I WOULD LIKE TO FULFILL THE COMMITMENT I made in the January DOXA to write about the Sacrament of Marriage. In these present times, I receive monthly requests to have an outdoor wedding, to include vows, and other nontraditional rituals.

The Sacrament of Holy Matrimony evolved over several centuries and is comprised of two interrelated services—the Betrothal and the Crowning. By the end of the 16th century, the sacrament was being celebrated as we now know it. Prior to this, various shorter versions of the sacrament were celebrated. It is interesting to note that up until the 9th century, marriages were blessed within the Divine Liturgy. Since that time marriages have been celebrated as a distinct liturgical event. Despite these variations, the Church has always sought to place marriage in the context of one’s religious and spiritual journey. Beyond the legal, psychological, and sociological aspects of marriage identified by society, the Church defines marriage as a holy union in which a man and a woman struggle together toward sanctification and eternal life within the community of faithful. As the symbolism, prayers, and rituals unfold during the Betrothal Service and the Sacrament of Marriage, they reinforce and celebrate the sacred meaning of marriage. Highlights of the Sacrament of Holy Matrimony are listed below.

THE SERVICE OF THE BETROTHAL

Petitions are chanted for the spiritual welfare of the couple. The highlight during this service is the exchanging of the rings. The priest blesses the rings. He holds them in his right hand, and making the sign of the cross over their heads, he betroths the servants of God, The Bride to The Groom. The rings are then placed on their right hands, for it is the right hand of God that blesses, it was the right hand of God to which Christ ascended, and it is to the right that those who will inherit the eternal life will ascend.

The koumbaro or koumbara (religious sponsor) then exchanges the rings three times. The exchange signifies that in married life, the weakness of one partner will be compensated by the strength of the other, the imperfections of one, by the perfections of the other. By themselves, the newly betrothed are incomplete, but together they are made perfect. The rite of the betrothal ends with the priest praying that the betrothal of the mutual promise, officially given before the church, may prove true in faith, concord, and love.

THE CEREMONY OF THE SACRAMENT OF MARRIAGE

The ceremony consists of petitions, prayers, the crowning, readings from the New Testament, the offering of the common cup, the circling of the ceremonial table and the benediction. At the conclusion of the prayers, the priest joins the hands of The Bride and The Groom. The hands are kept joined until the end of the service to symbolize the union and the oneness of the couple.

**The Crowning.** This is the focal point of the marriage ceremony. The crowns are signs of the glory and honor with which God crowns them during the sacrament. The (Continued on page 13)
CLERGY
Rev. Protopresbyter Konstantinos A. Pavlakos, Proistamenos  cell 571-213-1109, home 703-239-2327  frcostas@stkchurch.com
Rev. Presbyter Panagiotis Hanley, Assistant Priest  cell 571-421-6595  frpanley@stkchurch.com

STAFF
Assistant Financial Officer  Anna Vassilopoulos  703-671-1515  avassilopoulos@stkchurch.com
Choir Director  John Doulis  703-899-4131  jdoulis@aol.com
Hellenic Education Center Director  Presv. Eleni Alexopoulou  703-671-7715  ealexopoulou@stkchurch.com
Information Technology  Theodoros Theocharis  703-671-1515  tttheoch@kinteracomm.com
Protopsalti  James Loizou  703-356-8220  dimitri14@verizon.net
Secretary/Teacher  Sophia Tsangali  703-671-1515  sttsangali@stkchurch.com

PARISH COUNCIL
President, Jim Stoucker  703-690-1050  jstoucker@verizon.net
Vice President, Maria Wills  703-948-7950  mwills28@verizon.net
Secretary, Bill Polizos  571-434-7790  polizos@att.com
Treasurer, Maria Vargas  703-812-0286  maria@chrisandmaria.com

SCHOOLS AND STUDIES
Bible Study (Saturdays)  Gregory McKinney  571-338-6929  dintym@hotmail.com
Bible Study (Sundays)  Bill Polizos  571-434-7790  polizos@att.com
Catechetical (Sunday) School, Adult  Bill Polizos  571-434-7790  polizos@att.com
Catechetical (Sunday) School, Youth  George Charuhas, Principal  703-999-2109  gscharuhas@cox.net
Women’s Book Club  Fay Mpras  703-865-5776  faympras@gmail.com

