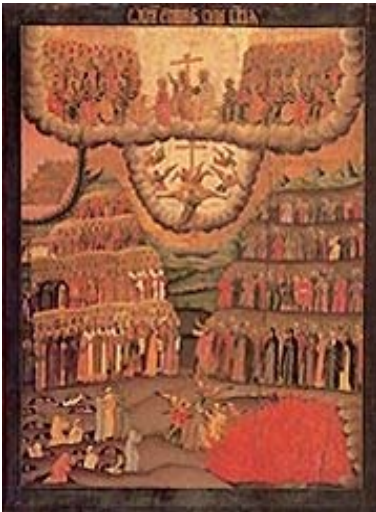


Saint Katherine Greek Orthodox Church



Sunday, March 3, 2019
Judgment Sunday - Meatfare

Eutropios, Kleonikos, Vasiliskos,
and Theodoretos of Antioch



Apolytikion of the Day (Grave Tone)

By Your Cross, O Lord, You shattered death; to the thief You opened Paradise. You transformed the Myrrhbearers' lamentation, and commanded Your Apostles to proclaim that You arose, Christ our God, granting to the world Your great mercy.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον. Ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον. Τῶν Μυροφόρων τὸν θρήνον μετέβαλες. Καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας. Ὅτι ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

Let us praise the all lauded and noble bride of Christ, the godly Catherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ πολιοῦχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομπσοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τὴ δυνάμει. Καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πάσι τὸ μέγα ἔλεος.

Kontakion of the Day (1st Tone)

When you, O God, shall come to the earth with glory, all of Creation shall tremble and a river of fire shall flow before your judgment seat. The books shall be opened and the hidden things shall be disclosed to all; then deliver me from the ever-burning fire, and make me worthy to stand at your right hand, O Judge who is most just.

Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος ἔλκη, καὶ βίβλοι ἀνοίγονται, καὶ τὰ κρυπτά δημοσιεύονται, τότε ρῦσαί με, ἐκ τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξίωσον, ἐκ δεξιῶν σου μὲ στήναι, Κριτὰ δικαιοῦτατε.

Epistle Reading

Great is our Lord, and great is his power.

Verse: Praise the Lord, for the Lord is good.

The reading is from St. Paul's First Letter to the Corinthians.

1st Corinthians 8:8-13; 9:1-2 – Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Gospel Reading

Matthew 25:31-45 – The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

OCMC Mission Banquet – The Metropolitan Washington DC Mission and Outreach Committee will again sponsor an Orthodox Christian Mission Center (OCMC) Mission Banquet on Sunday, May 5, 2019, beginning with Vespers at 4:00 pm; appetizers and dinner program begin at 5:00 pm at St. Katherine Greek Orthodox Church 3149 Glen Carlyn Road Falls Church, VA 22041. The banquet speaker this year is the V. Rev. Lou Christopoulos, past Vice President of the OCMC. There is a \$60 donation per person, table of 10 for \$500, student rate of \$30 and children under 12, free. Please reserve your place at the banquet by contacting Dr. John Demakis at demakis9931@gmail.com or Ms. Antonia Chelpon at achelpon@aol.com. Tickets payable to "St. Katherine Greek Orthodox Church" memo: OCMC. Fabulous themed baskets will again be available. Please plan to donate to and support this annual banquet.

GOYA – St. George Sights & Sounds Arts Festival, 3/2-3; GOYA Fundraiser at Souvlaki Bar on 3/17; St. George Lenten Retreat, 3/30. For more information, email SaintKatherineGoya@aol.com.

Food Pantry – Twice a year, the St. Katherine's community collects food for the food pantry at Columbia Baptist Church, our neighbor, a few blocks away. We ask that **you return the filled bags this morning, Sunday, March 3**, to the foyer of our large Community Center. If you are unable to fill a bag, write a check to "Columbia Baptist Church" with "Food Pantry/St. K" in the corner and give to one of the food pantry volunteers. Your generosity means so much to those in need!

Daughters of Penelope Meeting – Sunday, March 3, after Liturgy in the Boardroom. Hope to see you there!

"Lenten Outreach Project 2019 – Once again the St. Katherine community will prepare and distribute 200 bags filled with new clothing, personal care items and food to our brothers and sisters living on the streets. Our Stewards have always been so generous in their support of this important outreach and we are asking for your support again this year. The distribution will take place April 7. Please contact Daphne Papamichael at cyprusd@aol.com to find out how you can participate. Thank you!!"



