ADULT MINISTRIES (YOUNG AND NOT-SO-YOUNG)

The Young Adult League (YAL) is almost extinct in the Greek Orthodox Archdiocese. So, we are starting YAM (Young Adult Ministry). YAM is a ministry for, as the name states, young adults. A young adult, for the purposes of this organization, is a person 18 years through 30 years of age.

We will start another new ministry for the 30-, 40-, and 50-year-olds. This ministry will be called SAM (Single Adult Ministry). I am looking for volunteers to start up this ministry. So, please call me! My cell phone number is 571-213-1109.

Now, back to YAM. There is a great need for fellowship for this age group. Saint Katherine has approximately 10 young adults move into our area each year, from all over the country. Being away from home, alone, in a new place, away from the church in which they grew up, and away from other Orthodox Christians, can be very difficult.

We need to help our young adults realize that God should be a part of their new lives. The Church wants them to use their talents and give of their time to serve Christ and His Church. We must give our young adults an opportunity to live their faith. Those who have abandoned their church and faith (or put them on the back burner) while away from their parents, in college, and/or starting their careers, need to reunite with Christ and each other.

We have a plan! We need all members of our parish to get the word out! All young adults (remember, ages 18-30) are invited to a life-changing event. We will meet in the Meletis Charuhas Hall for breakfast and our first planning session on Sunday, September 18 at 1:00pm

It is important to take inventory and assess the needs of our young adults:
1. What is currently happening with the ministry at our parish?
2. How are young adults involved in the life of the church?
3. What is the make-up of our young adult population?
4. What is the history of Young Adult Ministry in our parish?
5. How do OCF college students participate in the life of our parish?
6. What do we want for our young adult program?
7. How do we find our young adults?
8. What barriers do we face?
9. What are these young adults already involved in that might conflict with this ministry’s activities?
10. Who are the important people to have involved in the ministry?
11. Do we do anything with the young adults in nearby parishes?
12. What do the young adults want from this ministry?

After completing the assessment of our YAM, we will address the following:
1. What purpose will this ministry serve?
2. How will we meet this purpose?
3. What resources are available to support the purpose of the ministry?
4. When is the best time to hold activities?

(Continued on page 12, column 1)
CLERGY
Rev. Protopresbyter Konstantinos A. Pavlakos, Proistamenos 571-213-1109 cell, 703-239-2627 home frcostas@stkchurch.com

STAFF
John Vlachos, Chief Financial Officer 703-671-1515 jvlachos@cox.net
Anna Vassilopoulos, Assistant Financial Officer 703-671-1515 avassilopoulos@stkchurch.com
Sophia Tsangali, Secretary/Teacher 703-671-1515 stvangali@stkchurch.com
Roberto Medina-Valdez, Maintenance Supervisor 703-671-1515
Theodoros Theocharis, Information Technology 703-671-1515 theocharis@absgroupnet.com

PARISH COUNCIL
Daphne Papamichael, President 703-241-0610 cyprusd@aol.com
Maria Wills, Vice President 703-948-7950 mwills28@verizon.net
Christina Vazquez, Secretary 703-723-7424 czvmail@aol.com
TBD, Treasurer - - - - - - - - - -

John Andre 703-239-0189 jandre1@cox.net Iacovos Ioannou 703-550-7199 iioannou@imf.org
Andrea Ballard 703-250-5419 andreaballard1@verizon.net Martha Lampros 703-383-0073 geliades@verizon.net
Frances Campbell 703-321-8965 frangoo123@yahoo.com Costas Mavromatakis 571-344-3634 cgm387@gmail.com
Chris Christiou 703-533-0055 cchris3@hotmai.com Bill Polizos 703-434-7790 polizos@att.com
Dr. John Demakis 703-319-1610 demakis9931@gmail.com Bill Porter 703-901-2404 beportert@verizon.net
Christian Demeter 703-534-5669 cdmeter@excite.com Dr. George Silis 703-660-0026 georgesilis@verizon.net
Chris Euripides 703-477-7101 ceuripides@gmail.com Pierre Tavoularis 703-573-6235 Pierrero@cox.net

CHURCH SCHOOLS
Adult Bible Study (Sundays) Bill Polizos 571-434-7790 polizos@att.com
Adult Catechetical (Sunday) School Bill Polizos 571-434-7790 polizos@att.com
Youth Catechetical (Sunday) School Christian Demeter, Principal 703-534-5669 cdmeter@excite.com
Greek School Sophia Tsangali, Principal 703-671-5820 stvangali@stkchurch.com
Journey to Orthodoxy Elena Ziu 703-825-7245 Dogwood_Academy@cox.net
(An intro class to the Orthodox Faith) Georgia Kazakis

PAIDEIA Bilingual Preschool Maria Papathanassiou, Director 703-671-7715 mpapathanassiou@gopaideia.org

MINISTRIES
Acolyte Captains Anastasios Galatis (First Liturgy)
TBD (Second Liturgy)
AHEPA #370 (Mt. Vernon) George K. Eliades, President 703-383-0073 geliades@verizon.net
AHEPA #438 (P. Derzis) Vasilis Fotopoulos, President 703-723-6229 fuhuaxi@cox.org
Bookstore Christopher and Frances Kalavritinos 703-671-1515
Choir TBD
Daughters of Penelope Helle #283 Jane Moore, President 703-239-2627 jmoore24@csc.com
DOXA Presv. Pauline Pavlakos 703-239-2627 prppauline@stkchurch.com
GOYA (ages 13-18) Tiffani Wills, President 703-948-7950 tfanly_wills@bullis.org
GRACE Maria Papageorgiou 703-631-9430 times8@cox.net
Greek School Auxiliary Elena Lagos, President 703-241-1176 pedakia@aol.com
HOPE (ages 7 and under) Kelly Alexis, Director 703-909-2256 kalexis76@gmail.com
Listserv (email list) Presv. Pauline Pavlakos 703-239-2627 prppauline@stkchurch.com
JOY (ages 8-12) Tina Papamichael, Director 703-536-4711 athena02@verizon.net
Missions and Outreach Dr. John Demakis 703-319-1610 demakis9931@gmail.com
Parish Committees, List of http://saint-katherines.org/about_us/parish-committees
Nursery Martha Lemondes 703-599-1386 marthalemondes@aol.com
Philoptochos Andrea Ballard, President 703-250-5419 andreaballard1@verizon.net
Psalters James Loizou, Protopsaltis 703-356-8220 dimitrili4@verizon.net
Safeway eScrip Elvira Garnett 703-425-3675 villa45@hotmail.com
SAM (Single Adult Ministry) TBD
Website Presv. Pauline Pavlakos 703-239-2627 prppauline@stkchurch.com
Women’s Book Club Christina Vazquez 703-723-7424 czvmail@aol.com
YAM (Young Adult Ministry) TBD

