Saint Katherine Greek Orthodox Church

Sunday, February 10, 2019
Sunday of the Canaanite

St. Haralambos the Martyr
St. Anastasios, Patriarch of Jerusalem

Apolytikion of the Day (4th Tone)
Having learned the joyful tidings the angels told when they proclaimed the resurrection, the women followers of the Lord did cast aside the ancient curse laid upon the forefathers. To the apostles, the women cried out with pride: Death has lost its armored might, and Christ God is risen from the dead, granting His great mercy to all the universe!

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· 'Εσκύλευται ὁ θάνατος, ἢγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)
Let us praise the all lauded and noble bride of Christ, the godly Catherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

Την πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημῶν και αντίληψιν. Ὡς εφίμωσε λαμπρῶς, τους κομψούς των ασεβών, τοῦ Πνεύματος τη δυνάμει. Και νως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (2nd Tone)
The protection of Christians unshameable, intercessor to our Holy Maker, unwavering, do not turn from the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercession and speed now to supplication, as a protection for all time, Theotokos, for those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδῃς ἀμαρτωλῶν δεήσεων φωνᾶς, ἀλλὰ πρόφθασον, ὡς ἁγάθη, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεύσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμῶντων σε.
Epistle Reading

The righteous shall rejoice in the Lord.
Oh God, hear my cry.
The reading is from St. Paul's Second Letter to Timothy.

2nd Timothy 2:1-10 – Timothy, my son, be strong in the grace that is in Christ Jesus, and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hardworking farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything. Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore I endure everything for the sake of the elect, that they also may obtain salvation in Christ Jesus with its eternal glory.

Gospel Reading

Matthew 15:21-28 – At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

The Saint Katherine Apokreatiko Glendi will be held on 23 February at 5:30PM in the church hall. All ages are welcome for this fun, family friendly event! Special guest performer So Tiri will be joining us. We also plan on having a DJ, face painting, raffle prizes, and buffet dinner. Please go to degreeks.com for tickets and more information. You can also email stkhecparents@gmail.com or cachris2@outlook.com, if you have questions.

SAVE THE DATE – Orthodox Christian Mission Center (OCMC) BANQUET: OCMC Annual Banquet will be held Sunday, May 5, 2019, at St. Katherine Orthodox Church, Falls Church, VA. The mission speaker will be Fr. Louis Christopulos, former Vice Chairman of the OCMC. Fabulous themed baskets will again be available. Plan to donate to and support this annual banquet.

Friday, February 22, 2019 – (1) A symposium on the use of Eastern Christian Scrolls (9:00-12:30pm at May Gallery, Mullen Library, Catholic University of America) - see poster and program. (2) A lecture titled: "Encountering the Uncreated in the Greek Monastic Tradition" 4:00pm at 323 Pryzbyla Center, Catholic University of America - see poster. The speaker is Fr. Chrysostom Koutoumousianos, an Athonite monk whose research focuses on Celtic Monasticism.

St. Vladimir’s Seminary Chorale, TENEBRAE, music of Holy Week from East and West – Friday, February 22, 2019, 7:30 p.m. Robin Freeman, Director. St. Nicholas Cathedral (3500 Massachusetts Ave., NW, Washington, DC). Advanced tickets required, visit svots.edu/events or call 914-961-8313, x330. Reception will follow. No admission fee.

Sunday March 10th, the Ladies Philoptohos, will be offering their Annual Stewardship Tea. Please make your reservations by calling Mary Varlas at 703-965-4161 or email Mary.varlas@yahoo.com. For more information, please stop at the Philoptochos table during coffee hour.
Memorial Services are offered this morning for Reverend Father Theodore H. Chelpon, husband of Presvytera Theodora Chelpon, and father of Deacon Harry Chelpon, Dean and Antonia; for Pavlos, Thrasyvoulos, and Anastasia Thrasyvoulou, father, brother and sister of Maria Kolas and Yioula Trahilis; and for Iziaslav Kopylov, father of Vitali Kopylov. May their memory be eternal!

Coffee Hour is sponsored this morning by Presvytera Theodora Chelpon and family in memory of her beloved husband Rev. Father Theodore H. Chelpon; by the Kolas and Trahilis families in memory of their beloved father, brother and sister, Pavlos, Thrasyvoulos and Anastasia Thrasyvoulou; and by our Ladies Philoptochos. Our Capital Campaign begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of “our families, our church, our future.” Please contact us at capcampaign@stkchurch.com with your questions.

JOURNEY TO ORTHODOXY – The “Journey to Orthodoxy” class for adults meets at 9 AM Sunday (concurrently with the youth Sunday School before 10 AM Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place on Tuesdays now, not on Wednesdays. Meetings are at 7:00 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year’s topic is Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

Scholarship Opportunity for Graduating Seniors! The 2019 Washington Metropolitan Area AHEPA/DOP Scholarship Program Application is available now in the Church Office (paper copy) and also through a link on the church’s website. Completed applications are due March 30, so don’t delay. Scholarship awards will be presented to recipients at the Annual Scholarship Banquet on May 19, 2019, in Rockville, MD. Donor applications are also available in the church office if you would like to contribute to this worthy program. For more information, please contact Karen Polizos, (571) 434-7790.

GOYA – Upcoming events: GOYA meeting today; Delaware Tournament, February 16-17. For more information, email SaintKatherineGoya@aol.com.

MISSION AND OUTREACH COMMITTEE – The next meeting of our Mission and Outreach Committee will be Tuesday, Feb. 12 at 7:30 PM in our Board Room. All are welcome to attend. Come and learn what our church is doing in the mission field locally and internationally. Learn how you can be a part of these exciting events.

Missions Committee Kenya Fundraiser – The Missions Committee is holding a Bake and Valentine's Card Sale after Liturgy on February 10 to raise funds and awareness to support the purchase of tents used for remote area church services in Kenya and to help generate rental income for the Women's Orthodox Union. Each tent costs approximately $1,000, with the goal of eventually purchasing five. If you would like to make a donation for a tent, please make your checks payable to: "Saint Katherine's Greek Orthodox Church" and, on the memo line write “Kenya tent”. Thank you for your support.
Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και τον Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξάλειψή του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.