HOLY ASCENSION

HOLY ASCENSION is celebrated on the 6th Thursday (40 days) following Christ’s resurrection. The Lord Jesus passed 40 days on earth after His Resurrection from the dead, appearing continually in various places to His disciples, with whom He also spoke, ate, and drank, thereby further demonstrating His Resurrection. On this Thursday, the 40th day after Pascha, He appeared again in Jerusalem. After He had first spoken to the disciples about many things, He gave them His last commandment, that is, that they go forth and proclaim His Name to all nations, beginning from Jerusalem. But He also commanded them that, for the present, they were not to depart from Jerusalem, but to wait there together until they received power from on high, when the Holy Spirit would come upon them.

Saying these things, He led them to the Mount of Olives, and raising His hands, He blessed them; and saying again the words of the Father’s blessing, He was parted from them and taken up. Immediately a cloud of light, a proof of His majesty, received Him. Sitting thereon as though on a royal chariot, He was taken up into Heaven, and after a short time was concealed from the sight of the disciples, who remained where they were with their eyes fixed on Him. At this point, two Angels in the form of men in white raiment appeared to them and said, “Ye men of Galilee, why stand ye gazing up into Heaven? This same Jesus, Who is taken up from you into Heaven, shall so come in like manner as ye have seen Him go into Heaven” (Acts 1:11). These words, in a complete and concise manner, declare what is taught in the Symbol of Faith concerning the Son and Word of God. Therefore, having so fulfilled all His dispensation for us, our Lord Jesus Christ ascended in glory into Heaven, and sat at the right hand of God the Father. As for His sacred disciples, they returned from the Mount of Olives to Jerusalem, rejoicing because Christ had promised to send them the Holy Spirit.

It should be noted that the Mount of Olives is a Sabbath’s day journey from Jerusalem, that is, the distance a Jew was permitted to walk on the day of the Sabbath. Ecumenius writes, “A Sabbath day’s journey is one mile in length, as Clement says in his fifth Stromatis; it is two thousand cubits, as the Interpretation of the Acts states.” They draw this conclusion from the fact that, while they were in the wilderness, the Israelites of old kept within this distance from the Holy Tabernacle, whither they walked on the Sabbath day to worship God.
CLERGY
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Arthur Dimopoulos, Secretary  703-642-6065  giasou@verizon.net
George Moshos, Treasurer  202-409-2302  gmoshos@aol.com

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AHEPA #370 (Mt. Vernon)  George K. Eliades, President  703-281-0083  antoivi@verizon.net
AHEPA #438 (P. Derzis)  Angelo Toutsi  703-281-0843  jmoore24@csc.com
Bookstore  Christopher and Frances Kalavritinos  703-671-1515
Choir  John Doulos  703-899-4131  jdoulos@aol.com
Daughters of Penelope Helle #283  Jane Moore, President  540-847-2215  pruzpauline@stkchurch.com
DOXI  Presv. Pauline Pavlakos  703-239-2627  tiffany_wills@bullis.org
GOYA (ages 13-18)  Tiffani Wills, President  703-948-7950  frcostas@stkchurch.com
GRACE  Fr. Costa Pavlakos  703-671-1515  fcostas@stkchurch.com
Greek School Auxiliary  Elena Lagos, President  703-241-1176  kmalexis76@gmail.com
HOPE (ages 7 and under)  Kelly Alexis, Director  703-909-2256  pruzpauline@stkchurch.com
Listserv (email list)  Presv. Pauline Pavlakos  703-239-2627  athena02@verizon.net
JOY (ages 8-12)  Tina Papamichael, Director  703-536-4711  demakis9931@gmail.com
Missions and Outreach  Dr. John Demakis  703-319-1610  helenjspanos@gmail.com
Parish Committees, List of  http://saint-katherines.org/about_us/parish-committees  helenjspanos@gmail.com
Philoptochos  Helen J. Spanos, President  703-536-3322  dimitiri14@verizon.net
Psalters  James Loizou, Protopsaltis  703-356-8220  villa45@hotmail.com
Safeway eScrip  Elvira Garnett  703-425-3675  villa45@hotmail.com
Website  Presv. Pauline Pavlakos  703-239-2627  pruzpauline@stkchurch.com
Women’s Book Club  Christina Vazquez  703-723-7424  czvmail@aol.com
YAL (Young Adult League)  TBD

CHURCH SCHOOLS
Adult Bible Study (Saturdays)  Gregory McKinney  571-338-6929  dintym@hotmail.com
Adult Bible Study (Sundays)  Bill Polizos  571-434-7790  polizos@att.com
Adult Catechetical (Sunday) School  Bill Polizos  571-434-7790  polizos@att.com
Youth Catechetical (Sunday) School  Christian Demeter, Principal  703-534-5669  ccdemeter@excite.com
Greek School  Sophia Tsangali, Principal  703-671-5820  stsgangali@stkchurch.com
PAIDEIA Bilingual Preschool  Maria Papathanassiou, Director  703-671-7715  mmpaptahanassiou@gopaideia.org
Stewardship is an expression of faith whose primary purpose is to promote spiritual growth—a growth in Grace and a more fully developed faith leading ultimately to our salvation.

Fellow Parishioners:

Χριστός Ανέστη! Christ is Risen! In the coming weeks, our parish’s stewardship program will begin undergoing a fundamental transformation by focusing on the services and ministries our Church offers to our community. By providing our parishioners greater opportunities to become further involved in the life of the Church, we intend to effect a shift away from an emphasis on financial aspects to a service-oriented stewardship. Many of you are already aware of operating costs and other financial realities we deal with on a day to day basis, but in this new context, our finances, while certainly not unimportant, are clearly secondary at best in this new vision of stewardship.

To start, we plan to develop and publish a high quality Catalogue of Ministries to educate parishioners and prospective new stewards as to the breadth, depth, and richness of ministries at Saint Katherine and encourage their involvement in the life of the Church through their participation in these ministries. Secondly, we will establish a Council of Ministries to meet on a quarterly basis to share ideas, strategies, programs, and best practices and to find areas ministries can work on together. Communication among ministries will improve dramatically and a coordinated ministry calendar of events will avoid scheduling conflicts.

