WALK THE WALK

ARE YOU ABLE TO WALK THE WALK of Christ? Jesus, in His earthly ministry, journeyed to many of the cities of Judea. He walked many miles to proclaim the Gospel of salvation.

The start of His pastoral work was when He left Galilee to go to the Jordan River where He found Saint John the Baptizer and asked to be baptized. We heard God the Father say, “This is my beloved Son in whom I am well pleased” (Matthew 3:17). Thus, Jesus starts His ministry by baptism—an act that is pleasing to God.

We, too, started our first steps as Orthodox Christians by baptism. Most of us could not walk, we were carried by our godparents. The priest reminds the parents that their role, with the support of the godparents, is to raise the child to be an active participant in the formative years, until they become of age.

“Jesus was led up by the spirit into the wilderness to be tempted by the devil” (Matthew 4:1). Jesus is challenged by the evil one to go contrary to the teachings of God, to revert back to the time of the old Adam and be disobedient. We can all relate to the same temptations as our Lord. In His first temptation, he was asked, after 40 days of fishing, to turn stones into bread. Jesus answered, “It is written, man shall not live by bread alone, but by every word that proceeds from the mouth of God” (Matthew 4:4). The straight path that the Lord commands is not very easily achieved by us. We want to take care of the needs of the flesh before we respond to the needs of the Spirit.

The second temptation was to ask Christ to take a leap off a cliff to put God to a test. Do we really need to test the commitment that God has made to us? Look at the cross—a symbol of victory. “O Cross of Christ, the hope of Christians, the guide of the wayward, the haven of the storm-tossed, the victory in wartime, the security of the civilized world, for the sick a physician, for the dead resurrection, have mercy on us” (Ideomelon Orthros September 14). The devil finally takes Christ to the high mountain and shows Him all the kingdoms of the world and their glory. The only thing Jesus had to do was worship Satan. Jesus replies, “Away with you Satan for it is written you shall worship the Lord your God, and Him only shall you worship” (Matthew 4:10).

My dear friends, so many walk non-stop, even unto their death, to find the path of the pot of material gold. Then what? Their road had led them to a dead end! This is why I challenge you to walk the walk of Christ now. You are never alone. As a matter of fact, it is boring to walk alone. That is the reason our Lord says, “Where two or three are gathered in my name, I am there in the midst of them” (Matthew 18:20).

I invite you to walk together as a church. Come to the sacraments, pray, confess, receive, and be renewed. Participate in the ways of God. Get involved in one of the ministries of the church.

The Gospel reading of the Sunday after the celebration of the Holy Cross says it all, “If any man would come after me, let him deny himself and take up his cross and follow me” (Mark 8:34).

So, get up and start your walk. Soon you will be running towards God.

Yours in Christ,
### CLERGY

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rev. Protopresbyter Konstantinos A. Pavlakos</td>
<td>Proistamenos</td>
<td>703-213-1109</td>
<td><a href="mailto:frcostas@stkchurch.com">frcostas@stkchurch.com</a></td>
</tr>
</tbody>
</table>

### STAFF

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anna Vassilopoulos</td>
<td>Assistant Financial Officer</td>
<td>703-671-1515</td>
<td><a href="mailto:avassilopoulos@stkchurch.com">avassilopoulos@stkchurch.com</a></td>
</tr>
<tr>
<td>John Doulis</td>
<td>Choir Director</td>
<td>703-899-4131</td>
<td><a href="mailto:jdoulis@aol.com">jdoulis@aol.com</a></td>
</tr>
<tr>
<td>Presv. Eleni Alexopoulou</td>
<td>Hellenic Education Center Director</td>
<td>703-671-7715</td>
<td><a href="mailto:ealexopoulou@stkchurch.com">ealexopoulou@stkchurch.com</a></td>
</tr>
<tr>
<td>Theodorus Theocharis</td>
<td>Information Technology Director</td>
<td>703-671-1515</td>
<td><a href="mailto:ttheoch@kinteracomm.com">ttheoch@kinteracomm.com</a></td>
</tr>
<tr>
<td>James Loizou</td>
<td>Protopsalti</td>
<td>703-356-8220</td>
<td><a href="mailto:dimitr14@verizon.net">dimitr14@verizon.net</a></td>
</tr>
<tr>
<td>Sophia Tsangali</td>
<td>Secretary/Teacher</td>
<td>703-671-1515</td>
<td><a href="mailto:stsangali@stkchurch.com">stsangali@stkchurch.com</a></td>
</tr>
</tbody>
</table>

### PARISH COUNCIL

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jim Stoucker</td>
<td>President</td>
<td>703-690-1050</td>
<td><a href="mailto:jstoucker@verizon.net">jstoucker@verizon.net</a></td>
</tr>
<tr>
<td>Maria Wills</td>
<td>Vice President</td>
<td>703-948-7950</td>
<td><a href="mailto:mwills28@verizon.net">mwills28@verizon.net</a></td>
</tr>
<tr>
<td>Bill Polizos</td>
<td>Secretary</td>
<td>703-671-7790</td>
<td><a href="mailto:polizos@att.com">polizos@att.com</a></td>
</tr>
<tr>
<td>George Moshos</td>
<td>Treasurer</td>
<td>202-409-2302</td>
<td><a href="mailto:gmoshos@aol.com">gmoshos@aol.com</a></td>
</tr>
<tr>
<td>Theodoros Theocharis</td>
<td>Legal Counsel</td>
<td>703-642-6070</td>
<td><a href="mailto:giasou@verizon.net">giasou@verizon.net</a></td>
</tr>
</tbody>
</table>

### SCHOOL AND STUDIES

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gregory McKinney</td>
<td>Bible Study (Saturdays)</td>
<td>571-338-6929</td>
<td><a href="mailto:dintym@hotmail.com">dintym@hotmail.com</a></td>
</tr>
<tr>
<td>Bill Polizos</td>
<td>Bible Study (Sundays)</td>
<td>571-434-7790</td>
<td><a href="mailto:polizos@att.com">polizos@att.com</a></td>
</tr>
<tr>
<td>Bill Polizos</td>
<td>Catechetical (Sunday) School, Adult</td>
<td>571-434-7790</td>
<td><a href="mailto:polizos@att.com">polizos@att.com</a></td>
</tr>
<tr>
<td>Christian Demeter, Principal</td>
<td>Catechetical (Sunday) School, Youth</td>
<td>573-534-5669</td>
<td><a href="mailto:cdemeter@excite.com">cdemeter@excite.com</a></td>
</tr>
<tr>
<td>Fay Mpras</td>
<td>Women’s Book Club</td>
<td>703-865-5776</td>
<td><a href="mailto:faympras@gmail.com">faympras@gmail.com</a></td>
</tr>
</tbody>
</table>

