Christos Anesti! I hope that now that Easter is over you don’t get complacent about your faith. We do experience a let down, a disconcertingness, after the great celebratory feasts of our life. The singing of Christos Anesti. And the response to our brothers and sisters that Truly He has Risen! It is so uplifting that when it is over we are glum about our relationship with Jesus Christ.

I would like to offer you some spiritual food for thought and hope to keep that spirit of victory and joy alive through the year. You need to keep connected by being participants in the celebration of the Holy Liturgy on Sundays. Each and every Sunday is the celebration of the Resurrection!

Saint Luke wrote, “The former account I made, O Theophilus, of all that Jesus began both to do and teach, until the day in which He was taken up, after He through the Holy Spirit had given commandments to the Apostles whom He had chosen, to whom He also presented Himself alive after His suffering by many infallible proofs, being seen by them during forty days and speaking of the things pertaining to the kingdom of God” (Acts 1:1-3).

The proofs of Christ’s appearances recorded in the Scriptures in order are:
• To Mary Magdalene (Mark 16:9-11, John 20:11-18)
• To the other women (Matthew 28:9-10)
• To Peter (Luke 24:34)
• To Eleven Apostles including Thomas (John 20:26-31)
• To Seven Apostles by the Sea of Galilee (John 21:1-25)
• To 500 at Once in Galilee (1 Corinthians 15:6)
• To James His brother (1 Corinthians 15:7)

However, just appearances are not all the proofs. John Chrysostom stated that all the predictions that Christ had made in the Gospels now come to fruition among the Twelve Apostles as Jesus prepares them to go abroad. The prime motivator among them was the Resurrection of Christ, which they saw firsthand for themselves. The Book of Acts was, in fact, a demonstration of the Resurrection. Once this was believed, the rest would come in due course. I ask you take some time and read the book of Acts and you will have first-hand knowledge what the Lord expected from His Disciples, men and women.

He tells us that, just like the Apostles, you will see yourselves loving others, “By this all will know that you are My disciples, if you have love for one another” (John 13:35). We are now entrusted to be the beacon of hope, light, and love in the world that needs us to be living examples of true Orthodox Christians.

(Continued on page 13, column 2)
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YAL (Young Adult League) Faye (Fotini) Anson fanson38@yahoo.com
Youth Choir Nina Ziu n.ziu@icloud.com
FROM THE PARISH COUNCIL

CHRISTOS ANESTI!

For over 18 years, my family has been able to celebrate Pascha at Saint Katherine. The early days had us bringing the kids in strollers in their pajamas where they would be barely awake and were ready for bed before service was over. Years later, my wife organized our daughters to be mirofores and my son got to be one of the bearers of the Kouvouklion. Having taught Sunday School for several years, my wife and I see many of our past students participating in church services. Our community comes together to worship.

Receiving the light in the darkness that surrounds us always brings a tear to my eye. One small candle lights many and the lights of all of the parishioners illuminate the church for one of the most beautiful services and liturgies in our Church calendar.

This month I have asked our Treasurer to give us an update on the second tray and our efforts to begin making a dent into our church mortgage (see the next column). For most of the 18 years of being in this community, our church has carried a significant mortgage. We still owe close to $2 million dollars. Next year, our note is due. Our options will be to pay off the remaining balance or continue to roll over the remaining balance. I am praying we can make a bigger dent in this loan before it is due next year.

This September, we will officially launch our Capital Campaign to address the loan and a more permanent solution to the leaking windows of our church dome. Your efforts every Sunday are already making difference. Thank you for helping us get closer to paying off this loan.

Your servant in Christ,
Ray Vazquez
President, Parish Council

MORTGAGE UPDATE

In March, we made an additional mortgage payment of $3,301.75 representing the proceeds from our “second tray” collection efforts for March bringing the mortgage down to approximately $1,978,122. Between the regular payment made in March and the extra payment, we retired approximately $9,200 of principal in March. Although small, this extra payment will save (or avoid us) interest costs of roughly $120 per year based on our current rate of interest. Through April 14, 2019, an additional $1,425.85 has been collected and will be used to further reduce our outstanding mortgage.

Hopefully as our capital campaign makes ground we can reduce our mortgage further and concentrate more of our funds on the Missions of the Church, unencumbered. Presently, our interest cost “per day” is close to $195. The more we chip away at the mortgage principal, the more we free funds for our community to invest in the missions and beautification of the Church.

Yours in Christ’s service,
George Moratis
Treasurer, Parish Council

TRISAGION PRAYERS at NATIONAL MEMORIAL PARK
7482 Lee Highway
Falls Church, VA 22042

Monday, May 27
10:00am
in the Greek Section
CATECHETICAL (SUNDAY) SCHOOL
Christ is Risen!! Truly He is Risen!!

Thank you to those families who participated in the palm cross making on Saturday of Lazarus and to all who helped clean and set up the church on Good Friday.

As we approach the end of our 2018-2019 Catechetical School year, we are thankful for the opportunity to have taught our youth about their Orthodox Faith. We want to thank our wonderful teachers for their hard work and dedication to our children this school year! We appreciate the commitment of our Sunday School parents in making Catechetical School a priority in their lives.

Please mark your calendars for Sunday School Commencement on May 19. Join us as we recognize our graduating seniors as they take this next exciting step in their lives.