We are confident such a ministry-based organization, led by the Parish Council and our Proistamenos, will renew and strengthen our stewardship ministry. Emphasizing our diverse ministries and promoting active participation of our stewards in the life and activities of the Church will also foster a more willing and joyful attitude with regards to stewardship by all parishioners. It logically follows that our community will be strengthened as well.

By promoting spiritual development through the understanding and practice of true Christian stewardship, and by dramatically improving outreach and communications with individual stewards, we intend to foster a parish culture overflowing with joy, peace, and loving care of one for another, thereby encouraging:

- Excellent attendance and participation in sacraments
- Active/enthusiastic participation in activities, functions, and extensive ministries
- Enthusiastic volunteerism of time and talents
- Generous donations
- All parish organizations to become stewards of the Church
- Spiritual and numerical growth.

When we achieve the successes outlined above, it will be possible to generate all revenues necessary for the operation of the church from our stewardship ministry. Proceeds from events such as parish festivals may then be used for other purposes (eliminating debt, capital improvements, etc.) as deemed appropriate by the General Assembly.

Just think of the possibilities!

Your Servant in Christ,

[Signature]

President, Parish Council
CATECHETICAL (SUNDAY) SCHOOL

CHRIST IS RISEN, Truly He is Risen!

Amazingly, we are fast approaching the end of the 2011-2012 Catechetical (Sunday) School year. The staff trusts that each of our students has had an enjoyable and productive year. We want to thank the parents for bringing your children to Church and to class. The teachers and staff appreciate your faith as we pursue this educational mission of our Holy Orthodox Church. This year we again registered in excess of 200 students!

The last day of Catechetical School will be on Sunday, May 20. On this last day there will be only one Divine Liturgy during the normal second Liturgy time. All of our students will meet in their classrooms as usual from 9:30am to 10:30am, our awards ceremony will occur at the close of the Divine Liturgy. Students from Kindergarten through the Twelfth Grade will leave their classrooms for church with their teacher/teachers, and parents will pick up their child/children from church after Fr. Costas acknowledges our teachers and completes the presentation of certificates to our students. Parents of our Pre-K students will follow their regular routine: They will pick up their child/children from their classrooms at 10:30am; however, we trust that they too will attend the Divine Liturgy and afterward come to the Catechetical School party, which will be held in either Founders’ Hall or the Meletis Charuhas Center, depending on availability. We need volunteers to help serve pizza and drinks. Please just come over and pitch in. Thank you.

Our staff wishes all of our young people and parents a pleasant and relaxing summer. We encourage all of our families to continue attending church on a regular basis.

VACATION BIBLE CAMP

ATTENTION PARENTS: If your child is between the ages of 4-12 you might want to consider registering him/her for the 2012 Saint Katherine Vacation Bible Camp. This year, camp will begin on Monday, June 25 and end on Friday, June 29. Space is limited. Only 60 seats are available, so make sure to register early. This year’s theme is My Orthodox Journey. Younger students will learn about the various areas in the church, from the Narthex to the Altar, and the older students will take a “trip” to Constantinople, Mount Athos, Mount Sinai, and Jerusalem. Registration is $30 and forms can be found in the Narthex. Additionally, if you would like an electronic form, email Christina Vazquez at cvzmila@aol.com or Daphne Papamichael at cyprusd@aol.com.

ORATORICAL FESTIVAL 2012

SAINT KATHERINE HAD A WONDERFUL Oratorical Festival this year. We had a record number of speeches this year and achieved some new heights: 1) We had our first Oratorical Speech duet and 2) our Pre-K 3½ year old children participated for the first time.

In the formal competition, we had two fantastic junior division participants—Katerina Silis and Sophia Gull. Ms. Gull won 1st place in our local parish competition. Both Miss Silis and Miss Gull went to represent our parish at the District competition in Virginia Beach. Among 14 participants at the District Level, Ms. Gull placed third, with the opportunity of moving to the Metropolis level in the event the first or second place winners are unable to attend. Miss Silis also did a fantastic job, receiving an Honorable Mention.

As a community we are very proud of our two juniors who exhibited their love for our faith and represented our parish well. Please join me in congratulating them. They will be offering their Oratorical speeches soon after both liturgies.

GOYA

GOYA WOULD LIKE TO THANK EVERYONE who supported our 2012 Paul C. Vlachos Memorial Basketball Tournament. Our church family contributed in many ways, including, but not limited to, donating food, purchasing ads for our tournament book, and cheering us on. Special thanks to the Christou Family of Gold Crust Bakery for the sub rolls and Jim Kontzamanys of Springfield Restaurant and Pizzeria for the salad for Saturday’s lunch, Peter Bota of Metro 29 for Saturday’s Dinner, and Olympia Moshos and family for Sunday’s lunch. We will post a complete list of donors on the GOYA web page following the tournament.

Our Boys B team will participate in the Saints Constantine and Helen, Annapolis Basketball Tournament on May 5 and 6.

GOYA has church duty during second liturgy on Mother’s Day, Sunday, May 13. Theano Goranitis will be the GOYA Captain and read the Epistle. GOYA, in honor of all mothers, will provide some of the refreshments for the Coffee Hour.

Please note that the last two-liturgy Sunday until the fall is Sunday, May 13.