### MINISTRIES

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anastasios Galatis and Daniel McKinney</td>
<td>AHEPA #438 (P. Derzis)</td>
<td>703-281-0843</td>
<td><a href="mailto:antovi@verizon.net">antovi@verizon.net</a></td>
</tr>
<tr>
<td>Angelo Toussi, President</td>
<td>Bookstore</td>
<td>703-671-1515</td>
<td></td>
</tr>
<tr>
<td>Gregory McKinney, Contributor</td>
<td>Book Reviews</td>
<td>571-338-6929</td>
<td><a href="mailto:dintym@hotmail.com">dintym@hotmail.com</a></td>
</tr>
<tr>
<td>Karen Polizos, President</td>
<td>Daughters of Penelope Helle #283</td>
<td>571-434-7790</td>
<td><a href="mailto:kpolizos@naifa.org">kpolizos@naifa.org</a></td>
</tr>
<tr>
<td>Presv. Pauline Pavlakos, Editor</td>
<td>DOXA</td>
<td>703-239-2627</td>
<td><a href="mailto:przpauline@stkchurch.com">przpauline@stkchurch.com</a></td>
</tr>
<tr>
<td>Gregory McKinney</td>
<td>Facebook</td>
<td>571-271-6411</td>
<td><a href="mailto:christinak37@gmail.com">christinak37@gmail.com</a></td>
</tr>
<tr>
<td>Christina Kosmakos, President</td>
<td>GOYA (ages 13-18)</td>
<td>571-271-6411</td>
<td></td>
</tr>
<tr>
<td>Fr. Costa Pavlakos, Spiritual Advisor</td>
<td>GRACE</td>
<td>703-671-1515</td>
<td><a href="mailto:frcostas@stkchurch.com">frcostas@stkchurch.com</a></td>
</tr>
<tr>
<td>Aris and Anna Yortzidis, Instructors</td>
<td>Greek Dance</td>
<td>757-218-6991</td>
<td><a href="mailto:greekdance@gmail.com">greekdance@gmail.com</a></td>
</tr>
<tr>
<td>Martha Lampros, President</td>
<td>Greek School Auxiliary</td>
<td>703-536-4860</td>
<td><a href="mailto:mmmlampros@msn.com">mmmlampros@msn.com</a></td>
</tr>
<tr>
<td>Toula Christou, Director</td>
<td>HOPE (ages 7 and under)</td>
<td>703-533-0055</td>
<td><a href="mailto:tmchristou@yahoo.com">tmchristou@yahoo.com</a></td>
</tr>
<tr>
<td>Tina Papamichael, Director</td>
<td>JOY (ages 8-12)</td>
<td>703-536-4711</td>
<td><a href="mailto:athena02@verizon.net">athena02@verizon.net</a></td>
</tr>
<tr>
<td>Presv. Pauline Pavlakos, Administrator</td>
<td>Listserv (email list)</td>
<td>703-239-2627</td>
<td><a href="mailto:przpauline@stkchurch.com">przpauline@stkchurch.com</a></td>
</tr>
<tr>
<td>Dr. John Demakis, Chairman</td>
<td>Missions and Outreach</td>
<td>703-319-1610</td>
<td><a href="mailto:demakis9931@gmail.com">demakis9931@gmail.com</a></td>
</tr>
<tr>
<td>Fr. Costa Pavlakos, Spiritual Advisor</td>
<td>OCF (College Ministry)</td>
<td>703-671-1515</td>
<td><a href="mailto:frcostas@stkchurch.com">frcostas@stkchurch.com</a></td>
</tr>
<tr>
<td>Eleni Kanakos, President</td>
<td>Parish Committees, List of</td>
<td>703-938-8360</td>
<td><a href="mailto:ekanakos@aol.com">ekanakos@aol.com</a></td>
</tr>
<tr>
<td>Elvira Garnett, Coordinator</td>
<td>Safeway eScrip</td>
<td>703-425-3675</td>
<td><a href="mailto:villa45@hotmail.com">villa45@hotmail.com</a></td>
</tr>
<tr>
<td>Andrea Katsenes, Coordinator</td>
<td>Single Parent Fellowship NEW!</td>
<td>703-239-2627</td>
<td><a href="mailto:andrea.katsenes@verizon.net">andrea.katsenes@verizon.net</a></td>
</tr>
<tr>
<td>Presv. Pauline Pavlakos, Webmaster</td>
<td>Website</td>
<td>703-239-2627</td>
<td><a href="mailto:przpauline@stkchurch.com">przpauline@stkchurch.com</a></td>
</tr>
<tr>
<td>Olivia Carr</td>
<td>YAL (Young Adult League) REVIVED!</td>
<td>401-633-2072</td>
<td><a href="mailto:oh.carr@gmail.com">oh.carr@gmail.com</a></td>
</tr>
</tbody>
</table>
FROM THE PARISH COUNCIL PRESIDENT

As we prepare for the many activities that lie ahead the remainder of the year, I wanted to take a moment to address the military veterans of our community. The debt of gratitude we all owe to those who serve our nation and protect and defend our liberties is incalculable. As we set out to develop a program for our forthcoming Community Gala, to be held on November 10 at the Hilton McLean, the opportunity to recognize our parish’s veterans became increasingly obvious and indeed, a very compelling necessity, particularly as Veterans Day falls on the very next day. We are honored to acknowledge the service of our veterans and urge all those who will be attending our Gala to identify themselves at our registration table after Liturgies. Our plans include recognition of all veterans in attendance as well as presentation of a special gift to each veteran in recognition of their service to our country. It will be our honor to salute you and we look forward to doing so!

Turning to other community matters, it was with great sadness that we recently learned that Roberto Medina, our Maintenance Supervisor, was resigning his position at Saint Katherine after 27 years of faithful and devoted service to our community. Roberto’s decision to leave was personal and difficult, but based on his advancing years and the physical demands of the job.

To say the least, replacing such a quality individual—a man who has become a fixture of our community—will be a most difficult task. I’d like to take this opportunity to thank Roberto for his unswerving loyalty and devotion to our community. We will all remember his smiling face and accommodating nature, regardless of the task at hand. I particularly appreciated the fact that he never came to me with a problem without also providing suggested solutions. He was always more than willing to give that extra effort, regardless of the task at hand. He was thorough and knowledgeable in everything he undertook and will be greatly missed. I know all of you join me in wishing him well in all his future endeavors.

I’d like to close this month’s article with a few words about Stewardship. We all know the story of Jesus feeding the five thousand in the wilderness—there was no food, except for one boy who had five loaves and two fish—not much when you consider 5,000 men. But Jesus blessed the loaves, multiplied them and used them to feed the 5,000. That boy did his best with what he had. And Jesus used it to perform a beautiful miracle. Just like the boy who offered his five loaves and two fish, we offer what we have—however great or small our gift. If we do this prayerfully and in humility, God will take our gifts and multiply them in order to nurture His people.

As we enter the last quarter of the year, please let me remind those of you who have yet to do so, to fulfill your stewardship pledges. Our Church depends on the generous donations of its stewards to continue our liturgical and ministerial operations. If you have yet to make your stewardship donation, please take this opportunity to do so as well. (A stewardship form is available on page 15 or you may pledge online today at www.saint-katherines.org/stewardship.) Please keep the story above in mind as you consider your gift to our Church and God will truly multiply your gift accordingly.