NEW!
Dear Saint Katherine Family,

I hope you’ve all enjoyed a safe and memorable summer. As we observe the beginning of a new ecclesiastical year in our Orthodox Church, I pray God will strengthen our faith so that we can continue to do His work.

Our schools begin another new year as well. We are blessed with wonderful students, parents, and teachers. I would like to welcome our new PAIDEIA Bilingual Preschool Director, Maria Papathanassiou, and wish her the best!

Many thanks to those who have contributed towards the new HVAC system for the church. Through your faith and love, $30,000 has been raised so far! Your patience is also greatly appreciated during some very hot days while proposals were obtained and funds were raised.

Our Missions and Outreach Committee continued its works during the summer. Meals were prepared and served at the Bailey’s Crossroads Homeless Shelter by our stewards, including Vacation Bible Camp students. There was also the shoe collection for the Samaritan’s Feet organization. Thanks to you, many children in the DC area will receive new shoes as they begin the school year.

Our Fall Festival will be the weekend of September 30 through October 2. Please mark your calendars and spread the word to your family, friends, neighbors, and co-workers!

As always, thank you for your love for, and faith in, Saint Katherine. See you in church!!

Your servant in Christ,

Daphne Papamichael

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**HVAC SYSTEM REPLACEMENT FUND DRIVE**

We are blessed to have collected $30,000 from 1/3 of our members for the replacement of our 50-year-old HVAC (heating, ventilation, and air conditioning) system. The cost of the new system is approximately $100,000. If you have not yet contributed to this fund, please consider doing so. You can either mail a check to Saint Katherine noting "HVAC fund" in the memo section or contribute online at www.saint-katherines.org/stewardship/online-donations. (On the final page of the online payment process, you will have the opportunity to specify "HVAC fund.")

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**SUNDAY CHURCH DUTY ROSTER**

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<tr>
<th><strong>September 4, 2011</strong></th>
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**CATECHETICAL (SUNDAY) SCHOOL**

Our Lord and Savior Jesus Christ said, “Let the little children come to Me, and do not forbid them; for of such is the kingdom of heaven” (Saint Matthew 19:14). Parents, please bring your child/children regularly to both Catechetical (Sunday) School and Church. Through both experiences our children will be drawn closer to Christ and grow in Christian knowledge. One of God’s Ten Commandments is to “Keep the Sabbath Day Holy.” For us Orthodox Christians, the Sabbath Day is Sunday. Sunday is the time for Catechetical School and Church.

Indeed, we are fortunate here at Saint Katherine in that our Catechetical (Sunday) School time frame allows parents to take their child/children to one of our two Divine Liturgies—the one that begins at 8:00am or the one that commences at 10:30am. This format allows parents to bring their child/children to Catechetical School and worship together in Church. May we emphasize that central to the Catechetical School experience is the participation in one of the two Divine Liturgies.

During the time that children are in Catechetical School, parents can participate in either of the two classes for adults—the one entitled *Journey to Orthodoxy* and the other a Bible Study.

It will truly be a joy to see all of our children back to Catechetical (Sunday) School when classes begin on September 18. Fr. Costa will pray with us that day promptly at 9:30am in the Meletis Charuhas Hall after which we will dismiss to the downstairs classrooms. Parents may complete the registration form for their child/children on Sunday, September 11 immediately after Divine Liturgy in the hall where the coffee hour takes place or the next week during Catechetical School, downstairs in the rooms where music instruction normally occurs. Our parents have been very responsive to our Catechetical School program in the past, and we are very much looking forward to another great year seeing our youth learn about our God and our Lord and Savior Jesus Christ as well as worshipping as a family in Church.

**GMU OCF**

All Orthodox students from GMU and NVCC are invited to meet with Fr. Costa on Tuesday, September 20, 11:00am-1:00pm, in the foyer of SUB II.

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**2011-2012 SUNDAY SCHOOL SCHEDULE**

**September**
- 11 Registration in the hall where coffee is served
- 18 First day of school
  - Registration continues

**October**
- 02 No school (Church Festival)

**November**
- 27 No school (Thanksgiving)

**December**
- 10 Christmas Pageant Dress Rehearsal, 9:30-11:30am
- 11 Christmas Pageant (after Divine Liturgy)
- 18 Christmas Pageant Snow Makeup Date
- 25 No school (Christmas)

**January**
- 01 No school (New Year’s)

**February**
- 05 Godparents’ Sunday

**March**
- 04 Sunday of Orthodoxy (students bring icons)
  - Full classroom time

**April**
- 07 Saturday of Lazarus (Students make palms into crosses after Divine Liturgy)
- 08 No school (Palm Sunday)
- 15 No school Classes (Pascha/Easter)

**May**
- 20 Commencement (after second liturgy)

**VACATION BIBLE CAMP**

This summer, Saint Katherine held its annual Vacation Bible Camp. We had over 60 campers studying the lives of various saints and the icons in our church. We would like to thank AHEPA #438 for their continued support of the camp and to the American Hellenic Institute for their generous donation to the camp program. Additionally, we would like to thank Fr. Costa for his guidance and assistance and Georgia Chronis and Elvira Garnett for teaching our campers how to bake koulourakia. This year our students not only baked koulourakia, but they also prepared a meal and lunch bags for Bailey’s Homeless Shelter. Finally, we would like to thank our teachers, teenage assistants, and parent helpers who gave of their time and talents the week of camp: Sophia Kourkidis, Victoria Campbell, Sherry Maggio, Stacy Kiklis, Elena Ziu, Alexis Andre, Lisa Dehart, Emily Vazquez, Tina Papamichael, Tiffani Wills, Maria Papathanassiou, Peter Kalavritinos, Ramona Velezis, Deidra Parrish, Mary Mallus, and Eleni Porter.