METROPOLIS OF NEW JERSEY APP FOR APPLE AND ANDROID

The Greek Orthodox Metropolis of New Jersey has created an App for Apple and Android. We are the first Orthodox Metropolis in the world to offer such a service. The “Near Me” feature allows you to locate a Greek Orthodox church wherever you may be in the United States. Many more interesting items are available. Please check this out.
ΕΠΙΑΓΓΕΛΜΑ
Σοφία Δ. Τσαγκάλη

Μετά το Πάσχα…ο Μάιος! Ο μήνας της χαράς, των λουλουδιών και…των εξετάσεων! Άλλα παιδιά τελειώνουν το high school (λύκειο) και ετοιμάζονται για το πανεπιστήμιο. Άλλοι τελειώνουν το πανεπιστήμιο και ετοιμάζονται να ριχτούν στον αληθινό στιγμιαίο εργασίας της ζωής. Είναι πια σε ρητίνια οι μαθητές του high school να σκέφτονται τον επαγγελματικός τους προσανατολισμό. Ακριβώς, κατά την σπουδαία αυτή στιγμή, ως γιατροί και δικηγόροι, οφείλουμε να προσφέρουμε τις διαφορετικές μας υπηρεσίες. Αφορά σε διαφορετικά θέματα όπως η ιθαρισμός της κατάστασης και η συμβολή των διαφορετικών καταστάσεων στην επιλογή επαγγέλματος των μαθητών.

Παράλληλα, οι άνθρωποι το παιρνόντες την μια μέρα και την άλλη το άλλαξε, αλλά είναι κάτι που τον συνοδεύει χρόνια στη ζωή του και πολλές φορές μέχρι το τέλος της ζωής μας. Δεν μπορούμε εύκολα να αλλάξουμε και διάφορες ορές και σε διάφορες εποχές της ζωής. Παράλληλα, η επόμενη εποχή είναι και η τελευταία. Με την μόρφωσή μας συνήθως κατακόμβα και το επαγγέλματά μας. Αυτό είναι πολύ σημαντικό, γιατί ένας καθηκόντων, από την επαγγελματική του θέση, έχει να παίξει σημαντικό και συμβατικό ρόλο στην κοινωνία. Γιατί, από την θέση του αυτή, θα επηρεάζει την κοινωνία, είτε προς το καλό είτε προς το κακό, μπορεί να γίνει ευλογία ή κατάρα. Ξέρετε μέχρι σήμερα η επίδραση των μορφομένων μας σε πολλές περιπτώσεις ποιά ήταν; Η καμμία ή αρνητική, γιατί το κατάνεμα της κοινωνίας οφείλεται κατά μέρος μέρος στους μορφομένους. Πάρα πολλοί, όπως εκπαιδευτικοί, πολιτικοί, γιατροί, δικηγόροι και τόσοι άλλοι χρησιμοποίησαν το επάγγελμά τους για να οδηγήσουν τον άνθρωπο μιαν από τον Θεό και την ηθική. Το βιβλίο του Τ. Τοθ όμως, ο Ο Χριστός και οι νέοι μας δίνει αριστείς, ηθικές συμβουλές πάνω στο θέμα του επαγγελματικού προσανατολισμού. Εμπίπτει όμως, ως χριστιανοί, ζώντας τις εντολές του Κυρίου, οφείλουμε να επηρεάζουμε διαίοτα τον επαγγελματισμό μας εντός της κοινωνίας, γιατί η μόρφωσή μας αποτελεί τάλαντο, που ο Θεός μας έδωσε, και πρέπει να χρησιμοποιηθεί για το καλό.

ΕΛΛΗΝΙΚΟ ΣΧΟΛΕΙΟ

«Τα αγαθά κόσμος κτώνει!» Ετσι κι εμείς μετά από αγώνα παιδείας μας ακόμη πετυχήμενης σχολικής χρονιάς, φθάνουμε στο τέλος για να δρέψουμε χαράς, αμοιβές, αλλά και να ετοιμαστούμε, μετά την ανάπαυση του καλοκαιρίου, για την καινούργια σχολική χρονιά τον Σεπτέμβριο. Όλο τον Μάιο προετοιμάζοντας να μην αφήσουμε κενό μαθήσεις όλων εκείνων που έπεσε οι άλλοι να διδάσκουν και οι μαθητές να μάθουν. Θερμότατες ευχαριστίες σε όλους, στους μαθητές, γονείς, ερευνητές, κοινωνικό συμβούλιο, σχολική επιτροπή, στις Greek School Auxiliary, αλλά και στις διευθυντικές μας και σε όλους τους δασκάλους, οι οποίοι με συνέχεια και ανανεώνοντας αποτέλεσμα στο ερώτο θα έρχονται, επλασάνες αισθένες ψυχές των μαθητών μας Ελληνορθόδοξου!

GREEK SCHOOL

“Το άγαθο πνεύμα που αυτή την ημέρα γεννήθηκε και αποτέλεσε μια συνειδητή και προσεκτική έναδει στην εκπαίδευση της αυλίδας.”

Important Dates to Remember

May
12 Practice for Graduation Program
14 Ellinomathia Exams – A1 (children), A1 (teenagers/adults), A2, and B1 levels
15 Ellinomathia Exams – B2 and F1 levels
16 Ellinomathia Exams – T2 level
12 & 19 Practice for Graduation Program
20 (Sunday) Graduation, 5:00pm

June
1-3 Spring Church Festival
18 Comprehensive Examination in Modern Greek (Regents)

Steve, Berit and Alexandra Veletsis will travel to Houston, Texas June 10-16 to volunteer with an Orthodox Action Team Initiative for International Orthodox Christian Charities. In conjunction with Habitat for Humanity, they will join the effort to continue restoring and rebuilding homes devastated by Hurricane Ike in September 2008. The team will be housed at the Annunciation Greek Orthodox Cathedral. If anyone would like more information on this effort please contact Berit Veletsis at 703-765-3924.

(Continued on page 12, column 1)
SUPPORT OUR TROOPS MISSION
Through the generous contributions of our community, the St. Katherine family has sent over 120 lbs. to our troops serving in the Middle East. Each soldier received snacks, cookies, and personal items along with our prayers for their safe return. A special thank you to Emily Vazquez, Stephanie Vazquez, and Katie Valases for their help in organizing and packaging each of the boxes that were sent out. If you know of a solider serving overseas please contact Ray Vazquez at rayvazquez1@aol.com so that a care package can be sent out to him/her.