MINISTRIES
Acolytes  Anastasios Galatis and Daniel McKinney
AHEPA #438 (P. Derzis)  Angelo Toutsi, President  703-281-0843  antov@verizon.net
Bookstore  Frances Kalavritinos, Manager  703-671-1515
Book Reviews  Gregory McKinney, Contributor  571-338-6929  dintym@hotmail.com
Daughters of Penelope Helle #283  Karen Polizos, President  571-434-7790  kpolizos@naifa.org
DOXA  Presv. Pauline Pavlakos, Editor  703-239-2627  przpauline@stkchurch.com
Facebook  Saint Katherine Greek Orthodox Church  Gregory McKinney  dintym@hotmail.com  christinak37@gmail.com
GOYA (ages 13-18)  Christina Kosmokas, President  571-271-6411  frcostas@stkchurch.com
GRACE  Fr. Costa Pavlakos, Spiritual Advisor  703-671-1515  greekdancec@gmail.com
Greek Dance  Aris and Anna Yortzidis, Instructors  757-218-6991
Greek School Auxiliary  Martha Lampros, President  703-536-4860  nnlampros@msn.com
HOPE (ages 7 and under)  Toula Christou, Director  703-533-0055  tmchristou@yahoo.com
JOY (ages 8-12)  Tina Papatheophilos, Director  703-536-4711  athena02@verizon.net
Listserv (email list)  Presv. Pauline Pavlakos, Administrator  703-239-2627  przpauline@stkchurch.com
Missions and Outreach  Dr. John Demakis, Chairman  703-319-1610  demakis9931@gmail.com  frcostas@stkchurch.com
OCF (College Ministry)  Fr. Costa Pavlakos, Spiritual Advisor  703-671-1515
Parish Committees, List of http://saint-katherines.org/about_us/parish-committees
Philoptochos  Eleni Kanakos, President  703-938-8360  ekanakos@aol.com
Safeway eScrip  Elvira Garnett, Coordinator  703-425-3675  villa45@hotmail.com  andrea.katsenes@verizon.net
Single Parent Fellowship  Andrea Katsenes, Coordinator  prpzpauline@stkchurch.com
Website  Presv. Pauline Pavlakos, Webmaster  703-239-2627  SaintKatherineYAL@stkchurch.com
YAL (Young Adult League)  Olivia Carr  401-633-2072
FROM THE PARISH COUNCIL PRESIDENT

EVENTS AND CIRCUMSTANCES IN THE LIFE OF OUR COMMUNITY often resemble the issues many of us deal with daily in our own lives and in our own homes. We often bemoan the seemingly endless variety of chores and tasks required for maintenance as part of the routine upkeep of our homes by saying “it’s always something.” Well, that hackneyed, but entirely accurate expression has been used quite frequently at our church lately and I’d like to talk a little about ongoing maintenance issues that command our attention presently.

Our physical plant is large—encompassing over 25,000 square feet of interior space on over five acres of land with multiple electrical and mechanical systems, as well as numerous appliances, monitoring devices and utilities that require continual attention. There are times, however, when it seems that everything “breaks” at the same time and that can be challenging. Our three major structures are a case in point.

Our sanctuary has particularly pressing needs that are being addressed immediately. We recently discovered the caulking around the stained glass encircling the icon of The Pantocrator at the top of our dome has failed and leaks have developed in several areas. Repairs are imperative to ensure damaged plaster does not affect surrounding iconography. Work will begin shortly as soon as weather permits. Once the exterior areas are repaired, scaffolding must be erected inside the sanctuary to facilitate repairs to damaged ceiling plaster, which must then be restored and repainted. Moreover, the substantial snowfalls this year have also exposed a serious problem with the flat part of the Church roof at the base of the dome. Initially, the resulting flow of water discovered to be leaking through two lighting fixtures at the rear of the sanctuary was attributed to faulty flashing; however, subsequent inspections indicate a total roof replacement is necessary. We are securing additional inspections and estimates and we’ll deal directly with the problem once we have more information. Fortunately, the ceiling has incurred no discernible damage because of extraordinary measures taken by crews to shovel snow from affected areas of the roof. Turning to other matters in the sanctuary, some of you may have noticed a reduction in the quality of the sound system recently. The culprit on this occasion was an amplifier controlling the speakers in our church pews. A new amplifier is on order and will be installed in the near future. Lastly, anyone who has used the front entrance to the church recently has noticed the deteriorating concrete. Although this entrance is only a few years old, it seems that the concrete may not have cured properly due to heavy rainfalls when it was first poured. The resulting damage, further exacerbated by exposure to de-icing chemicals, is unsightly and we are currently exploring our options to resurface the landing areas and reconstruct the steps, which are a bit too shallow. Although the issues above are discomforting, I’d like to close out the discussion of maintenance in the sanctuary on a positive note by reporting that the long awaited mahogany doors arrived and will be installed by early March. They are truly beautiful!

