TRICK OR TREAT

THE POPULARITY OF HALLOWEEN is growing exponentially. Americans spend over $5 billion dollars annually on Halloween, making it the country’s second largest commercial holiday.

I was not sure that making fun of the eve of all saints was a big deal. Originally trick-or-treating began as “souling”—when children would go door-to-door on Halloween, with soul cakes, singing and saying prayers for the dead. Over the course of history, Halloween’s visible practices have changed with the culture of the day, but the purpose of honoring the dead, veiled in fun and festivities, has remained the same.

I have an idea! Halloween can be a great time to celebrate the saints. Yes, there is a day of all saints (November 1). How about instead of dressing up as ghosts and scary goblins we dress up as saints? If I could get a volunteer to organize a Halloween Festive Night at church, we would give ourselves a chance to celebrate the saints.

Why do Orthodox Christians honor the saints? The Scriptures call us to honor other Christians, both the living and departed. In Acts 28:10, Saint Luke writes, “They honored us (the Apostolic band) in many ways." The biblical injunction concerning Mary, “All generations will call me blessed” (Luke 1:48), is an example of how we are to honor the saints for all time (see also Hebrews 11:4-40).

We are to honor all believers and true authorities, not just departed ones. This is why Saint Paul exhorts us to honor one another (1 Timothy 5:17) and why Saint Peter tells husbands to honor their wives (1 Peter 3:7). May we gain back true honor, both in the Church and in our culture.

In Orthodox Christian worship, we see icons of the believers all around us. This is, in part, how we honor our forerunners in the faith. In Hebrews 12:22-24, we read that in worship we join with the heavenly throng to praise and worship God. We come to join “an innumerable company of angels,” “the general assembly and church of the first-born who are registered in heaven,” and “the spirits of just men made perfect.” And, as “in spirit and in truth” we join these angelic and redeemed heroes of the faith, we do give them proper honor as the Scripture teaches.

Some modern believers tend to give notice primarily to living Christian heroes unfortunately, often newly-believing athletes, beauty queens, and political figures. But throughout Church history, honor went to those who finished the race (1 Corinthians 9:24-27), not to those who have merely begun or who are still on the earthly track (Galatians 5:7). These saints of old are not dead, but alive in Christ forever!

Halloween, therefore, is a treat not a trick. Take the opportunity to dress up as a saint, imitate a hero of God. If you would like to volunteer to organize a Halloween Festive Night for young and old at church, give me a treat.

Yours in Christ’s service,

Fr. Coste
CLERGY
Rev. Protopresbyter Konstantinos A. Pavlakos, Proistamenos cell 751-213-1109, home 703-239-2627

STAFF
Bookkeeper Lori Nelson 703-671-1515 lnelson@stkchurch.com
Choir Director John Slanta 703-307-0142 slanta@verizon.net
Hellenic Education Center Director Presv. Eleni Alexopoulou 703-671-7715 ealexopoulou@stkchurch.com
Maintenance Supervisor Roberto Medina 703-671-1515 rmedina@stkchurch.com
Protopsalti Nick Mpras 703-560-7714
Secretary/Teacher Sophia Tsangali 703-671-1515 stsangali@stkchurch.com

PARISH COUNCIL
President, Ray Vazquez 703-728-7091 lrayvazquez@gmail.com
Vice President, Craig Thomas 703-532-3168 mmliippi@verizon.net
Secretary, Bill Polizos 751-434-7790 bp3175@att.com
Treasurer, George Moratis 703-774-6180 gmoratis@aol.com

SCHOOLS AND STUDIES
Bible Study (English) Bill Polizos 571-434-7790 bp3175@att.com
Bible Study (Weekday) Ioannis Gkigkitzis, Ph.D. igkigkitzis@nvcc.edu
Catechetical (Sunday) School, Youth Christina Vazquez czvmail2@gmail.com
Journey to Orthodoxy Dr. John Demakis 703-319-1610
demakis9931@gmail.com

MINISTRIES
Acolytes Michael Parrish and Leon Porter frcostas@stkchurch.com
AHEPA #438 (P. Derzis) George Vassilopoulos 571-358-1785 gvasnna@gmail.com
Bookstore Georgia McKinney, Manager 703-437-9218 dintyn123@gmail.com
Book Club (Saint Genevieve) Victoria Cherpes 703-310-8651 victoriacherpes@gmail.com
Book Review Gregory McKinney steward1310@gmail.com
Daughters of Penelope Helle #283 Maria Vargas 703-812-0286 maria@chrisandmaria.com
DOXA Presv. Pauline Pavlakos, Editor 703-239-2627 prpzpauline@stkchurch.com
Facebook Saint Katherine Greek Orthodox Church TBD
GOYA (7th-12th grades) Ilana Tzafolias, President
Greek Dance (Byzantio) Aris and Anna Yortzidis, Instructors 757-218-6991 greekdancedc@gmail.com
Greek School Auxiliary TBDSaintKatherineGOYA@aol.com
Paideia Mary Liakos mqliakos@aol.com
Hellenic Education Center Greek School and Paideia Preschool 703-671-7715
HOPE (ages 7 and under) Doris Mentis, Coordinator doris@alumni.virginia.edu
JOY (ages 8-12) Vaita Bousbouras, Coordinator vsbousbouras@yahoo.com
Listserv (email list) Presv. Pauline Pavlakos, Administrator 703-239-2627
Missions and Outreach Dr. John Demakis, Chairman 703-319-1610
Moms, Pops & Tots (up to age 4) Irene Sakkas 703-338-8823 irenesakkas@gmail.com
OCF (College Ministry) Christina Makhlouf, Student Leader cmakhlou@masonlive.gmu.edu
Philoptochos Mary Varlas 703-965-4161 mary.varlas@yahoo.com
Stewardship Andrea Ballard 703-250-5419 andreaballard1@verizon.net
Website Presv. Pauline Pavlakos, Webmaster 703-239-2627
YAL (Young Adult League) Faye (Fotini) Anson