Your Servant in Christ,

President, Parish Council
CATECHETICAL (SUNDAY) SCHOOL

IT IS HARD TO BELIEVE that we are already in the month of October. Our Fall Festival is the first weekend of this month! However fast the time comes, may we assure all of our parents that it was a real pleasure to see so many beautiful and enthusiastic children enter our classrooms for religious instruction on Sunday, September 15 (the first day of Catechetical/Sunday School). Please note, because of the festival, there will be no Catechetical School on Sunday, October 6. That Sunday, we urge you to worship in Church with your child/children (9:00am Orthros/10:00am Divine Liturgy) and then have some delicious food at our Fall Festival.

We are hopeful that, in addition to the religious instruction during the one-hour Catechetical (Sunday) School lesson, parents are making the classroom experience complete by taking their child/children to one of our two Divine Liturgies. We are most fortunate at Saint Katherine to have two liturgies most Sundays—8:00am and 10:30am. Nothing could be more nurturing for our children than to learn about God, Christ, and Church in the classroom and reinforce it through Church Worship.

Indeed, we are also most fortunate to have an adult religious program transpiring at the same time as the Catechetical (Sunday) School classes for our children—Adult Bible Study taught by theologian Bill Polizos, designed for adults already familiar with Orthodoxy but who wish more in-depth study. We request that parents take advantage of this outstanding program during the time your children are in their classes.

On the registration forms that all of our parents submitted for their child/children at the time of registration, we observed that most of our parents said “Yes” to volunteering to help when assistance is needed. The staff is most pleased with this enthusiastic response. During the year there will be events for which the help of our parents is needed. One position which we need filled is that of Oratorical Festival Chairperson. This person would communicate important festival dates to our teachers and children, submit required registration information to the Metropolis, and arrange our local Parish competition and act as Master of Ceremonies. The key to successful program activities is only possible through teamwork. We have always experienced this kind of very willing volunteerism and, for that, we are grateful.

We ask for your prayers that God bless the efforts to glorify Him through our Catechetical (Sunday) School program as well as the efforts put forth by Fr. Costa and the instructors of our Adult Class.

GREEK FOLK DANCE LESSONS

Saint Katherine offers Greek Folk Dance lessons through the Byzantio Greek Dance and Cultural Arts Program. Registrations for the 2013-2014 program are now being accepted. More information, including a registration form and permission slip are available at http://saint-katherines.org/about_us/greek-folk-dance-lessons. Please feel free to contact Aris and/or Anna Yortzidis at greekdancedc@gmail.com or 757-218-6991.

GOYA

GOYA WILL HELP at the Festival, October 4-6. Please advise Mrs. Andrea Ballard (andreaballard1@verizon.net) of your availability. The GOYA board (see below) will be sworn into office on Sunday, October 6. GOYA has Church Duty on Sunday, October 20. Christina Kosmakos will be the GOYA Captain and Epistle Reader. GOYA will participate in the following tournaments: Saint George (October 12-13) and Saint Sophia (October 26-27).

GOYA elections were held on September 15. The results are as follow: President, Christina Kosmakos; 1st Vice President, Theano Goranitis; 2nd Vice President, John Nicopoulos; Treasurer, Demetri Karounos; Secretary, Maggie Goldsmith; Historians, Vasiliki Topping and Penny Tsiaoushis; and Sergeants at Arms, Christos Kokkinis, Kristian Snyder, and Thomas Soiles. Congratulations!

ORTHODOX CHRISTIAN FELLOWSHIP (OCF)

OCF IS THE OFFICIAL COLLEGIATE CAMPUS MINISTRY program under the Assembly of Canonical Orthodox Bishops of North and Central America. Their mission is to support fellowships on college campuses, whose members experience and witness to the Orthodox Christian Church through community life, prayer, service to others, and study of the Faith. Fr. Costa is the spiritual advisor for OCF at George Mason University. Two meetings are scheduled this month: Tuesday, October 8 at 10:00am and Wednesday, October 23 at 7:00pm. We will meet in the Johnson Center, Room 239H (Campus Ministries Office). Orthodox students of all jurisdictions are welcome to participate. Northern Virginia Community College students are encouraged to join us.

We hope that our Orthodox college students will join us on our Monumental Missions Walk on Saturday, October 19. Visit http://monumentalmissionswalk.eventbrite.com/ for more information and to register.

YAL

ALL COLLEGE-AGED AND YOUNG PROFESSIONAL parishioners are invited to join us following the second liturgy on October 13, in the Board Room, for the first meeting of the newly revitalized Saint Katherine Young Adult League (YAL). We will meet over refreshments and discuss ideas for activities and outings for the remainder of 2013 and beyond. We look forward to forming an exciting group filled with fellowship and fun!

For more information or questions, please contact Olivia Carr at 401-633-2072 or oh.carr@gmail.com.
Hence, we will not say that the Greeks fight like heroes, but that heroes fight like the Greeks (Winston Churchill).

In World War II the Greeks had not only to resist the enemy but also famine, lice, and the excruciating pain of severe injuries for those soldiers still alive. Along with it came the loss of family members. Greece was engaged into war the night Metaxa, the country’s prime minister said No, OXI, to the Italian ambassador Emanuele Grazzi who was asking the people of Greece to become an ally in Hitler’s plan to impose his rule. In the early hours of 28 October, he presented Metaxas with a three-hour ultimatum, demanding free passage for troops to occupy the Greek territory. Metaxas rejected the ultimatum (the refusal is commemorated as Greek national holiday Ohi Day), but even before its expiration, Italian troops had invaded Greece through Albania. The principal Italian thrust was directed toward Epirus.

The Greek successes and the inability of the Italians to reverse the situation forced Nazi Germany to intervene in order to protect their main Axis partner’s prestige. The Germans invaded Greece and Yugoslavia on 6 April 1941, and overran both countries within a month, despite British aid to Greece in the form of an expeditionary corps. The conquest of Greece was completed in May with the capture of Crete from the air, after heroic resistance.

Greece itself was occupied and divided between Germany, Italy and Bulgaria, while the government fled into exile in Egypt. First attempts at armed resistance in summer 1941 were crushed by the Axis, but the Resistance movement began again in 1942 and grew enormously in 1943 and 1944, liberating large parts of the country’s mountainous interior and tying down considerable Axis forces.

Mainland Greece was liberated in October 1944. The country was devastated by war and occupation, and its economy and infrastructure lay in ruins. Greece suffered more than 400,000 casualties during the occupation, and the country’s Jewish community was almost completely exterminated in the Holocaust.

The fierce and brave resistance of the Greeks against the offensive of Fascist Italy and Nazi Germany, epitomized by the famous OXI, denial of the Greek prime minister Ioannes Metaxas to give in to Italian demands for surrender, stand as an everlasting symbol of the struggle for freedom. Tiny Greece dared to stand up against the military powers of that time as another David facing Goliath, defending its freedom, territorial integrity and long-standing ideals, and giving hope to the Allies that resistance against the Axis powers was not futile; victory was indeed possible.

