

Saint Katherine Greek Orthodox Church

Sunday, February 26, 2017

Forgiveness Sunday
(Cheesefare Sunday)



Porphyrios, Bishop of Gaza
Photini the Samaritan and Sisters

Apolytikion of the Day (3rd Tone)

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιášθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Τὴν πανεύφημον νόμφην Χριστοῦ υμνήσωμεν, Αικατερίναν τὴν θείαν καὶ πολιούχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τὴν δυνάμει. Καὶ νυν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πάσι τὸ μέγα ἔλεος.

Kontakion of the Day (2nd Plagal Tone)

O Master, Prudence, Guide of Wisdom, Instruction to the foolish and Defender of the poor, strengthen my heart and grant it discernment. Give me words, Word of the Father, for behold, I shall not keep my lips from crying out to You, "O Merciful One, have mercy on me who has fallen."

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριξον, συνέτισον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρὸς Λόγος· ἰδοὺ γὰρ τὰ χεῖλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι· Ἐλεῆμον, ἐλέησόν με τὸν παραπεσόντα.

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Epistle Reading

Make your vows to the Lord our God and perform them.

God is known in Judah; his name is great in Israel.

The Reading is from Saint Paul's Letter to the Romans.

Romans 13:11-14; 14:1-4 – Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Gospel Reading

Matthew 6:14-21 – The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. "And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

Safety Notice – Please be reminded that during inclement weather, the front entrance of the church will be closed until such time as the safety railings are installed. On such occasions, please use the side entrance.

St. Katherine's Bookstore – Come to our first annual Cheesefare Book Fair this morning and pick out a book to enrich your Lenten experience! We will be offering for one day only gently used and almost new books--\$5 for paperbacks and \$10 for hard covers. You will be able to choose from readings from church elders, homilies on the place of animals in Orthodox theology, and short stories on the lives of Orthodox saints among other books. If you have items you would like to donate to the Book Fair, feel free to bring them by the bookstore. Consider also this Lent purchasing a new icon. We will be discounting our in-stock icons 15 percent on the Sunday of Orthodoxy (5 March). Our stock includes many beautiful icons of Christ, the Theotokos, major saints, and guardian angels. Remember we now can take credit card payments.

Scholarship Opportunity for Graduating Seniors! The 2017 Washington Metropolitan Area AHEPA/DOP Scholarship Application is available now in the Church Office. Completed Applications are due March 31st. Donor applications are also available. Awards will be presented at the Annual Banquet in May 2017. For more information, please contact Karen Polizos, (571) 434-7790.

Philotochos Stewardship Tea – Sunday, March 12, at the Meletis Charuhas Center, following the Divine Liturgy.

Youth Participation in Church Services – All youths are encouraged to attend and participate as readers in our Monday night Compline services during Lent.

YAL Brunch – YAL will be hosting brunch for fellowship and conversation after Liturgy on Sunday, March 5th. All young adults are welcome! Please RSVP Nick Junes at njunes@stkchurch.com.

Youth Lenten Retreat (3/10-3/12) – At Camp Piankatank for all teenage youths hosted by Holy Cross Seminary Ambassadors! The cost is \$50.00 per acceptance. RSVP Nick Junes at njunes@stkchurch.com.

GOYA cosmic Bowling (3/4) – Saturday, March 4, 8:00 p.m. at Bowl America Burke. The cost is \$15.00 for two games and shoes. As always, parents are also welcome to bowl.

Sights and Sounds Arts Festival (3/11-3/12) – Hosted by St. George in Bethesda, MD. To register, please visit: https://stgeorge.ccbchurch.com/form_response.php?id=111. *For more information, please contact Nicole Averinos at stgsightsandsounds@gmail.com.

Announcements

Memorial Services are offered this morning for **V. Rev. Archimandrite Nicholas Pekatoros**; for **Olga Varoutsos**, mother of George and Paul Varoutsos; for **Alexandros Kolovos**, husband of Mrs. Eleftheria Kolovos, and father of Theodore Kolovos and Doris Mentis; and for **Nicholas Mandrides**, fiance of Gladys V. Saenz, and brother of George Mandrides. *May their memory be eternal!*

Coffee Hour is sponsored this morning by the Varoutsos, and Kolovos families in memory of their loved ones; also, by our Philoptochos and the spiritual children of V. Rev. Archimandrite Nicholas Pekatoros in his loving memory.

Memorial Coffee Hour Procedure – If you would like to sponsor the coffee hour in memory of your loved one, a donation of \$175.00 is required. This includes coffee set-up, 100 koulourakia, 100 paximathia, putting koliva in cups, and clean-up after the event. Please remember to schedule the memorial service with the Church Office and mail your check at that time. Checks should be made payable to *Saint Katherine Greek Orthodox Church*.