Information regarding the 2012 VBC will be out in February. If you have any questions please contact Daphne Papamichael at cyprusd@aol.com or Christina Vazquez at czvmail@aol.com

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Congratulations to Yianno McCarthy, son of Bill and Gia McCarthy, who graduated from Bishop O’Connell High School. He is working full time with his father in the construction business and is enrolled at Northern Virginia Community College to further his education.
GOYA (ages 13-18)

HAPPY ECCLESIASTICAL NEW YEAR!

The GOYA board will meet on Sunday, September 11, following liturgy. GOYA has church duty on Sunday, September 18. President Tiffani Wills will read the Epistle. Board members will man the pangari, greet people, hand out bulletins, and pass the trays. The GOYA board will be sworn in following liturgy. We will have our first GOYA meeting after church and possibly have a pool party later that afternoon. All GOYAns should submit their $20 dues and registration form (available on the church website, under GOYA) on that day.

The 2011-2012 board members are: President, Tiffani Wills; First Vice President, Maria Kosmakos, Second Vice President, Eleni Voudouris; Treasurer, Chris Bota; Co-Treasurer, Stavros Voudouris; Secretary, Alexandra Veletsis; Sergeant at Arms, Argy Kosmakos; Historian, Thalia Falcon; Co-Historian, and Theano Goranitis.

Our spiritual advisor is Fr. Costa. GOYA advisors are Presv. Pauline Pavlakos and Maria Wills. Michelle Torski is the junior advisor. The coaches are Jim Kontzamanys, George Moshos, Vicki Reinhardt, and Jim Soiles.

We look forward to welcoming new GOYAns and their parents!

PAIDEIA BILINGUAL PRESCHOOL

IT’S BEEN A DELIGHTFUL SUMMER! We had a great adventure at our summer camp—full of fun, exploration and creative projects. We made new friends, discovered wonderful places, made a variety of crafts, and even baked koulourakia!

The Saint Katherine PAIDEIA Bilingual Preschool starts in September and we are planning for another successful year. The teachers and I are eager to welcome back our returning children and meet our new students!

PAIDEIA is the only Greek Orthodox Program of its type in the DC Metro area, serving the full-day and half-day educational and daycare needs of families with children from 2 to 5 years of age.

In our school, the Greek Language is taught in a semi-immersion program. A qualified staff of early childhood educators is dedicated to providing a warm, nurturing atmosphere which goes beyond the provision of routine childcare.

Classes begin on Monday, September 12. An Open House will be held on Thursday, September 8 from 4:00pm to 7:00pm and on Sunday, September 11 after liturgy. For further information, please contact the director, Maria Papathanassiou at 571-201-2787, 703-671-7715, or mpapathanassiou@gopaideia.org. You may also visit our website www.gopaideia.org.

We look forward to an exciting year! We invite parents in the Saint Katherine community to join us as we grow this program into the finest preschool and daycare program in the area.

Maria Papathanassiou
Director

HOW CAN I MANAGE MY GRIEF?

Identify Your Feelings

Sometimes after a loss, it is hard to figure out exactly what you are feeling. You may have several feelings at the same time or conflicting feelings, such as sadness and relief. Writing is a good way to identify what you are feeling.

Writing about what you feel can:
1. Stimulate thinking and help you organize and analyze your thoughts.
2. Deepen your understanding of a situation and may help you get in touch with feelings you had not recognized before.
3. Prompt you to reflect on what is happening to you. This can help you put things into perspective and come to an understanding of how the changes affect your life.

When you are ready to write;
1. Set aside time to write.
2. Choose a private, comfortable place to do your writing.
3. Choose a method of writing. You may choose to write a poem, story, or letter to your loved one, for example.
4. Don’t worry about how well you write. Write about everyday occurrences or conversations you have had.
5. Write what you feel. Don’t screen your thoughts; give yourself permission to write whatever comes to mind. Strong feelings (such as fear, anger, or frustration) may arise. Write about simple pleasures and joys you have experienced, too. If you have concerns about your strong feelings, talk with a trusted friend, member of the clergy, or mental health professional.

Accept Your Feelings

1. Talk with people about how you are feeling. Resist the urge to be quiet around, or avoid, people. If you are having trouble talking about your feelings with family members and friends, consider joining a bereavement support group.
2. Express your emotions. You may feel that this is a sign of weakness or that you won’t be able to control yourself if you show your emotions. None of these is true. However, if you are afraid that you might harm yourself or someone else if you express an emotion, talk with someone you trust—Fr. Costa, your doctor, or a mental health professional about your concerns.
3. Be patient and kind to yourself. Your feelings may be unpredictable and uncomfortable. Remind yourself that your uncomfortable feelings are expected and will fade as time goes on.