Our Meletis Charuhas Community Center also has its share of pressing needs. The small dome over the foyer and the surrounding roof area require considerable re-flashing and re-caulking to repair numerous leaks that have developed recently. Additionally, the entire brick surface on this part of the roof must be sealed in order to prevent further damage to the bricks. Repair work will begin as soon as weather permits. The building elevator, although operational, failed a routine County inspection recently and will be repaired by the time most of you read this. The electric heater in the building’s pump room has also failed and must be replaced. Our walk-in kitchen refrigerator compressor failed recently. The repair was quick and we were fortunate that food spoilage was minimal. The curtains to our stage are faded and literally in tatters. We are in the process of exploring options and securing estimates for replacement. On a positive note, new, dimmable gym lighting has recently been installed which materially improves lighting capabilities for numerous community events. At the same time, new window tinting was installed on the gym windows above the kitchen area replacing old, defective tinting.

Of course, our oldest building, Founders’ Hall, cannot be left out of this discussion. A recent inspection by the Fairfax County Fire Department revealed the fire suppression hood system in the kitchen no longer functioned. A new system is scheduled for installation not later than early March. Additionally, installation of a new, energy efficient HVAC for the lower level is nearing completion. Additionally, air flow efficiency was dramatically improved with modifications to the ventilation system as well.

Finally, the much discussed resurfacing of our parking lot has been deferred due to mild winters over the last year or so. Given the rather severe nature of this winter’s weather, that option may no longer be available to us and we will assess our options when weather permits. In the meantime, we have continued to set aside contingency funds and have set up a designated account for this major repair. We are very grateful to those parishioners who have made donations to this effort.

This synopsis of our most recent and pressing maintenance issues and priorities is by no means intended to be all inclusive, but is provided for your general information. I trust you will agree we are addressing the needs of our community in an effective, efficient, and responsible manner. On behalf of our Parish Council, I wish you all a happy and blessed Lent. Καλή Σαρακοστή!

Your servant in Christ,

President, Parish Council
CATECHETICAL (SUNDAY) SCHOOL
During March, a primary focus for our Catechetical (Sunday) School will be Great Lent where our students will concentrate on what Great Lent means and what is crucial during this significant period of preparation for Great and Holy Pascha. Major emphasis will be given on fasting, repentance, and prayer. Our teachers will give each child a mission box from the Orthodox Christian Mission Center in Saint Augustine, Florida. We ask each child to put offerings in the box throughout Great Lent, Holy Week, and Pascha. Right after Pascha, on Thomas Sunday, each child will give their box of offerings to their teacher. The mission box is another Catechetical School activity to emphasize the Biblical lesson that it is more blessed to give than to receive. We strongly encourage our parents to discuss these important topics with their children.

We shall conduct our Parish Oratorical Festival on Sunday, March 16. Young people who wish to enter as a contestant should complete a registration form. Please see Mr. George Charuhas or Mr. Ray Vazquez.

We trust that God will bless and guide us all as we welcome and enter into the singularly unique and important experience of Great Lent.

GOYA
GOYA will participate in the Saint Nicholas, Baltimore basketball tournament on Saturday and Sunday, March 1 and 2. Games will be played at The Park School, 2425 Old Court Road, Baltimore, MD 21208.

GOYA has church duty on Sunday, March 16. Penny Tsiaoushis will be the GOYA Captain and Epistle reader.

GOYA basketball practices are scheduled for Thursdays, March 6, 13, 20, and 27 at 7:00pm and Sundays, March 16, 23, and 30 following the second liturgy’s coffee hour.

GMU OCF
Fr. Costa will meet with Orthodox Christian Fellowship students at the Johnson Center, Room 239H (Campus Ministries Office) at George Mason University on Thursday, March 6, 11:00am-1:00pm and Wednesday, March 26, 11:00am-1:00pm. Northern Virginia Community College students are welcome to join us. Please tell your Orthodox friends about this ministry and this meeting. Parents, please tell your college student. If you need a ride to church, please contact Fr. Costa (frcostas@stkchurch.com)

 Ionian Village (ionianvillage.org) offers a very unique summer camp experience. In addition to participating in a typical summer camp program, campers will be exposed to the Orthodox faith and learn about Hellenic culture and the country of Greece through excursions.