Project Mexico Home-Building 2017 – There are only 2 spaces left for this year's home-building trip. The trip is from August 16-23. If you are interested in going, please contact Bill or Eleni Porter at beporter1@verizon.net.

Journey to Orthodoxy – This is a reminder that the “Journey to Orthodoxy” class for adults meets 9:00-10:00 a.m. Sunday (before Liturgy, concurrently with the Sunday School). The class is designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church. It is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. The class is held in an informal discussion format. Text is provided. We meet at the Seniors' Kentro room on the ground floor of Founders' Hall. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, (202) 375-1007.

Women's Book Club – Please join us on Wednesday, March 1, 2017 at 10:30 a.m. to noon at the Meletis Charuhas Center in the room two doors from the church office. We are reading “The Way of a Pilgrim and The Pilgrim Continued His Way”. The book is available for purchase on Amazon and the Church Bookstore. It's not too late to join the club. For further information contact Despina Raizes at 2draizes@gmail.com or (703) 216-8176.

JOY (Junior Orthodox Youth, ages 8-12) – Have fun with friends at Bowl America Fairfax (9699 Fairfax Boulevard) on Saturday, March 18th from 5:00-7:00 p.m. Please contact Vaitsa.Bousbouras@yahoo.com to RSVP by March 11th.

Padeia Bilingual Preschool – Hellenic Education Center (3149 Glen Carlyn Road, Falls Church, VA 22041). Job opening for Nursery Assistant. For more information: www.stkherc.org, 703-671-7715 or ealexopoulou@stkchurch.com.

The HOPE Ministry for children (ages 7 and under) is meeting at “Paint Your Own Pottery” in Fairfax on Saturday, March 4th, at 4:00 p.m., for a pottery painting party! Choose between a lion or a lamb. Reservations are necessary. Please email Doris Mentis at doris@alumni.virginia.edu for details and to register.

Ellinomathia (Greek Exams) – Registration is now till March 19. The Exams will take place on May 16-18, 2017. For information and applications, please contact Sophia Tsangali, 703-671-1515 or stsangali@stkchurch.com.

Food Pantry – Prayer, Fasting and charity are among the key components in observing Great Lent. The Saint Katherine's Food Pantry committee will be handing out blue bags today for you to fill with suggested donations on the flyer inside. Please bring the bag back to the foyer of the community center on Sunday, March 12. If you would like to help transport and shelve the food at the pantry at Columbia Baptist, please contact marilynrouvelas@gmail.com. This assistance also qualifies for service credit in public schools.

LENTEN RETREAT – We are pleased to announce that His Grace Neofitos, Bishop of the Diocese of Nyeri & Kenya, will again be visiting St. Katherine from March 10-12. He will bless us with a Lenten Retreat entitled “Experience God through the Services of Holy Week” on Saturday, March 11, 2017. 9:30am Registration & Coffee; 10:00am Holy Monday, Tuesday & Wednesday; 12:00pm Lunch; 1:00pm Holy Thursday & Good Friday; 2:00pm Holy Pascha; 3:00pm Depart with Joy. Please confirm your attendance with you name & email to: Dr. John Demakis, email: Demakis9931@gmail.com or Betty Slanta, email: slanta@verizon.net; \$20.00 Donation.

Church Services

Monday, February 27	<i>Clean Monday – Great Lent Begins – Great Compline</i> 7:00 p.m.
Wednesday, March 1	<i>Presanctified Liturgy</i> 7:00 p.m.
Friday, March 3	<i>Confession</i> 6:00 p.m.; <i>1st Salutations</i> 7:00 p.m.
Saturday, March 4	<i>3rd Saturday of Souls</i> , Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Sunday, March 5	<i>Sunday of Orthodoxy</i> , Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. <i>Pan-Orthodox Vespers</i> 5:00 p.m., at SS. Peter and Paul, Potomac, MD
Monday, March 6	<i>Confession</i> 6:00 p.m., <i>Great Compline</i> 7:00 p.m.
Wednesday, March 8	<i>Presanctified Liturgy</i> 7:00 p.m.
Friday, March 10	<i>Confession</i> 6:00 p.m., <i>2nd Salutations</i> 7:00 p.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. *Week Day Services:* Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Veleziz
Protos-Psalter – James Loizou 703-356-8220
Choir Director – Nick Kyros (703) 981-2526
Catechetical School – Bill Porter 703-901-2404
Hellenic Education Center – Eleni Alexopoulou 703-674-7715

Philoptochos President – Eleni Kanakos 703-938-8360
YAL President – Faye Anson 703-437-5747
GOYA President – Panos Lagos 703-241-1176
JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com
HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

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