Greek Orthodox Archdiocese of America
Greek Orthodox Metropolis of New Jersey
Saint Katherine Greek Orthodox Church
www.saint-katherines.org
3149 Glen Carlyn Road
Falls Church, VA 22041
703-671-1515 phone
703-671-1385 facsimile
FROM THE PARISH COUNCIL

THE WORTH OF AN HOUR

As I am writing this article, many here at the church are giving their personal time to prepare for our fall festival. I hope many of you have an opportunity to support and enjoy it. I want to thank all of our volunteers and donors who make this event possible.

Cooking food, ordering supplies, getting permits, and producing marketing are only a small glimpse into what it takes to pull off a festival. Did you know that it takes over 18 distinct project areas to pull off our festival? Unfortunately, the work to prepare and pull this festival together falls on the same shoulders of the same people year in and year out. Many of the folks working this festival returned from vacation and came here nights and weekends to make this event happen successfully. I was one of the people who casually stood on the sideline, came and ate at the festival, and had no clue what it took to pull this off. In previous posts, I have asked for volunteers to support in various functions here at the church. The total number of inquiries I have received have been less than 5. In a community of over 2,000 people, its hard to explain this response rate. Is it the DOXA is not read? Is everyone too busy? The typical reason I am given by folks whom I have asked for help, has been “I don’t have time.” So my question is, “How much is an hour of your time worth?”

When you come to church, do you ever wonder how the candles make it to the pangari? Do you ever wonder who cleans the church so that is it ready? Do you ever wonder who cleans the church so that is it ready? Do you ever wonder who calls the plumber when the bathrooms don’t work? Do you ever wonder who calls the air conditioning company to fix it when it breaks down? While we have employees at the church, many of these tasks fall to volunteers. Our stewardship is not enough to pay the full team of people needed to run a church that supports a community of over 2,000 people. So my question again is how much is an hour of your time worth?

Why am I asking this question? Your volunteer time is worth as much as the stewardship donations we receive. There is no lack of ideas to improve things in our community, generate more revenue for our ministries, and improve our facilities. However, ideas are simply ideas. Without people, they lie in the graveyard of great ideas that never got done. Your volunteer time is a valuable resource to this community. For those that don’t have the time, I challenge you to look for the time. Ask any of our volunteers if they have spare time to do what they do? Many of them travel, work long hours, live far from the church. However, they find the time. I do not mean to scold anyone in our community regarding this matter. Please understand, only a community can run a church. When 90% of our parishoners do not volunteer time, the 10% are giving of their precious time so all of us can have a place to worship. How much is their time worth?

If circumstances are such that you cannot volunteer, re-evaluate your stewardship contribution for the number of hours you would like to give and how much that would be at your hourly rate. Consider incrementing your stewardship for that time so we can find the labor to help our volunteers.

If you can volunteer, please reach out to me. The value of your time is priceless.

Your servant in Christ,

Ray Vazquez
President, Parish Council

FALL FESTIVAL 2019
OCTOBER 4-6
Fri/Sat 11am-9pm
Sun 12pm-8pm

We need volunteers for the festival! We are using SignUp.com to organize volunteers for our upcoming Fall Festival, October 4-6.

- Click https://signup.com/go/HqZxrRC to see our SignUp. Review the options listed and choose the spot(s) you like.
- Sign up! It’s easy—you will NOT need to register an account or keep a password on SignUp.com.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address when signing up, please contact Ray Vazquez at rayvazquez1@aol.com or 703-728-7091 and he can sign you up manually.
CATECHETICAL (SUNDAY) SCHOOL

We successfully started the 2019-2020 Sunday School year. I am humbled to be the new director of the Sunday School program. I want to thank Eleni and Bill Porter for the tireless efforts they gave to our program.

I want to take a moment to thank the teachers who selflessly dedicate their time to teach our youth each Sunday. Without them, this program could not exist. A special thank you goes out to Maria Angelidis, Asapis Wooldridge, Christine Papadopoulos, Mary Charuhas, Jessica Hawkins, Claudette Paphanthosopoulos, Tori Carr, Todd Carr, Sherry Maggio Joanna Rogers, Patricia Rader, Vaisa Bousbouras, Mary Stathopoulos, Matt Mowery, Vicky Mowery, Dr. Joseph Michalowicz, Manny Capsalis, and Robert Demson. Additionally, I am compiling a list of individuals who are offering to substitute when one of our teachers cannot make it to church to teach; we always need more substitutes. Please consider adding your name to our list. Our Sunday School teachers work Monday-Friday and they, too, have families and other obligations that might preclude them from teaching on certain days. I would appreciate each of you considering offering your time to help our program. It does not matter if you have a child in the program.

This year Sunday School will honor John Harocopos, one of our former Sunday School Directors. I worked with Mr. Harocopos for several years as a Sunday School teacher and Vacation Bible Camp teacher; he was one of my great mentors. Mr. Harocopos dedicated his life to instructing the youth. He was not only an outstanding high school English teacher, but he served as a Department Chair, and instructed the youth for several years at Saint Katherine. As a remembrance to Mr. Harocopos, and to establish recognition for consistent attendance and deportment, students who participate and attend 80% of class time will earn “The John Harocopos Seal of Excellence” on their certificate. John understood that attendance and participation were key to learning. Please bring your children to class each Sunday and participate in the Liturgy as a family.