THREE PROGRAMS

Summer Camp
(Open to campers in grades 8 through 12)
Session One: June 23 - July 12, 2014
Session Two: July 20 - August 8, 2014

Spiritual Odyssey: Cyprus
(Open to young adults, ages 19-24)
June 1-11, 2014

ATTENTION SENIORS!
Student applications are now available for the Washington Metropolitan Area 44th AHEPA Scholarship program. To be considered for a scholarship award, you must: 1) be affiliated with either the AHEPA family or the Greek Orthodox Church; 2) be a graduating high school senior; 3) have a cumulative grade point average of 3.0 (B average or better); and 4) have participated in extracurricular activities and/or lettered or received awards in varsity interscholastic sports. Applications are available in the Church Office and on the church website. Contact Karen Polizos at kpolizos@naifa.org or 571-434-7790.
WHY LEARN GREEK?
Eleni Alexopoulou

There are many different ways to answer this question. One could argue it is our duty as Hellenes to continue a centuries-old tradition to preserve it as a relic. Someone else could suggest that our ethnic background dictates this obligation to anyone born of Greek parents or descending of Greek ancestry.

Learning Greek to some extent is perhaps all of the above; however, there are people whose love and passion for the Greek language does not stem from their connection with their ancestry and they do not think of it as a language of a long-gone glorified past. They “see” the meaning of it in the values found in the myths, the literature, the architecture, the sculptures, the plays, the historical data as a way of thinking, of building self-awareness, character, citizenship and spirit.

Hellenic Education Center’s mission is to make available the instruction of the Greek language but not in a way to add another language to the youth’s or adult’s busy schedule filled already with extracurricular activities; it is rather to teach how to cope in life by describing human nature and attitudes in the Aesop’s Fables or the myths of Ikaros and Daidalos, to inquire of the cycle of life (birth-death) of Demeter and Persephone, to observe the world through the eyes of Aristotle, to inspire by the observations of Plato on how we perceive the world, and appreciate the mathematical mind of Pythagoras, to name a few examples.

As in the myth of Ikaros and Daidalus, the students learn to measure their abilities and judge in the future of what one can do and what the limitations are. People have limitations no matter how technologically advanced we are and we should be prepared for failure and mistakes.

These myths and others like these, go much deeper. They make up the very core of how the ancient Greeks viewed life and highlight the importance of critical thinking. If we find meaning in these then the Hellenic ideas become the beacon in our life and will unconsciously form who we are. We are not only carrying these ideas but we are letting them transform our thinking and attitude towards life. “To wonder,” as Plato explains it, “to thaumazein,” is the pathos, the emotion of the philosopher, and is the beginning of philosophy. Thinking in all of us begins with wonder.

But what does wonder have to do with education?

Even though to wonder is to be astonished, it does not mean that we should do nothing but just sit and stare at things with our mouths open. Thinking and living is not being passive—it is being active and this notion is in alliance with what the current philosophy of education proclaims, based on the ancient Greek values.

This is not news to those who have studied Greek philosophy, literature, arts, history, mathematics, chemistry, medicine, etc. For others who have not read or were never exposed to the above, it is never too late. HEC plans to offer lessons on the Hellenic culture and Greek literature, history, and philosophy.

HOLY CONFESSION
Fr. Costa is available for Holy Confession at 6:00pm on Mondays, March 3, 17, and 31, Wednesday, March 26; and by appointment.

SAINT KATHERINE/SAFEWAY
EDUCATIONAL BENEFITS PROGRAM
(3 ways to participate!)

1. Register your Safeway card with Saint Katherine. When you shop at Safeway and pay by cash, check, debit card, SmartCheck, gift card, WIC and/or SNAP, up to 3% of your purchase goes to Saint Katherine. Credit cards are not accepted for Safeway contributions to Saint Katherine when participating in this part of the program. There is no limit to the amount that our church can earn!

2. Register your credit card with e-Scrip. e-Scrip is Safeway’s accounting and advertising company. Every time a credit card is used at participating restaurants, Macy’s, Pep Boys, Michelin, Eddie Bauer, etc., 3% to 7% of the purchase amount is donated to Saint Katherine.