The Axis occupation of Greece, specifically the Greek islands figures in several English language books and films based on real special forces raids such as Ill Met by Moonlight, The Cretan Runner, fictional ones like The

(Continued on page 13)

“In a world of Silicon Valleys, who needs a Holy Mountain?” writes Fr. Alexander in his preface. Who indeed? The world sees monks as an anachronism. Substantial elements of today’s secular Greek society seek to curtail the prerogatives and privileges of Mount Athos and other monastic preserves.

The Living Witness is a collection of historical writings and modern essays that work together to paint a vivid picture of the spiritual life of the Holy Mountain across the centuries and provide a strong rationale for the absolute need for its existence. One prominently featured essayist, Fr. Placide (Descille), a French convert from Roman Catholicism, goes so far as to say:

But the pilgrim [to Mt. Athos] . . . will perhaps catch a glimpse of some solitary shrine, or of a hermit, alone with the Alone, interceding with tears for the entire world. Who can comprehend the force and power of this prayer? Are not such men the pillars of Europe and of the universe?

Golitzin begins with an extensive introduction to the history of Mt. Athos and the organization of its daily life. The essays that follow bounce back and forth in time, showing the overarching continuity of faith from the earliest days, despite the periods of persecution, decline, and renewal that the “Garden of the Theotokos” has seen. Chapters contain sayings from the lives of modern “desert fathers,” essays on the paradoxes of transfiguration and personal martyrdom, and an extensive appreciation of St. Herman of Alaska, his links to the Holy Mountain, and the devotion he generates there today.

Fr. Alexander notes that the foundations laid in the 14th century by St. Gregory Palamas shape all that Mount Athos is today. Golitzin introduces the affirmations of the “Hagiorite Tome (Decree of the Holy Mountain)” produced by Palamas and his Athonite supporters as follows:

1) Human nature comprises both body and soul (nous); 2) God the Word became man, wholly and perfectly, and therefore 3) we are called to become, soul and body, participants of His divinity; 4) in the world to come, this glory, which is God’s eternal radiance, will be visible to all, but 5) even now in this life and in every generation, there are those who have tasted and seen it; and 6) whose witness is to be trusted by as many of us as have not been so favored.

Those of us who may never be so favored with a visit to Mount Athos can be still be immensely blessed by trusting the testimony of The Living Witness.

The Right Reverend Alexander (Golitzin) is currently Bishop of Toledo and the Bulgarian Diocese (OCA), and locum tenens of the Diocese of the Midwest. A noted scholar, he spent time on Mt. Athos at Simonos Petras monastery in the final years of his doctoral studies.
Baptisms

Loukas (August 18)
son of Ramon Sanchez and Antonia Xereas
Godparents: Penny Xereas and Nikos Kontos

Liam (August 31)
son of Daniel Kelly and Kiriaki Avramidis
Godparent: Lynn Patsis

Elliot (August 31)
son of Konstantinos Pontikis and Jennie Lynn Shadoinger
Godparent: Mihalis Thomas Pontikis

Maria Mia James (September 14)
daughter of Michael and Amy Georgeadis
Godparents: George and Cathy Sarris

Marat Steve (September 21)
son of Artemis Sophia Koumanelis
Godparent: Steven Koumanelis

Siam James (September 21)
son of Jeffrey Jerry and Jennifer Lynn Maroulis
Godparents: Maria Maroulis Kenn and Sophia Christina Maroulis Castro

Ethan Samuel (September 22)
son of Matthew David and Katerina Bradley
Godparent: Sam (Athanasios) Moutogiannis

Jean-Luc (September 22)
son of Julia McGrath
Godparent: Roy McGrath

Elizabeth Saris (September 28)
daughter of Andrew Paul and Alexandra Schneider
Godparent: Christina Saris

Elijah Xavier (September 28)
son of John Lee and Katrina Lea Newton
Godparents: Paul and Melissa Papasavvas

Congratulations!

Chrismation

Timothy Joseph Cassidy (September 22)
son of Michael and Kathleen Cassidy
Sponsor: Marika Oliff

Weddings

Christine G. Varoutsos
and
Theodore A. Yiannarakis (July 13)
Koumaros: George N. Boosalis

Nicole Lazaris
and
Angelos N. Collins
Koumaros: Andreas N. Lazaris (August 31)

Hera Maria Hadjidamianou
and
Christopher Malekkidis (September 1)
Koumaroi: Simeon Foustanas and Joanna Hadjidamianou Berbilis

Nathalie M. Theodorakoglou
and
Daniel J. Winters (September 21)
Koumaros: Theodore Theodorakoglou

Alenah Maria Tsutras
and
Grant Douglas Riffle (September 28)
Koumaros: Tino Tsutras

Congratulations!

Funerals

Sophia Soffos (September 6)
Zois Gianopoulos (September 26)

May their memories be eternal.
SAVE THE DATE!

Saint Katherine Annual Dinner Gala

Sunday, November 10, 2013
Hilton McLean Tysons Corner

in celebration of our Parish
and honoring the
Veterans of our Community

with Special Guest
His Eminence
Metropolitan Evangelos
of New Jersey

6:00pm Silent Auction and Reception
7:00pm Dinner

Music by Apollonia

GRIEVING: SOME SUGGESTIONS TO HELP YOU THROUGH DIFFICULT TIMES
(The following suggestions to assist those who are actively grieving were developed by the Good Grief Center for Bereavement Support)

(Suggestions 1-6 were listed in the September 2013 DOXA)
7. Be patient. The grieving process often includes setbacks. Don’t expect to set an “I’ll be over it” deadline and succeed. Often, grieving resumes after a time, sometimes even months or years. Reminders can trigger a flood of emotions. Don’t be surprised if this happens, and don’t consider it a sign of weakness. Instead, your psyche is telling you more grief work needs to be done.
8. At some point those who have lost a partner or love companion will face the decision of whether to be open to a new relationship. Consider imagining the situation reversed. That is, if you died and your lover or spouse survived, what would you want them to do? It may help you to see your situation from this angle.
9. If you feel stuck in your grief, try a new approach. We are creatures of habit who learn very quickly how to avoid painful situations. However, this may hinder working through the entirety of your grief. To “jump start” the process, consider reviewing memorabilia, photos, home movies, or videos. Talk about your loved one at holidays when his or her absence is most obvious. Don’t avoid it so as not to spoil the festivities. This is the perfect time to check in with other family members about how they’re doing with grief work and share mutual support.
10. Create your own memorial service. (Don’t forget to have one at church.) Celebrate their lifetime accomplishments, values, and principles. Consider carrying the torch of a cause they believed in as a memorial. Start a scholarship, plant a garden, or make a donation in their name.
11. The grieving process has run its course when you feel weary of rehashing events and memories and finally accept the fact the your loved one can remain with you only in spirit. For some, the process never really ends; it just gets easier over time. You will know you are ready to move forward when you feel you can reinvest the energy once invested in your loved one in a new place. This takes time. Good grief means being good to yourself during the process.