PROMETHEAS EVENTS
**Friday, May 4.** Presentation: *Environmental Initiatives in Greece* with Dr. Karamanlidis, at Saint Sophia Greek Orthodox Church

**Friday, May 11.** Lecture: *Η Πολιτική Διάσταση των Τραγωδιών του Αισχύλου* by Dr. Polyvia Parara, at Saint-George Greek Orthodox Church.

**Friday, May 18.** Musical Evening with Spyros Koliavasilis, at Saint George Greek Orthodox Church.

IONIAN VILLAGE 2012
www.ionianvillage.org
212-570-3536

Ionian Village, the summer camping ministry of the Greek Orthodox Archdiocese of America in Greece, is now accepting registrations for its Summer 2012 programs: *Summer Travel Camp* (June 29-July 18) and *Byzantine Venture* (July 25-August 13) for youth who have completed grades 7 through 12 and *Spiritual Odyssey*, shorter pilgrimage-style trips for young adults ages 19-28, Cyprus and Constantinople (May 30-June 9), The Greek Mainland (June 10-June 20) and The Greek Islands (July 15-July 25). Register now!

CAMP GOOD SHEPHERD 2011
The Linwood-MacDonald YMCA Center
Branchville, New Jersey

**July 8-14:** JOY (ages 8-12)
**July 15-21:** GOYA #1 (ages 13-18)
**July 22-28:** GOYA #2 (ages 13-18)

For more information, contact the Metropolis Youth Office at 908-301-0500 or youth@nj.goarch.org.

REGISTRY

**Baptisms**
Charles John (April 21)
son of John and Heather Kyriakou
Godparents: Stavros Kalamatianos and Theodora Adamopoulos

Sarrah Elizabeth (April 22)
daughter of John Nicholas and Carly Elizabeth Alexiades
Godparent: Alex Bassam Haje

Nikolas John (April 29)
son of John and Kaliopi Polizos
Godparents: Spiros and Olga Fotelargias

Savvas Tristan (April 29)
son of Anastasios Savvas and Erin Hurst Anastasiou
Godparents: Nicholas and Gissel Ploutis

**Chrismation**
Sarah (March 18)
daughter of Warner and Nancy Camp
Sponsor: Maria Mathios

**Weddings**
Ellen Rober Amireh
and
Ehab Hanna Taye (April 21)
Koumaros: Eyad Taye

Rebecca Eileen Malone
and
George Ralis (April 28)
Koumaroi: Nicole Leontsinis and Dinos Papoulias

Congratulations!

**Funerals**
Omorfia Spathopoulos (March 17)
in New Rochelle, NY
Kathryn Xidon (April 6)
James John Tsantes (April 9)
May their memories be eternal.
LOCAL EFFORTS

**OCMC Benefit Dinner.** The 2012 Benefit Dinner for the Orthodox Christian Mission Center (OCMC) will be held at Saint Katherine on Saturday, April 28. The evening will start with pan-Orthodox Vespers at 5:00pm. We are pleased to announce that the main speaker will be the Executive Director of the OCMC, Fr. Martin Ritsi. Fr. Martin served as a mission priest for four years in Kenya and six years in Albania with Archbishop Anastasios. He has been the Executive Director of the OCMC for 13 years. Hear about the exciting things happening in Orthodox Missions around the world. Fr. Martin’s topic will be *Has Ears, Let Him Hear: Preaching the Word Where It Has Not Been Heard.* Come and be a part of this important event. The reservation deadline is April 25. Tickets are $60 per adult, $18 for children ages 6-18 years old, and free for children under the age of 6. Contact Gregory Mersereau (jwmster@gmail.com) for application information and tickets.

**Appalachia Outreach.** We need your help! Led by Fr. Costas, our Mission and Outreach Committee is organizing a pan-Orthodox group to travel to the West Virginia Panhandle region from August 24–26, 2012 in support of Habitat for Humanity’s “critical repair” projects. Critical repairs translate into many areas: painting, clearing debris, roofing, basic carpentry, plumbing, etc. The goal is to help the poor, predominantly elderly, residents in the region have safer, drier, and healthier living conditions. We encourage both our youth (ages 14 and older accompanied by a parent) and adults to volunteer for this worthwhile effort. If you have a construction-related skill, please consider volunteering, we especially need you, but workers at all skill levels are welcome. Habitat will provide a project coordinator at each repair site along with all the required job materials. This mission offers an excellent opportunity for volunteers to help a disadvantaged group by providing an immediate service and to reinforce the commitment of our faith to help the less fortunate.

Each volunteer will contribute to the costs for transportation, lodging, and meals. We are looking into renting a bus and having group members share rooms in a modest motel near the work sites in Martinsburg, WV. Details to follow.

Please contact Daphne Papamichael (cyprusd@aol.com) or Stacey Kazacos (stacey@sent.com), if you are interested in participating in this mission.

**Baileys Crossroads Shelter.** There are many opportunities to help the homeless at Bailey’s Crossroads. The following groups will prepare the meal and serve the homeless at Bailey’s Crossroads Shelter: Missions and Outreach Committee (dinner on April 24), Greek School parents (lunch on May 5), and Vacation Bible Camp children and parents (Continued on page 11)

GLOBAL MISSIONS

**2012 OCMC mission teams.** The Orthodox Christian Mission Center (OCMC) has announced its short-term mission teams for 2012. There will be 15 short-term teams (2-3 weeks) going to nine countries, including Kenya, Tanzania, Uganda, Moldova, Romania, Mongolia, South Korea, Guatemala and Alaska. These teams are a wonderful opportunity to witness for your faith. Please prayerfully consider dedicating 2-3 weeks to witness for Christ. Our community will be very supportive with finances and prayers. For dates and details go to the OCMC web site: www.OCMC.org.

**Guatemala Mission Team, January 2013.** Saint Katherine will send a mission team to the Guatemala Orphanage January 16-24, 2013. Fr. Costa will be the spiritual leader and Nicole Leontsinis will be the team leader. Please contact Nicole (Nicola713@gmail.com) for application information.