Saint Katherine Greek Orthodox Church offers grief support: GRACE (Grief Recovery: Accepting, Coping, and Evolving). If you are having a difficult time after the loss of a loved one, please call Fr. Costa Pavlakos at 703-671-1515.
«ΧΤΙΣΤΕ ΣΧΟΛΕΙΑ, ΧΤΙΣΤΕ ΣΧΟΛΕΙΑ... Ο Χριστός λειτουργείται στα φύτη όχι στα σκότη. Νοώστε το... Το Γένος μας αγρίνεται από την αμάδεια... Καλύτερα να έχεις Ελληνικόν Σχολείον, παρά να έχεις βρύσεις και ποστάμια...». Έτσι επέτυχε ο πατρο-Κοσμάς, να κινητοποίησε πάνω από 210 Ελληνικά Σχολεία και άλλα 1.100 άρχισαν να λειτουργούν. 1.400 περίπου φάροι άναψαν.

Το κορμί σας ας το κάψουν, ας το τηγανίσουν, τα πράγματα σας ας τα πάρουν. Μη σας μέλλει. Δώστατε τα, δεν είναι δικά σας. Ψυχή και Χριστός σας χρειάζονται. Αυτά τα δύο να τα φιλάγετε, να μην τα χάσετε. Κατ’ αυτόν τον τρόπο κατάφερε να αναχαίτισε τον χειμάρρο του εξελισσόμενου.

«Την Κυριακή να μην κάνουμε εμπόριο, γιατί βάζουμε φωτιά στο σπίτι μας». Μιλούσε με θέρμη και πάθος για την ιερόπτη της Κυριακής, γι’ αυτό και πέτυχε την καθίρευση της Κυριακής άργιας.

Άλλοτε πάλι έλεγε: «Όσοι δεν αγαπούν τα ζώα και τα φυτά, θα ζουν φτωχάκια». Κάθε φορά κήρυσε και για την χωρά της εργασίας και έπλεξε εγκώμια για τους τίμων εργάτες. Συνιστούσε την κατάπαυση της λήπτειας, τη δε αγνοούσε την καρδιά του μεγαλύτερο κόσμημα. Και οι άνθρωποι, μετά από κάθε κήρυγμα του πατρο-Κοσμά, μετανοούσαν, τα μήνυε και οι λήπτειες σταματούσαν. Οι ανελήμυντες γίνονταν ελέμυντες και το χωρίο γινόταν μία οικογένεια.

Για τον πατρο-Κοσμά Ελληνισμός και Χριστιανισμός ήταν ταυτόσημα. «Απαρτησία, έλεγε, γονατία και ατρόμητη την ερμή μας θρησκεία και την γλώσσα την Ελληνική των πατέρων... Χωρίς αυτό τ’ Εθνός καταστρέφεται.» Χάρις σ’ αυτά τα κηρύγματα η βλαχική διάλεκτος εξαφανίστηκε σχεδόν τελείως σε ορισμένες περιοχές.

Και επαναλάμβανε, «αγχό δουλεία για το Γένος» και εμμένει τους κλέφτες της Πινδού στη Μεγάλη Ιδέα. Ο πατρο-Κοσμάς ήταν ο κατ’ έξοχον όγος της κλεφτοφυλακίας. Ο Δίπλας και οι Κατσαντούκιοι έκρυβαν την καρδιά τους στην χώρα του πατρό-Κοσμά. Κάθε φορά που τελείωνε το κήρυγμα συγκέντρωναν πιο δυναμικός και έμπιστος και τους μισούσαν στην ιδέα της Λευτερίας. Και μ’ αυτόν τον τρόπο δημιουργούσε πυρήνες απελευθέρωσης του Γένους. Γι’ αυτό λοιπόν η εθνική του δράση είναι πρωτοποριακή. Κανένας δεν μπορεί να συγκριθεί μαζί του. Δεν φοβόταν το μαρτύριο. «Τον Χριστόν μου παρακαλώ, έλεγε, να μη αξιοσκέπαστε να χάσετε και μην το αίμα μου για την αγάπη Του». Και έτσι είχε. Έχετε το αίμα του. Οι Εβραίοι εχθροί του, ακριβοπλήρωσαν τους Τουρκούς, που αν και τον αγαπούσαν, εκ τούτου τον σκότωσαν, μή μπορούσαν να αντισταθούν στην λάμψη του μαμούνα.

Ο πατρο-Κοσμάς προκειμένου με το προφητικό χάρισμα τότε προβλέπει. Έτσι τον Μάρτιο του 1779, λόγως μήνες μετά το μαρτύριο του, έγραψε στον αδελφό του Χρύσανθο:

(Continued on page 12, column 2)
OCMC Alaska Mission Team Returns: Our own Gregory McKinney has returned from his mission trip to Old Harbor, Alaska, a mostly Alutiiq native village on Kodiak Island. The 16-member short-term team organized and ran the vacation church school for the village’s Three Saints Church. “Our time there was very short, but what a rich and challenging experience,” Gregory says. “The people were very warm and welcoming and the kids were just like kids everywhere, energetic and loving. But there are many challenges in the larger community that press on the faithful there: alcohol and drugs, domestic violence and abuse, as well as an overall apathy to church life that’s hard to understand, given the warmth of their priest, Fr. Gregory Parker, and his family. God willing, there will be a chance for a team to return to Old Harbor in 2012, but in the meantime, please keep Fr. Gregory, Three Saints parishioners, and all the residents of Old Harbor in the forefront of your prayers!”

AGAPE Canister Program: The Agape Canister Program is a philanthropic development program of the Orthodox Christian Mission Center that is dedicated to meeting the needs of children, families, and communities throughout the world. All funds collected by the Agape Canister Program are earmarked for medical care and clinics, water wells, agricultural development, food and clothing, support personnel such as doctors, nurses, and teachers, the construction of schools, and the education of indigenous people in their own communities. When you sign up to become an Agape Partner, you agree to place hard plastic canisters in your local church and/or near the cash registers of cooperating businesses. These canisters can be placed in restaurants, dry-cleaners, gas stations, mini-markets, or other stores. Then, monthly, you collect the money that others have contributed and send it to the Orthodox Christian Mission Center along with your report form. As an Agape Canister Partner, you will receive the Agape Partners’ Newsletter updating you on the progress of Agape Projects around the world made possible by your efforts. To receive you canister and get started, email Dr. John Demakis at demakis9931@gmail.com.