Saint Katherine Greek Orthodox Church offers a grief support group, GRACE (Grief Recovery: Accepting, Coping, and Evolving). For further information, please call Fr. Costa Pavlakos at 703-671-1515. Thank you to Maria Papageorgiou for these monthly contributions.
# OCTOBER 2013

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Adult Greek School 6:00pm Introductory II 7:00pm Introductory I</td>
<td>2 6pm Conversational Greek 7:30pm Advanced</td>
<td>3 Adult Greek School 6:00pm Intermediate 7:30pm Advanced</td>
<td>4 11am-9pm Fall Festival 5:00pm Greek School</td>
<td>5 9:30am Greek School 11am-9pm Fall Festival</td>
<td>6 3rd Sunday of Luke 9:00am Orthros 10:00am Divine Liturgy Swearing-In of GOYA Board 11am-9pm Fall Festival</td>
<td>7 5:00pm Greek School Tutoring Class 8 10:00am GMU OCF Adult Greek School 6:00pm Introductory II 7:00pm Introductory I 7:00pm Missions and Outreach 8:00pm AHEPA 9 10:30am Wmn’s Book Club 6pm Conversational Greek 7pm Greek Folk Dance 7:45pm Basketball (HEC Parents) 10 Adult Greek School 6:00pm Intermediate 7:30pm Advanced</td>
</tr>
<tr>
<td>13 4th Sunday of Luke 8:00am Divine Liturgy 9:30am Single Parent Fellowship 9:30am Orthros and Catechetical School 10:30am Divine Liturgy 12:30pm YAL 14 Columbus Day (Office Closed) 12pm Deadline for October DOXA 7:30pm Deuteri Deutera 15 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I</td>
<td>16 6pm Conversational Greek 7pm Greek Folk Dance 7:30pm Parish Council 7:45pm Basketball (HEC Parents) 17 EFGOCM Choir Conference Adult Greek School 6:00pm Intermediate 7:30pm Advanced 18 Luke the Evangelist 9:30am Orthros 10:30am Divine Liturgy EFGOCM Choir Conference 5:00pm Greek School</td>
<td>19 9am-12:30pm Monument Mission Walk EFGOCM Choir Conference 9:30am Greek School 9:30am Challenge Liturgy at Saint George</td>
<td>20 6th Sunday of Luke 9:30am Orthros 10:30am Divine Liturgy GOYA Church Duty EFGOCM Choir Conference 21 5:00pm Greek School Tutoring Class 6:45pm Daughters of Penelope</td>
<td>22 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I 23 10:30am Wmn’s Book Club 6pm Conversational Greek 7pm Greek Folk Dance 7:00pm GMU OCF 7:45pm Basketball (HEC Parents) 24 Adult Greek School 6:00pm Intermediate 7:30pm Advanced</td>
<td>25 5:00pm Greek School 26 7th Sunday of Luke 8:00am Divine Liturgy 9:30am Orthros and Catechetical School 10:30am Divine Liturgy 2:00pm Children’s Agape Foundation Tea</td>
<td>28 OXI Day 5:00pm Greek School Tutoring Class 29 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I 30 6pm Conversational Greek 7pm Greek Folk Dance 7:45pm Basketball (HEC Parents) 31 Adult Greek School 6:00pm Intermediate 7:30pm Advanced</td>
</tr>
</tbody>
</table>

**Please check the online calendar, [http://saint-katherines.org/calendar](http://saint-katherines.org/calendar), for the most current information.**

**ANNUAL DINNER GALA**
Sunday, November 10
Hilton McLean Tysons Corner
6:00pm Silent Auction & Reception 7:00pm Dinner
Music by Appolonia
PHILOPTOCHOS (by Eleni Kanakos, President)

My sincerest thanks go to the volunteers in our community whose efforts will make for a successful fall festival!

We had a productive meeting on September 22. We discussed our upcoming projects and events, which are outlined below.

We are raising money to purchase new altar boy robes. Please let us know if you would like to contribute to this collection. Every penny counts, and no amount is too small. On behalf of the altar boys, thank you in advance for your help!

Our Annual Yard Sale will be held in November. Please bring any gently used items to the church after the festival.

We are hosting the 21st Annual Tea to benefit The Children’s AGAPE Foundation on Sunday, October 27, 2:00pm to 4:00pm, in the Meletis Charuhas Hall. Everyone is welcome. Please see the ad below and support their efforts.

The Annual Saint Katherine Dinner Gala will be held on Sunday, November 10, at the McLean Hilton. Please come out and enjoy the festivities! Cocktail Hour begins at 6:00pm and dinner will be served at 7:00pm. Please see the ad on page 8.

Our Annual Thanksgiving Seniors Luncheon will take place on Thursday, November 21 in the Meletis Charuhas Hall from 12:00pm to 3:00pm. I look forward to seeing all of you there!

Vespers and the Annual Celebration of our Patron Saint, Katherine, will be held on Sunday, November 24, at 7:00pm. We will sponsor the reception following in the Meletis Charuhas Hall. Kindly bring a dish to share at the reception (mini sandwiches, desserts, refreshment, etc). Please remember that we will be in the midst of the Christmas Fast.) Contact our Chairwoman, Diane Argerson, at 703-759-3781 or dionysia6@yahoo.com, and please let her know what you would like to donate to ensure that we have the appropriate quantities and selections.

Our next Philoptohos meeting is on Sunday, November 17, following second liturgy.

For those of who have not paid your 2013 stewardship to Philoptochos, please do so at your earliest convenience.

DAUGHTERS OF PENELOPE
(by Karen Polizos, President)

At our September Potluck Dinner Meeting, we initiated and welcomed Patty Karounos into the Sisterhood of Helle Chapter. Sharing delicious food and welcoming a new member was a great way to begin our 2013-2014 year.

Our next monthly meeting is scheduled for Monday, October 21, at 6:45pm. We are delighted to host Marilyn Rouvelas as guest speaker. Marilyn co-authored two children’s books recently published by Holy Cross Orthodox Press, Peter Clashes with Anger and Eleni Looks at Jealousy. She will be talking about these passions and others from an adult perspective and how stillness (besychia) can be helpful in taming them.

BOOKSTORE

Please visit our church bookstore in the Meletis Charuhas Center after each Liturgy. We carry a wide assortment of Orthodox books, icons, and other items to enrich your spiritual life. Saint Katherine Bookstore is an outreach ministry of Saint Katherine Church. We try to be open most Sundays. If you need to visit the bookstore during the week, please contact the church secretary, Ms. Sophia Tsangali, at 703-671-1515. We thank you for your support of our ministry.

---

You are cordially invited to attend the 21st Annual Tea to benefit The Children’s AGAPE Foundation of the Greater Washington Area Philoptochos Societies

Sunday, October 27 | 2:00pm-4:00pm

Guest Speaker: Dr. John Myseros, Vice Chief of Neurosurgery
Children’s National Medical Center, Washington, DC
“Pediatric Neurosurgery”

Free Admission / Donations Welcomed / Door Prizes

All proceeds from the event will help Orthodox children with financial assistance for medical treatment. Come help this worthy cause.

