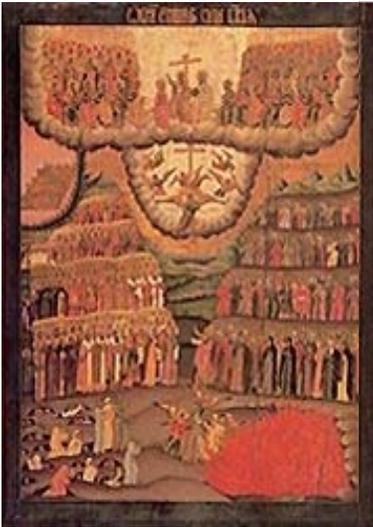


Saint Katherine Greek Orthodox Church



Sunday, March 6, 2016

**Judgment Sunday
(Meatfare Sunday)**

**42 Martyrs of Amorion
Finding the Cross by St. Helen**



Apolytikion of the Day (Grave Tone)

By Your cross You destroyed death, and to the thief You opened paradise. You transformed the sorrow of the Myrrh-bearers, and commanded the Apostles to proclaim that You have risen from the dead, Christ our God, granting to the world great mercy.

Κατέλυσας τῷ Σταυρῷ στου τον θάνατον, ηνέωξας τῷ Ληστή τῶν Παράδεισον, τῶν Μυροφόρων τον θρήνον μετέβαλες, και τοις σοις Αποστόλοις κηρύττειν επέταξας, ὅτι ανέστης Χριστέ ο Θεός, παρέχων τῷ κόσμῳ το μέγα ἔλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ὅτι εφίμωσε λαμπρῶς, τους κομψούς των ασεβῶν, του Πνεύματος την δυνάμει. Και νυν ὡς Μάρτυς στεφθεῖσα, αιτεῖται πάσι το μέγα ἔλεος.

Kontakion of the Day (1st Tone)

O God, when You come upon the earth in glory, the whole world will tremble. A river of fire will bring all before Your judgment Seat and the books will be opened, and everything in secret will become public. At that time, deliver me from the fire which never dies, and enable me to stand by Your right hand, O Judge most just.

Ὅταν ἔλθῃς ο Θεός, ἐπὶ γῆς μετὰ δόξης, και τρέμωσι τα σύμπαντα, ποταμός δε του πυρός προ του Βήματος ἔλκη, και βίβλοι ανοίγωσι, και τα κρυπτά δημοσιεύονται, τότε ρύσαι με, εκ του πυρός του ασβέστου, και αξίωσον, εκ δεξιών σου με στήναι, Κριτά δικαιοτάτε.

Epistle Reading

Great is our Lord, and great is his power.

Praise the Lord, for the Lord is good.

The reading is from Saint Paul's First Letter to the Corinthians.

1st Corinthians 8:8-13; 9:1-2 – Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if anyone sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Gospel Reading

Matthew 25:31-46 – The Lord said, “When the son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.’ Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.’ Then he will say to those at his left hand, ‘Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.’ Then they also will answer, ‘Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?’ Then he will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

Lenten Retreat – Saturday, March 19th, 2016, with Bishop Neofitos of Kenya. His Grace NEOFITOS, Bishop of the Diocese of Nyeri & Mount Kenya Region (Kenya), will speak on the topic: “Experiencing Christ in Fasting and Prayer: A Missiological Approach”, on Saturday, March 19, 2016, beginning with the Divine Liturgy at 10:00 a.m.; Lunch at 12:00 noon, and the retreat from 1:00 p.m. – 4:00 p.m., at St. Katherine Greek Orthodox Church, 3149 Glen Carlyn Rd., Falls Church, VA 22041. Please confirm attendance with your name & email to either Dr. John Demakis at Demakis9931@gmail.com or Betty Slanta at slanta@verizon.net. A free-will offering will be taken for the retreat and lunch. Bishop Neofitos bio: born in 1970, His Grace graduated from Holy Cross School of Theology in 2005; he was appointed Deputy Dean of Makarios III Seminary, Nairobi, Kenya, and the Director of the Archdiocese affairs in August 2008. Bishop Neofitos was elected Bishop of the Diocese of Nyeri and Mount Kenya Region on November 24, 2015.

Thank you for the extraordinary generosity in support of our weekend food assistance program. As in the past, we are always struck by the outpouring of marvelous generosity to help our less fortunate children. With the support of your Sunday school classes we were able to provide food to each of our targeted families in need. It is exactly the collaboration of community members like your parishioners that contribute to create strong and caring school for all students. We know that the food made a real difference in the lives of our Garfield families. The Garfield Family appreciates everyone's contributions and support of our children and families.

Announcements

Philoptochos – To sponsor Coffee Hour after a Memorial Service is \$175.00 donation. It will include set up coffee, 100 koulourakia, 100 paximathia, putting koliva in cups and cleaning up. Donations need to be sent to Saint Katherine's in advance. Please write checks to: *Saint Katherine Greek Orthodox Church*. Parishioners will call the church first for the date and all their information and then, they can contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

Apokreatiko Glendi 2016 – Tickets are now on sale for the March 12, 2016 Apokreatiko Glendi! Visit ApokreatikoGlendi2016.EventBrite.com to purchase your tickets. \$45.00 for adults and \$15.00 for children ages 4 to 13. Please join us for an elegant and fun evening of mezedes, dinner, raffle prizes, music and dancing, and other fun activities. For more information, contact Toulia Christou at toulamm@gmail.com.