Have a great summer!

GOYA
Thank you to everyone who donated and supported GOYA during its Breakfast Fundraiser, and thank you to Mike Lampros for cooking up a delicious breakfast for us! It was greatly appreciated! Final, upcoming basketball tournaments are Saint Demetrios, Baltimore, May 4-5 and Saints Constantine and Helen, Annapolis, May 11-12. Our Youth Sunday and GOYA meeting are on May 19 and our GOYA Camping Trip at Yogi Bear’s Jellystone Park Camp-Resort in Luray, Virginia is May 24-27. Please email SaintKatherineGOYA@aol.com for more information regarding GOYA events.

BOOKSTORE
This month we are featuring books from Potamitis Press, a family-run publishing house based in Greece, whose stated mission is to offer compelling and helpful books that will support Orthodox families’ growth in Christ and the Church. The company has published over 160 books in English (and many more in Greek, Russian, Romanian, and 14 other languages) and we carry almost all of them! We have, for the littlest ones in the family, beautifully illustrated mini books on key Church feast days and a wide range of saints. You are sure to find the patron saint of your son or daughter among their offerings, as well as your own. We also carry Orthodox-themed activity books—that are filled with fun stickers, pages to color, puzzles, and games—to keep elementary school aged kids entertained, all the while as they learn about their faith. Not to be forgotten are their hard cover “keepsake” books for middle schoolers that go into more depth on the lives of key saints and sneak in some critical theology at the same time. For boys, we recommend the volume on Warrior Saints that tells the heroics of Saint George, Saint Demetrios, and others. Just published is a book on the Holy Queens and Princesses of the church, sure to inspire girls of all ages.

HOLD THE DATES FOR CAMP
SAINT KATHERINE VACATION BIBLE CAMP
Monday-Friday, August 5-9
Sponsored by AHEPA Chapter #438
Victoria Cherpes, Director
(victoriacherpes@gmail.com)
Camp Hours 10:00am - 2:00pm
Ages 5-14 (space is limited)

CAMP GOOD SHEPHERD - VA, JULY 7-13
Who: Teenagers who have completed 5th grade
What: Faith, Fellowship, and Fun—daily church services, Orthodox Life sessions, relay races, rope swings, climbing wall, daily pool time, canoeing, campfires, athletics, games, trivia night, and more!
Where: Camp Piankatank (camppiankatank.com)
1586 Stampers Bay Road, Hartfield, VA
Cost: TBD by the Metropolis of New Jersey (approximately $550 which includes food, lodging, and activities)

Potential Choir Members: The Saint Katherine Choir welcomes new singers. We are always looking for singers for all voice parts.

If you are interested in singing with us, please email slanta@verizon.net (and you will be added to the choir email list). Rehearsals are held Thursday nights at 7:30pm. We are always looking for singers for all voice parts.

More information on both camps forthcoming in the June and July/August issues of DOXA.
PAIDEIA PRESCHOOL
Observing nature’s first signs, our peach trees starting to bloom! Our pre-K “Wise Owls” class having a real-life experience with Ms. Evangelia. Counting and finding patterns is a lot of fun in Ms. Maria’s class! Can we grow our own garden? Ms. Sophia’s class used a magnifying glass to study the lentil seeds and counted 3 spoonfuls. Then, the “Paschalites” put water for the seeds to grow!

We wish all our families a blessed Mother’s Day dedicating the poem below to them for all their hard work and effort to be the best they can be for their children! God bless you all!

Thoughts of You
Paula Stone

Memories of another time still come
To me and fill my mind, with thoughts
Of you when you were young. I lie awake
’Till the morning sun comes creeping
Through my window shade, as I dwell upon
Mistakes I’ve made. What I would give to
Go back in time and feel your little
Hand in mine. To cherish each fast and
Fleeting day. To hold you close and kiss
Away, each pain that life will have in
Store and try to give you so much more.
You are part and will always be,
imbedded in the soul of me. While I’m
Here, I want to say, that I’ve loved you
Each and every day and when my time on
Earth is gone.
The privilege was mine to have been your Mom.

Source: https://www.familyfriendpoems.com/poem/memories-of-being-your-mom-thoughts-of-you

You may join our program year-round. To learn more about us, visit the school during our open-house days or to schedule an appointment, please contact us at 703-671-7715 or ealexopoulou@stkchurch.com. You may visit our new and updated website and read about the thematic units in our Paideia newsletter at www.stkhec.org.

GREEK SCHOOL
Με αφορμή τη γιορτή της Μητέρας, αφιερώνουμε το παρακάτω ποίημα σε όλες τις μαμάδες του σχολείου μας!
Μαμάκα μου καλή,
σου στέλνω ένα φιλι
και μια μεγάαααααλη αγκαλιά,
για να σου πω χρόνια πολλά!
Ένα μεγάαααααλο ευχαριστώ,
απ την καρδιά μου θα σου πω,
για όλα όσα μου δίνεις, πάντα θα σε αγαπώ!

Join our outstanding Greek language program for a great learning experience. We offer classes from Pre-K to adults. Our excellent teaching staff, using student-centered activities, will make each student’s experience unique! This year we offer Ellinomatheia classes up to Γ1 level!