On a final note, we will not have class on Sunday, October 6 due to our church’s fall festival. However, plan on celebrating the Liturgy and enjoying the festival.

If you have any questions, concerns, or would like to volunteer to help this ministry, please reach out to me at czvmail2@gmail.com. I am looking forward to an amazing year.

GOYA

Congratulations to all for a great September meeting and start to the 2019-2020 year. Welcome Dr. Sam Pappas and Irene Tzafolias as our newest advisors! They will be fantastic additions to our team of advisors! The GOYA family thanks Mr. Chelpon and Mrs. Sarantis for their tireless commitment and support to GOYA as GOYA advisors. We continue to prepare for our tournament (November 2-3), so keep selling ads!

Upcoming events: October 4-6 Festival, October 11 Cox Farm, October 12 Food Pantry, October 18 Opioid Awareness. We also have basketball tournaments: Saint Nicholas October 19-20, Saint Sophia October 26-27, and of course our tournament November 2-3. For further information about GOYA events, please feel free to email SaintKatherineGOYA@aol.com.

HOPE

The Saint Katherine Hope Ministry for children (ages 7 and under) will meet at the Burke Nursery Pumpkin Playground, 9401 Burke Road, Burke, VA 22015 on Sunday, October 20 from 3:00pm-6:00pm. Please email Doris Menitis at doris@alumni.virginia.edu to register (admission for children will be provided, if registered). For further details please visit: www.pumpkinplayground.com.

BYZANTIO GREEK DANCE

Saint Katherine offers Greek Folk Dance Lessons through the Byzantio Greek Dance and Cultural Arts Program. Lessons for Grades K-12 are typically offered on Tuesday evenings from 6:30pm-7:30pm. Lessons for adults are held on Sundays 5:30pm-7:30pm. Please contact Aris and Anna at greekdancedc@gmail.com or 757-218-6991, or visit www.byzantio.org for more information including practice dates, times, and registration forms.

TWO UPCOMING EVENTS FOR YOUNG ADULTS

Oct. 4-6, Atlanta, Conference for Orthodox Young Professionals ages 21-39 looking for ways to connect more deeply with their faith and fellow Orthodox Christians. Visit https://www.connectororthodox.org.

Nov. 1-2, Bethesda, DOXACON Faith and Fandom Conference. The keynote speaker is Steven Christoforou and Fr. Andrew Damick will also be speaking. Visit www.doxacon.org.

M.O.R.E. (METROPOLIS OPIOID RESPONSE EFFORT)

Support Without Judgement, a seminar through the ongoing initiative of M.O.R.E. (Metropolis Opioid Response Effort), will be presented on Friday, October 18, 7:00pm-9:00pm in Chelpon Hall. Guest speakers are experts in medicine, psychology, social service, and law. The opioid epidemic has no boundaries. Please reserve your spot by sending an email to stkphilo@gmail.com. Refreshments will be served. This event is sponsored by Philoptochos.

“We can and we should all do MORE.” ~ His Eminence Metropolitan Evangelos
**PAIDEIA PRESCHOOL**

We had a wonderful start at Paideia Preschool. This year we are blessed to have 35 students enrolled! While new families have joined our community, the graduates of Paideia have transitioned to Greek School increasing the Greek School enrollment significantly.

The PTA is already planning for a Family Fun Day for November 23. More information to follow on our website www.stkhec.org

If you would like to visit Paideia Preschool, please contact the director at ealexopoulou@stkchurch.com.

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**GREEK SCHOOL**

We would like to congratulate all of our students who passed the Ellinomatheia Exams in May of 2019. We had a 100% success as all 35 students who took the exams passed them! A special thank you goes out to all our teaching staff for having successfully prepared them throughout the years in order to reach the proficiency levels. With a B1 certificate the students are able to be awarded the Seal of Biliteracy at their High School graduation!

If you would like to inquire about the program, please contact the director at ealexopoulou@stkchurch.com.

Here is a list of the students who passed the exams successfully by level:

- **A1 Level (8-12 years old)**
  - Alexis, Kosta
  - Bardis, Alexandra
  - Nicoletta, Pelekasis
  - Simcox, Dinos
  - Kohilas, Georgia

- **A1 Level (12+ years old)**
  - Daskalakis, Ioannis
  - Mentis, Panagiotis

- **A2**
  - Benson, Katerina
  - Benson, Dimitri
  - Bousbouras, Demetrios
  - Kavarligos, Aryiro
  - Linardakis, Peter
  - Owen, Evdokia
  - Pelekanos, Alexandros
  - Seal, Katerina

- **A2 (cont’d.)**
  - Zagorianos, Manolis
  - Zarkadoulas, Vasilios

- **B1**
  - Adami, Maria
  - Adamis, Nikolaos
  - Christou, Eirini
  - Dinos, Kalli
  - Kalliakos, George
  - Kissas, Eleni
  - Tzafolias, Mia
  - Vergidis, Eleftherios
  - Zarkadoulas, Georgios

- **B2**
  - Owen, Dimitrios
  - Thorne, Aleeki
  - Tsouni, Eirini
  - Willet, Yanna

- **C1**
  - Butler-Christodoulou, Athena
  - Pelakasis, Sophia
Guatemala Mission. Our long-term missionary in Guatemala, Jesse Brandow will be coming to Saint Katherine on October 4 and 5 (during our festival). Our parish has been supporting Jesse for the last four years. Jesse will be at our Mission Table during our festival and will be available to share his experiences in Guatemala and chat with you. Jesse has helped set up the medical clinic in Aquacate and has brought a list of needs of the clinic. Our people have been very helpful in donating much needed equipment for the clinic in the past.

