellowship on Thursday, March 29, 6:30 pm, at the Parthenon Restaurant, 5510 Connecticut Ave NW, Washington, DC 20015. Saint Sophia's men group would like us to join them for an evening of fellowship among Orthodox men. The clergy will be present and we will have a discussion about Holy Week. We can only take 25 people from Saint Katherine, so please contact me to make a reservation (email [fcostas@stkchurch.com](mailto:fcostas@stkchurch.com), call 703 671-1515, or text 571-213-1109). The cost is \$35.00 and includes drinks. Come on, get out, and get to know our neighbor Saint Sophia church men. Fr. Dimitri said they get about 50 people. God bless, Fr. Costas

**DIAPER DRIVE – Palm Sunday – April 1** – Our community will collect diapers for local food pantries! Please consider helping struggling mothers care for their children. Collections are to be in the foyer area of the Meletis Charuhas Hall. Please bring unopened packages of newborn to 6 months old – no pull-ups please.

**The Greek Independence Day Parade** will take place today in Baltimore at 2:00p.m.

## Church Services

Monday, March 26	<b>Compline 7:00 p.m.</b> , Holy Confession 6:00 p.m.
Wednesday, March 28	<b>Pre-Sanctified Liturgy 7:00 p.m.</b> , Holy Confession 6:00 p.m.
Saturday, March 31	<b>Saturday of Lazarus</b> – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m. Fold Palms into Crosses.
Sunday, April 1	<b>Palm Sunday</b> – 1 <sup>st</sup> Divine Liturgy 8:00 a.m., Orthros 9:30 a.m., 2 <sup>nd</sup> Divine Liturgy 10:30 a.m. <b>Bridegroom Service</b> – 7:00 p.m.
Holy Monday, April 2	<b>Bridegroom Service</b> – 7:00 p.m.
Holy Tuesday, April 3	<b>Bridegroom Service</b> – 7:00 p.m.
Holy Wednesday, April 4	<b>Pre-Sanctified Liturgy 9:30 a.m.</b> , <b>Holy Unction 3:00 p.m.</b> and 7:00 p.m.
Holy Thursday, April 5	<b>Vespers with the Liturgy of St. Basil (Mystical Supper) 6:00 a.m.</b> <b>The Holy Passion of Christ (Twelve Gospels) 7:00 p.m.</b>
Holy Friday, April 6	<b>The Great Hours 9:00 a.m.</b> , <b>Great Vespers with the Descent of the Cross 3:30 p.m.</b> <b>The Lamentations (Epitaphios) 7:00 p.m.</b>
Holy Saturday, April 7	Vespers with the Liturgy of St. Basil 9:30 a.m., <b>Canon Preceding the Resurrection 11:00 p.m.</b> <b>The HOLY RESURRECTION</b> – Orthros and Divine Liturgy 12:00 a.m.

**Offertory Prayer.** O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

**Προσευχή Προσφοράς.** Ω Θεέ, όπως δέχθηκες τα δώρα του Αβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at [http://www.saint-katherines.org/about\\_us/sunday-bulletins](http://www.saint-katherines.org/about_us/sunday-bulletins).



METROPOLIS OF  
NEW JERSEY

## Church Organizations

Acolyte Captain – Joseph Pashiardis  
Protos-Psalter – James Loizou 703-356-8220  
Choir Director – Nick Kyrus (703) 981-2526  
Catechetical School – Bill Porter 703-901-2404  
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161  
YAL President – Faye Anson 703-437-5747  
GOYA President – Maria Wuerker 703- 980-7693  
JOY – Vaitza Bousbouras, [vsbousbouras@yahoo.com](mailto:vsbousbouras@yahoo.com)  
HOPE – Doris Mentis, [doris@alumni.virginia.edu](mailto:doris@alumni.virginia.edu)



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Please visit our website at:

[www.saint-katherines.org](http://www.saint-katherines.org)

Facebook: Saint Katherine Greek Orthodox Church