Our students benefit not just academically by receiving language credits which they may add to their High School transcript, they also expand their horizons by learning about the Greek literature, history, geography, and culture. In order to schedule an appointment and/or to enroll for a class, please email ealexopoulou@stkchurch.com or call 703-671-7715.

GREEK LANGUAGE CLASSES FOR YOUNG AND OLDER…!

Class Offerings Include:
Youth
Tuesday, Conversational, 5:00pm-6:30pm (grades K-8)
Friday, 5:00-7:00 (grades PreK-8)
Saturday, 9:30am-1:30pm (grades PreK-8)

Adults
Tuesday, Beginners I, 5:00pm-7:00pm
Beginners II, 7:00pm-9:00pm
Thursday, Intermediate, 7:00pm-9:00pm
Friday, Conversational Adult, 5:00pm-7:00pm
MISSIONS AND OUTREACH

Go therefore and make disciples of all nations. (Matthew 28:19)

Annual OCMC Benefit Dinner, May 5. As DOXA goes to press this month, we are busily preparing for our annual OCMC Benefit Dinner on Sunday, May 5. The evening will begin with Pan-Orthodox Vespers at 4:00pm. A wine reception, appetizers, music, raffles for baskets valued at $200 each, dinner, and dessert will follow. Our main speaker will be Rev. Fr. Lou Christopulos. Fr. Lou is the priest of the Saint Catherine Greek Orthodox parish of Greenwood Village, Colorado. Fr. Lou served as the Vice President of the OCMC’s Executive Committee for four years. Fr. Lou’s topic will be “Mission Mindedness and You.” We have also learned that Fr. Lou will bring another speaker, Dr. Michael Colburn. Dr. Colburn is the OCMC Mission Specialist in Linguistics and Translation. As Orthodoxy spreads to many countries around the world, there is always the problem of having appropriate translations for the church services in the language of the people. Dr. Colburn is making a significant contribution to this issue. Come and hear the unique problems he has encountered in various countries and how he has handled them. Tickets are $60 per person, $500 to reserve a table of ten, and $30 per student.

This year our community will honor three recently deceased members of our Mission Committee who dedicated their lives to missions and to others, Colonel Dennis Garbis and Theodora (Dottie) and Michail Ziu. Please keep the date available. Everything has been donated, so all proceeds will go to the wonderful work of the OCMC. Our benefit dinner in 2018 was the largest ever. We hope to surpass that this year. Please help us. Tickets will be available in the lobby of our community center or contact Ms. Antonia Chelpon at achelpon@aol.com or Dr. John Demakis at demakis9931@gmail.com. Please come! Our Mission and Outreach Committee has gone all out to make this the best event ever!

Kenya Update. Our beloved Saint Katherine located in Kaluli, Meru, Kenya, part of the Orthodox Diocese of Nyeri and Mt. Kenya, is being completed as this edition of the DOXA is going to print. The consecration is set for June 23, 2019. Fr. Costa has accepted the gracious invitation from Bishop Neofitos to attend the blessed event and represent our community. He will be accompanied by at least two of the team members who went to Kenya in October 2017 to take part in the actual, physical labor of building the church. The Patriarch of Alexandria has also been invited, however, his attendance has not yet been confirmed.

As you already know, this is the church that you have been hearing about all along. This is the church for which many members of our parish have worked very hard and contributed generously to its completion by donating funds, labor, and whatever else was necessary to make it happen. May God continue to bless all of us and our parish and everyone for all the work accomplished in His name and for His glory! There are still many needs the church and our brothers and sisters in Kenya have. If you wish to make a donation, make your check payable to Saint Katherine Church and write “Kenya Mission” on the memo line.

Culmore Clinic Move to New Location. Our Saint Katherine community has supported the Culmore Clinic since its inception. The Culmore Clinic is a free medical clinic for those who cannot afford health insurance. It has operated out of the Baptist Church down the street from Saint Katherine. Fr. Costa is on their Board of Advisors and Dr/ John Demakis is on their Executive Committee. It presently operates two days a week—Tuesdays and Thursdays. Several members of our community do volunteer work at the clinic. On April 9, the Clinic moved to its new location, First Christian Church of Falls Church on Route 7. Fr. Costa was present and helped cut the ribbon opening the new clinic. This new location will allow the clinic to operate three days a week. Our goal is to be open five days a week. Please keep the clinic in your prayers.

Our Choir Director and His Wife are Bound for Alaska. Our Choir Director, John Slanta, and his wife Betty have been approved for a short-term mission to Pilot Station, Alaska Wilderness Youth Camp in July 2019 to teach music and liturgics, do crafts, and have Bible studies. Go to https://www.ocmc.org/about/view_team.aspx?TeamId=2233, if you would like more information about their trip and how you can help support them.

If you would like to join a short-term team, please go to OCMC.org and click on Short-Term Teams. The teams are filling up fast! Look on our bulletin board in the community center. Go on a mission team, you will not regret it!

Clothing Ministry. We are now collecting clothes for the shelter on the second Sunday of each month. The next pick up will be on May 12. Please bring new or clean used clothing and unopened toiletries to the foyer of our Community Center only on the second Sunday of each month. Thank you!!

Next Meeting of the Mission and Outreach Committee/ The next meeting of the Mission and Outreach Committee will be on Tuesday, May 14, 7:30pm in the board room.