We are also pleased to report that Mike Bosworth, our mission committee member from SS. Peter and Paul has been selected by the OCMC to go to the Guatemala clinic in Mexico. A list of medical needs for the clinic is below and on the Saint. Katherine website. Please consider donating whatever you can. Make checks payable to Saint Katherine and write “Guatemala medical equipment” on the memo line.

Kenya Mission. As we all know, our brothers and sisters in Kenya have many needs for various necessities that we take for granted. One of those necessities is transportation. On September 15, our Kenya mission team held a bake sale to support the purchase of a motorcycle for Bishop Neofitos’, assistant, Deacon Maximos, whose motorbike was recently stolen. Our priests and deacons in Kenya rely heavily on the use of these bikes to travel long distances to reach their Orthodox communities. Their work is severely hindered when they do not have access to basic transportation. We ask for your support and prayers as we help them meet this basic, but vital, need. If you would like to make a donation, please make checks out to Saint Katherine and write “Kenya Fund” on the memo line.

OCMC Banquet 2020. Our annual OCMC benefit dinner will take place on May 3, 2020. We are pleased to report that our main speaker will be Fr. Demetrios Andrews, the Director of Project Mexico. Our Mission and Outreach Committee has sent teams to Project Mexico for the last five years and have wonderful stories to share of the work going on there. Please keep the date on your calendar. More information will be provided in future issues of the DOXA.

Food Pantry Ministry. We will again collect food for our local Food Pantry on December 1, 2019. We will provide details of what foods are needed in next month’s DOXA. We are pleased to report that our GOYA is again helping to collect, shelve, and distribute the food.

HOMELESS SHELTER
Serving Dinner at the Shelter. We continue to cook dinner for the shelter residents every third Tuesday of the month. If you are interested in joining us, contact Dr. John Demakis at demakis9931@gmail.com.

Hygiene and Survival Kits. We will again provide the shelter with over 300 Hygiene and Survival Kits this year. These kits are valuable during the winter months when the shelter cannot house all of the homeless that apply. They give them a Hygiene and Survival Kit and send them to a local auditorium that will house them for the night. Thank you to all the church organizations that provide items for the kits.

New Shelter. The new shelter will formally open October 24, 2019 with the ribbon cutting from 3:00pm-5:00pm. We have a full report in the November DOXA.

### MEDICAL ITEMS NEEDED FOR THE FR. ANDRES GIRON CLINIC IN AGUACATE, GUATEMALA

A medical team is heading to Aguacate in early November. Can you help us obtain these items for the clinic?

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>4x4 Gauze Pads (non sterile pkg of 20)</td>
<td>$2.50</td>
</tr>
<tr>
<td>4x4 Gauze Pads (sterile pkg of 2)</td>
<td>$13.00</td>
</tr>
<tr>
<td>Accucheck Safety Pro Plus Blood Lancets (box of 200)</td>
<td>$65.00</td>
</tr>
<tr>
<td>Alcohol Prep Pads (2 boxes of 100)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Rhino Ear Wash Bottle System Kit</td>
<td>$55.00</td>
</tr>
<tr>
<td>Add-2 Mildecide Additive by Zinsser (case of 12 pkgs)</td>
<td>$55.00</td>
</tr>
<tr>
<td>Medical Exam Gloves—all sizes (box of 100)</td>
<td>$8.00</td>
</tr>
<tr>
<td>Toothbrushes (pkg of 200)</td>
<td>$40.00</td>
</tr>
<tr>
<td>Sharps Container (5 quart)</td>
<td>$11.00</td>
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<tr>
<td>Dental Bibs (pkg of 500)</td>
<td>$40.00</td>
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<tr>
<td>Santi Cloth Wipes (3-pack, 160 per pkg)</td>
<td>$25.00</td>
</tr>
<tr>
<td>Purell Wall Mount Hand Sanitizer Dispenser +2 refills</td>
<td>$75.00</td>
</tr>
<tr>
<td>Tyvek patient ID wrist bands (pack of 500)</td>
<td>$11.00</td>
</tr>
<tr>
<td>HBA1C Reagent kits for DCA Vantage Analyzer (10/bx)</td>
<td>$185.00</td>
</tr>
<tr>
<td>Multistix 10SG Reagent Strips for Urinalysis Texting 100/bx)</td>
<td>$50.00</td>
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<tr>
<td>CVS Blood Glucose Meter</td>
<td>$20.00</td>
</tr>
<tr>
<td>CVS Health Advanced Glucose Test Strips (100/box)</td>
<td>$16.00</td>
</tr>
</tbody>
</table>

One of the most important things you can do on this earth is to let people know they are not alone.
REGISTRY

**Baptisms**

Stefanos (August 18)  
son of Georgios and Argjiro Bako  
Godparent: Eleni Ghazal Koldi Rezalie

Zoie Mae-Marie (August 24)  
daughter of Demetri and Shawna Bursenos  
Godparent: Panayiota Kozakos

Scarlett Anastasia (September 1)  
daughter of Nicholas and Krysta James  
Godparent: Laura Cannon

Congratulations!