3. Recycle through Safeway. Recycle such items as inklets, iPads, iPhones, cell phones, computers, etc. For each recycled item, e-Scrip will give $1 to $90, depending on the item, to the church.

Participating in Safeway’s Educational Benefits is a win-win situation. Contact Elvira Garnett, Saint Katherine Safeway e-Scrip coordinator, at villa45@hotmail.com or 703-425-3675 with questions or for help.

Thanks for participating in the educational benefits program!
A PERSONAL APPRECIATION

A Personal Appreciation of Great Lent: Journey to Pascha
by Fr. Alexander Schmemann

Growing up Southern Baptist, there was little in that assembly that offered me any sense of a seasonal rhythm in worship. While there were no holy days beyond Christmas and Easter and no penitential fast periods, there was however one constant: the annual Revival week. The church would typically invite a guest preacher noted for the strength of his delivery. The highlight of each nightly service would be his emotional and (hopefully) motivational sermon, which usually increased in fervor every evening. Every sermon was capped by the “altar call,” when the preacher would invite you to publicly confess Jesus as your Lord and Savior by leaving your seat and walking down to the front of the assembly.

Fast forward now to my life within the ancient Eastern Christian tradition. Jesus is still my Savior. I still make my Confession in the presence of others, but now my Church offers me a rich sequence of themed seasons and feast days, the depths of grace promised therein I have only begun to embrace. And at this time, in one of her supreme blessings, the Church offers me Great Lent—not a week, but a full forty days of renewal that I so earnestly need each year.

This year, as I once more picked up Great Lent: Journey to Pascha, it struck me that the book functions for me as compass and travel guide. As noted in the title, Fr. Alexander sees our lives as pilgrimages back to God and Lent as the road by which we return from our self-imposed exile in the world to our home in Christ. Without Great Lent, my ability to understand and refresh myself for meeting the Lord in his Resurrection would be impoverished.

Great Lent invites me to enter into this season’s spirit, a “sad brightness” as Fr. Alexander so beautifully puts it. He gracefully reminds (and gently corrects) me that Lent shouldn’t be experienced negatively, that it’s not about “giving up” and “fasting from.” Yes, I should do those things, but only from a desire for balance and reconciliation, in anticipation of the joy of reclaiming my true life as an adopted child of God from the clutches of my worldly and frantic lifestyle.

I always benefit from Fr. Alexander reminding me of the rich themes of the Saturdays and Sundays of Lent, starting as early as Zacchaeus Sunday. He succinctly opens up the depths of the Pre-sanctified Liturgy and the special Lenten readings. In simplicity and power, he tells me how I might take Lent seriously (and joyfully) in my life. He reminds me to be in Church to hear the words and to be open to understanding, as the Holy Spirit fills Lenten worship with both the repentance and the joyful reunification experienced by the Prodigal as he returned to his place in his Father’s house.


(Continued on page 14)
REGISTRY

Baptisms
Bobby (February 8)
son of Charlie and Panagiota Fersizidis
Godparents: Anna and Yanni Stasinos

Zachary Carr (February 16)
son of Robert and Gail Carr
Godparent: Andrew Lurker

Eleni Marie (February 16)
daughter of Demetris and Marie Monis
Godparent: John Agouridis

Chrismation
Jacob Lindroth Hildebrand (February 15)
son of Art and Kristine Hilderbrand Lindroth
Sponsor: Christina Meares

Congratulations!

Η ΑΞΙΑ ΕΝΟΣ ΧΑΜΟΓΕΛΟΥ!

Δεν στοιχίζει τίποτα, όμως δημιουργεί πολλά.
Πιλοτίζει αυτούς που το παίρνουν, χωρίς να φτωχαίνει
eκείνους που το δίνουν.
Μία στιγμή είναι η ζωή του, και όμως η ανάνησή
tου διαρκεί κάποιες φορές αιώνια.
Δεν υπάρχει κανένας τόσο πλούσιος, που να μπορεί να
kάμει χωρίς αυτό, και κανένας τόσο φτωχός, όσο
eκείνοι που το στερούνται.

Δημιουργεί ευτυχία μέσα στο σπίτι. Δίνει χαρά στην
δουλειά και ομορφαίνει την φύλα.

Είναι μία ανάπτυξη για τους κουρασμένους. Ένα
γλυκοχάρμα για τους αποθαρρημένους. Ένα
ηλιόφωτο για τους θλιμμένους και το καλύτερο
φάρμακο που έχει η φύση για τις στενοχώριες.