Announcements



Memorial Services are offered this morning for **Soteris Loi**, father of Kostas Loi, and uncle of Andri Orphanides, Kostas and Iacovos Andreou, and Sophia and Tina Kavarligos; and for **Katerina Loi**, grandmother of Kostas Loi, Andri Orphanides, Kostas and Iacovos Andreou, and Sophia and Tina Kavarligos. May their memory be eternal!

Coffee Hour is sponsored this morning by our Ladies Philoptochos.

Philoptochos Easter Bake Sale will take place on Sunday, April 14 and Saturday April 20. There will be **NO Bake Sale on Palm Sunday and Holy Week.**

Sunday March 10th, the Ladies Philoptochos, will be offering their Annual Stewardship Tea. Please make your reservations by calling Mary Varlas at 703-965-4161 or email Mary.varlas@yahoo.com. For more information, please stop at the Philoptochos table during coffee hour.



Our Capital Campaign begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of “our families, our church, our future.” Please contact us at capcampaign@stkchurch.com with your questions.

JOURNEY TO ORTHODOXY – The “Journey to Orthodoxy” class for adults meets at 9 AM Sunday (concurrently with the youth Sunday School before 10 AM Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place on Tuesdays. Meetings are at 7:15 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year’s topic is *Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed*. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

Scholarship Opportunity for Graduating Seniors! The 2019 Washington Metropolitan Area AHEPA/DOP Scholarship Program Application is available now in the Church Office (paper copy) and also through a link on the church’s website. Completed applications are due March 30, so don’t delay. Scholarship awards will be presented to recipients at the Annual Scholarship Banquet on May 19, 2019, in Rockville, MD. Donor applications are also available in the church office if you would like to contribute to this worthy program. For more information, please contact Karen Polizos, (571) 434-7790.

Kenya Tents - Thank you so much to everyone who supported our Valentine’s fundraiser to acquire tents for the Orthodox Church in Kenya! We are very close to being able to donate 2 tents! We only need \$500 more! These tents are used for remote area church services, as well as generate income for the Women’s Orthodox Union. If you missed your chance but would still like to be part of this donation, please make your check payable to: “Saint Katherine’s Greek Orthodox Church” with “Kenya Tent” on the memo line. Thank you for your continued support!

Saint John Chrysostom Oratorical Festival will be held on Sunday, March 17. Students in grades 7-9 may participate in the junior division and grades 10-12 are in the senior division. Grades 1-6 will participate in informal presentations. Information and registration forms are available on the Sunday School Bulletin Board, or please contact Tina Papamichael for more information, athena02@verizon.net.

Church Services

Saturday, March 9	2nd Saturday of Souls – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.
Sunday, March 10	Forgiveness (Cheese) Sunday – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Monday, March 11	Great Lent Begins – Αρχεται η Μεγάλη Τεσσαρακοστή Compline 7:00 p.m.; Holy Confession 6:00 p.m.
Wednesday, March 13	Presanctified Liturgy 7:00 p.m.; Holy Confession 6:00 p.m.
Friday, March 15	1st Salutations 7:00 p.m.; Holy Confession 6:00 p.m.; Lecture on Local Missions
Saturday, March 16	3rd Saturday of Souls – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.
Sunday, March 17	Sunday of Orthodoxy – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m. Pan-Orthodox Vespers 5:30 p.m. at Saints Peter & Paul, Potomac, MD
Monday, March 18	Compline 7:00 p.m.; Holy Confession 6:00 p.m.
Wednesday, March 20	Presanctified Liturgy 7:00 p.m.; Holy Confession 6:00 p.m.
Friday, March 22	2nd Salutations 7:00 p.m.; Holy Confession 6:00 p.m.; Lecture on Medical Clinic in Guatemala.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. -- *Week Day Services:* Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Αβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Niko Porter 703-901-2404

Protos-Psalter – James Loizou 703-356-8220

Choir Director – John Slanta 703-307-0142

Catechetical School – Bill & Eleni Porter 703-901-2404

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161

YAL President – Faye Anson 703-437-5747

GOYA President – Maria Sarantis,

effie@sarantisproperties.com

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church