

Saint Katherine Greek Orthodox Church



Sunday, January 13, 2019
Sunday after Theophany

Saints Hermyllos and Stratonikos
Maximos the Righteous



Apolytikion of the Day (4th Plagal Tone)

From on high didst Thou descend, O Compassionate One; to burial of three days hast Thou submitted that Thou mightest free us from our passions. O our Life and Resurrection, Lord, glory be to Thee.

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφὴν καταδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Apolytikion after Epiphany (1st Tone)

At Your Baptism in the Jordan, O Lord, * worship of the Trinity was revealed, * for the Father's voice bore witness to You, * calling You His 'beloved Son,' * and the Spirit in the form of a dove confirmed the truth of these words. * O Christ God, Who appeared and enlightened the world, glory to You!

Ἐν Ἰορδάνῃ βαπτιζομένου σου Κύριε, ἡ τῆς Τριάδος ἐφανερώθη προσκύνησις, τοῦ γὰρ Γεννήτορος ἡ φωνὴ προσεμαρτύρει σοί, ἀγαπητὸν σὲ Υἱὸν ὀνομάζουσα, καὶ τὸ Πνεῦμα ἐν εἶδει περιστεράς, ἐβεβαίωτο τοῦ λόγου τὸ ἀσφαλές. Ὁ ἐπιφανεῖς Χριστέ ὁ Θεός, καὶ τὸν κόσμον φωτίσας δόξα σοί.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

Let us praise the most auspicious bride of Christ, the divine Katherine, protectress of Sinai, our aid and our help. For, she brilliantly silenced the eloquence of the impious by the sword of the spirit, and now, crowned as a martyr, she asks great mercy for all.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αἰκατερίναν τὴν θείαν καὶ πολιοῦχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομπσοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τὴ δυνάμει. Καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πάσι τὸ μέγα ἔλεος.

Kontakion of Holy Epiphany (4th Tone)

You appeared to the world today, and Your light, O Lord, has left its mark upon us. With fuller understanding we sing to You: "You came, You were made manifest, the unapproachable light."

Ἐπεράνης σήμερον τῇ οἰκουμένῃ, καὶ τὸ φῶς σου Κύριε, ἐσημειώθη ἐφ' ἡμᾶς, ἐν ἐπιγνώσει ὑμνοῦντάς σε. Ἦλθες ἐφάνης τὸ Φῶς τὸ ἀπρόσιτον.

Epistle Reading

Let your mercy, O Lord, be upon us.

Rejoice in the Lord, O ye righteous.

The reading is from St. Paul's Letter to the Ephesians.

Ephesians 4:7-13 – BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Ἀδελφοί, ἐνὶ ἐκάστῳ ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον τῆς δωρεᾶς τοῦ Χριστοῦ. Διὸ λέγει, Ἀναβὰς εἰς ὕψος ἠχμαλώτευσεν αἰχμαλωσίαν, καὶ ἔδωκεν δόματα τοῖς ἀνθρώποις. Τὸ δέ, Ἀνάβη, τί ἐστὶν εἰ μὴ ὅτι καὶ κατέβη πρῶτον εἰς τὰ κατώτερα μέρη τῆς γῆς; Ὁ καταβάς, αὐτός ἐστιν καὶ ὁ ἀναβάς ὑπεράνω πάντων τῶν οὐρανῶν, ἵνα πληρώσῃ τὰ πάντα. Καὶ αὐτὸς ἔδωκεν τοὺς μὲν ἀποστόλους, τοὺς δὲ προφήτας, τοὺς δὲ εὐαγγελιστάς, τοὺς δὲ ποιμένας καὶ διδασκάλους, πρὸς τὸν καταρτισμὸν τῶν ἁγίων, εἰς ἔργον διακονίας, εἰς οἰκοδομὴν τοῦ σώματος τοῦ Χριστοῦ· μέχρι καταντήσωμεν οἱ πάντες εἰς τὴν ἐνότητα τῆς πίστεως καὶ τῆς ἐπιγνώσεως τοῦ υἱοῦ τοῦ θεοῦ, εἰς ἄνδρα τέλειον, εἰς μέτρον ἡλικίας τοῦ πληρώματος τοῦ Χριστοῦ.

Gospel Reading

Matthew 4:12-17 – At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

Τῷ καιρῷ ἐκείνῳ, ἀκούσας δὲ ὁ Ἰησοῦς ὅτι Ἰωάννης παρεδόθη, ἀνεχώρησεν εἰς τὴν Γαλιλαίαν, καὶ καταλιπὼν τὴν Ναζαρετ ἐλθὼν κατώκησεν εἰς Καπερναοὺμ τὴν παραθαλασσίαν ἐν ὀρίοις Ζαβουλῶν καὶ Νεφθαλείμ, ἵνα πληρωθῇ τὸ ῥηθὲν διὰ Ἡσαΐου τοῦ προφήτου λέγοντος· γῆ Ζαβουλῶν καὶ γῆ Νεφθαλείμ, ὁδὸν θαλάσσης, πέραν τοῦ Ἰορδάνου, Γαλιλαία τῶν ἐθνῶν, ὁ λαὸς ὁ καθήμενος ἐν σκότειϊδε φῶς μέγα, καὶ τοῖς καθημένοις ἐν χώρα καὶ σκιᾷ θανάτου φῶς ἀνέτειλεν αὐτοῖς. Ἀπὸ τότε ἤρξατο ὁ Ἰησοῦς κηρῦσσειν καὶ λέγειν· μετανοεῖτε· ἤγγικε γὰρ ἡ βασιλεία τῶν οὐρανῶν.