Και όμως δεν μπορείς ότι να το αγοράσεις, ότι να το
ζητιάνεσες, ότι να το δανειστείς, ή να το κλέψεις.
Γιατί δεν θα σε ωφελήσει τίποτα, εκτός αν σου το
χάρισουν.

Και κανένας δεν το έχει τόσο μεγάλη ανάγκη όσο
eκείνος που δεν του απομείνει χρήματα, να μπορεί να
tο προσφέρει σε άλλον! Η αξία ενός Χαμόγελου!

FROM OUR ASSISTANT PRIEST

To the Beloved Faithful of Saint Katherine Greek Orthodox Church,

I truly hope and pray that this letter finds all of you strong in the Lord. It is with the greatest joy in my heart that on February 1, 2014, I arrived at Saint Katherine to assume my new responsibilities as your assistant Priest, under the leadership of our Proistamenos the Rev. Protopresbyter Konstantinos Pavlakos.

Under the guidance and leadership of Father Costas, I have already begun embracing my new responsibilities. I must take this time to thank Father Costas and Presvytera Pauline, for the enormous help they have provided to me since I arrived in the Community. I also would like to extend my gratitude to Mr. Jim Stoucker, the President of our Parish Council for his kindness upon my arrival. To all the others who I have met, who because of space requirements I cannot possibly name, I also offer my deepest gratitude to each one of you for your kindness and love upon our introduction.

As we very soon will be entering the season of Great and Holy Lent it is my prayer that we will grow together spiritually as we journey towards the Resurrection of Christ our Lord and Savior. Please do not hesitate to stop by my office during the week to say hello and introduce yourselves and/or your family.

May Christ our True God bless each of you abundantly now and forever to the ages of ages. I remain,

In His Service,
Presbyter Panagiotis Hanley

Mission Trip to Havana, Cuba
March 10-16

Please pray for our team of nine and wish us “Buen Viaje.”

We are accepting donations. Please make checks payable to Saint Katherine.

We will share our experiences after the third Salutation Service on March 22.

(Saint Nicholas Church, Havana)
Saint Katherine Ladies Philoptochos Bake Sale

Tsoureki @12
Diples @ $15 per 6 pieces
Koulourakia @ $7 per dozen
Kourambiethes @ $15 per dozen
Melomakarona @ 15 per dozen
Baklava @ $18 per 6 pieces
Kataifi @ $18 per 6 pieces
Spanakopita @ $25 (frozen tray)
Tiropites @ $21 per dozen (frozen triangles)

Saturdays, April 6 and 13
9:30am and 12 noon

Wednesday, April 16
4:30pm

Place orders at LPbakesale@yahoo.com
or contact Mary Varlas at 703-965-4161

---

The Byzantio Greek Dance and Cultural Arts Program is offering 6 adult recreational dance classes in February and March as part of its mission to promote, encourage, and perpetuate Greek heritage and culture through folk dance, art, music, and song. The instructors of the program will teach dances from various regions of Greece.

Dates: All Sundays in March
Location: Founders’ Hall
Time: 4:00 PM - 5:30 PM
Cost: $100 for all sessions or $20 per session (drop-in)

All proceeds benefit the activities of the Byzantio Greek Dance and Cultural Arts Program (costumes, live music, song).

For more information, contact Aris and Anna Yortzidis at greekdancedc@gmail.com

About Byzantio: Based in the greater metropolitan DC area and affiliated with Saint Katherine Greek Orthodox Church in Falls Church, Byzantio teaches its participants the art and history of Greek folk dance, song, music, and costume as well as prepares them for opportunities to share and perform to the local community and beyond.
# MARCH 2014