Teach Youth Basic Orthodoxy in Guatemala This Summer – In Guatemala there are hundreds of children and young adults hungry to learn more about their Orthodox Christian Faith. A short-term OCMC mission team has been invited to offer a summer Church school program for two communities outside Nuevo Conception in Southwest Guatemala to teach basic Orthodoxy. If you have a heart for youth or teaching, please prayerfully consider joining this team which will serve from June 15th to the 28th, 2016. To learn more or apply, visit http://www.ocmc.org/about/view_team.aspx?TeamId=170, e-mail teams@ocmc.org, or call 1-877-463-6784, ext. 141.

Journey to Orthodoxy Class for adults – Meets 9:00 – 10:00 a.m. on Sundays in Seniors' Kentro of the Founders' Hall. Do you want to know more about the teachings, practices, history and contemporary life of the Orthodox church? For more information contact John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Archimedes Scholarship – Applications are now being accepted for the Next Generation Initiative's Archimedes Award Scholarship, offered to outstanding high school seniors of Hellenic heritage, intending to pursue studies in science, technology, engineering, or math (STEM) related fields at a university in the United States. To be considered for a 2016-17 scholarship, please **apply by March 25, 2016**. For more information, and to apply online, please go to www.hellenext.org.

Scholarship Opportunity for Graduating Seniors! The 2016 Washington Metropolitan Area AHEPA/DOP Scholarship Application is available now in the Church office. Completed Applications are due the First week of April. Donor applications are also available. Awards will be presented at the Annual Banquet in May 2016. For more information, please contact Karen Polizos, (571) 434-7790.

Peter Derzis AHEPA Chapter 438 will start selling 2016 restaurant raffle tickets after the Liturgy on Sunday, March 6. The cost of the tickets will be \$20.00 (6 for \$100.00) with the drawing for the 3 prizes of \$500.00 in gift certificates to be held on AHEPA Sunday, May 15, 2016.

Monumental Mission Walk 2016 – Save the Date! Our 4th Annual Monuments Mission Walk will take place on **Saturday, October 15th**, from 9:00 a.m.-12:00 p.m. Eleni Porter and her energetic committee are organizing this year's event, which will start on the National Mall between 3rd and 4th streets and take us around the Mall to learn about the monuments in that area. Proceeds from our mission walk are shared with the OCMC and our area ministries. Come and join us to walk for missions!

'Healthy heart – Healthy Life Styles' Seminar – Sunday, April 10th, in Founder's Hall. Daughters of Penelope Helle Chapter 283 and AHEPA Peter N. Derzis chapter 438 are sponsoring a health seminar for the Saint Katherine community presented by Dr. Rachel Berger of Virginia Heart of Arlington, VA. This seminar will focus on the latest preventive measures to maintain a healthy heart and healthy life style, and will provide a greater understanding of heart disease that affects women and men. There will be a Lenten breakfast at noon followed by the presentation from 12:30-1:30 p.m.

HEC Kindergarten – An informational meeting on our planned bilingual Kindergarten program will be held today from 12-1pm in the 1st floor small conference room of Meletis-Charuhas Center. Another meeting is scheduled for Thursday, March 10, 2016, 6:30-7:30pm same location. For additional information, please contact us at school-k@stchurch.com.

Church Services

Saturday, March 12

2nd Saturday of Souls – Β΄ Ψυχοσάββατο

Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday, March 13

Forgiveness Sunday (Cheesefare) – Κυριακή της Συγχωρήσεως (Της Τυροφάγου)

Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.

Monday, March 14

Great Lent Begins – Αρχίζει η Μεγάλη Τεσσαρακοστή

Holy Confession 6:00 p.m., Compline 7:00 p.m.

Wednesday, March 16

Pre-Sanctified Liturgy – Προηγιασμένη Λειτουργία 7:00 p.m.

Friday, March 18

1st Salutations – Α΄ Χαιρετισμοί 7:00 p.m.

Saturday, March 19

3rd Saturday of Souls – Γ΄ Ψυχοσάββατο

Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. **Week Day Services:** Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Veleziz

Protos-Psalter – James Loizou 703-356-8220

Choir Director – Nick Kyros (703) 981-2526

Catechetical School – Bill Porter 703-901-2404

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Eleni Kanakos 703-938-8360

YAL President – Faye Anson 703-437-5747

GOYA President – Theo Karounos 703-321-3009

JOY – Toula Christou 703-533-0055

HOPE – Vaitsa Bousbouras, vsbousbouras@yahoo.com



3149 Glen Carlyn Road Falls Church, Virginia 22041 Phone 703-671-1515 Fax 703-671-1385

Visit:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church