Mothers hold their children’s hands for a short while, But their hearts forever. Happy Mother’s Day!
Η ΝΙΚΗ ΕΙΝΑΙ ΔΙΚΗ ΜΑΣ
Sophia D. Tsangali

Το πραγματικό ηττάν ησυχο! Η ατμόσφαιρα απαλή έπαιρνε την ανοιξτική θερμοπλάτη της από τον ήλιο, που λαμπρός μόλις ανέτελε στον ορίζοντα. Φως και γαλήνη πλημμύριζαν όλες τις γύρω, ανακατωμένα με τις μυρωδιές του φρέσκου κήπου. Και μέσα σ’ αυτή την ευωδία ατμόσφαιρα αντήχησε μελωδική, χαρούσινη και μοναδική στην μεγαλοπρεπεία της η ψυχή του αγγέλου, αναγέλοντας το μέγα γεγονός, "Ηγέρθη, ουκ έστων οδό...", (Μάρκου 16:6).

Και από τότε η αγγελική φωνή αντιλαμβάνεται το χρονούμενο μήνυμα τονίζοντας στους αιώνες το θαύμα, Χριστός Ανέστη! Μήνυμα χαράς, ελπίδας και νίκης θρησκευτικής! Ένα μήνυμα, που έρχεται να βεβαιώσει την νίκη του Χριστού πάνω στις αρχές και εξουσίες του σκότους, πολύ χαμηλότερο και την δική μας νίκη πάνω στον αιώνα τον καλό που αγωνιζόμαστε. Το «Χριστός Ανέστη», που βγαίνει από όλα τα στόματα αυτές τις μέρες, αποτελεί μια ενθαρρυντική διαβεβαιώση για τους θρησκευόμενους, ότι μπορούμε να γεμίσουμε τον αιώνα του πνεύματος ενίσχυση της ύπαρξης, του κακού και της αμαρτίας.

Στην Αλήθεια, είναι μερικές στιγμές τόσο σκληρές και οδυνηρές στον αιώνα μας, και αυτή επειδή κυριαρχεί η αδυναμία. Είναι στιγμές πιέξεων, που το γόνατά μας φαίνονται να λυγίζουν, επειδή οι πειρασμοί γίνονται τόσο δυνατοί, που κάνουν να κυριαρχεί σκόταδι στην καρδιά μας, που φωτίζεται μόνο από τις αστραπές του μίζους, του φθόνου, της θυμοκατακαίρες και της σαρκίδας και δημιουργούν έστη πιο άγρια την καταγώγη. Ένα σκοτάδι παράνοιας με κείμενο που κυριάρχησε στον Ιερό Πάγο «από της έκτης ώρας... έως ώρας ενάσπης». Τότε, που όλα φάνηκαν να χάνονται, τότε που ο Ιησούς υπήρξε στην άπειρη, στην εξαφάνιση και στην αιώνια ντροπή. Πόσο γέλασαν τότε οι αγγέλοι και πόσο έκλαμαν οι γυναίκες! Από το σκοτάδι όμως εκείνο έξηπασε το φως, η ανάσταση, η νίκη, η δόξα!

Έτσι, έρχεται η Ανάσταση και το «Χριστός Ανέστη» να πουν και για τη δική μας ψυχή την μεγάλη αλήθεια. Να μην φοβόμαστε, γιατί η νίκη είναι δική μας, όσοι έχουν στην καρδιά τους αγάπη της Αμαρτίας, και τον Θεό. Είναι μάλιστα, όταν ο Ιησούς έστησε τον έλεος της τον ιερό Πάγο, οι αγάπη της Αμαρτίας και τον Θεό, οι Αγία Ανάρρηση γεμίζουν την καρδιά μας. Η νίκη είναι μόνο όταν η αμαρτία συνάντησε την άγια Ανάρρηση του Θεού, ο ιερός Πάγος και τον Θεό. Η ΝΙΚΗ ΕΙΝΑΙ ΔΙΚΗ ΜΑΣ!

2019 ELLINOMATHEIA EXAMS

The 2019 Ellinomatheia Exams will be given as follow:

Tuesday, May 21
A1 (for 8-12 yrs. old)
A1 (for teenagers and adults)
A2 and B1 levels

Wednesday, May 22
B2 and Π1 levels

Thursday, May 23
Γ2 level

For questions, please contact stsangali@stkchurch.com or ealexopoulou@stkchurch.com.
CALLING ALL PARISHIONERS!!!
Our Saint Katherine Spring Festival 2019 will be held Friday, June 7 through Sunday, June 9. This event is a massive undertaking requiring many volunteers. Many of you have worked for years to make the festivals successful, but we need more help and new blood to renew our energies. The festival sounds like a lot of work and it certainly is, but the more help we have, the fewer hours each one of us need to work. This is a great way to meet new people. It is a lot of fun and very gratifying to help the Church.

We are once again using SignUp.com. The link to volunteer is https://signup.com/go/KfmpVFz. For more information, please contact Andrea Ballard at 703-250-5419 or andreaballard1@verizon.net.

SAINT KATHERINE
SPRING FESTIVAL
FRIDAY-SUNDAY, JUNE 7 - 9

TRADITIONAL FOODS, DRINKS AND DESSERTS
ARTS AND CRAFTS
LIVE MUSIC
DANCING

CHURCH HALL RENTALS
Do you need a place for your baptismal reception, graduation party, anniversary party, or other celebration?

