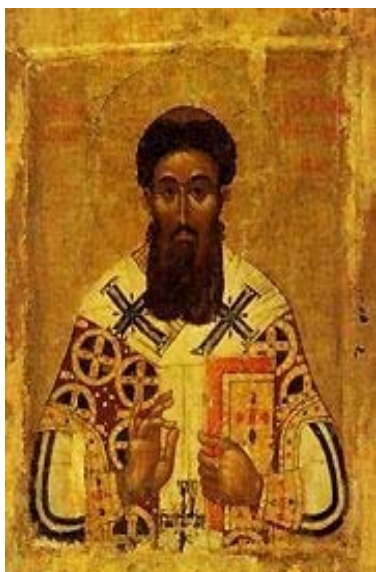


Saint Katherine Greek Orthodox Church

Sunday, March 8, 2015



Sunday of St. Gregory Palamas
2nd Sunday of Great Lent
Theophylaktos,
Bishop of Nicomedia
Apostle Hermas



Apolytikion of the Day (2nd Plagios Tone)

When the Angelic Powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You, resurrected from the dead, O Lord, glory to You.

Αγγελικαί Δυνάμεις επί το μνήμα σου, και οι φυλάσσοντες απενεκρώθησαν. Και ίστατο Μαρία εν τω τάφω, ζητούσα το άχραντόν σου σώμα. Εσκύλευσας τον Άδην, μη πειρασθείς υπ' αυτού. Υπήντησας τη παρθένω, δωρούμενος την ζωήν. Ο αναστάς εκ των νεκρών, Κύριε δόξα σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Plagios Tone)

Your city sings to you a song of victory, and offers thanks to its defender and deliverer, for sparing it from trials, O Theotokos. But because you have the power invincible, from a multitude of dangers liberate me, so that I may cry out to you: Hail, Bride, who knew no bridegroom.

Τη Υπερμάχω Στρατηγώ τα νικητήρια, ως λυτρωθείσα των δεινών ευχαριστήρια, αναγράφω σοι η Πόλις σου Θεοτόκε. Αλλ' ως έχουσα το κράτος απροσμάχητον, εκ παντίων με κινδύνων ελευθέρωσον, ίνα κράζω σοι: Χαίρε, Νύμφη, ανύμφευτε.

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Epistle Reading

*You, O Lord, shall keep us and preserve us.
Save me, O Lord, for the godly man has failed.
The reading is from Saint Paul's Letter to the Hebrews.*

Hebrews 1:10-14, 2:1-3

“Thou, Lord, didst found the earth
in the beginning,
and the heavens are the work of thy hands;
they will perish, but Thou remainest;
they will all grow old like a garment, like a mantle
Thou wilt roll them up, and they will be changed.
But Thou art the same,
and thy years will never end.”
But to what angel has he ever said,
“Sit at my right hand, till I make thy enemies
a stool for thy feet?”

Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay the closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation?

Gospel Reading

Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, “My son, your sins are forgiven.” Now some of the scribes were sitting there, questioning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, “Why do you question thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven.’ or to say, ‘Rise, take up your pallet and walk?’ But that you may know that the Son of man has authority on earth to forgive sins” – he said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, “We never saw anything like this!”



SAVE THE DATE! Back by popular demand! Saint Katherine's 2nd Annual Traditional Greek Easter Picnic/Celebration – Reservations are now being accepted for Saint Katherine's 2nd Annual Traditional Greek Easter Picnic/Celebration. Please bring your family and join all your friends on Easter Sunday, April 12th at 12:30pm for your Easter meal, music, and lots of fun! Tickets are \$40 for adults and \$25 for children under twelve. Your ticket includes appetizers, roast lamb on the spit meal with sides, dessert, and beverages (cash bar for beer/wine).

Make your reservations now and don't miss out. Please contact Mallamo Mavromatakis at (703) 830-0224 or minoanone@gmail.com or the church office at 703-671-1515 to join the fun!

Have a Blessed Great Lent!

Ευλογημένη η Μεγάλη Τεσσαρακοστή!

Announcements

Memorial Services are offered this morning for **Georgia Papadopoulos**, wife of Mr. Panagiotis Papadopoulos and mother of Eva Bouzidis, and George Papadopoulos; for **Chris Christofi**, brother of Kostas Christofi and Maria Georges; and for **Omorfia Spathopoulos**, mother of Stella Spathopoulos and Vivian Chelpon. May their memory be eternal!

Coffee Hour is sponsored this morning by the Papadopoulos, Christofi, Georges, Spathopoulos, and Chelpon families in memory of their loved ones.

Mission Lenten Lecture Series – As we have done the last several years, following the first four Salutations services, our Missions committee will sponsor a special lecture on missions. Our schedule for 2015 is as follows: February 27: Kenya mission (Mary Van Mullekom); March 6: Cuba mission trip (Fr. Costas and team); March 13: Project Mexico trip (Fr. Panagioti and team); March 20: Alaska trip (Natalie Gabarino). Come to the services, enjoy refreshments and listen to accounts of where our Saint Katherine people have gone and their experiences.

