Church Services

Sunday, March 1
Forgiveness/Cheesefare Sunday – 1st Divine Liturgy 8:00am; Orthros 9:30am; 2nd Divine Liturgy 10:30am

Monday, March 2
Clean (Kathara) Monday – GREAT LENT BEGINS – Compline 7:00pm; Holy Confession 6:00pm

Wednesday, March 4
Presanctified Liturgy 7:00pm; Holy Confession 6:00pm

Friday, March 6
1st Salutations 7:00pm; Holy Confession 6:00pm; Missions Lecture 8:00pm

Saturday, March 7
Orthros 9:30am; Divine Liturgy 10:30am

Sunday, March 8
Sunday of Orthodoxy – 1st Divine Liturgy 8:00am; Orthros 9:30am; 2nd Divine Liturgy 10:30am

Pan-Orthodox Vespers 5:30pm at St. Sophia Cathedral, Washington, DC

Monday, March 9
Compline 7:00pm; Holy Confession 6:00pm

Wednesday, March 11
7:00pm; Holy Confession 6:00pm

Friday, March 13
2nd Salutations 7:00pm; Holy Confession 6:00pm; Missions Lecture 8:00pm

Sunday, March 15
St. Gregory Palamas – 1st Divine Liturgy 8:00am; Orthros 9:30am; 2nd Divine Liturgy 10:30am

Compline 7:00pm; Holy Confession 6:00pm

Wednesday, March 18
Presanctified Liturgy 7:00pm; Holy Confession 6:00pm

Friday, March 20
3rd Salutations 7:00pm; Holy Confession 6:00pm; Pack Bags for Lenten Outreach 8:00pm

Sunday Services:   Orthros 9:30am., Divine Liturgy 8:00am &10:30am -- Week Day Services:  Orthros 9:30am, Divine Liturgy 10:30am

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zacharia, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Prosopche Prosopoforos: Ω Θεέ, όπως δέχθηκες τα δώρα του Αβελ, τις θυσίες του Νόε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τούς κόσμους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.

Church Organizations

Acolytes – Michael Parrish and Leon Porter, 571-213-1109
Protopsalters – Nicholas Mitra 703-560-7714
Choir Director – John Sinta 703-507-0142
Catechetical School – Christina Vasquez 703-728-2657
Hellenic Education Center – 703-671-7715

Metropolis of New Jersey

Philoptochos President – Mary Varlas 703-965-4161
YAL President – Faye Ansor fanman38@yahoo.com
GOYA President – Iliana Tzafolias, SaintKatherineGOYA@aol.com
JOY – Vania Basbouras, vcbasbouras@yahoo.com
HOPE – Doris Mentis, doris@alumni.virginia.edu

3149 Glen Carlyn Road Falls Church, Virginia 22041 Phone 703-671-1515 Fax 703-671-1385
Visit our website at: www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church

St. Evdokia of Heliopolis
St. Antonina the Martyr

Apoloittikion of the Day (4th Tone) -The women disciples of the Lord, having learned from the Angel the joyous news of the Resurrection and having rejected the ancestral decision, then told the apostles elatedly: Death has been stripped of its power; Christ God has risen, granting to the world His great mercy.

Apoloittikion of Saint Katherine the Great Martyr (1st Plagal Tone) -Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

Kontakion of the Day (2nd Plagal Tone) -You have guided the way to wisdom and granted prudent counsel; you are the Teacher of the foolish and Defender of the poor. Strengthen and enlighten my heart, O Master; give me words to speak, you who are the Word of the Father. For behold! I will not keep my lips from crying out to you: O merciful Lord, have mercy on me for I have fallen.

-Της σοφίας οδηγέ, φρονήσεως χορηγέ, των αφρόνων παιδευτά, και των πτωχών υπερασπιστά, στήριξον συνέτισον την καρδίαν Δέσποτα. Συ δίδου μοι τον λόγον, ο του Πατρός Λόγος. Ιδού γαρ τα χείλη μου, ου μη κωλύσω εν τω κράζειν σοι: Ελεήμον, ελέησόν με τον παραπέσοντα.