OCAMPR Conference. The topic for this year’s OCAMPR conference is The Science and Theology of Conception. The Orthodox Christian Association of Medicine, Psychology, and Religion (OCAMPR) will have its annual meeting at the Holy Cross Greek Orthodox School of Theology in Brookline, MA from November 4 through November 5. The topic of conception will be discussed from the scientific, anthropologic, and theological perspectives. We will also have the relics and a miracle-working icon of Saint Anna, the mother of our Blessed Theotokos and the patron saint of conception and difficult pregnancies. For further information, visit the OCAMPR website, www.OCAMPR.org, or email Dr. John Demakis at demakis9931@gmail.com.

Support a Mission Priest (SAMP). You can support a mission priest for only $600.00 per year. For many Orthodox priests in Africa and Asia, this $600.00 makes it possible to spend more time ministering to their communities. Please consider donating to this worthwhile program. Our parish council supports a priest, as do several individuals or groups of individuals in our parish. To learn how you can participate in SAMP, go to SAMP@OCMC.org. When you support a mission priest, SAMP sends you his name, picture, and brief biography of him and his parish.

OCMC Benefit Dinner. This next Orthodox Christian Mission Center (OCMC) Benefit Dinner will be held at Saint Katherine on Sunday, April 29, 2012. Our main speaker will be the Executive Director of the OCMC, Fr. Martin Ritsi. More details will follow.

Guatemala Mission Teams Update. The November team is now set and preparing for departure and our January team continues to organize and go through its application process. The November team members include Spiritual Leader Fr. Costas Pavlakos, Team Leader Nicole Leontsinis, Dn. Harry Chelpon, Alex Carr, Jennifer Carr, Maria Chelpon, Korinna Garbis, Jerry Rich, DDS, Betty Slanta, and Mary Statopoulos.

Feed the Homeless. We continue to provide and serve food at the Bailey’s Crossroads Homeless Shelter once a month. In July, the Philoptochos served barbeque chicken, baked beans, salad, and homemade sweets. Also in July, our Vacation Bible Camp students prepared lunch, which included koulourakia they made. The Mission and Outreach Committee will serve in August and the Parish Council will serve October 4. If other church groups would like to participate, please contact Dr. John Demakis at demakis9931@gmail.com.

Clothing for the Homeless. We continue to collect clothing and toiletries for the men and women at the Bailey’s Crossroads Homeless Shelter. The clothing may be new or used, but should be clean. Toiletries should be unopened. There is a collection bin in the foyer of the Meletis Charuhas Center.

Samaritan’s Feet. We will continue to collect children’s shoes through Labor Day weekend, so that children will have new shoes to wear to school. Samaritan’s Feet asks for gym/sneakers/tennis shoes in children’s sizes 5, 6, and 7, boys and girls. There is a special bin in the foyer of the Meletis Charuhas Center. The shoes will be distributed to children in the Washington, DC area and will be the first pair for many of them.
GREEK-SPEAKING CAREGIVER NEEDED
A Greek-speaking caregiver is needed for the in-home care of a senior with moderate Alzheimer’s and heart condition who can walk with some assistance. The location is in the Falls Church area. The schedule is flexible and could be full-time, if desired. Formal translation skills are not required, but speaking both Greek and English is essential. No certification or licensure is required, but patience and compassion are. If you are interested, please email greekspeakingcaregiver@gmail.com.

2011 FALL FESTIVAL
Friday, September 30
Saturday, October 1
Sunday, October 2
11am–10pm
Chicken | Lamb
Pastitsio | Moussaka
Greek Salad | Dolmades
Greek Pastries | Rice Pudding
Gyros | Souvlakia | Greek Fries
Loukoumades
Greek Wine | Greek Beer | Sodas
Arts and Crafts in Founders’ Hall
Live Greek Band
Greek Folk Dance Performances
Church Tours
Children’s Area
and much more!

2011-2012 ADULT BIBLE STUDIES
Who We Are and What We Believe:
A Journey through the Orthodox Faith
Guided by the Words of the Bible
Using colorful PowerPoint® slide presentations, we will discuss how Scripture forms our Orthodox faith and traditions. Classes are held every Sunday at 9:30am, beginning on September 18, and are held in the lower level of the Meletis Charuhas Center.
Any questions? Please contact Bill Polizos at 571-434-7790 or polizos@att.com.

TOP TEN REASONS TO COME TO THE CHURCH FESTIVAL
10. Enjoy Greek music and dancing.
9. Shop for Arts and Crafts.
8. Support your church.
7. Eat finger-lickin’ good loukomades.
5. Imbibe Greek beer and wine and other beverages.
4. Sip Greek coffee and frappés.
3. Visit with old friends and meet new ones.
2. Chow down on delicious traditional Greek food
1. Meet the love of your life . . . The August 7 Washington Post Sunday Style, On Love section, reported that Linny Hanson and Billy “Skipper” Hughes were introduced by a mutual friend at the Festival and were married on June 11.