For more information, please contact Diane Argerson, 703-759-3781 or Evie Cavros, 571-213-9602
**Monumental Missions Walk.** On Saturday, October 19, Orthodox Christians from around the Washington, DC metropolitan area will converge on the National Mall for the first Monumental Missions Walk (MMW). Sponsored by the Metropolitan DC Orthodox Christian Mission and Outreach Committee, the MMW is a 3-mile long spiritual stroll past some of our nation’s most important landmarks. The MMW will begin at the Smithsonian Metro station, under our tent.

The MMW will afford participants the unique opportunity to pause and admire designated monuments, places of reflection, through the unique lens of faith. In addition, the goal of the MMW is to raise money to provide medicine to people in need. Half of the proceeds raised will support the Orthodox Christians Mission Center’s global efforts to support Orthodox mission work and provide essential medicines. The other half of proceeds will be donated to our local ministries and charities. To register and for more information, visit monumentalmissionswalk.eventbrite.com.

See you on the 19th!

**Appalachian Outreach.** Our team has returned safely after a fulfilling outreach ministry in Pine Hill, North Carolina in August. Our team was led by Fr. Costa and coordinated by Stacey Kazacos and Daphne Papamichael. The mission trip work was organized and led by a FOCUS Appalachian representative, who was prepared with a supply trailer. The team was hosted by local churches and families for whom the team assisted with shed or well roof repairs. The team also assisted with cleaning out a storage building and moving the materials to another facility. One of the highlights of the trip was attending Vespers at Holy Spirit Georgian Orthodox Monastery located on the grounds of Quiet Reflections Retreat Center in the middle of the Black Mountains in northwest North Carolina. The team will make a presentation after a Lenten Friday service.

**FOCUS Shoe Program.** As reported previously, TOMS Shoes agreed to donate 400,000 pairs of shoes to homeless children in America. The Fellowship of Orthodox Christians United to Serve (FOCUS) was asked to coordinate this large project and they asked our Missions and Outreach Committee to coordinate this project in the DC metropolitan area. On August 21, we received 3,300 pairs of children’s shoes. Under the leadership of Eleni Porter and with the help of many volunteers, the shoes were sorted by size and school district. On September 3, the school districts came and picked up the shoes for distribution to the children in need. We understand it is the intent of TOMS Shoes to continue this project on an annual basis.

**Food Pantry Mission.** Our most recent quarterly collection for the Food Pantry was on September 22. We will have a report and announce the next collection date (sometime in December) in the November DOXA.

**OCAMPR Conference.** The Orthodox Christian Association of Medicine, Psychology and Religion (OCAMPR) will hold its annual national conference at Saint Katherine November 1-2. The theme of the Conference is The Clinical and Pastoral Care of the Aging Patient. The conference will begin on Friday morning, November 1, with the Divine Liturgy for OCAMPR’s patron saints, SS. Cosmas and Damianos, the Unmercenary Physicians. The evening session will begin with our keynote speaker Bishop John of Boston and New England of the Antiochian Archdiocese who is also a clinical psychologist.

On Saturday we will have noted speakers covering the medical, psychological, and religious issues of the aging patient. Go to OCAMPR.org for the full agenda and to register. Registration is $50 ($25 for students and clergy). Breakfast and lunch are included in the registration fee. Everyone is welcome to participate. There will be a dinner Saturday evening with a special guest speaker. There is an additional $25 fee for the dinner.

**BAILEY’S CROSSROADS HOMELESS SHELTER**

**Feeding the Homeless Program.** We continue to prepare and serve food to Bailey’s Crossroads Homeless shelter on a monthly basis. Please contact Dr. John Demakis (demakis9931@aol.com), if you are interested in volunteering to help cook or serve.

**Survival and Hygiene Kits.** For the third year in a row, we will be preparing Survival Kits and Hygiene Kits for the homeless. Since the shelter cannot accommodate all those who need a bed for the evening during the winter, they send them out with a Survival Kit and a Hygiene Kit. Each of our church organizations has agreed to purchase specific items for one of the kits. All the items will be packaged on December 15, immediately after the Christmas Pageant.

**Clothing and Toiletries.** We continue to collect clothing and toiletries for the shelter. Clothing should be new or, if used, clean. Toiletries should be unopened. Please leave them in the foyer of the Meletis Charuhas Center.

**Next Missions and Outreach Committee Meeting**

Our next meeting will be Tuesday, October 8, 7:00pm in the board room. All are welcome!
ΑΠΟ ΤΗΝ 28ο ΟΚΤΩΒΡΙΟΥ 1940 έχουν περάσει πολλά χρόνια, που κανένας από μας βέβαια δεν ήταν τότε για να παρακολουθήσει τα ιστορικά γεγονότα, τον πόλο της Ελλάδας και της Ιταλίας και τον ηρωισμό των Ελλήνων.

Η Ελλάδα, αφού έσφρηξε τα γελανί μάτια της στο νησί της Τήνου, στην Παναγία την Υπηρεσία Στρατηγού της, στάθηκε ακλόνητη, σαν να την υποστήριζαν αισθήτες δυνάμεις και διάσημοι με το «Όχι!»

Σημείωσε η 28ος Οκτωβρίου 1940, όταν οι Ιταλοί εισβάλαν στην περιοχή της Πίνδου και της Ηπείρου. Και από το μεγάλο όρος του Γκράμμου μέχρι και το Ιόνιο πέλαγος αντήχησε η σάλπιγξ του Ελληνοϊταλικού πολέμου, «Ελευθερία ή θάνατος!», «Πεί, παίξε Ελλήνες!»

Όι πέντε πρότοτε μήνες περνούν και ζωντανοί πίνακες καταπληκτικής εποποίησης παρουσιάζονται στα μάτια του κόσμου τα κατορθώματα των Ελλήνων. Αλλά η στιγμή που οι λιπόσαρκοι φαντάζοντας είναι έτσι πολλοί από τους επαφόρεις στην θάλασσα, η γιγαντιαία Γερμανική αντοκρατορία στέφεται εναντίον τους.

Το πρωί της 6ης Απριλίου 1941 εισβάλλουν στην Ελληνική γη από τα Βουλγαρικά σύνορα οι μηχανοκίνητες δυνάμεις τους. Στο όρος Μαέλες, σε ύψος 1.800 μέτρων, μέσα από τα ταμπέτα του χωμάτου, οι Έλλεινες υποδέχονται και τον δεύτερο πανίγερο Γερμανικό εθρήκτη. Οι στρατιώτες πολέμουν με ενθουσιασμό. Οι έξι ωρές των ανταποκριτών διεκκοίτησαν μαζί και ο καθένας τους χαρισμά δημιούργησε: «Οφείλομαι ειδών το εναύδασον, τοιαύτην ανθρωπότητα τις υμών». Σαφήνεια προσευθυνούν και ανέβαζαν με τα πόδια τους στην Πίνο, την Μοραβία, το Ιβάν, μέσα στα χωμάτια, για να μπορέσουν να αποθανατίσουν το «Έσοδο!» Ποιήσεις ανθυπόκριτες διεκκοίτησαν τον κόσμο μας και ο καθένας τους χαρισμά δημιούργησε: «Οφείλομαι ειδών το εναύδασον, τοιαύτην ανθρωπότητα τις υμών».