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Cheeseare Sunday 8:00am Divine Liturgy 9:30am Orthros and Catechetical School 10:30am Divine Liturgy DOP Fundraiser (Jewelry Sale) during Coffee Hrs. 4pm Adult Greek Dance</td>
<td>3 Great Lent Begins 5:00pm Greek School Tutoring Class 6:00pm Holy Confession 7:00pm Compline</td>
<td>4 Adult Greek School 6:00pm Introductory II 7:00pm Introductory I 7:00pm Missions</td>
<td>5 6pm Conversational Greek 7:00pm Pre-Sanc. Liturgy 8:00pm Missions Meeting 8:00pm Greek Folk Dance 8:00pm Basketball (HEC Parents)</td>
<td>6 11:00am GMU OCF Adult Greek School 6:00pm Intermediate 7:30pm Advanced 7:00pm GOYA B-Ball</td>
<td>7 5:00pm Greek School 7:00pm 1st Salutations Missions Lecture</td>
<td>1 2nd Saturday of Souls 9:30am Orthros 10:30am Divine Liturgy Saint Nicholas, Baltimore GOYA Tournament 9:30am Greek School</td>
</tr>
<tr>
<td>9 Sunday of Orthodoxy 8:00am Divine Liturgy 9:30am Orthros and C.S. 9:30am Single Parents 10:30am Divine Liturgy 12:30pm Daughters 4pm Adult Greek Dance 5:30pm Fan-Orthodox Vespers</td>
<td>10 Cuba Mission Trip 5:00pm Greek School Tutoring Class 7:00pm Compline 8:30pm Deuteri Deuteri</td>
<td>11 Cuba Mission Trip Adult Greek School 6:00pm Introductory II 7:30pm Introductory I 7:00pm Cuba Mission 8:00pm AHEPA</td>
<td>12 Cuba Mission Trip 10:30am Book Club 6pm Conversational Greek 7:00pm Pre-Sanc. Liturgy 8:00pm Greek Folk Dance 8:00pm Basketball (HEC Parents)</td>
<td>13 Cuba Mission Trip Adult Greek School 6:00pm Intermediate 7:30pm Advanced 7:00pm GOYA B-Ball</td>
<td>14 Cuba Mission Trip 5:00pm Greek School 7:00pm 2nd Salutations Missions Lecture</td>
<td>15 Cuba Mission Trip 9:30am Greek School 9:30am Challenge Liturgy at Saint George</td>
</tr>
<tr>
<td>9 Saint Gregory Palamas 8:00am Divine Liturgy 9:30am Orthros, C.S., and Oratorial Festival 10:30am Divine Liturgy GOYA Church Duty 12:30pm Philoptochos 4pm Adult Greek Dance Cuba Mission Trip</td>
<td>17 5:00pm Greek School Tutoring Class 6:00pm Holy Confession 7:00pm Compline</td>
<td>18 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I</td>
<td>19 6pm Conversational Greek 7:00pm Pre-Sanc. Liturgy 8:00pm Greek Folk Dance 8:00pm Basketball (HEC Parents)</td>
<td>20 Adult Greek School 6:00pm Intermediate 7:30pm Advanced 7:00pm GOYA B-Ball</td>
<td>21 5:00pm Greek School 7:00pm 3rd Salutations Missions Lecture</td>
<td>22 9:30am Greek School</td>
</tr>
<tr>
<td>23 Holy Cross Sunday 8:00am Divine Liturgy 9:30am Orthros and C.S. 10:30am Divine Liturgy 4pm Adult Greek Dance</td>
<td>24 5:00pm Greek School Tutoring Class 7:00pm Vespers at Annunciation, Baltimore 8:30pm Deuteri Deuteri</td>
<td>25 Annunciation to the Theotokos 9:30am Orthros 10:30am Divine Liturgy Adult Greek School 6:00pm Introductory II 7:30pm Introductory I</td>
<td>26 10:30am Book Club 11:00am GMU OCF 6pm Conversational Greek 7:00pm Pre-Sanc. Liturgy Adult Greek School 6:00pm Intermediate 7:30pm Advanced 7:00pm GOYA B-Ball</td>
<td>27 Adult Greek School 6:00pm Intermediate 7:30pm Advanced 7:00pm GOYA B-Ball</td>
<td>28 5:00pm Greek School 7:00pm 4th Salutations Missions Lecture</td>
<td>29 9:30am Greek School</td>
</tr>
<tr>
<td>30 Saint John Climacus 8:00am Divine Liturgy 9:30am Orthros and C.S. 10:30am Divine Liturgy 4pm Adult Greek Dance</td>
<td>31 5:00pm Greek School Tutoring Class 6:00pm Holy Confession 7:00pm Compline</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please check the online calendar, [http://saint-katherines.org/calendar](http://saint-katherines.org/calendar), for the most current information.
PHILOPTOCHOS (by Eleni Kanakos, President)
A SPECIAL THANK YOU to Kathy Cavallo, Trish Kapsides, the Board, and all the ladies of the Philoptohos for a successful Tea. I heard the turnout was amazing, the food was delicious and plentiful, and the floral centerpieces designed by Roula Oktay were gorgeous. A big thank you to our speaker Bill Polizos for his excellent and very informative presentation on The Theological Perspective of Philoptochos.