JOY (ages 8-12)
We hope everyone had a restful and relaxing summer! JOY will kick-off the fall with our Annual Pizza and Movie Night on Friday, September 23, 7:00pm. RSVP to the JOY Director, Tina Papamichael, at athena02@verizon.net or 703-536-4711. An evite will be sent to everyone on our email list as well. If your family would like to be added to our mailing list, please let Tina know! Hope to see you on Movie Night!
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td><strong>4th Sunday of Matthew</strong></td>
<td>9:30am Orthros</td>
<td>6:00pm Greek School Teachers’ Meeting</td>
<td>7:00pm Missions and Outreach</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td>9:30am Greek School with Agiasmo</td>
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<tr>
<td>9:30am Divine Liturgy</td>
<td>Greek School Registration</td>
<td>7:00pm Greek School Teachers’ Meeting</td>
<td>7:00pm Missions and Outreach</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td>9:30am Greek School with Agiasmo</td>
</tr>
<tr>
<td><strong>11th Sunday before the Holy Cross</strong></td>
<td>9:30am Orthros</td>
<td>7:30pm AHEPA #438</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td><strong>14th Sunday after the Holy Cross</strong></td>
<td>8:00am Divine Liturgy</td>
</tr>
<tr>
<td>9:30am Divine Liturgy</td>
<td>Sunday School Registration</td>
<td>7:30pm AHEPA #438</td>
<td>7:00pm Missions and Outreach</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td>9:30am Divine Liturgy</td>
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<tr>
<td><strong>25th Sunday of Luke</strong></td>
<td>8:00am Divine Liturgy</td>
<td>11:00am GMU OCF Adult Greek School</td>
<td>10:30am Women’s Book Club</td>
<td>10:30am Adult Greek School</td>
<td>6:00pm Intermediate 7:30pm Advanced</td>
<td><strong>30th Sunday of Luke</strong></td>
</tr>
<tr>
<td>8:00am Divine Liturgy</td>
<td>Sunday School Registration</td>
<td>11:00am GMU OCF Adult Greek School</td>
<td>10:30am Women’s Book Club</td>
<td>10:30am Adult Greek School</td>
<td>6:00pm Intermediate 7:30pm Advanced</td>
<td>11:00am-10:00pm</td>
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<td><strong>26th Sunday of Luke</strong></td>
<td>8:00am Divine Liturgy</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td><strong>27th Sunday of Luke</strong></td>
<td>6:00pm Introductory II 7:30pm Introductory I</td>
<td>11:00am-10:00pm</td>
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<tr>
<td><strong>27th Sunday of Luke</strong></td>
<td>8:00am Divine Liturgy</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td><strong>28th Sunday of Luke</strong></td>
<td>6:00pm Introductory II 7:30pm Introductory I</td>
<td>11:00am-10:00pm</td>
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<tr>
<td><strong>28th Sunday of Luke</strong></td>
<td>8:00am Divine Liturgy</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td>6:00pm Introductory II 7:30pm Introductory I</td>
<td>11:00am-10:00pm</td>
<td>11:00am-10:00pm</td>
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<tr>
<td><strong>29th Sunday of Luke</strong></td>
<td>8:00am Divine Liturgy</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td>6:00pm Introductory II 7:30pm Introductory I</td>
<td>11:00am-10:00pm</td>
<td>11:00am-10:00pm</td>
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<tr>
<td><strong>30th Sunday of Luke</strong></td>
<td>8:00am Divine Liturgy</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td>6:00pm Introductory II 7:30pm Introductory I</td>
<td>11:00am-10:00pm</td>
<td>11:00am-10:00pm</td>
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<tr>
<td><strong>October 1</strong></td>
<td>8:00am Divine Liturgy</td>
<td>9:00am Orthros</td>
<td>10:00am Divine Liturgy</td>
<td>6:00pm Introductory II 7:30pm Introductory I</td>
<td>11:00am-10:00pm</td>
<td>11:00am-10:00pm</td>
</tr>
</tbody>
</table>
PHILOPTOCHOS
We hope that you had an enjoyable and restful summer and are ready to participate in Philoptochos once again. The more participation we have the more we can do. We are a wonderful group and Saint Katherine is blessed to have each of you. That said, it is once again time for the Fall Festival. The Festival will be held Friday, September 30 through Sunday, October 2, 2011. Volunteers are always needed. PLEASE contact Andrea Ballard at 703-250-5419 or andreaballard1@verizon.net, if you are able to help. You can also check the Sunday bulletin or the church website for the baking/cooking schedule. Remember, many hands make light work, so please plan to volunteer some time for our church.

Please check the Sunday bulletin or the church’s website for further Philoptochos news. We have not yet held our elections and ask that our members consider running for the board. As said before, Philoptochos is one woman asking another woman to care.

Hope to see you at the Festival!

BOOKSTORE
Featured Book for September
The Planner: 2011-2012 Ecclesiastical Year

We offer the Orthodox daily calendar resource produced by the Archdiocese (while supplies last). This spiral-bound planner focuses on Scripture and the Church Fathers. It includes a wealth of practical information on the Orthodox faith and way of life, such as Feasts of the Church, Moveable Ecclesiastical Dates, Fasting Guidelines, etc. The planner presents a month-at-a-glance calendar as well as an expanded week-by-week calendar, listing the saints for each day and the Scripture readings. The planner follows the ecclesiastical year—September 1 through August 31. The cost is $20.00.

WOMEN’S BOOK CLUB
The Saint Katherine Women’s Book Club is about to begin its 4th year of reading! Our first meeting will take place on Wednesday, September 21, 10:30am, in the boardroom. If you are interested in joining our group please stop by and meet the other members. Our first meeting will be informal. The first book we will begin discussing this year is Ella: Princess, Saint, and Martyr by Christoper Warwick. Discussions of the book will begin in October. If you have any questions, please contact Christina Vazquez at czvmail@aol.com or 703-723-7424.

DAUGHTERS OF PENELOPE
The Daughters of Penelope, Helle Chapter #283 would like to extend a hearty “Welcome back” to all our members as we look forward to another exciting year of sisterhood, continuing our philanthropic work and community involvement, as well as enjoying each other’s company at a variety of social functions.

The newly elected officers for 2011-2012 are: President, Jane Kalomatis Moore; Vice President, Katina Doulis; Recording Secretary, Zoe Anagnos; Corresponding Secretary, Barbara Koltos; and Treasurer, Karen Polizos.