KAIROS Prison Ministry – There is an offender who was recently released that we are trying to help with employment. See Dennis Garbis for details, or contact him at (djgarbis@envdes.com) or (202)438-7299. There is a need for an attorney to assist an offender who was released recently with some very old minor legal issues. We are hoping to receive some “pro bono” assistance. (See Dennis Garbis for details.)

HOPE – HOPE children (ages 7 and under) will be meeting in the Founders’ Hall after the 2nd Divine Liturgy this morning to create a Greek sailboat craft. Please contact Patricia Rader at pagrader@yahoo.com for more information. We hope to see you all there!

A joint social outing is planned for the Daughters of Penelope and Philoptochos members on Saturday, March 14. We will meet at the National Museum of Women in the Arts in Washington, DC, at 10:15 a.m., to see the exhibit, *Picturing Mary: Woman, Mother, Idea*. The cost is \$10:00, seniors 65+ \$8:00. Following the exhibit, we plan to have lunch at a restaurant very close to the museum. Unfortunately the café in the museum is closed on Saturdays. Carpooling can be arranged. Metro Center Station is the closest Metro stop (2 blocks away). Please contact Karen Polizos, 571-434-7790, no later than March 9th, if you would like to join us.

St. John Chrysostom Oratorical Festival – Sunday, March 15, 9:30 a.m. for grades 1st to 3rd and on Sunday, March 22, 9:30 a.m. for grades 4th to 12th. If you are interested please contact Diane Quebral at (703) 963-5814 or dkquebral@gmail.com.

Parents are reminded that children are not allowed to play on the stage in the Meletis Charuhas Center during Coffee Hour or other social gatherings. We ask your assistance to prevent injury to the children and damage to curtains and other equipment. Thank you.

Prometheas Greek Independence Day Celebration – This year the Prometheas Greek Independence Day Celebration will take place in our Saint Katherine Community Center, on Sunday, March 22, 2015 at 5:30 p.m. Please save the date.

St. Katherine’s Greek School and Paideia Preschool March 25th Program will take place on Saturday, March 28, 2015 in the Meletis Charuhas Center at 10:30 a.m.

Byzantine Music Lenten Concert – The Greek Orthodox Metropolis of New Jersey will be offering a Byzantine Music Lenten Concert in our church on Saturday of Lazarus, April 4 at 6:30 p.m. This beautiful, solemn and prayerful event, the goal of which is to assist us spiritually as we prepare to once again experience the sacred and holy week of the Passion, has been prepared by the Byzantine Choir, under the direction of the Metropolis Protopsaltis, Dr. George Bilalis. You are all welcome to attend.

John C. Kulis Charitable Foundation – The John C. Kulis Charitable Foundation, (“Kulis Foundation”), is excited to announce the availability of scholarships for the 2015-2016 academic year. Last year the Kulis Foundation provided over \$250,000 in scholarship funds to students. This year, three new programs, collectively offering \$200,00, in funds have been added! The Kulis Foundation is a 501 (c)(3) non-profit foundation organized, in part, to support educational scholarships for members of the Eastern Orthodox faith and the Hellenic community. Please visit our new website, www.kulisfoundation.org, to view the eligibility requirements for each of our six scholarship programs and download applications. The following scholarship programs are available: Undergraduate & Graduate Program, St. Philip the Deacon Seminarian Program, Dr. John C. Kulis Medical School Scholarship, Students in Sciences Scholarship, and Karasia Kulis Advanced Degrees in Health Sciences Scholarship. For general information please go to infor@kulisfoundation.org.

Church Services

Monday, March 9

Great Compline – Μέγα Απόδειπνον 7:00 p.m.
Holy Confession – Εξομολόγησις 6:00 p.m.

Wednesday, March 11

Pre-Sanctified Liturgy – Προηγιασμένη Λειτουργία 7:00 p.m.

Friday, March 13

3rd Salutations – Γ΄ Χαιρετισμοί 7:00 p.m.

Sunday, March 15

3rd Sunday of Great Lent – Γ΄ Κυριακή Μεγάλης Τεσσαρακοστής
The Veneration of the Holy Cross – Της Προσκυνήσεως του Τιμίου Σταυρού
Divine Liturgy 8:00 a.m., and 10:30 a.m.
Othros/Youth and Adult Catechism 9:30 a.m.

Monday, March 16

Great Compline – Μέγα Απόδειπνον 7:00 p.m.; Holy Confession – Εξομολόγησις 9:00 p.m.

Wednesday, March 18

Pre-Sanctified Liturgy – Προηγιασμένη Λειτουργία 7:00 p.m.

Friday, March 20

4th Salutation – Δ΄ Χαιρετισμοί 7:00 p.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Anastasios Galatis & Daniel McKinney
Protos-Psalter – James Loizou 703-356-8220
Choir Director – John Doulis 703-670-4386
Catechetical School – George Charuhas 703-999-2109
Hellenic Education Center – Eleni Alexopoulou 703-674-7715

Philoptochos President – Eleni Kanakos 703-938-8360
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GOYA President – Demetrios Karounos 703-321-3009
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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church