**Update from Tanzania.** Our parish sponsors a nurse in Tanzania, Maria Roeber. Please keep her and the entire OCMC team in your prayers. Below is Maria’s latest report:

*Glory to God, the health center in Bukoba received government registration in mid-March! The next step in the process is to obtain a government guideline as to what requirements the health center must meet in order to function, such as how many staff to hire and in what capacity, etc. The OCMC missionary nurses will be working with representatives from KE-DAS, the Greek Non-Governmental Organization, which built and finances the health center, as well as with local representatives of the Tanzanian Orthodox Church, to interview and hire staff, and to organize the health center in order to prepare for treating patients. The health center is an outpatient clinic for now, with plans for expansion into a full hospital in later years. We are very excited to be moving forward with the process, and ask for your prayers as we continue this ministry to serve people in the Bukoba area.*

**WINE AND FOOD TASTING TO SUPPORT THE UNINSURED**

Please join us on Saturday, May 19, 7:00pm in Founders’ Hall for a Wine and Food Tasting to support the Culmore Clinic, which provides basic health services to uninsured adults.

The Culmore Clinic is a project of the Bailey’s Crossroads Health Access Partnership (BxHAP), an interfaith alliance seeking to increase access to healthcare for the uninsured of the Bailey’s Crossroads community. Saint Katherine is a founding member of BxHAP.

Wines will be provided by Paradise Springs Winery of Clifton Virginia. There is no fee for the event, but direct donations to the Culmore Clinic will be solicited. If you cannot join us on May 19, but wish to support the Culmore Clinic, donations are tax deductible and can be sent to Culmore Clinic, c/o Saint Anthony Catholic Church, 3305 Glen Carlyn Road, Falls Church VA 22041.
Calling All Parishioners!!!

Our Saint Katherine Spring Festival 2012 will be held Friday, June 1 through Sunday, June 3. This event is a massive undertaking requiring many volunteers. Many of you have worked for years to make the festivals successful, but we need more help and new blood to renew our energies. The festival sounds like a lot of work and it certainly is, but the more help we have, the fewer hours each one of us needs to work. This is a great way to meet new people. It is a lot of fun and very gratifying to help the Church.

We will begin cooking and baking shortly. In order to accommodate more participation in cooking and baking, we would like to try a day shift and a late afternoon/evening shift. If you would like to help please contact Andrea Ballard (andreaballard1@verizon.net or 703-250-5419) or Elvira Garnett (villa45@hotmail.com or 703-425-3675) with your preference for day or evening and we will contact you with the schedule. The schedule will also be available on the church website, under “Announcements” and in the Sunday bulletins.

Please don’t be shy! We welcome your assistance. Help is also needed the weekend of the festival. Please contact Andrea Ballard (andreaballard1@verizon.net or 703-250-5419), if you would like to work at the festival.

Realty Alliance Inc. (RAI)

Realty Alliance, Inc. (RAI), http://raidonations.org, is an organization dedicated to the funding of nonprofit organizations such as Saint Katherine, through affiliated real estate agents who donate a portion of their compensation. Anyone wishing to buy or sell real estate merely checks the website mentioned above for a participating realtor who will ensure their donation is made to our parish. We hope all parishioners will consider using the services of realtors who participate in this endeavor and further hope that you designate Saint Katherine as the recipient of your generosity.

Attention Safeway Supporters: GATORADE will donate 5% of the purchase price to Saint Katherine when you purchase any two (2) or more GATORADE or G2 20 oz. 8-packs in a single transaction at a Safeway store, using your registered Safeway card. AND 10% will be donated when you buy any GATORADE PRIME or GATORADE RECOVER. The program is good between 4/18/2012-5/3/2012 and 5/23/2012-6/1/2012. Happy shopping and thank you. For more information, call Elvira Garnett, 703-425-3675.

Summer Camp

for children ages 3 to 5

July 9 – August 17
(6 weekly sessions)

9:00am to 3:30pm, Monday-Friday

Weekly themes include:

1. Crafty Creations
2. Baking Basics
3. Exploring Ellada - the Olympics
4. Music, Poetry, Rhythm and Art with Ms. Gilda
5. Under the Sea
6. Movement and Dance

Cost: $210 per week

Sign up by April 30. Space is limited.

For registration information:
Email director@gopaideia.org or call 703-671-7715.