Our Chapter is hosting a Meet and Greet on Sunday, September 18, 1:00pm-3:00pm in Founders’ Hall. Please join us for light refreshments and renew friendships, meet prospective members, and learn about our philanthropic projects and fun social activities for the upcoming year! With your help, we can continue our Chapter’s theme to strive for Excellence: Individually and Collectively. If you are currently a Daughter or if you are interested in becoming one, please join us! For more information about the Meet and Greet, please contact Lynn Francis at 703-978-4370 or Kathy Cavallo at 703-978-1539.

We look forward to seeing everyone at the Meet and Greet on Sunday, September 18 and our first Chapter meeting of the year on Monday, September 19 at 7:00pm. Friends and family are cordially invited to tour the Hillwood Museum and Gardens on Saturday, September 24. The museum is open from 10:00am-5:00pm. Since September 24 is a Museum Free Day sponsored by the Smithsonian, the $15 fee will be waived for anyone who has a Museum Day Ticket (good for 2 people). Stroll the gardens and museum either with a Docent-led guided tour or an audio self-guided tour. Lunch is served at the Hillwood Cafeteria from 11:30am-3:30pm. If you are interested in this event, Kathy Cavallo will send the information regarding the Museum Day Ticket. Parking is free. If someone needs a ride, we may be able to carpool. Please contact Kathy Cavallo at kcavallo1@aol.com or 703-978-1539 by Sunday, September 18 if you are interested in going.

Save the Dates!!
❖ Sunday, December 4: Helle Chapter Christmas Luncheon at the Westwood Country Club in Vienna
❖ Sunday, April 29: Fourth Annual Fashions Around the Tea Tables

DOXA DEADLINE
The deadline for the October 2011 issue of the DOXA (our monthly newsletter) is Wednesday, September 14 by noon. Please send submissions to przpauline@stkchurch.com. Thank you.
**Baptisms**

Anthony George Marwan (July 17)
son of Marwan and Angelike Mina
Godparents: Spiro and Katherine Latsis

Anabelle (July 31)
dughter of John and Evanthia Granville
Godparents: Spiros Mantzavinos and Eugenia Psychopaidas

Sophia (August 21)
daughter of Nicholas and Carlen Zacharatos
Godparent: Maria Papathanassiou

**Chrismation**

Philip Keith Wooldridge (July 24)
Sponsor: Nicholas Papadopoulos

**Weddings**

Yeshu Biset and Rodney Broughton (July 30)
Koumbara: Tirhas Araya

Anastasia Vlahos and Jose Antonio Rodriguez (August 20)
Koumbara: Elizabeth Sava

Antonia Xereas and Ramon Sanchez, Jr. (August 28)
Koumbara: Persephone Karakostas

Congratulations!

**Funerals**

Andreas Nestoros (May 21, in Cyprus)
Lambros Veltsistas-Bells (June 24)
Katina S. Katsakos (July 6)
Louis N. Chaconas (July 7)

May their memories be eternal.

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**PROMETHEAS SOCIETY KAFENEIO 2011**

Bring your family and friends an evening of delicious mezedes, ouzo, wine, sweets, and Greek coffee in a relaxed family setting. Join in a sing-along of 40s and 50s Athenian songs, presented by Leonidas Paraskevas’ Discoteque Internationale. Feel free to bring your favorite LPs or CDs of the same genre.

As always, The Greek Books Table will have a selection of books and pamphlets for browsing. Everyone is encouraged to bring interesting books to share.

Friday, September 23
8:00pm - 11:00pm
Founders’ Hall
Admission: $15

Save the date! Stella, a film by Michael Cacoyannis, will be shown at Saint George on Friday, October 7, 8:00pm. Details in next month’s DOXA.

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**Eastern Federation of Greek Orthodox Church Musicians Annual Conference**

October 6 - 9, 2011
Annunciation Cathedral
24 West Preston Street
Baltimore, MD 21201
410-727-1831

Guest Conductor: Nick Kyrus
(Saint Katherine, Falls Church, VA)

Guest Organist: Elia Nicholas
(Holy Trinity, Raleigh, NC)

Music: The Divine Liturgy
by Steven Cardiasmenos

Contact the General Chairperson, Faye Hayes (Presv. Pauline’s sister), at efgocmconference2011@yahoo.com or 410-655-0463 for more information.
A MAN OF GREAT ACCOMPLISHMENT: DR. PETER NEFF

Few among us have been able to raise the level of care for our patients and our profession. Dr. Peter Neff is one of these distinguished individuals who has dedicated his life’s work to the advancement of the dental profession, elevating both the science and the standard of patient care.

Peter was born Panayotis Andrew Nafpliotis, in Egypt, to Greek parents. Young Panayotis excelled at sports in Cairo. Although he had a celebrated track career, winning the 100-meter dash at the 1949 Pan-Hellenic games held in Cairo and organizing the first track team at the College of Steubenville in 1953, Peter Neff’s childhood dreams of going into physical education were supplanted by dentistry.

In 1950, Peter’s plans of attending the Sorbonne were changed by the urges of a cousin, who urged him to, instead, come to America and attend the College of Steubenville. Peter was accepted to the College of Steubenville as one of its first foreign students, arriving in America knowing only two words of English. He attributes his rapid assimilation of the language to his devotion to reading the dictionary. Because of the government’s unwillingness to allow Peter’s parents to send funds to the United States, the industrious Peter worked many jobs to help support himself in his pursuit of a degree in chemical engineering.

Through a distinguished career in the Marines, Peter Neff received his U.S. citizenship. In 1963, Dr. Neff graduated from Georgetown Dental School and moved to Florida as a resident to start a private practice, only to be asked to return to Georgetown Dental as faculty. As faculty, Dr. Neff rose through the ranks of academia by dedication, research, publication, and single-minded determination to improve dental education. In 1975, he published what has been recognized as the “definitive textbook on the study of temporomandibular joint function, the masticatory system, and related jaw, biting, and chewing problems.” His efforts and achievements resulted in full Professorship at Georgetown.

Dr. Peter Neff’s accomplishments are known the world over, leading him to treat the late King Hussein of Jordan, who awarded Dr. Neff with the “Alkawab” decoration of the Star of the Second Order, for his dental services.