**Weddings**

Vasiliki Vasilouras  
and  
Nikolaos Stefanias (September 8)  
Koubaroi: Dimitrios Karanikolidakis and  
Natalie Vsnick

Eleni S. Peyser  
and  
Jeffrey N. Thomas (September 28)  
Koubaroi: Lilyanna L. Peyser

Congratulations!

**Funerals**

Penelope Alatis (August 26)  
Antoinette Abbott (August 28)  
Manolis P冬nakis (August 28)  
Kathy Pappas Jatras (September 12)

May their memory be eternal.

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**ΣΧΟΛΕΙΟ**  
**Sophia D. Tsangali**

ΣΧΟΛΕΙΟ! Ένα κοιμάτη της ζωής μας στουδιά και σοβαρό! Μία περίοδος σημαντικής διάρκειας, που έρχεται να αφήσει τα ίχνη της στην νεανική μας ψυχή! Ποιος μεγάλος δεν θυμάται τα σχολικά του χρόνια: Μα, και ποιος από μας δεν αισθάνεται από τώρα ακόμη την επίδραση του χρόνου των γυμνασιακών και λυκειακών του σπουδών στην ψυχή του; Έχουμε λοιπόν χρόνο να σταθούμε μπροστά στο θέμα αυτό που λέγεται Σχολείο και να το αντιμετωπίσουμε βέλτιστα τί θα πρέπει να προσέξουμε μεγαλώνοντας και γνωρίζοντας και τους συμμαθητές μας.

Πάνω απ’ όλα είναι η πνευματική, χριστιανική μας ζωή, που αποφασίζει εξαρτώνται και από το σχολείο, γιατί είναι αλήθεια πως θα πληροίσουμε τον νου μας με πολλές εγκυκλίους γνώσεις, τα αναπτύσσουμε τις δεξιότητες μας και γενικώτερα το πνεύμα μας. Θα ακούσουμε οποιαδήποτε μαθήματα και διδάγματα για την μόρφωση ενός άλλου χαρακτήρα. Δεν ξεχνούμε ότι οι σύμβουλοι και με τους νόμους του κράτους η παιδεία μας πρέπει να στηρίζεται και να αναπτύσσεται επάνω στα θέματα του πατριωτικού και χριστιανικού πολιτισμού. Επειδή ακριβώς είναι τέσσερα τα νομοθεσία περί αγωνίας στα σχολεία, θα έπρεπε τα προγράμματα, τα μαθήματα, τα γυμνασία, τα σχολεία, άλλοι δικός μας να διατηρούσαν από το πνεύμα της αλήθειας και της χριστιανικής πίστης. Οι καθηγητές όλων των ειδικοποιημένων να εμπνέουν το ηθικό, το ιερό, το όσιο, την αγάπη όπερ την Χριστό και την αγάπη, σύμφωνα με τις παραδόσεις της φυλής μας. Οι συμμαθητές να αισθάνονται οι νομοθετικοί και να υπερτερήσουν στον άλλο και στον ιερό κατά την παραμέτρωση. Ως μάθητη στην πραγματικότητα είναι διαφορετική. Στο σχολείο κινδυνεύουμε να χάσουμε ή το λυγότερο να επικοινωνήσουμε με την πίστη μας. Οι συζήτησες μας με τους άλλους συμμαθητές δεν είναι πάντοτε καλές. Τα πειράγματα και τα ερωτήματα αναγνώρισαν μας και την προσπάθεια μας να μάθουμε στο κακό, παρασύροντας μας στον δικό τους τρόπο ζωής, είναι μεγάλο κίνδυνος. Ακόμη και η αποστασία μερικών φορέων είναι πνευματικά στενής, προσμέτροντας μόνο γνώσεις. Δεν μιλούμε όλοι οι καθηγητές στην ψυχή και δεν μεταδίδουμε πνεύμα. Μπορεί έτσι και μείς να νομίζουμε ότι είμαστε μόνο μικρά για θανάτους και εξορίσεις. Αν είμαστε αυτά, η σημερινή κατάσταση στο σχολείο επιβάλλει στον εαυτό μας προσοχή, μεγάλη προσοχή. Καθώς μπαίνουμε στο σχολείο, ως «προσέχοντες εαυτούς μήπως βαρυνθώσουν ήμαν αι καρδία» (μήπως γίνουν ανικανοί να προσέχουν και να αγμυνούν). ~Λουκά 21:34

(Η συνέχεια στο επόμενο τύχος)
ALL AROUND THE TOWN
by Joanna Bose

VERROCCHIO

In researching the Italian sculptor and artist Andrea del Verrocchio, I had no idea what it would be like to actually see his works, some 50 pieces now on display at the National Gallery of Art. And after spending two hours wandering back and forth between the galleries, looking and feeling delighted the whole time, I came away feeling absolutely amazed at what I had seen.

Born in Florence in 1435, the young Verrocchio trained as a goldsmith, where his skills in fine chiseling were initiated. The craft of the goldsmith would later evolve into a skill he used in working the bronze sculptures and marble too. His assiduous attention to detail, coupled with his talent and genius entered into everything he did: bronze casting, terracotta carvings, marble, painting, charcoal drawing, and draftsmanship.

The lovely Putto with a Dolphin bronze is truly enchanting. The proportions are perfect; the expression on the child’s face natural and true to life, and the sense of softness in the bronze done to perfection. It is said that from every angle the putto looks perfect. And one could even claim that in Verrocchio’s paintings, there is a sense of sculpture and three dimensions; movement and corporeal mass.