Tastes of the Mediterranean – Please join the Daughters of Penelope, Helle Chapter #283, for our Annual Tastes of the Mediterranean, Friday, February 8, 2019, 7:00 - 10:00 p.m., Meletis Charuhas Community Center. This year, proceeds benefit K9s for Warriors, and Helle Chapter is raising funds to purchase a service canine for a wounded soldier suffering from post-traumatic stress disability and traumatic brain injury. Tickets are \$30, advance reservations required. Please send checks payable to DOP Helle 283, to: Karen Polizos, 903 Holly Creek Drive, Great Falls, VA 22066. For more information contact: Rosalie Georgeadis at 703-532-1723 or rgeorgeadis@hotmail.com. Thank you for supporting Helle Chapter and this worthy cause!

JOY (Junior Orthodox Youth) ages 8-12 – Please join us at the movies! We will meet at AMC Tysons Corner Center to watch "The Lego Movie 2" on Saturday, February 9th (time is TBD). Please RSVP by Thursday, January 24th at vsbousbouras@yahoo.com.

GOYA – Good luck to our basketball teams participating in the Richmond Tournament this weekend! Upcoming events: Youth Sunday and GOYA meeting 1/20/2019; Super Bowl party 2/3/2019. For more information, email saintKatherineGoya@aol.com.



Announcements



Memorial Services are offered this morning for **Georgios Christopoulos**, friend of Mr. Les Thompson; for **Irene Sophia Koumas Brennan**, friend of Mrs. Edith Tikoff; for **Angeline Kalavritinos**, mother of Mr. Christopher Kalavritinos; and for **Evgenia Christofi**, mother of Maria Georges and Kosta Christofi. May their memory be eternal!

Coffee Hour is sponsored this morning by Mr. Les Thompson and family in memory for his beloved friend, Georgios Christopoulos; and by our Ladies Philoptochos.

The Ladies Philoptochos will pass a **second tray** this morning to benefit Saint Basil's Academy in Garrison, New York.

The Vasilopita cutting will take place in Church this morning, following the Divine Liturgy.

On Sunday, January 20, there will be a Philoptochos General Meeting at the boardroom of the Meletis Charuhas Center after the Divine Liturgy.



The Ladies Philoptochos will serve their Annual Senior Valentine's Luncheon on Thursday, February 7 at noon. **Our Capital Campaign** begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of "our families, our church, our future." Please contact us at capcampaign@stkchurch.com with your questions.

JOURNEY TO ORTHODOXY: The "Journey to Orthodoxy" class for adults meets at 9 AM Sunday (concurrently with the youth Sunday School before 10 AM Divine Liturgy) in the Seniors' Kentro room on the ground floor of Founders' Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class "Catechetical Lecture of Saint Cyril" is taking place on Tuesdays now, not on Wednesdays. Meetings are at 7:00 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year's topic is *Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed*. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as "one, holy, Catholic, and Apostolic Church." Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

MISSION AND OUTREACH COMMITTEE – Our next regular meeting will be Tuesday, January 8, 2019 at 7:30 PM in the Board Room of our community Center. We will be discussing our program for 2019. Everyone is welcome to come and participate in the exciting events we are planning for 2019:

Daughters of Penelope – Please join us for the Daughters of Penelope annual community lecture. This year the lecture is: *Culinary medicine and The Mediterranean Lifestyle* with Chef Amy Riolo and Dr. Sam Pappas. Please join us after church this morning; light (and Healthy!) refreshments will be served.

Scholarship Opportunity for Graduating Seniors! The 2019 Washington Metropolitan Area AHEPA/DOP Scholarship Program Application is available now in the Church Office (paper copy) and also through a link on the church's website. Completed applications are due March 30, so don't delay. Scholarship awards will be presented to recipients at the Annual Scholarship Banquet on May 19, 2019, in Rockville, MD. Donor applications are also available in the church office if you would like to contribute to this worthy program. For more information, please contact Karen Polizos, (571) 434-7790.

Church Services

Thursday, January 17 **St. Anthony the Great** – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Sunday, January 20 **12th Sunday of Luke** – Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Sunday, January 27 **13th Sunday of Luke** – Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Wednesday, January 30 **The Three Hierarchs** – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. -- Week Day Services: Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Αβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Joseph Pashiardis & Teddy Stathopoulos

Protos-Psalter – James Loizou 703-356-8220

Choir Director – John Slanta 703-307-0142

Catechetical School – Bill & Eleni Porter 703-901-2404

Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161

YAL President – Faye Anson 703-437-5747

GOYA President – Maria Sarantis

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alummi.virginia.edu



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Please visit our website at:

www.saint-katherines.org

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