

Saint Katherine Greek Orthodox Church



Sunday, March 17, 2019
Sunday of Orthodoxy

Saint Alexios the Man of God
Saint Patrick of Ireland



Apolytikion of the Day (1st Tone)

-Although the stone was sealed by the Jews, and the soldiers guarded Your most pure body, You arose on the third day, O Savior, giving life to the world. For this reason, the heavenly powers cried out to you, O Giver of Life: Glory to Your resurrection, O Christ! Glory to Your kingdom! Glory to Your dispensation, only Lover of Mankind!

-Του λίθου σφραγισθέντος υπό των Ιουδαίων, και στρατιωτών φυλασσόντων το άχραντόν Σου σώμα, ανέστης τριήμερος Σωτήρ, δωρούμενος τω κόσμω την ζωήν. Διά τούτο αι δυνάμεις των ουρανών εβόων σοι Ζωοδότα. Δόξα τη αναστάσει Σου Χριστέ, δόξα τη βασιλεία Σου, δόξα τη οικονομία Σου, μόνε Φιλάνθρωπε.

Apolytikion of the Sunday of Orthodoxy (2nd Tone)

-Before your most pure icon, O Good One, we bow down beseeching your forgiveness of our faltering steps, O Christ, our God. For by your own will you did consent to ascend to the Cross to deliver your creations from the bondage of the foe. Therefore in thanksgiving we cry aloud to you, our Savior, who has filled all things with joy! For you have come to us to save all Creation.

-Τήν άχραντον Εικόνα σου προσκυνούμεν Άγαθέ, αιτούμενοι συγχώρησιν τών παισμάτων ήμών, Χριστέ ό Θεός· βουλήσει γάρ ηυδόκησας σαρκί άνελθειν έν τῷ Σταυρῷ, ίνα ρύση ούς έπλασας έκ της δουλείας του έχθρου· όθεν ευχαρίστως βοῶμέν σοι· Χαράς έπλήρωσας τὰ πάντα, ό Σωτήρ ήμών, παραγενόμενος εις τό σῶσαι τόν Κόσμον.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

-Let us praise the all lauded and noble bride of Christ, the godly Catherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

-Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ήμών και αντίληπνιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Plagal Tone)

-To you, defender and commander in a time of war, I your City, offer gratitude for victory, for you rescued me from sufferings, O Theotokos. Since the power you possess is unassailable, from all dangers I entreat you to deliver me, that I may cry to you: Rejoice, O unwedded Bride.

-Τη Υπερμάχω Στρατηγῷ τα νικητήρια, ως λυτρωθείσα των δεινών ευχαριστήρια, αναγράφω σοι η Πόλις στου Θεοτόκε. Αλλ' ως έχουσα το κράτος απροσμάχητον, εκ παντίων με κινδύνων ελευθέρωσον, ίνα κράζω σοι: Χαίρε Νύμφη ανύμφευτε.

Epistle Reading

Blessed are you, O Lord, the God of our fathers. For you are just in all you have done.

The reading is from Saint Paul's Letter to the Hebrews.

Hebrews 11:24-26; 32-40 – Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Gospel Reading

John 1:43-51 – At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

OCMC Mission Banquet – The Metropolitan Washington DC Mission and Outreach Committee will again sponsor an Orthodox Christian Mission Center (OCMC) Mission Banquet on Sunday, May 5, 2019, beginning with Vespers at 4:00 pm; appetizers and dinner program begin at 5:00 pm at St. Katherine Greek Orthodox Church 3149 Glen Carlyn Road Falls Church, VA 22041. The banquet speaker this year is the V. Rev. Lou Christopoulos, past Vice President of the OCMC. There is a \$60 donation per person, table of 10 for \$500, student rate of \$30 and children under 12, free. Please reserve your place at the banquet by contacting Dr. John Demakis at demakis9931@gmail.com or Ms. Antonia Chelpon at achelpon@aol.com. Tickets payable to "St. Katherine Greek Orthodox Church" memo: OCMC. Fabulous themed baskets will again be available. Please plan to donate to and support this annual banquet.

GOYA – Today, Youth Sunday/GOYA/Parent meeting and GOYA Fundraiser at Souvlaki Bar. All are welcome and 15% of proceeds go to GOYA when you mention St. Katherine (www.souvlakibar.com). Upcoming events: St. Sophia Lenten Dinner & Movie, 3/23; St. George Bee Treat Lenten Retreat, 3/30 (<https://www.y2am.org/beetreats> to register). For more information, email SaintKatherineGOYA@aol.com.

"Lenten Outreach Project 2019 – Once again the St. Katherine community will prepare and distribute 200 bags filled with new clothing, personal care items and food to our brothers and sisters living on the streets. Our Stewards have always been so generous in their support of this important outreach and we are asking for your support again this year. The distribution will take place April 7. Please contact Daphne Papamichael at cyprusd@aol.com to find out how you can participate. Thank you!!"