What was emphasized in the exhibit was how Verrocchio had the greatest artists of his time in his workshop. They included Perugino, Botticelli, and Leonardo da Vinci. In fact, the more I looked around and saw all the works, the clearer his influence became. In the drawings he made in charcoal, for example, where he smudged outlines, that “sfumato” technique was developed and perfected by Leonardo. His drawings of women’s heads were taken directly as a model by Leonardo. There is even speculation as to the unfinished part of Leonardo’s Ginevra de’ Benci which corresponds almost exactly to Verrocchio’s beautiful marble sculpture called Lady with Flowers. And it is the beautiful, delicate hands of this sculpture that are fascinating. Another reason to see this lovely sculpture with your own eyes is to see the goldsmith-like work in the delicate scarf around her neck. Here is the poem that accompanies this sculpture.

O fresh and lovely violets
Gathered by the fairest of hands
What pure rain or air brought forth
Such flowers of such unaccustomed beauty?
My dear violets, the hand
That chose you from among the others
Has adorned you with excellence and preciousness.
That same hand plucked my heart and turned it from base to noble.
Therefore give thanks to her and to no other. (Lorenzo de’ Medici)

What Verrocchio remained faithful to here was the way the tradition of giving flowers as tokens of love was an intrinsic part of Florentine life in the 15th century. This image of a young woman, clasping the bouquet to her heart, so tentative; her face anticipating the exchange of flowers with a serious expectation. Love was not to be taken lightly.

I have not mentioned Verrocchio’s religious works. And they are wonderful. Saint Jerome’s face, the paintings of the Madonna and child, Tobias and the Angel. One terracotta of the bust of Jesus Christ, a large piece that has all the masterfulness and reverence due to our Lord. Verrocchio was praised for his portrayals of the Lord in every medium.

My overall conclusion in seeing this exhibit is that Verrocchio was a true master. He used all his imagination and sensitivity and skill to craft the most true-to-life images of his subjects. He imbued his subjects with their own essence. When he cast a bronze of a general on a horse, that general has the defiant aspect of a leader. His bronze David is a better version of Donatello’s. He’s a young boy wearing his armor breastplate, almost astounded at what he has pulled off. Verrocchio always remained true to his subject matter, whatever it was. It is this honest rendition and adherence of creating images that are life-like and imbued with their own truth that confirms the high esteem that he enjoys in the world of art.
# OCTOBER 2019

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<th>Sunday</th>
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<td><strong>Please note that we will celebrate only one liturgy (10:30am) on Sunday, October 6, due to the fall festival.</strong></td>
<td><strong>3rd Sunday of Luke</strong> 9:30am Orthros 10:30am Divine Liturgy 12:30pm DOP 5:30pm Adlt Greek Dance</td>
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<td>14 Columbus Day (Office Closed)</td>
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<td>GENERAL ASSEMBLY 5:30pm Adlt Greek Dance</td>
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*Please check the online calendar, [http://saint-katherines.org/calendar](http://saint-katherines.org/calendar), for the most current information.*
PHILOPTOCHOS by Mary K. Varlas

WELCOME BACK, SISTERS! With God’s grace we began the new Ecclesiastical year on September 1 and conducted the first Ladies Philoptochos meeting on Sunday, September 15. We will introduce many campaigns and initiatives throughout the year and some have already been accomplished. There is a lot of work to be done and we are ready. Our next general meeting is scheduled for Sunday, October 20. Please plan to attend.

In our first meeting, we stated our goals and reviewed commitments. We started off the Ecclesiastical New Year with our new initiative, Operation Classroom, by donating an amazing assortment of supplies to Bailey’s Elementary School just down the street from Saint Katherine. We are elated knowing the underserved children in this school started the new school year with many of the items necessary to be successful in their classrooms and at home. Our plans are to continue with this campaign throughout the school year and branch out to different avenues of needs within these underserved schools in our area.

There are quite a few events and campaigns coming up starting this month. Between now and October 10, the Daughters of Penelope-Helle Chapter #283 AND Ladies Philoptochos will collect warm jackets, hoodies and sweatshirts for the KEEP WARM Campaign. These will benefit the children, teens, and adults affiliated with the organizations Alternative House and Homestretch. Please go to http://bit.ly/DOPHelleKeepWarm to see what is needed. We also accept monetary donations.

Please join us on Friday, October 18, 7:00pm-9:00pm in Chelpon Hall. Daphne and Tina Papamichael have been organizing a seminar, “Support without Judgement” in conjunction with M.O.R.E. (Metropolis Opioid Response Effort). Experts in medicine, social work, law, and psychology will be on hand to discuss matters affecting our entire community. Please make reservations by sending an email to stkphilo@gmail.com. Receipt to follow.

We are also pleased to announce that our first cookbook is ready for sale. This cookbook is in commemoration of our church’s 60th anniversary and includes 433 recipes from our parishioners. To place an order, please email us at stkphilo@gmail.com or drop by our Philoptochos table during Sunday Coffee Hours. We hope to have the physical books available at our Fall Festival. Each copy is $25. These will make wonderful gifts!

From November 3 through 24, Linda Jouvanis will be collecting for BRAWS (Bringing Resources to Aid Women’s Shelters), a local nonprofit whose mission is to bring dignity and empowerment to women and girls living in shelters. The Seniors Thanksgiving Luncheon will take place on Thursday, November 14, at 12pm. Please make reservations by November 10 by contacting

(Continued on page 13, column 1)

DAUGHTERS OF PENLOPE by Maria Tikoff Vargas

THE DAUGHTERS OF PENLOPE Helle Chapter 283 is off to a great start this year! It was wonderful to see everyone at our first meeting on September 8. The new board of officers was installed by Lynn Francis, our District Governor. We also used the meeting to discuss our upcoming plans and priorities for 2020.