Easter Thank You

Many thanks to all parishioners who graciously contributed to our church for Easter: Mrs. Andrea Demetriou who donated the Easter eggs; Mrs. Ramona Velezis and her daughters, Martha and Theodora, for dyeing the eggs; GOYA for donating the organza bags for the Easter eggs; Presvytera Pauline Pavlakos and members of our community for making the palm crosses and wrapping the Easter eggs; Sophia Tsangali and the ladies and girls who decorated the Epitaphio so beautifully; all who donated wreaths for the Estavromeno and flowers for the Epitaphio and the Anastasi; Mrs. Christina Vazquez and the Myrrhbearers; Mr. Jordan Skenteris and his family for the delicious Palm Sunday Fish Family Luncheon; Mr. and Mrs. John Gouvis for the delicious magiritsa soup after the Anastasi midnight service; Mr. Chris Skenteris for the children’s Easter Egg Hunt; our priests, chanters, and choir (how could we have celebrated Holy Week and Easter without them?); Mr. Jim Stoucker, the president of our Parish Council; the Parish Council members; and the various other volunteers. Many thanks to all who helped the Church with monetary donations during Holy Week and Easter. Thank you and may God bless all the members of our Church and all people! Christos Anesti!
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
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| 1 Adult Greek School  
6:00pm Introductory II  
7:30pm Introductory I  | 2 10:30am Women’s Book Club  
6pm Conversational Greek  
7:00pm Basketball (G.S. and Paideia Parents)  | 3 Adult Greek School  
6:00pm Intermediate  
7:30pm Advanced  | 4 5:00pm Greek School  | 5 Irene the Great Martyr  
9:30am Orthros  
10:30am Divine Liturgy  
9:30am Greek School  
Greek School Feeding the Homeless at Bailey’s Crossroads Shelter  |
| 6 Sunday of the Paralytic  
8:00am Divine Liturgy  
9:30am Orthros and Catechetical School  
10:30am Divine Liturgy  | 7 10:30am Women’s Book Club  
6pm Conversational Greek  
7:00pm Basketball (G.S. and Paideia Parents)  | 8 Adult Greek School  
6:00pm Introductory II  
7:30pm Introductory I  | 9 10:30am Divine Liturgy  
12:00pm Philoptochos Elections and Meeting  | 10 5:00pm Greek School  |
| 13 Samaritan Woman Mothers’ Day  
8:00am Divine Liturgy  
9:30am Orthros and Catechetical School  
10:30am Divine Liturgy  | 14 7:00pm DOP Meeting  
7:00pm YAL Deuteri Deutera (sandwich making for the homeless)  | 15 Adult Greek School  
6:00pm Introductory II  
7:30pm Introductory I  | 16 10:30am Women’s Book Club  
6pm Conversational Greek  
7:00pm Basketball (G.S. and Paideia Parents)  | 17 Adult Greek School  
6:00pm Intermediate  
7:30pm Advanced  |
| 18 5:00pm Greek School  | 19 5:00pm Greek School  
(Graduation Practice)  | 20 Blind Man  
9:30am Orthros and Catechetical School  
10:30am Divine Liturgy  
12pm Sunday School Commencement  
5:00pm Greek School Graduation Vespers at SS. C&H, Annapolis  | 21 Constantine and Helen  
9:30am Orthros  
10:30am Divine Liturgy  | 22 1:00pm AHEPA Metro Golf Classic  | 23 24 Ascension of Our Lord  
9:30am Orthros  
10:30am Divine Liturgy  |
| 25  | 26  | 27 Fathers of the First Ecumenical Council  
9:30am Orthros  
10:30am Divine Liturgy  | 28 Memorial Day (Office Closed)  
10am Trisagion Prayers at National Memorial Park  | 29 10:30am Women’s Book Club  | 30 31 June 1  
11am-10pm Festival  | June 2  
11am-10pm Festival  |

Please check the online calendar, [http://saint-katherines.org/calendar](http://saint-katherines.org/calendar), for the most current information.
PHILOPTOCHOS
CHRISTOS ANESTI! We hope that everyone had a blessed lenten journey and Pascha. Our heartfelt thanks to the ladies who baked and sold pastries for our very successful Easter bake sale and to Fr. Pavlakos for delivering Easter breads and treats to our homebound seniors. This month, Philoptochos will contribute to the 75th Anniversary Founders’ Fund that provides support to long-term care facilities serving the aging Greek Orthodox population in the United States and to OCF (Orthodox Christian Fellowship) that provides Orthodox Christian support to college students on U.S. campuses.

Our election and meeting will be on Sunday, May 6, after the second liturgy, downstairs in the Meletis Charulas Hall. On Mother’s Day, Sunday, May 13, Philoptochos will give all mothers a carnation, honoring our deceased grandmothers, mothers, aunts, and sisters who have worked so tirelessly for our Philoptochos. Please mark your calendars for our end-of-year Annual Philoptochos Dinner at Anthony’s Restaurant in Falls Church on Tuesday, June 12, 6:00pm.

SAINT KATHERINE BOOKSTORE
End of Season Clearance Sale!
During the month of May, all books, icons, and Orthodox gifts are 20% off retail price (rounded to nearest dollar). The bookstore is open most Sundays after each Liturgy. Come and browse around!

UNBELIEVABLE SPIRITUAL EXPERIENCES OF AN IMMIGRANT BELIEVER OF THE ORTHODOX FAITH
by Dumitru (Dan) Carstea

Author Dr. Dumitru (Dan) Carstea takes readers on an unbelievable journey of his religious experiences that spanned about 80 years and took place in free and Communist Romania, Canada, and the United States. In this newly published book, the fourth by the author, he offers both a personal memoir and an historical glimpse of the Orthodox faith across nations and eras. Unbelievable Spiritual Experiences of an Immigrant Believer of the Orthodox Faith, follows the author’s spiritual journey—his Orthodox faith that gave him values and sustained the rest of his lifetime.

Dr. Dumitru (Dan) Carstea, M.S., Ph.D., is a relatively new member of our parish, executive, manager, non-fiction writer (four books), and author of over 250 scientific papers and technical reports, chapters in book, engineer, scientist, and entrepreneur. He is a pioneer, champion, and leading contributor to the natural resources, environment, and strategic planning. He is a member of the New York Academy of Sciences, Phi Kappa Phi, and Sigma Xi. He is listed in about 30 national and international reference books. His involvement in church, sports, communities, and travelling in over 50 countries and throughout the 50 United States, is remarkable. His personal philosophy, “Work hard, believe in yourself, family, God, and country, help the less fortunate, especially those who cannot help or speak for themselves; be the best you can be, and do it to the best of your ability” is an example to all.

For more information, visit www.Xlibris.com or www.dcarsteabookcollection.com or contact Dr. Dumitru (Dan) Carstea at dcarstea@hotmail.com.
AHEPA METRO GOLF CLASSIC FEATURES
THE DENNIS WALTERS SHOW & NFL GREATS

The Peter Derzis AHEPA Chapter 438 is honored to announce The Dennis Walters Golf Show and NFL greats will again be a featured part of their upcoming AHEPA Metro Golf Classic, in support of Fisher House and AHEPA charities on Wednesday, May 23, 2012. Walters, paralyzed from the waist down since 1974, has overcome enormous challenges and has traveled the country telling his story and encouraging others to reach for their dreams, strive for excellence and achieve things never thought possible. His one hour show featuring trick shots and other amazing feats of golfing prowess is amazing, but his inspirational message is even more inspiring. This champion of human spirit and Professional Golfer’s Association Distinguished Service Award winner comes to this event courtesy of a grant from a charitable foundation that funds a percentage of his shows for worthwhile charitable events. The participation of Washington Redskins and NFL greats like Mark Mosely, Brian Mitchell, Roy Jefferson, Brig Owens and many others has also become a staple of this popular charity event.