Dates are still available for our church halls—Chelpon (small) or Meletis Charuhas (large). Why not rent one them? There’s plenty of free parking!

Contact Sophia
703-671-1515
or
stsangali@stkchurch.com.

REGISTRY

**Baptism**
Alison Madeline (March 31)
daughter of Douglas and Maryann Stein
Godparent: Trish Kapsidelis

Congratulations!

**Funerals**
Angela Floros (March 25)
Bechara Hage (April 12)

May their memory be eternal.
<table>
<thead>
<tr>
<th>Sunday</th>
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<tbody>
<tr>
<td>1 6:30pm GOYA Boys’ Basketball Practice&lt;br&gt; 8:00pm HEC Parents B-ball</td>
<td>2 6:30pm GOYA Girls’ Basketball Practice&lt;br&gt; 7:00pm Adult Int. Greek&lt;br&gt; 7pm Wmn’s YAL B-ball&lt;br&gt; 7:30pm Choir Practice</td>
<td>3 Life-Giving Fountain&lt;br&gt; 9:30am Orthros&lt;br&gt; 10:30am Divine Liturgy&lt;br&gt; 5:00pm Greek School&lt;br&gt; 5pm Adult Conv. Greek</td>
<td>4 9:30am Greek School&lt;br&gt; St. Demetrios, Baltimore Basketball Tourney through Sunday</td>
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<td>5 St. Thomas&lt;br&gt; 9:00am Orthros and Catechetical Schools&lt;br&gt; 10:00am Divine Liturgy&lt;br&gt; Philoptochos Continental Breakfast&lt;br&gt; 12:30pm Book Club&lt;br&gt; 4:00pm Vespers followed by OCMC Banquet</td>
<td>6 7:30pm Sons’ Basketball&lt;br&gt; 8:00pm YAL Basketball</td>
<td>7 5pm Youth Conv. Greek&lt;br&gt; 5pm Adult Beg. I Greek&lt;br&gt; 7pm Adult Beg. II Greek&lt;br&gt; 7:15pm Wkdy Bible Study&lt;br&gt; 7:30pm Missions</td>
<td>8 6:30pm GOYA Boys’ Basketball Practice&lt;br&gt; 8:00pm HEC Parents B-ball&lt;br&gt; 8:00pm AHEPA</td>
<td>9 6:30pm GOYA Girls’ Basketball Practice&lt;br&gt; 7:00pm Adult Int. Greek&lt;br&gt; 7pm Wmn’s YAL B-ball&lt;br&gt; 7:30pm Choir Practice</td>
<td>10 5:00pm Greek School&lt;br&gt; 5pm Adult Conv. Greek</td>
<td>11 9:30am Greek School&lt;br&gt; SS. C&amp;H, Annapolis Basketball Tournament through Sunday</td>
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<tr>
<td>12 Myrrh-Bearing Women&lt;br&gt; Mother’s Day&lt;br&gt; 9:00am Orthros and Catechetical Schools&lt;br&gt; 10:00am Divine Liturgy&lt;br&gt; Clothing Drive</td>
<td>13 7:30pm Deuteri Deutera&lt;br&gt; 7:30pm Sons’ Basketball&lt;br&gt; 8:00pm YAL Basketball</td>
<td>14 5pm Youth Conv. Greek&lt;br&gt; 5pm Adult Beg. I Greek&lt;br&gt; 7pm Adult Beg. II Greek&lt;br&gt; 7:15pm Wkdy Bible Study&lt;br&gt; 7:30pm Missions</td>
<td>15 6:30pm GOYA Boys’ Basketball Practice&lt;br&gt; 8:00pm HEC Parents B-ball</td>
<td>16 6:30pm GOYA Girls’ Basketball Practice&lt;br&gt; 7:00pm Adult Int. Greek&lt;br&gt; 7pm Wmn’s YAL B-ball&lt;br&gt; 7:30pm Choir Practice</td>
<td>17 5:00pm Greek School&lt;br&gt; 5pm Adult Conv. Greek</td>
<td>18 9:30am Greek School</td>
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<td>19 Sunday of the Paralytic&lt;br&gt; AHEPA Sunday Youth Church Duty&lt;br&gt; 9:00am Orthros and Catechetical Schools&lt;br&gt; 10:00am Divine Liturgy&lt;br&gt; Sunday School Graduation&lt;br&gt; GOYA Meeting&lt;br&gt; 12:00pm Philoptochos</td>
<td>20 7:30pm Sons’ Basketball&lt;br&gt; 8:00pm YAL Basketball</td>
<td>21 SS. Constantine and Helen&lt;br&gt; 9:30am Orthros&lt;br&gt; 10:30am Divine Liturgy&lt;br&gt; 5pm Youth Conv. Greek&lt;br&gt; 5pm Adult Beg. I Greek&lt;br&gt; 7pm Adult Beg. II Greek&lt;br&gt; 7:15pm Wkdy Bible Study</td>
<td>22 6:30pm GOYA Girls’ Basketball Practice&lt;br&gt; 8:00pm HEC Parents B-ball</td>
<td>23 6:30pm GOYA Girls’ Basketball Practice&lt;br&gt; 7:00pm Adult Int. Greek&lt;br&gt; 7pm Wmn’s YAL B-ball&lt;br&gt; 7:30pm Choir</td>
<td>24 5:00pm Greek School&lt;br&gt; 5pm Adult Conv. Greek</td>
<td>25 GOYA Camping Trip through Monday</td>
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<td>26 Samaritan Woman&lt;br&gt; 9:00am Orthros&lt;br&gt; 10:00am Divine Liturgy</td>
<td>27 Memorial Day&lt;br&gt; (Office Closed)&lt;br&gt; 10am Trisagion Prayers at Nat’l Memorial Park</td>
<td>28 5pm Youth Conv. Greek&lt;br&gt; 7:00pm Parish Council</td>
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PHILOPTOCHOS by Mary K. Varlas