Our fall coat drive is now underway. More information and a sign up for coats that are needed can be found here: http://bit.ly/DOPHelleKeepWarm. Please bring new coats for adults and children to church through October 10. We are excited to be working with Philoptochos to help families in our local community. Thanks to Daphne Papamichael for spearheading this year’s coat drive and to Kelly Gull for creating the signup.

We are looking forward to helping the Kenyan Orphanage as one of our holiday charities, as well as celebrating at our Chapter Christmas party on December 15. Of course the Tastes of the Mediterranean is Friday, February 7. Make sure it is on your calendar—it is always the event of the season!

On a sad note, it is with a heavy heart that we note the passing of Sister Kathy Jatras. May her memory be eternal.

We look forward to seeing everyone at our next meeting, October 13. We will be initiating new members. If you are interested in joining, we would love to have you! Contact Rosalie Georgeadis at rgeorgeadis@hotmail.com.

All the best to everyone for a wonderful Fall!

AHEPA CORNER by George Vassilopoulos

THE FIRST MEETING of the new 2019-2020 AHEPA 438 year took place on September 10. A planned aggressive schedule of activities was presented. This year, I am happy to inform you, we are very fortunate to have with us Brother Nick Papadis who brings with him a lot of experience in IT and in sports events such as our planned Community “Run/Walk Race.” Additionally, he is working diligently as our Chapter webmaster to create our chapter’s website using Squarespace. Name and address of website will be announced in the “Corner” when completed. In it we will provide updates to our calendar with the Chapter’s events, links to National AHEPA and District #3 resources to include online store for the ornaments which is an important fundraiser. Brother Nick will also create a Facebook page where we will share Chapter events with our members and Saint Katherine parishioners. Brother Nick has been appointed “Capt. of the Guard” a key office in our Chapter. Please join me in congratulating him.

Another milestone event is the 50-year Anniversary of Peter N. Derzis Chapter 438 scheduled for March 7 next
**SAINT KATHERINE SPRING FESTIVAL**

**OCTOBER 4 - 6**

**FRI - SAT 11 AM - 9 PM | SUN 12 PM - 8 PM**

**TRADITIONAL FOODS, DRINKS, AND DESSERTS**

**LIVE MUSIC | DANCING**

**COME TO PLAY AND VOLUNTEER TO WORK (SEE PAGE 3)**

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**SUNDAY CHURCH DUTY ROSTER**

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<th>October 6, 2019</th>
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**CHORUS CONFERENCE IN BETHESDA**

The Annual Chorus Conference of the Eastern Federation of Greek Orthodox Church Musicians (EFOGCM) will be held at Saint George Greek Orthodox Church, Bethesda, from October 17-20. The guest conductor is our former choirmaster, Nicholas Kyrus. The EFOGCM choir, representing churches from New Jersey to Virginia, will sing the new English translation of the Divine Liturgy of St. John Chrysostom (L203 “Opus II”), arranged by Anna Gallos, edited by Nicholas Kyrus and James Francis, among others. The Divine Liturgy, in the English language, will be debuted at Saint George on Sunday, October 20. More information on the choir conference will be in the November DOXA.

We are always looking for new chorus members! Please contact John Slanta at slanta@verizon.net if you are interested in singing with the choir.

Gary Aiken, candidate for Mason District Supervisor, joined us for Liturgy and Coffee Hour on September 15.
JOIN US EACH SUNDAY TO LEARN MORE ABOUT OUR FAITH

A Journey Through the Orthodox Faith Guided by the Words of the Bible

This Year’s Topic: The Gospel of Luke

Using colorful PowerPoint© slide presentations, we will discuss how Scripture informs our Orthodox faith and traditions. All are welcome!

Saint Luke is the writer of both the Gospel that bears his name and the Acts of the Apostles. This means that he is the author of over a quarter of the text of the New Testament. He tells the Gospel story of the birth, life, death, resurrection and ascension of Jesus, and, in Acts, he describes the earliest developments and growth of the Church. In addition, he was a fellow missionary with St. Paul, spreading Christianity throughout the Roman empire. Tradition also proclaims that Luke was the first iconographer. His Gospel is a defense of faith, proclaiming the universal message that Jesus Christ is the culmination of salvation history. Join us as we explore how Luke’s Gospel compares with the other Gospels and writings of the New Testament, what it tells us about Jesus, how he was understood in the first century, as well as what this story means for us today for our faith and life.

Classes are held every Sunday at 9:30am, beginning on September 22, and are held in Board Room of the Hellenic Education Center. Please contact call Bill Polizos at 571-434-7790 or polizos@att.com with any questions.

SAINT GENEVIEVE BOOK CLUB

When you immerse your mind and heart in spiritual books, you will always be filled, for spiritual reading gives you a foundation in God. (Saint Theophan the Recluse)

The Saint Genevieve Book Club is a social ministry of our parish. The book club is open to everyone and is a great way to meet other members of our parish, enjoy fellowship, and deepen and explore our faith through the reading of books on our faith. We are currently reading Wounded by Love. The book, as well as handouts, is available in the bookstore. Even if you have not read the book, you are welcome to attend our meetings. If you have young children and would like to join us, there are teen babysitters available to help with the kiddos! Please check the Sunday bulletin for dates. If you would like more information, please contact victoriacherpes@gmail.com. We hope to see you!

BOOKSTORE

Have you been asked to be a nouna or nouno? Are you looking for a special gift for the special children (or adults) in your life? The bookstore is now carrying a limited selection of crosses in the Byzantine style. All are 100 percent sterling silver and reasonably priced.