-Apoloittikion of Saint Katherine the Great Martyr (1st Plagal Tone)

-Apoloittikion of Saint Katherine the Great Martyr (1st Plagal Tone)
Epistle Reading
Make your voices to the Lord our God and perform them. God is known in Judah; his name is great in Israel. The reading is from St. Paul’s Letter to the Romans.
Romans 13:11-14:14351 14:1-4 – Romans Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains and let him who abstains pass judgment on him who eats, for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Gospel Reading
Matthew 6:14-21 – The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, so that your fasting may not be seen by men, but by your Father who sees in secret; and your Father who sees in secret will reward you." (For where your treasure is, there will your heart be also.)

Announcements
Coffee Hour is sponsored this morning by Mrs. Sophia Rantis and family in memory of her beloved husband, Dr. Demosthenes T. Rantis; and by our Ladies Philoptochos.

The Ladies Philoptochos will pass the second tray on Sunday of Orthodoxy, March 8th. Philoptochos needs your assistance identifying elderly parishioners who would like to be visited by you. Please email the following information to Mary Varis at mary.varis@yahoo.com. Name, address and phone number of the parishioner who wishes to be visited. Thank you. The Ladies Philoptochos will host a complimentary full breakfast on Sunday, March 15, after the second Liturgy, for our parishioners. Please make your reservations and pick up your admission ticket during coffee hour, at the Philoptochos table. Admission tickets are needed in order to get your breakfast. General Philoptochos meeting on Sunday, March 8th, after second liturgy. The Ladies Philoptochos Cookbooks are still on sale for $25.00. They make great bridal shower presents. Pick them up after coffee hour, after the second Liturgy.


Catechetical Lectures of Saint Cyril – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class will present a “Catechetical Lecture of Saint Cyril” is taking place every Tuesday at 7:00 p.m. in the Board Room. This includes time for discussion and fellowship.

St. Genevieve Book Club – Join us the last Sunday of each month as we discuss our new selection, “Acquiring the Mind of Christ” by Archimandrite Kallistos Ware. If you would like to be included on our mailing list, please email victoriarhepes@gmail.com.

Security Announcement – Please be aware that scammers and cybercriminals may be sending you emails and text messages acting like Father Costa or a member of the Parish Council asking you for money or assistance. Neither Father or a Parish Council Member will send you a direct email requesting money or assistance. These messages are frauds. Do not click or respond to these messages. If you have any questions, please contact Sophia Tsangali at 703-671-1515.

Church Playroom – Parents please ensure your children are in the playroom downstairs. Regardless of age, all children in the playroom must be supervised by a Parent at all times.

Attention Parishioners! When attending church services and events at our church, kindly please park your car properly within the designated parking space lines in the parking lot. This will prevent loss of a space for someone else to park their car. Thank you!

Stewardship Table – Please stop by the stewardship table and update your email on record. We are transitioning to e-mailing statements to save $2,000 in mailing costs. Thank you!

"Part-time work opportunity available!" to help us manage our hall. If you have experience or interest in helping us manage our rentals (sales & bookings division for grades 7-9; and senior division for grades 10-12. Top speakers in the Junior and Senior Divisions will be awarded $150 and $250 scholarships, respectively. Please encourage your children to participate in the festival and be sure to attend this event to show support for our youth. Contact your Sunday School teacher or Dean (703-981-4958) & Vivian (751-730-7546) Chelpon at vivandeannd@aol.com. Information can be found on the church website.