CHRIST IS RISEN. TRULY HE IS RISEN.

To our members and parishioners, I hope you had a Happy Easter. Once again my heart felt gratitude for our Dream Baking Team and the incredible committee that, year after year, help make our bake sales great events. The Easter Lambathes were the highlight of our Easter. Niki Tsakonas-Bouloukos, Lia Papailias, Nicole Christacos, and Nia Vroustouris were the talent behind the beautiful creations we all saw during the Resurrection and the Agape services. I’m already looking towards next year to see what wonderful designs they create.

To all our new Stewards, thank you for joining us. We truly appreciate every one of you. Our next meeting will be held on May 19. We will also conduct elections on that day. Please keep sending in your renewals for your annual stewardship. It is an annual responsibility. At this time, we have 152 paid members for 2019.

Please join us for a continental breakfast on Sunday, May 5. This fundraiser is to help our brothers and sisters in Greece and Cyprus. All parishioners are welcome. Then on Saturday, June 1, our Annual Luncheon will take place at Nostos Restaurant, 8100 Boone Blvd, Vienna, VA once again. Please make your reservations as soon as possible. You may drop by the Philoptochos table during coffee hour or call Mary Varlas to make your reservations. Space is limited. All reservations are prepaid. No payment will be accepted at the door.

All of our information is at your fingertips. Please Like and share our Facebook Page, Instagram, and Twitter. Also, our calendar of events is listed on our Saint Katherine home page, under Announcements and on our Philoptochos web page.

DAUGHTERS OF PENELOPE by Barbara Koltos

CHRISTOS ANESTI! Our sisterhood is doing well. Our next article will have all the details of our April meeting, including information regarding our new board and philanthropic projects. Plans are made for our final lunch on June 14, 11:30am, at Our Mom Eugenia, 1025 Seneca Road #H, Great Falls, VA 22066. I hope you can all make it. The food is excellent and the more the merrier. Friends and spouses are welcome, but reservations are required.

END-OF-YEAR CELEBRATION

Luncheon with Buffet Style Serving
$35 per person

Location: Our Mom Eugenia
Saturday, June 15 ~ 11:30am to 1:30pm

Greek Salad | Tiropita | Spanakopita
Keftedakia | Tzatziki | Melitzanosalata | Fava
Chicken | Salmon
Oven Baked Potatoes | Spanakorizo
Portokalopita

Please send checks to Karen Polizos at 903 Holly Creek Road, Great Falls, VA 22066. Please include your and your guests’ names.
ALL AROUND THE TOWN
by Joanna Bose

TINTORETTO

WHAT IS MOST INTERESTING ABOUT TINTORETTO (Jacopo Robusti) is how he carved an incredible legacy for himself in Venice, where competition was fierce for commissions and visibility. Under the enormous shadow of his teacher Titian, he had to assiduously perfect his art with the goal of distinguishing himself from his contemporaries.

If we look at the painting of Saint George on the right, the ‘action’ takes place in the background where George is slaying the man-eating dragon. The heavens open to reveal a divine image; but the focus is always in the foreground, where the beautiful, Venetian-looking princess, replete with scarf and jewels, is escaping the danger, her colorful cape billowing behind her. Her cape, in fact, its movement, expresses the turbulence in her mind and heart.

If Tintoretto took on subjects that were treated by other artists, including religious subjects, he made sure he put his own distinctive stamp on them. In this instance, he takes the legend of Saint George, embellishes it, adding both drama and sensation to the painting. It is stunning.

I had gone specifically to see the religious works. There were some, but not that impressive. Tintoretto’s “Last Supper” (1566) is rendered as almost a normal meal with all the disciples. Its deliberate contrast to the formality of da Vinci’s grand, sober, elegant masterpiece, was disappointing for me. It was not better or more interesting.

Another painting, “The Deposition of Christ” (circa 1562) is interestingly composed. Figures overlap and sorrow reigns; the Virgin Mary is shown fainting at the sight of her beloved son. Tintoretto’s sense of theater allowed him to assemble scenes from the Bible which have an impact largely through sheer size. Many of these paintings are huge. His interest in sculpture resulted in figures being well drawn, even if a bit too muscular. His two masters were Michelangelo and Titian. And in many of these paintings, Tintoretto prefigures Caravaggio in the use of chiaroscuro; and one can see similarities with El Greco too. The Virgin Mary in the “Deposition” has an El Greco face.