ΑΗΕΠΑ Chapter #438 is proud to announce that the Sixth Annual Community Christmas Ornament, *Saint of Star Katherine*, will be available for purchase during the Fall Festival and after liturgies during Coffee Hour while supplies last.

This stunning 3-D ornament is a testament to the indomitable spirit of our community, its ministries, and those who lovingly labor on its behalf. Manufactured by the same firm that creates the famous White House Christmas ornaments, they make excellent gifts and are the ideal stocking stuffer. You may email antovi@verizon.net or call 703-929-6110 with your order.

SINGLE PARENT FELLOWSHIP
Join us for the inaugural meeting of the newest mission of our church—Single Parent Fellowship. We will meet on Sunday, October 13, 9:30am. All single parents are welcome. Please feel free to contact Andrea Katsenes, the coordinator, at andrea.katsenes@verizon.net.

AHEPA CHAPTER #438 will meet on Tuesday, October 8 at 8:00pm.

Η ΔΟΞΑ ΠΟΥ ΛΕΓΕΤΑΙ ΕΛΛΑΔΑ!
Σοφία Δ. Τσιαγκάλη
I HAD FORGOTTEN my Maker made me with love. Life pulls us away from the perfect hands of the Creator with our focus shifted to use other’s eyes for approval and judgment, our attention grabbed by the magazine titles that entice us with solutions to our problems and our beliefs disregarded by society that quickly rejects the teachings of God and the Bible because it knows better. Somehow being special, one of a kind, made by Hand was forgotten.

Lots of lessons can be learned after tragedy, grief, loss and pain. But in my isolation, I questioned my worth, my value, because evil happenings knocked me down. I fell into the thinking that my circumstances defined my value. In spite of this my heart was kept open to go where I was called and I found myself in a preschool as a teacher. Once again, God gave me the test before revealing the lesson.

I walked into the preschool with the thinking I was just an extra body to help and when someone more suitable came, I would be disregarded. This is a life pattern I had accepted. However once God had me in place, every day was a revelation of His gifts. At first I only saw these gifts in others as blessings to me. They were the sincere good mornings from my co-workers, the discovery of the life stories of those who worked beside me, the books rediscovered that I once read to my children that were stolen, the joy of listening to a three year old talk, laugh and sing, and the sincere thank you of parents. One of my favorite activities was helping the children wash their hands before snack. This simple act, mundane and necessary, was sacred to me because in my hands under soap and water were the hands of God’s newest creations that were busy exploring the world in a big way—two hours away from their homes and parents. I washed hands, dozens of pairs, and wondered about the plans God had for them because they were special. One day as I washed a particularly soft, squishy, uncooperative pair of hands, my focus shifted to my hands. Were my hands no longer special because they were lafter this questioning, I realized this place was also a place to rediscover my own gifts. A compliment that I carried myself like a dancer and recognition that I was good at drawing forced me to realize that in this environment the way we, as teachers, looked at the children was also the way we looked at each other. I learned I was special for when I sat down to read a story—even though on the inside I was feeling broken—the children only heard my voice and would gather around me. The other teachers would joke, “Miss Ellena, we are leaving for coffee,” and nicknamed me the baby whisperer. I realized that just as I marveled at God’s unique small creations, I was still a unique creation.

In our world of mass production, disposable items, quick fix manufacturing and the impression that who you are is not good enough, my time with the little ones offered me the opportunity to reflect on God’s creation and realize that far too many adults have forgotten they are one of a kind creations made by hand, His Hands. Who are we to doubt and question? In Romans 9:20-21, we can read, “But who are you, O man, to talk back to God? Why did you make me like this? Does not the potter have the right to make out of the same lump of clay some pottery for noble purposes and some for common use?” God is aware of our circumstances and what is to come. While we pray for strong faith to trust God, we may also need to add to that prayer to give thanks for who we are, how we are made, and recognize that God made us with His purpose for our lives. If this is easy to accept in looking at a three year old, God is never changing so this is true for the 23 year old, the 33 year old, the 43 year old, the 53 year old, the 63 year old, the 73 year old, the 83 year old, the 93 year old, the 103 year old. Every one of us must have on our hearts, “I belong to God. I am made with great care and precision by God’s Hands for His purpose,” so that when life knocks us around, we do not define our value by others or by circumstance.

(Continued from page 5)

Our Greek School students might want to read the following literature books as to better understand the effect a war has on societies and its people:

_The Diary of Anne Frank_: It is a diary in the Dutch language kept by Anne Frank while she was in hiding for two years with her family during the Nazi occupation of the Netherlands.

_The Great Peter’s Journey_ by Akis Zéit: Ο Πέτρος, ένα αγόρι εννιά χρονών, είναι πολύ λυπημένος γιατί έπεσε το τρίζόνι του. Η μεγάλη αδελφή του, η Αντιγόνη, θέλει να του δώσει το κούτι από το βραχύλο της για να το θάψει. Ο Πέτρος συλλογίζεται να το χωστεί στη χαραμάδα ενός δοκαρίου. Δεν πρόλαβε όμως. Το άλλο πρώτον έξυπνησε απότομα η μαμά του. «Σήκω, να σαι ντυμένος. Εγινε πόλεμος! Δεν άκουσες τις σεφήνες!»

Finally, there is a National Geographic documentary that describes Greece’s involvement in World War II. The narration is in Greek with English subtitles: http://www.youtube.com/watch?v=EFwR9-KOFp8.

(sources used: Wikipedia, Oxi Foundation)
**SUNDAY CHURCH DUTY ROSTER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Captain</th>
<th>8:00am</th>
<th>9:00am</th>
<th>9:30am</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 6, 2013</td>
<td>John Demakis, Captain</td>
<td>Dr. George Silis</td>
<td>Jim Stoucker, Maria Wills</td>
<td>Bill Polizos, Bill Porter, Maria Wills</td>
</tr>
<tr>
<td></td>
<td>Chris Christou, Kelly Alexis</td>
<td>Jim Stoucker</td>
<td>Maria Vargas</td>
<td>Bill Polizos</td>
</tr>
<tr>
<td></td>
<td>John Demakis</td>
<td>Maria Vargas</td>
<td>Daphne Vaccarello</td>
<td></td>
</tr>
<tr>
<td></td>
<td>George Moshos</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>October 13, 2013</td>
<td>Chris Christou, Captain</td>
<td>Dr. George Silis</td>
<td>Jim Stoucker, Maria Wills</td>
<td>Bill Polizos, Bill Porter, Maria Wills</td>
</tr>
<tr>
<td></td>
<td>Kelly Alexis</td>
<td>Jim Stoucker</td>
<td>Maria Vargas</td>
<td>Bill Polizos</td>
</tr>
<tr>
<td></td>
<td>John Demakis</td>
<td>Maria Vargas</td>
<td>Daphne Vaccarello</td>
<td></td>
</tr>
<tr>
<td></td>
<td>George Moshos</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>October 20, 2013</td>
<td>Maria Wills, Captain</td>
<td>Bill Polizos</td>
<td>George Silis</td>
<td>Bill Polizos, Bill Porter, Maria Wills</td>
</tr>
<tr>
<td></td>
<td>Bill Polizos</td>
<td>Maria Vargas</td>
<td>Daphne Vaccarello</td>
<td>Bill Polizos</td>
</tr>
<tr>
<td></td>
<td>George Silis</td>
<td></td>
<td></td>
<td>Bill Polizos</td>
</tr>
<tr>
<td></td>
<td>Maria Wills</td>
<td></td>
<td>Christina Kosmakos, GOYA Captain and Epistle Reader, plus 5 other GOYAns</td>
<td>Bill Polizos, Bill Porter, Maria Wills</td>
</tr>
<tr>
<td></td>
<td>Captain</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>October 27, 2013</td>
<td>Jim Stoucker, Captain</td>
<td>Bill Porter</td>
<td>Nick Larigakis, Captain</td>
<td>Costas Mavromatakis</td>
</tr>
<tr>
<td></td>
<td>Dr. John Demakis, Arthur Dimopoulos</td>
<td>Maria Vargas</td>
<td>Kelly Alexis</td>
<td>Mallamo Mavromatakis</td>
</tr>
<tr>
<td></td>
<td>Bill Polizos</td>
<td>Daphne Vaccarello</td>
<td>Andrea Ballard</td>
<td>George Moshos</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Peter Karounos</td>
<td></td>
</tr>
</tbody>
</table>