This exclusive celebrity event will be played on the picturesque and challenging par 71 course at Westfields Golf Club in Clifton, VA and is limited to 25 lucky foursomes who will play with past and present Washington Redskins and other former NFL players. Larry Michael, the "voice of the Redskins" will also serve as the official starter and participate in this year’s tournament.

The Captain’s Choice tournament begins with a shot gun start at 1:00 PM and will feature closest to the pin and long drive contests, as well as hole in one contests featuring new 2012 cars as grand prizes on all four par 3 holes! The day’s activities end with an awards reception and banquet featuring a silent auction following the tournament to be held in Westfield's newly renovated banquet room.

Entry fees include green fees, cart, range balls, box lunch, souvenirs and admission to the awards reception and banquet. Additionally, all registered players will receive new Callaway premium sunglasses as a special gift!

Registration couldn’t be easier! The tournament website, ahepagolf.com, has detailed information on all aspects of the tournament and allows easy on-line registration and payment for players and those wishing to help sponsor the event.

MISSIONS AND OUTREACH

(Continued from page 7)

(lunch on June 28). All organizations of our parish are encouraged to serve at least once each year at the shelter. For more information or if you would like to participate individually, email demakis9931@gmail.com (Dr. John Demakis).

Clothing and toiletries. We continue to collect new and used clothing and unopened toiletries for the Shelter. Although winter is almost over, they are still collecting warm clothing, coats, scarves, gloves, etc. They will store them for next winter. There is always a need for adult shoes (new and used in good condition) for men and women. Please give what you can. Bring your items to our community center and we will deliver to the shelter once a week. Thanks to all who have contributed in the past. Thanks also to members of our Mission and Outreach Committee who volunteer to take the items to the shelter weekly.

Furniture donations. The Shelter welcomes new and used furniture for people who are leaving the Shelter for arranged housing. The shelter will pick up furniture within a 10-mile radius of the shelter. To arrange pick up or if you have any questions, call the Shelter Director, Thomas Nichols, on his cell phone at 703-659-3460. They accept all furniture except appliances (televisions are accepted). Please do not bring the furniture to the church. Several people from our parish have donated furniture already and Mr. Nichols says thanks to all!

Cash donation. Cash donations are always welcomed by the shelter.

Thanks to all who contributed to the Diaper Collection. We received almost 40 boxes of diapers and a case of baby food. Alternative House in Vienna, Reston Interfaith Food Pantry, and Food for Others in Merrifield were all very grateful for your donations! Our next diaper drive will be around Saint Nicholas Day in December.
WHEN TOMORROW STARTS WITHOUT ME

(Attributed to David M. Romano – 1993)

When tomorrow starts without me
And I’m not there to see;
If the sun should rise and find your eyes
All filled with tears for me.
I wish so much you wouldn’t cry
The way you did today;
While thinking of the many things
We didn’t get to say.

I know how much you love me
As much as I love you;
And each time that you think of me,
I know you’ll miss me too.
But when tomorrow starts without me
Please try to understand,
That an angel came and called my name
And took me by the hand.

She said my place was ready
In heaven far above;
And that I’d have to leave behind,
All those I dearly love.
But as I turned to walk away,
A tear fell from my eye;
For all my life, I’d always thought
I didn’t want to die.

I had so much to live for,
So much yet to do;
It seemed almost impossible,
That I was leaving you.
I thought of all the yesterdays,
The good ones and the bad;
I thought of all the love we shared,
And all the fun we had.

If I could relive yesterday
Just even for awhile,
I’d say goodbye and kiss you
And maybe see you smile.
But then I fully realized
That this could never be;
For emptiness and memories
Would take the place of me.

And when I thought of worldly things
I might miss come tomorrow;
I thought of you, and when I did,
My heart was filled with sorrow.
But when I walked through heaven’s gates
I felt so much at home;
When God looked down and smiled at me
From His great golden throne.

He said, “This is eternity
And all I’ve promised you;
Today your life on earth is past,
But here it all starts anew.”
“I promise no tomorrow,
But today will always last;
And since each day’s the same day,
There’s no longing for the past.”
“But you have been so faithful,
So trusting and so true;
Though at times you did do things,
You knew you shouldn’t do.”
“But you have been forgiven
And now at last you’re free;
So won’t you take my hand
And share my life with me?”

So when tomorrow starts without me,
Don’t think we’re far apart
For every time you think of me,
I’m right here in your heart.

(Continued from page 5)

παραγωγικό επάγγελμα στην ύπαιθρο. Κανένα επάγγελμα δεν είναι κακό κατά την κοινή ρήση, αν γίνεται τίμια και ηθικά και αν έχουμε την κατάλληλη μόρφωση πάνω σ’ αυτό που κάνουμε.

Ως χριστιανοί λοιπόν αποβλέπουμε στο «καλύτερο» για να επηρεάσουμε ουσιαστικά και τους συνανθρώπους της κοινωνίας μας. Όλοι, αλλά ιδιαίτερα οι νέοι, που πλέκουν όνειρα για την επιλογή του επαγγέλματός τους, χρειάζονται και προσευχή πολλή, για να δώσει ο Θεός φωτισμό και χάρη για το «καλύτερο». Καλό είναι να συμβουλεύσουμε τους γονείς μας, τους δασκάλους μας, τον πνευματικό μας, γιατί όλοι αυτοί έχουν πείρα ζωής και θέλουν το καλό μας.

Όταν σκεφτόμαστε και πράττουμε έτσι, τότε σίγουρα η επιτυχία και η ευτυχία θα είναι με το μέρος μας!
SHOWN BELOW is a list of families and individuals who participated in the 2012 Saint Katherine Stewardship Program through April 30. Thank you for responding to the needs of our church. (Complete lists will be published periodically.)