Peter Neff has traveled the world enabling and encouraging our profession to have a deeper understanding of the biological principles of comprehensive care of the cranio-mandibular complex. There have been few among our profession who have been able to raise the level of care for our patients and Dentistry, and our profession will always appreciate the courage and determination of Dr. Peter (Panayotis) Andrew Neff (Nafpliotis).


SAFEWAY SUPPORTERS: REMEMBER THE 10% BACK TO SCHOOLS PROGRAM

1. Look for the yellow School Bus tag through September 13.
2. Use your Club Card to buy these participating items and 10% of the price will go to Saint Katherine, as long as you have designated Saint Katherine to receive eScrip contributions.
3. You must redesignate Saint Katherine yearly, between August 1 and November 1.


(Continued from page 1, column 1)

5. What do we want to do for our initial activity?
6. What will be the different roles and responsibilities of people involved?
7. How will we communicate activities?
8. How will we plan activities?
9. What obstacles might we encounter?

We will take the necessary time to plan for a successful YAM. Plan to be at the breakfast and organizational meeting on Sunday, September 18, 1:00pm, in the Meletis Charuhas Hall. Come and awaken the beauty of your faith.

Looking forward to working with all the YAMs and SAMs, I am

Yours in Christ,

Fr. Coste

(Continued from page 6 column 2)

«Δέκα χιλιάδες Χριστιανοί με αγαπούν και ένας με μισεί. Χίλιο Τούρκοι με αγαπούν και ένας όχι τόσο. Χιλιάδες Εβραίοι θέλουν τον θάνατο μου και ένας όχι». Τον κράμασαν κοντά στον ποταμό Άγιο, στην Βόρεια Άδη τον άφησα στην Βόρεια Άδη στον θάνατο και απεβίωσα στις 24 Αυγούστου 1779.

Και έλεγε ο άγιος Κοσμάς: «Από πού παρακινήθηκα, αδελφοί μου, για να βγει και να κυριεύει; Μελετώντας το Άγιο Ευαγγέλιο μαζί με τα άλλα και βρήκα και ούτο τον λόγο όπου λέγει ο Χριστός, πως δεν πρέπει κανένας χριστιανός, άνδρας ή γυναίκα, να φροντίζει για τον εαυτό του μόνο πώς θα συνεργάζει, αλλά και για τους συνάδελφους του να μη κολαστούν... γι αυτό άφησε την δική μου προκατάβλη και βγήκα να περπατάω από τόπο σε τόπο και να διδάσκω τους αδελφούς μου».

(Συνεχίζεται στο επόμενο τεύχος)
SHOWN BELOW is a list of families and individuals who participated in the 2011 Saint Katherine Stewardship Program as of July 31. Thank you for responding to the needs of our church.

Our stewardship pledge form is on page 15. If you have not yet sent a pledge, please complete the form and send it to Mrs Betty Craten at 1313 West 4th Street, Chicago, IL 60614.

If you have any questions, please contact Anna Vassiliopoulos at 703-671-1515 or avassilopoulos@stkchurch.com.
Think of giving not as a duty, but as a privilege.

~John D. Rockefeller, Jr.
In faith, prayer, and sacrifice, my family and I wish to share in the support and work of our Greek Orthodox Church of Saint Katherine. Out of our love and gratitude to God for all His blessings, we would like to pledge the amount of $____________ for the year 2011. Today’s Date: _______________

Name:  ____________________________________________________________________________________
Address:  __________________________________________________________________________________
City, State, Zip:  ____________________________________________________________________________
Telephone and e-mail address:  _________________________________________________________________

ΣΠΟΥΤΛΙΚΤ ΟΝ ΣΤΕΥΕΡΔΛΟΤΙΠΗΣ
Come and see what the Church can become—not just maintaining current programs, but doing the ministries made possible by your support.

In the early Church, every person coming to the gathering of the Church brought everything they could spare for the needs of the Church. They provided for the sustenance of the clergy, widows, and orphans, the poor, and all the good works of the Church. This is the Church that we as Orthodox Christians claim to be.

How much can your offering do for Christ? Only as much as you empower it to do. It depends on your love, because we give to Christ and His Church not according to our means but according to our love for Him. We are called to love God with our entire being—our time, talents, and treasure.

If you have already pledged for 2011, we thank you. If not, please take the time to consider your pledge for this year and complete a Stewardship card. You can now complete your stewardship donation online at www.saint-katherines.org/online donations.

Come and see what we can do together with your support.

Become a 2011 Steward of Saint Katherine Today!

In faith, prayer, and sacrifice, my family and I wish to share in the support and work of our Greek Orthodox Church of Saint Katherine. Out of our love and gratitude to God for all His blessings, we would like to pledge the amount of

$___________ for the year 2011    Today’s Date: _______________

Name:  ____________________________________________________________________________________
Address:  __________________________________________________________________________________
City, State, Zip:  ____________________________________________________________________________
Telephone and e-mail address:  _________________________________________________________________

Με πίστη, προσευχή και θυσία, η οικογένειά μου και εγώ επιθυμούμε να συμμετάσχουμε στην υποστήριξη και υπηρεσία της Ελληνικής Ορθόδοξου Εκκλησίας Αγ. Αικατερίνης. Από αγάπη και ευγνωμοσύνη στον Θεό γιά τις ευλογίες Του, θα θέλαμε να υποσχεθούμε το ποσόν των

$___________ γιά το έτος 2011    Ημερομηνία (σημερινή): _______________

Ονομα:  ____________________________________________________________________________________
Διεύθυνση:  ________________________________________________________________________________
Πόλη, Νομός, Ταχ. Κώδικας: __________________________________________________________________
Τηλέφωνο και Διεύθυνση e-mail: ________________________________________________________________
ATTENTION POSTMASTER:
Please expedite. Dated material.