SAVE THE DATE! OCMB Annual Benefit Dinner is held on May 3, 2020 at St. Katherine Greek Orthodox Church Falls Church, VA. We are pleased to have Rev. Demetrios Andrews, Executive Director, Project Mexico and the St. Innocent Orphanage, as our main speaker. His topic is “The Mission of Serving Christ in the Other: St. Silouon and St. Sophrony’s Theology of Service.” Vespers at 4:30 pm; Hors d’oeuvres & Dinner begin at 5:00 pm. A $45.00 donation is requested; a table of 10, $400.00 donation; the student rate: $20.00 donation; children under 12 and Clergy are FREE. Reserve your place with Antonia Chelpon, achelpon@aol.com, Sara Buchman, buchmanasara@hotmail.com or Paula Massough, psanouda@gmail.com. Tickets payable to “St. Katherine Orthodox Church”, memo: OCMB.

The Embassy of Greece in Washington, DC is seeking to hire a driver. The candidate should be at least 21 years old at the time of employment, be fluent in English and willing to work beyond normal hours and abide by confidentiality. The salary paid will be in accordance with Greek legislation. The applicants must submit an application letter along with their curriculum vitae by email (Embassy of Greece, 2217 Massachusetts Avenue, NW, Washington, DC 20008). Please join us for a Lenten Retreat led by Archimandrite Sergios (Bowyer), Abbott of St. Tikhon’s Monastery, Sat, April 4, 2020, 9:30am-3:30pm, “Embracing the mind of Christ – Embracing the Vision of the Orthodox Church” at St. Katherine. Paradise Following the Retreat. Fr. Sergios will be accompanied by the Wonderworking Icon of Saint Anna, the Mother of the Theotokos. RSVP at stk.treat@att.com or at the Church office, 703-671-1515.

General Philoptochos meeting on Sunday, March 8th, after second liturgy. The Ladies Philoptochos Cookbooks are still on sale for $25.00. They make great bridal shower presents. Pick them up after coffee hour, after the second Liturgy.

Adult Bible Class – Classes are held every Sunday at 9:30am in the board room of the Meletis Charuhas Center. Join us each Sunday to learn more about our faith. “A Journey through the Orthodox Faith Guide: Words of the Bible.” This year’s topic: The Gospel of Luke. For more information or questions, please contact Peter Polizos at 571-434-7790 or polizos@att.com. Everyone is welcome!

JOURNEY TO ORTHODOXY – The “Journey to Orthodoxy” class for adults meets 9:30-10:30am Sunday (before Liturgy, concurrently with the Sunday School). The class is designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church. It is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. The class is held in an informal discussion format. Text is provided. We meet in the Seniors’ Kentro room on the ground floor of Founders’ Hall. For further information contact the teachers, John Demakis99931@gmail.com, Bill Porter WEPorter1@fcps.edu or Jim Jatras heracle13@gmail.com 202-375-1007.

Our local St. John Chrysostom Oratorical Festival will be held at St. Katherine’s on March 15, 2020. The festival provides our youth an opportunity to develop their public speaking skills. The Junior Division is for grades 7-9; and senior division for grades 10-12. Top speakers in the Junior and Senior Divisions will be awarded $150 and $250 scholarships, respectively. Please encourage your children to participate in the festival and be sure to attend this event to show support for our youth. Contact your Sunday School teacher or Dean (703-981-4958) & Vivian (751-730-7546) Chelpon at vivandeannd@aol.com. Information can be found on the church website.

The Order of AHEPA will celebrate its 45th Biennial Congressional Banquet on May 14, 2020 in the Trump International Hotel in Washington, DC. In this once in a lifetime event AHEPA will be hosting dinner honoring His All Holiness Ecumenical Patriarch Bartholomew. Members of US Congress will also be in attendance & the Patriarch will be honored with the Inaugural “Patriarch Bartholomew AHEPA Environmental Award”. This event is free and you can feel assured you will make the reservation(s) through the Ahepa Chapter 438. Please remit payment to “AHEPA Chapter 438”. For reservations & additional information/clarifications please contact one of the following: George Vassilopoulos 703-323-0731 (gvassna@gmail.com); Angelo Tousi 703-281-0843 (antovii@verizon.net); Chris Mazzavita 703-820-3186 (chrismazzavita@gmail.com).