**THANK YOU EXISTING SAFEWAY REWARDS SUPPORTERS AND WELCOME NEWCOMERS**

Thank you, Safeway e-Scrip supporters, for helping us have a good year. For the fiscal year November 2012 through May 2013, Safeway contributed toward the following programs at our church:

- Greek School graduation party
- Paideia’s nutritious snacks
- GOYA’s New York City trip
- Catechetical (Sunday) School books
- Greek Dance Troupes’ Greek costumes

We still need more supporters so that we can reach the $8,000 contribution amount Safeway is willing to give us. To become a supporter, please fill out the form below and then either drop it off at the Church Office or put it in the Sunday offering basket. We will do the rest. If you have any questions, please contact Elvira Garnett at 703-425-3675 or villa45@hotmail.com. Thanks.

---

**Thank you to Nick Kalivas who spruced up our church’s sign and the area around it for his Eagle Scout project. His efforts included refurbishing the sign, replacing broken bricks, pointing, and planting new landscape materials. As you can see, he did a very fine job!**
STEWARDSHIP

SHOWN BELOW is a list of families and individuals who participated in the 2013 Saint Katherine Stewardship Program from August 1-31, 2013. Thank you for responding to the needs of our church.

If you have not yet submitted your 2013 pledge, please complete the stewardship form below and return it to the Church Office as soon as possible. You may pledge online today at www.saint-katherines.org/stewardship. Your Church and community depend on your stewardship commitment.

Any questions? Please contact Anna Vassilopoulos at avassilopoulos@stkchurch.com or 703-671-1515.

M/M Dimitri Alexson
M/M Antonios Antonis
Ms Mary Basiliko
M/M Constantine Chelpon
M/M Mark Cherpes
Dr/Mrs Joseph Christodoulides
M/M Athanasios Chronis
Mr Angelo Collins and
Mrs Nicole Lazaris

M/M Zachary Cuca
Mrs Barbara Koltos
M/M George Kosmakos
M/M Ted Kosturos
M/M Ken Kunec
M/M Doros Hadjiamanou
M/M Arthur Lampros
M/M Konstantinos Liatsos
M/M John Kapelos
M/M Harry Karageorge
M/M David Mentis
Mr Evan Owen and

Dr Joanna Athanasopoulous
M/M Peter Padiotis
Mr Papavassiliou and
Mrs Kosmopoulou
M/M Patrick Pennella
Miss Andrea Perdziak
Mr Thomas Silis
Mr Frank Sofocleous

Mr Robert Thorne
Mr Paul Tripathi and
Mrs Chrysanthe Gaitatzes
Mr Terry Tsounis and
Mrs Alexandra Panagou
M/M Themis Tzamarias
Ms Nikki Valavanis
M/M John Viglas
Ms Maria Zissios

2013 STEWARDSHIP FORM

STEWARDSHIP IS BASED on the fact that all that we have and all that we are comes from God. We commit ourselves to stewardship as a way of thanking God for all His blessings—returning to Him a portion of the time, talent, and treasure He has given us. Good stewardship of time means we share some the 168 hours in a week with God and caring for others. Good stewardship of talent means we identify our talents and use them to glorify God and help other people. Good stewardship of treasure means we give a portion of our income to the Church and other charities. During the year 2013, we ask that everyone consider fulfilling their stewardship on a weekly basis. This will allow our church to better plan activities and expenses.

I (my family) pledge(s) $_______ per week of financial stewardship to Saint Katherine Greek Orthodox Church.

Name: _____________________________________________________________________________________

Address: ___________________________________________________________________________________

City, State, Zip: _____________________________________________________________________________

Telephone and email address: __________________________________________________________________

SAINT KATHERINE LIVE!

Did you know that we have a live feed from our church? Relatives and friends from far away can watch a sacrament. If you are sick and cannot make it to a service, you can log in. The link is http://churchlive.stkchurch.com:18080/cgi-bin/guestimage.html. Alternatively, you can sign in to the church website, saint-katherines.org, and click on the red “Saint Katherine Live!” button in the right-hand column.

Demetry Pikrallidas
AV Rated Attorney
Preeminent Legal Ability and Ethical Standards,
The Highest Legal Rating Possible

Complete Business Formation/Representation
Serious Injury
Traffic and Criminal
Domestic Relations
Wills, Trusts

Cases Handled in Arlington, Alexandria, Fairfax, Prince William, Loudoun, and District of Columbia

www.piklaw.com 703-267-2600
SAINT KATHERINE
GREEK ORTHODOX CHURCH
www.saint-katherines.org
3149 Glen Carlyn Road | Falls Church, VA 22041

RETURN SERVICE REQUESTED

ATTENTION POSTMASTER:
Please expedite. Dated material.

PJ Skidoos is a Greek family-owned restaurant, which has been in Fairfax City for 35 years. We are located west of St. Katherine Greek Orthodox Church on Rt. 50.
www.pjskidoos.com
9908 Fairfax Blvd Fairfax, VA 22030 703-591-4515

Are you ready for Greek School?
*** There's an app for that ***
www.greekverbs.net

PATRAS MEETING POINT
Patras, the city of Saint Andrew, is a place where history, tradition and entertainment come together. Consider the tour company, Patras Meeting Point, to help you explore all that the city and its surroundings, as well as important proximate sites such as Olympia. Patras Meeting Point caters to small groups so as to provide individualize attention with respect to cultural interests and accommodation preferences. For more information on their diverse activities and an unforgettable visit to Greece's third largest city, please visit patrasmp.org.

SUNDAY BRUNCH
ALL YOU CAN EAT! 10am-2pm
Adults $15.95, Kids 6-12 $7.95
Under 6 Free!
We take reservations for large parties!