The Saint Genevieve Orthodox Book club is a ministry of our Saint Katherine Greek Orthodox Church. We meet monthly, the last Sunday of every month, for two hours at Church. We read books to help us form bonds within the group and grow spiritually. We will be reading and discussing books concerning the Orthodox Faith, Christian classics, apologetics, and other books of interest to the group with a special emphasis on Orthodox Spirituality. The club is for all ages, from high school age on up and is opened to anyone who is interested, regardless whether you belong to our parish or not. Everyone is invited to the St. Genevieve Orthodox Book Club, whether you have read the book or not. The first book we will read is "How the Irish Saved Civilization: The Untold Story of Ireland's Heroic Role from the Fall of Rome to the Rise of Medieval Europe (The Hinges of History)" by Thomas Cahill. The book is available at Saint Katherine's Bookstore and also at Amazon in print version. If you have any questions regarding our book club please feel free to contact Father Costa Pavlakos rcostas@stkchurch.com and Victoria Cherpes victoriacherpes@gmail.com. We hope to see you on Sunday, March 31 at 1:00 p.m.



Announcements



Sunday (Catechetical) School – This morning, Sunday of Orthodoxy, the Sunday School students with their teachers, holding their icons, will participate at the icon procession inside the Church.

Saint John Chrysostom Oratorical Festival will be held this morning at the Chelpon Hall. Students in grades 7-9 may participate in the Junior Division and grades 10-12 are in the Senior Division. Grades 1-6 participated in informal presentations on Sunday, March 3. Information and registration forms are available on the Sunday School Bulletin Board, or please contact Tina Papatmichael for more information, athena02@verizon.net.

Coffee Hour is sponsored this morning by our Ladies Philoptochos.

Ladies Philoptochos Meeting this morning following the Divine Liturgy in the board room of the Meletis Charuhas Center.

The Ladies Philoptochos will be selling Easter Lambathes (decorated candles) on Sunday April 7th & 14th, and Saturday April 20th, after the Divine Liturgy.

The Ladies Philoptochos are collecting Greek Recipes, in order to publish our first cookbook. Please email us your recipes at greekrecipes@aol.com or bring them to us at our table during coffee hour.

Philoptochos Easter Bake Sale will take place on Sunday, April 14 and Saturday April 20. There will be NO Bake Sale on Palm Sunday and Holy Week.



Our Capital Campaign begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of “our families, our church, our future.” Please contact us at capcampaign@stkchurch.com with your questions.

JOURNEY TO ORTHODOXY – The “Journey to Orthodoxy” class for adults meets at 9 AM Sunday (concurrently with the youth Sunday School before 10 AM Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatrass heraclius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place on Tuesdays. Meetings are at 7:15 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year’s topic is *Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed*. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

Scholarship Opportunity for Graduating Seniors! The 2019 Washington Metropolitan Area AHEPA/DOP Scholarship Program Application is available now in the Church Office (paper copy) and also through a link on the church’s website. Completed applications are due March 30, so don’t delay. Scholarship awards will be presented to recipients at the Annual Scholarship Banquet on May 19, 2019, in Rockville, MD. Donor applications are also available in the church office if you would like to contribute to this worthy program. For more information, please contact Karen Polizos, (571) 434-7790.

“Speaking with Mary: St. Romanos, A Voice, and The Virgin” – A lecture by Thomas Arentzen, Postdoctoral Research Fellow at the University of Oslo, a Reader in Church History from Lund University, and currently a Fellow in Byzantine Studies at Dumbarton Oaks. Tuesday, March 26, 2019, 5:00 p.m., Catholic University, Pryzbyla Center Room 323.

Mission Lecture – Immediately following Friday’s Salutation Service, March 22, there will be a mission presentation by Michael Bosworth and Betty Slanta on their recent mission trip to the new medical clinic in Guatemala. Please join us for an informative and uplifting presentation. Learn about the miracle happening in Guatemala as thousands of Mayan Indians are converting to Orthodoxy. Refreshments will be served.

Church Services

Sunday, March 17	Pan-Orthodox Vespers 5:00 p.m. at Saints Peter & Paul, Potomac, MD
Monday, March 18	Compline 7:00 p.m.; Holy Confession 6:00 p.m.
Wednesday, March 20	Presanctified Liturgy 7:00 p.m.; Holy Confession 6:00 p.m.
Friday, March 22	2nd Salutations 7:00 p.m.; Holy Confession 6:00 p.m.; Lecture on Medical Clinic in Guatemala.
Sunday, March 24	Sunday of Saint Gregory Palamas – Orthros 9:00 a.m.; Divine Liturgy 10 a.m. Great Vespers at the Annunciation, Baltimore, Maryland 5:00 p.m.
Monday, March 25	Annunciation of the Theotokos – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.; Greek Independence Day Compline – 7:00 p.m.; Holy Confession 6:00 p.m.
Wednesday, March 27	Presanctified Liturgy 7:00 p.m.; Holy Confession 6:00 p.m.
Friday, March 29	3rd Salutations 7:00 p.m.; Holy Confession 6:00 p.m.; Missions Lecture
Sunday, March 31	Sunday of the Holy Cross – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. -- *Week Day Services:* Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Αβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Niko Porter 703-901-2404

Protos-Psalter – James Loizou 703-356-8220

Choir Director – John Slanta 703-307-0142

Catechetical School – Bill & Eleni Porter 703-901-2404

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161

YAL President – Faye Anson 703-437-5747

GOYA President – Maria Sarantis,

effie@sarantisproperties.com

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church