I need to mention that the portraits painted by the artist are also very good. His early self portrait completely reveals him as a young man: he was taking on the world of Venice by storm. The self-portrait in his later years mirrors the ravages of time.

What Tintoretto left as his big legacies were the decorations he installed in the Scuola Grande di San Rocco. And the Scuola Grande di San Marco, where in 1548, Tintoretto installed his “Miracle of the Slave” seen on the left, with the descending image of Saint Mark saving his beloved servant, destroying the instruments of torture. Tintoretto’s son Domenico continued his father’s work with paintings of the life of Saint Mark, including “St. Mark’s Body Brought to Venice” (circa 1562). Tintoretto did his best work on the grand scale he could use freely.

I would love to see those great works in their original settings in Venice.

WEEKDAY ADULT BIBLE STUDY

OUR WEEKDAY BIBLE STUDY on the Catechetical Lectures of Saint Cyril of Jerusalem, led by Professor Ioannis Gkigkitzis, meets on Tuesdays at 7:15pm in the board room.

SAINT GENEVIEVE ORTHODOX BOOK CLUB

SAINT GENEVIEVE ORTHODOX CHRISTIAN BOOK CLUB is currently reading Wounded by Love: The Life and Wisdom of Saint Porphyrios. Copies of the book are available for purchase in the parish bookstore. Our next meeting is on Sunday, May 5, 12:30pm, following the Divine Liturgy. All are welcome and we hope to see you there. Teen babysitters are available for parents with small children. Please contact Victoria Cherpes (victoriacherpes@gmail.com) for more information.
MAY CHURCH DUTY ROSTER

<table>
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<tr>
<th>May 5, 2019</th>
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<tr>
<td>C. Mavromatakis, Captain</td>
<td>Jimmy Kontzamanys</td>
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<td>Dr. Domenic Carr</td>
<td>Bill Polizos</td>
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<td>Mark Cherpes, Captain</td>
<td>George Moshos</td>
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<td>George Moratis</td>
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<td>John Ziu, Captain</td>
<td>Chris Sneer</td>
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<td>Ray Vazquez</td>
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<td>Effie Sarantis</td>
<td>Youth Volunteers</td>
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<td>May 26, 2019</td>
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<td>Maria Wills, Captain</td>
<td>Hon. Manuel Capsalis</td>
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<td>Tony Alexis</td>
<td>Craig Thomas</td>
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<td>Andrea Ballard</td>
<td>Steve Veletsis</td>
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BOOK REVIEW

Gregory McKinney


Remakes and retellings are popular. But sometimes remakes turn out to be pale imitations of the original. This is absolutely not the case with Rosana. It is fresh and engaging, quickly-paced, and full of pathos, humor, and feeling. Dorham has a gift for dialogue and character. Rosana (Ruth) is a fiery redhead, at once abused, spoiled, artistic, and heroic; her mother-in-law Norma (Naomi) is the epitome of maternal love and the dependency of old age; and Norma’s distant cousin Barto (Boaz) is a man of accomplishment and decency.

Barto continually struggles between amazement and confusion as he faces Rosana’s improbable yet firm commitment to Norma. When Rosana returns home a wreck after her first day of gleaning onions, Barto grasps their situation for the first time:

“My cousin tells me you have given up everything – home, family, country – to come here and help her. Is this true?” Rosana started to shrug, but the sting of Sister Estelle’s ministrations reminded her to keep still. “Yes,” she said simply. “In this country, it is the job of the closest relative to help when there is no one else to help. I am almost Norma’s closest relative, so even if you do not ask for my help, I am bound by duty to family and God to give it. Do you understand?” He smoothed a tear from her cheek where it hung at the end of a trail of white amid the dirt. His touch made her shiver. Again. (p. 101)

Dorham lays out the poverty and rough conditions many (including Rosana and Norma) face every day in the Dominican Republic, the book’s setting. Regardless, her heroine remains her own person. After being repeatedly harassed by a local lecher, she takes him on when he tries to break into her shack:

“Listen to me, Jaime,” she whispered, “and listen closely. I am about to light your boots on fire. When they are lit, they will spread fire everywhere you step, especially in the paint thinner I just poured on the ground and on your truck. You will have to move very, very fast to keep your clothes from catching on fire. With any luck, the hairspray will have burned off before you light your truck on fire, but just in case you try to hang around, I am going to stand by with my lighter.” She didn’t wait to hear his garbled anger. Reaching down to his upraised boots, Rosana flicked the lighter. (p. 150)

Dorham lays out the poverty and rough conditions many (including Rosana and Norma) face every day in the Dominican Republic, the book’s setting. Regardless, her heroine remains her own person. After being repeatedly harassed by a local lecher, she takes him on when he tries to break into her shack:

Get a copy of Rosana to take to the beach this summer. And make sure you don’t get on Dorham’s bad side.

Sylvia Dorham lives contentedly in northern Virginia with her husband of more than two decades, a bunch of kids, and two unruly dogs. She has authored a wide variety of books, including for children and nonfiction works on human trafficking.
The Significance of MOTHERHOOD for the WHOLE CHURCH
An Afternoon Retreat

What does the Orthodox Church have to say about motherhood?

What does motherhood have to say to the Church?

Saint Mary’s Orthodox Church
7223 Roosevelt Avenue
Falls Church, Virginia

Saturday, May 18, 2019
2:00pm - 4:30pm

Refreshments will be served.
The event is free of charge.