Our stewardship pledge form is on page 15. If you have not yet sent a pledge, please complete the form and send it to the office as soon as possible. Alternatively, you may pledge online today at www.saint-katherines.org/stewardship. Your Church and community depend on your stewardship commitment.

Any questions? Please contact Anna Vassilopoulos at avassilopoulos@stkchurch.com or 703-671-1515.
ΠΡΟΣΕΥΧΗ ΓΙΑ ΤΙΣ ΠΡΟΣΒΟΛΕΣ ΤΟΥ ΠΛΗΣΙΟΥ ΜΑΣ

Χριστέ μου, Εσύ που είσαι καρδιογνώστης και γνωρίζεις τα καταβάθμισμα της ψυχής τούτων τις δύσκολες στιγμές γέμισε την καρδιά μας με υπομονή και αγάπη προς το πρόσωπο του αδελφού μας.

Εσύ που γνωρίζεις να ερεύνας τους πόδες μας βοήθησες μας να προσέχεις τη φωτοριωμενική θάλασσα στην σχέση μας και να γίνουμε περισσότερο στεροχνίο και φιλάνθρωποι. Να μην βιαζόμαστε να κρίνουμε τον πλησιόν μας από πράγματα επιφανειακά και εξωτερικά αλλά να δίνουμε περισσότερο χρόνο για να σκεφτεί και να προσέχει. Να σεβόμαστε τις δύσκολες στιγμές που περνά και να διέχουμε έμπαικτα την συμπαράστασή μας στα προβλήματα του. Βοήθησε μας να μαλάκοσισε την καρδιά μας. Να έχουμε διάκριση και να δούμε το δικό μας μερίδιο ευθυνήσ τους στα μάτια του αδελφού μας.

Γέμισε την καρδιά μας με την αρετή της μετάνοιας. Οπλίσε μας με τον υπομονήν κόρο κι ομολόγησε τα λάθη μας και εκ βάθους ψυχής να ζητούμε τη συγχώρηση. Να παίρνουμε δύναμη και κουράγιο από την δική Σου ζωή μας μας συγχροώσε και μας δεχόμαστε καθεμιαν τους συγχροώσε με αληθινή αγάπη. Να βλέπουμε τους αδέλφους μας με συμπαθία, να τους φερόμαστε με ευγένεια και να γεμίζουμε την καρδιά μας με ευγένειες ανεξάρτητα από τις προσβολές που δεχτήκαμε. Στις πολυτάραχες στιγμές του θυμού βοήθησε μας να κάνουμε πράξεις τα λόγια Σου: "οιπός κοφός ουκ ήκουν και οιπός άλλος ουκ ανοίγου το στόμιο αυτού" (Πλάθ. 37.14). "Εγώ σαν να ήκουν κοφός δεν ήκουν όσα έλεγαν εκείνοι και σαν άλλος μη έχω ψυχή μη ανοίγω το στόμιό μου, δεν απεκρίναμε διόλου." Βοήθησε μας να συγχρωμαίουμε και να δίνουμε ακτινές αγάπης και ευσχετικό σχέδιο προς αυτόν. Να προσευχηθούμε σοβατιμά και να ζητούμε το έλεος Σου.

Γλυκέ μου Ιησού, καθίστησε τον οίκο του αδελφού μας και στείλε το ἂνετο φως Σου για να βρει την σωτηρία του. "Κύριε Ιησού Χριστέ ελέησόν μας." Αμήν.
Become a 2012 Steward of Saint Katherine today!

In faith, prayer, and sacrifice, my family and I wish to share in the support and work of our Greek Orthodox Church of Saint Katherine. Out of our love and gratitude to God for all His blessings, we would like to pledge the amount of

$____________ for the year 2012

Name: ____________________________________________________________________________________

Address: __________________________________________________________________________________

City, State, Zip: ____________________________________________________________________________

Telephone and email address: _________________________________________________________________

Με πίστη, προσευχή και θυσία, η οικογένειά μου και εγώ επιθυμούμε να συμμετάσχουμε στην υποστήριξη και υπηρεσία της Ελληνικής Ορθοδόξου Εκκλησίας Αγ. Αικατερίνης. Από αγάπη και ευγνωμοσύνη στον Θεό για τις ευλογίες Του, θα θέλαμε να υποσχεθούμε το ποσόν των

$____________ γιά το έτος 2012

Ημερομηνία (σημερινή): _______________

Όνομα: __________________________________________________________________________________

Διεύθυνση: ________________________________________________________________________________

Πόλη, Νομός, Ταχ. Κώδικας: ______________________________________________________________________

Τηλέφωνο και Διεύθυνση email: ______________________________________________________________________

SUNDAY CHURCH DUTY ROSTER

May 6, 2012
D. Vaccarello, Captain
Andrea Ballard
Art Dimopoulos
Chris Euripides
George Moshos
Daphne Papamichael
Dr. George Silis
8:00am
May 6, 2012
Chris Christou, Captain
Dr. John Demakis
Korinna Garbis
Costa Mavromatakis
Bill Polizos
Christina Vazquez
Greek School Teachers
(6 volunteers)
9:30am

May 13, 2012
Dr. John Demakis, Captain
Chris Christou
Art Dimopoulos
Nick Larigakis
George Moshos
Dr. George Silis
Jim Stoucker
8:00am
May 13, 2012
Maria Wills, Captain
Korinna Garbis
Costa Mavromatakis
Bill Porter
Theano Goranitis, GOYA
Captain, + 5 other GOYAns
9:30am

May 20, 2012
Andrea Ballard, Captain
Iacovos Ioannou
Bill Porter
Jim Stoucker
Pierre Tavoularis
Daphne Vaccarello
Maria Wills
9:30am

May 27, 2012
Christina Vazquez, Captain
Chris Euripides
Iacovos Ioannou
Nick Larigakis
Daphne Papamichael
Bill Polizos
Pierre Tavoularis
9:30am

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