Sunday, January 13, 2019
Sunday after Theophany

Saints Hermys and Stratonicos
Maximos the Righteous

**Apolytikion of the Day (4th Plagal Tone)**
From on high didst Thou descend, O Compassionate One; to burial of three days hast Thou submitted that Thou mightest free us from our passions. O our Life and Resurrection, Lord, glory be to Thee.

Ἐξ ὕψους κατῆλθες ὁ εὔσπλαγχνος, ταφήν καταδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς τῶν παθῶν. Ἡ ζωή καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

**Apolytikion after Epiphany (1st Tone)**
At Your Baptism in the Jordan, O Lord, * worship of the Trinity was revealed, * for the Father's voice bore witness to You, * calling You His 'beloved Son,' * and the Spirit in the form of a dove confirmed the truth of these words. * O Christ God, Who appeared and enlightened the world, glory to You!

Ἐν Ἰορδάνη βαπτιζόμενον σοι Κύριε, ἡ τῆς Τριάδος ἐφανερώθη προσκύνησις, τοῦ γὰρ Γεννήτορος ἡ φωνὴ προσεμαρτύρει σοι, ἀγαπητὸν σε ὕδων ὄνομάζοσα, καὶ τὸ Πνεῦμα ἐν εἴδες περιστεράς, ἐβεβαιών τοῦ λόγου τού ἀσφαλές. Ὁ εἴπαρεις Χριστὲ ὁ Θεὸς, καὶ τὸν κόσμον φωτίσας δόξα σοι.

**Apolytikion of Saint Katherine the Great Martyr (1st Tone)**
Let us praise the most auspicious bride of Christ, the divine Katherine, protectress of Sinai, our aid and our help. For, she brilliantly silenced the eloquence of the impious by the sword of the spirit, and now, crowned as a martyr, she asks great mercy for all.

Την πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημῶν και αντίληψιν. Ὅτι εφίμωσε λαμπρά, τους κομψούς των ασεβῶν, του Πνεύματος τη δυνάμει. Καὶ νῦν ὡς Μάρτυς στεφθείσα, αἰτεῖται πάσι το μέγα ἔλεος.

**Kontakion of Holy Epiphany (4th Tone)**
You appeared to the world today, and Your light, O Lord, has left its mark upon us. With fuller understanding we sing to You: "You came, You were made manifest, the unapproachable light."

Ἐπεφάνης σήμερον τῇ οἰκουμένῃ, καὶ τῷ φῶς σου Κύριε, ἐσημεώθη ἡ ἁμαρτία, ἐν ἐπιγνώσει ἡμῶν τὸ μέγα ἔλεος.
Epistle Reading

Let your mercy, O Lord, be upon us.
Rejoice in the Lord, O ye righteous.

The reading is from St. Paul's Letter to the Ephesians.

Ephesians 4:7-13 – BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Τῇ καιρῷ ἐκείνῳ, ἀκούσας δὲ ὁ Ἰησοῦς ὅτι Ἰωάννης παρεδόθη, ἀνέχωρησεν εἰς τὴν Γαλιλαίαν, καὶ καταλύσας τὴν Ναζαρέτ ἔλθεν κατοίκησεν εἰς Καπερναοῦμ τὴν παραθαλασσίαν ἐν ὁρίοις Ζαβουλῶν καὶ Νεφθαλείμ, ἵνα πληρωθῇ τὸ ῥηθὲν διὰ Ἰησοῦ τοῦ προφήτου λέγοντος· γῆ Ζαβουλῶν καὶ γῆ Νεφθαλείμ, ὁδὸν θαλάσσης, πέραν τοῦ Ἰορδάνου, Γαλιλαία τῶν ἐθνῶν, ὁ λαὸς ὁ καθήμενος ἐν σκιᾷ θανάτου φῶς ἀνέτειλεν αὐτοῖς. Ἄπο τότε ἤρξατο ὁ Ἰησοῦς κηρύσσειν καὶ λέγειν· μετανοεῖτε· ἤγγικε γὰρ ἡ βασιλεία τῶν οὐρανῶν.

Tastes of the Mediterranean

– Please join the Daughters of Penelope, Helle Chapter #283, for our Annual Tastes of the Mediterranean, Friday, February 8, 2019, 7:00 - 10:00 p.m., Meletis Charuhas Community Center. This year, proceeds benefit K9s for Warriors, and Helle Chapter is raising funds to purchase a service canine for a wounded soldier suffering from post-traumatic stress disability and traumatic brain injury. Tickets are $30, advance reservations required. Please send checks payable to DOP Helle 283, to: Karen Polizos, 903 Holly Creek Drive, Great Falls, VA 22066. For more information contact: Rosalie Georgeadis at 703-532-1723 or rgeorgeadis@hotmail.com. Thank you for supporting Helle Chapter and this worthy cause!

GOYA

– Good luck to our basketball teams participating in the Richmond Tournament this weekend! Upcoming events: Youth Sunday and GOYA meeting 1/20/2019; Super Bowl party 2/3/2019. For more information, email saintKatherineGoya@aol.com.
Memorial Services are offered this morning for Georgios Christopoulos, friend of Mr. Les Thompson; for Irene Sophia Koumas Brennan, friend of Mrs. Edith Tikoff; for Angeline Kalavritinos, mother of Mr. Christopher Kalavritinos; and for Evgenia Christofi, mother of Maria Georges and Kosta Christofi. May their memory be eternal!

Coffee Hour is sponsored this morning by Mr. Les Thompson and family in memory for his beloved friend, Georgios Christopoulos; and by our Ladies Philoptochos.

The Ladies Philoptochos will pass a second tray this morning to benefit Saint Basil’s Academy in Garrison, New York.

The Vasilopita cutting will take place in Church this morning, following the Divine Liturgy.

On Sunday, January 20, there will be a Philoptochos General Meeting at the boardroom of the Meletis Charuhas Center after the Divine Liturgy.

The Ladies Philoptoohos will serve their Annual Senior Valentine’s Luncheon on Thursday, February 7 at noon. Our Capital Campaign begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of “our families, our church, our future.” Please contact us at capcampaign@stkchurch.com with your questions.

JOURNEY TO ORTHODOXY: The “Journey to Orthodoxy” class for adults meets at 9 AM Sunday (concurrently with the youth Sunday School before 10 AM Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heralius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place on Tuesdays now, not on Wednesdays. Meetings are at 7:00 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year’s topic is Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Charuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

MISSION AND OUTREACH COMMITTEE – Our next regular meeting will be Tuesday, January 8, 2019 at 7:30 PM in the Board Room of our community Center. We will be discussing our program for 2019. Everyone is welcome to come and participate in the exciting events we are planning for 2019:

Daughters of Penelope – Please join us for the Daughters of Penelope annual community lecture. This year the lecture is: Culinary medicine and The Mediterranean Lifestyle with Chef Amy Riolo and Dr. Sam Pappas. Please join us after church this morning; light (and Healthy!) refreshments will be served.

Scholarship Opportunity for Graduating Seniors! The 2019 Washington Metropolitan Area AHEPA/DOP Scholarship Program Application is available now in the Church Office (paper copy) and also through a link on the church’s website. Completed applications are due March 30, so don’t delay. Scholarship awards will be presented to recipients at the Annual Scholarship Banquet on May 19, 2019, in Rockville, MD. Donor applications are also available in the church office if you would like to contribute to this worthy program. For more information, please contact Karen Polizos, (571) 434-7790.
Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξάλειψη του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το ονομά Σου εις τον αιώνα. Αμήν.