Please RSVP to:
yam@stmaryorthodox.org

These questions and more will be explored with Carrie Frederick Frost, Ph.D., author of Maternal Body: A Theology of Incarnation from the Christian East (Paulist Press).

Interested in matters of family, women & men, and theology since she was a child growing up in the Orthodox Church in West Virginia, she studied Orthodox theology at the University of Virginia and now teaches at Saint Sophia Ukrainian Orthodox Seminary. She resides in the Pacific Northwest with her husband and their five children.

Chrysostom also pointed out that prior to the Resurrection no one asked anything in Christ’s name. After the Resurrection, because of the Holy Spirit, Christ was able to speak plainly with the Apostles. “Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full” (John 16:24). Christ showed it to be good that He should depart, if until now they had asked nothing, and if then they should receive all things whatever they should ask. “For do not suppose, because I shall no longer be with you, that you are deserted; My Name shall give you greater boldness.” Since then the words which He had used had been veiled, Christ said, “These things I have spoken to you in figurative language; but the time is coming when I will no longer speak to you in figurative language, but I will tell you plainly about the Father” (John 16:25). “There shall be a time when you shall know all things clearly.” Here Christ speaks of the time of the Resurrection. “Then, I shall tell you plainly about the Father.” For Christ was with them, and talked with them forty days, being assembled with them, and speaking of the things concerning the kingdom of God (Acts 1:3, 4). “Because now being in fear, you pay no attention to My words. But then when you see Me risen again, and converse with Me, you will be able to learn all things plainly, for the Father Himself will love you, when your faith in Me hath been made firm.”

Thus, we are no longer doleful, downhearted, and despondent. Just because Easter is over, the celebration of the Resurrection is not. Invite your families and friends to come every Sunday to partake of the Resurrection of our Lord and to affirmed in our own life His promise of the Kingdom to come.

May the Blessing of our Lord and the gifts of the Holy Spirit be with you!

Love,
Fr. Costas
SHOWN BELOW is a list of families and individuals who participated in the 2019 Saint Katherine Stewardship Program and His Church. Read more about stewardship at http://www.saint-katherines.org/stewardship/

Any questions? Please contact Lori Nelson at lnelson@stkchurch.com or 703-671-1515.

(Continued on page 15)
Saint Constantine. This great and renowned sovereign of the Christians was the son of Constantius Chlorus (the ruler of the westernmost parts of the Roman empire), and of the blessed Helen. He was born in 272, in (according to some authorities) Naissus of Dardania, a city on the Hellespont. In 306, when his father died, he was proclaimed successor to his throne. In 312, on learning that Maxentius and Maximinus had joined forces against him, he marched into Italy, where, while at the head of his troops, he saw in the sky after midday, beneath the sun, a radiant pillar in the form of a cross with the words: “By this shalt thou conquer.” The following night, our Lord Jesus Christ appeared to him in a dream and declared to him the power of the Cross and its significance. When he awoke in the morning, he immediately ordered that a labarum be made (which is a banner or standard of victory over the enemy) in the form of a cross, and he inscribed on it the Name of Jesus Christ. On the 28th Of October, he attacked and mightily conquered Maxentius, who drowned in the Tiber River while fleeing. The following day, Constantine entered Rome in triumph and was proclaimed Emperor of the West by the Senate, while Licinius, his brother-in-law, ruled in the East. But out of malice, Licinius later persecuted the Christians. Constantine fought him once and again, and utterly destroyed him in 324, in this manner he became monarch over the West and the East. Under him and because of him all the persecutions against the Church ceased. Christianity triumphed and idolatry was overthrown. In 325 he gathered the First Ecumenical Council in Nicaea, which he himself personally addressed. In 324, in the ancient city of Byzantium, he laid the foundations of the new capital of his realm, and solemnly inaugurated it on May 11, 330, naming it after himself, Constantinople. Since the throne of the imperial rule was transferred thither from Rome, it was considered the continuation of the Roman Empire. Falling ill near Nicomedia, he requested to receive divine Baptism, according to Eusebius (The Life of Constantine. Book IV, 61-62), and also according to Socrates and Sozomen; and when he had been deemed worthy of the Holy Mysteries, he reposed in 337, on May 21 or 22, the day of Pentecost, having lived sixty-five years, of which he ruled for thirty-one years. His remains were transferred to Constantinople and were deposed in the Church of the Holy Apostles, which had been built by him (see Homily XXVI on Second Corinthians by Saint John Chrysostom).

As for his holy mother Helen, after her son had made the Faith of Christ triumphant throughout the Roman Empire, she undertook a journey to Jerusalem and found the Holy Cross on which our Lord was crucified (see Sept. 13 and 14). After this, Saint Helen, in her zeal to glorify Christ, erected churches in Jerusalem at the sites of the Crucifixion and Resurrection, in Bethlehem at the cave where our Saviour was born, another on the Mount of Olives whence He ascended into Heaven, and many others throughout the Holy Land, Cyprus, and elsewhere. She was proclaimed Augusta, her image was stamped upon golden coins, and two cities were named Helenopolis after her in Bithynia and in Palestine. Having been thus glorified for her piety, she departed to the Lord being about eighty years of age, according to some in the year 330, according to others, in 336.