We also now have available a variety of hand-decorated candles in a wide range of ribbons and “extras” for baptisms. And for weddings, we are offering some hand-made stefana. Come check us out!

CATECHETICAL LECTURES OF ST. CYRIL

As two pieces of wax fused together make one so he who receives Holy Communion is so united with Christ that Christ is in him and he is in Christ. (Saint Cyril)

Catechetical Lectures of Saint Cyril of Jerusalem is a weekly Bible Study currently reading the Catechetical Lectures of Saint Cyril of Jerusalem which are Saint Cyril’s instructions on the Orthodox Christian faith—written from his pastoral care for the catechumens to whom they were delivered. Class meets Thursday evenings at 7:30pm in the Board Room and includes time for discussion and fellowship. For more information, please contact Dr. Ioannis Gkikgitizis at gkigkitzis@nvcc.edu.
**BOOK REVIEW**  
*Gregory McKinney*

**Hymn of Entry.** Archimandrite Vasileios (author), foreword by Metropolitan Kallistos (Ware). St. Vladimir’s Seminary Press, Crestwood, NY. 1984. 144 pages.

*Hymn of Entry* is the lofty and poetic work of a priest-monk who helped lead the renaissance on Mount Athos in the mid-20th century. Mount Athos is a rarified atmosphere; Fr. Vasileios has produced a rarified reflection on the life of an Orthodox Christian being transformed through living out the liturgy:

The light of his countenance does not dazzle but illumines. The Majesty of his glory does not annihilate our smallness but relieves and saves us: it is divine. … So everyone who knows the Lord liturgically, as he really is, and believes in him, everyone who entrusts his life to him has life eternal, indestructible. Everything changes for the believer from this point on. He is not troubled by any disturbance. Calmly he walks with Christ upon the waves. The elements of the world and its threats go up as high as the heavens and down to the abyss and he remains unmoved in his calm, though at the same time being sensitive to everything (p. 58)

The grace that flows from this eucharistic experience penetrates one’s life. It opens a middle way, one that knows neither despair over one’s sins nor smug assurance of one’s salvation. Balance and wholeness arise from grace and this ascetical effort. One does not grow in Christ through vainglorious “spiritual advancement,” but through a struggle to reduce oneself and internalize Christ’s own self-emptying humility.

The author states early on the book is intended as a reflection on the unity of the Church, the unity that manifests itself within the Orthodox faith and our life in Christ. Shared Truth within the body of the Church and among its members is a requirement:

Truth saves man; it saves all people and things. When it is forceful, it is also peaceful. When it comes quietly, it has the power of omnipotence. When it blesses, it cleanses. When it throws to the ground those who come against it, it does them good; this is their blessing and healing (p. 92)

Throughout the book, his reflections on unity and ecumenism are woven in with his broader themes on Christian life. For me, hitting one of these reflections is jarring, like a speed bump on an otherwise smooth-as-glass highway:

All other systems and heresies [the Western churches] are the consequences and result of one sickness: human pride. Thus, in the eyes of Orthodox theologians, Roman Catholicism is not radically different from its various Protestant offshoots. It is basically made of the same stuff (p. 99).

On this issue, Patriarch Athenagoras I is my touchstone. It’s difficult for me to process how the transforming truths that shine from Fr. Vasileios’ words seem to end in such a different spirit. I found to be a roller coaster ride: plenty of thrills and heights, but with a few kicks in the side.

*Archimandrite Vasileios is the former Abbot of the Stavronikita and Iveron Monasteries on Mount Athos.*

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(Continued from page 10, column 1) at 703-965-4161 or Eleni Kanakos at 703-969-8364.
   
In the new year, one of our largest endeavors will take place on Sunday, January 12, 2020. We are currently fundraising to bring in $8,500 for RISE AGAINST HUNGER and will need approximately 100 volunteers to pack 25,000 meals that will be delivered globally to the neediest of people. Please speak to us during Coffee Hour for further details and to review our fundraising barometer.

Thank you for your time and efforts

(Continued from page 10, column 2) year to be celebrated in the Meletis Charuhas Hall. The Chapter is also working on couple more projects, now in the conceptual stage. Their details will be made available in the AHEPA Corner of the *DOXA* as projects come to fruition. Your participation is vital for their success. For now, please mark your calendars with the following events:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>02/09/2020</td>
<td>Town Hall meeting Finance Seminar</td>
</tr>
<tr>
<td>03/07/2020</td>
<td>50-year Anniversary Gala</td>
</tr>
<tr>
<td>04/25/2020</td>
<td>Fundraising Race/Walk</td>
</tr>
</tbody>
</table>
OUR STEWARDSHIP CAMPAIGN for 2020 has begun. Why is your Stewardship Pledge important? Your signed stewardship pledge card each year is vital because it enables us to develop and plan a responsible budget for the coming year. Stewardship cards are available in the Narthex, at the Stewardship table at coffee hour, or you may sign up online at the Saint Katherine website. If you have not yet become a steward for 2019 you may still do so in the same manner.

Let everyone give as his heart tells him, neither grudgingly, nor under compulsion, for God loves the man that gives cheerfully. (II Cor. 9:7)

Andrea Ballard
andreaballard1@verizon.net

SHOWN BELOW is a list of families and individuals who participated in the 2019 Saint Katherine Stewardship Program through August 31, 2019. Thank you for responding to the needs of our church.

Any questions? Please contact Lori Nelson at lnelson@stkchurch.com or 703-671-1515.

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