The Valentine’s Luncheon was very nice and we all had a wonderful time. Thank you to Evdoxia Mitchell, all the ladies who helped, and all those who donated. Many thanks to Mary Drakoulis for making all of the rescheduling calls.

Easter will soon be here, so we will begin baking. We need your help, so look for our email. Fill out an order form as soon as possible so that you can pre-order your Easter baked goods. As you know, everything sells fast. Call Mary Varlas at 703-965-4161 or send an email to LPbakesale@yahoo.com. The deadline to place your order is April 5.

Our next meeting is March 16 after the second liturgy. I hope to see you there. Please send in your 2014 stewardship if you haven’t already done so. Thank you for your support.

BOOKSTORE
THIS MONTH WE ARE FEATURING special children’s picture books on the subject of Lent and Pascha:

**My Book of Great Lent** and **My Book of Holy Week**. This set of two coloring books includes 21 beautifully illustrated coloring pages and patterns of icons for your children to following the events of Great and Holy Week. $20 per set.

**Humphrey’s First Palm Sunday**. Humphrey the camel wants nothing more than to be the lead camel in the caravan, so he can improve his view. When the caravan leads him to Jerusalem, he crosses paths with Jesus making his triumphal entry. Humphrey is delighted to see Jesus, now a grown man, and remembers the Child to whom he gave his coveted blanket all those years ago in Bethlehem. $15.00.

**The Week That Led to Easter. The Story of the Empty Tomb** and **The Day Jesus Died**. These three picture books tell the story of Palm Sunday through Easter in fun-to-read rhymes and bright illustrations. This well-loved series captures the attention of children, telling scripturally sound stories that are enjoyable and easy to remember. $5.00 each or $12.00 per set.

**The Easter Story**. This small board book with about 200 words introduces young children to Jesus the man, from his teaching to his healing. And it gently reveals the meaning of Easter and the story of Christ’s death and Resurrection. Bright, colorful illustrations make this a perfect book for toddlers. $10.00

WOMEN’S BOOK CLUB
WE MET LAST MONTH with Fr. Costas and Fr. Panayiotis at one of our meetings and were happy to have them with us! We are continuing to read Everyday Saints and Other Stories by Archmandrite Tikhon. Our club highly recommends this book to all of you who wish to bring vitality into your spiritual lives and strengthen your Orthodox faith. We will meet on Wednesdays, March 12 and 26. We always welcome new members! If you have any questions please send an email to faympras@gmail.com.

DAUGHTERS OF PENELope (by Karen Polizos, President)
THE MONTHS OF MARCH THROUGH MAY will be very busy for Helle Chapter. We hope you will support our upcoming fundraising events, including a jewelry show on Sunday, March 2, during both coffee hours, and A Ladies’ Fashion Show Around the Tea Tables on Sunday, May 4. Helle Chapter will host coffee hour on March 2. Proceeds from these events will benefit the Daughters of Penelope philanthropic efforts in the areas of domestic violence, education, and church and community projects.

On March 11, our chapter will prepare and serve dinner at Bailey’s Crossroads Shelter. On March 25, Helle Sisters are invited to participate in 2014 AHEPA Family Capitol Hill Day, an opportunity for us to help educate legislators about issues of importance to the Daughters of Penelope and the Greek American community. We have also started a chapter book club! Our readings are selected from offerings through Daughters of Penelope Foundation, who promotes educational opportunities for women, primarily through scholarships, and who receives a percentage of the book sales when purchased at Amazon. On Monday evening, March 17, we will attend Compline Service at 7:00pm and gather immediately afterwards for Father Costa’s talk with us on a religious topic, which we have enjoyed for the past seven years during Great Lent.

Our next meeting is scheduled for Sunday, March 9, immediately following second Liturgy. A light lunch will be provided. We are delighted that we will be conducting initiations into our sisterhood for Vaitsa Boubouras, Doris Mentis, Danae Kouliazis, and Larissa Simkovich. If you would like more information about becoming a member of Daughters of Penelope, please contact Rosalie Georgeadis (rgeorgeadis@hotmail.com or 703-532-1723).

SINGLE PARENT FELLOWSHIP
SINGLE PARENT FELLOWSHIP will meet on Sunday, March 9, 9:30am. All single parents are welcome. Contact Andrea Katases at andrea.katases@verizon.net, if you have any questions.

PAN-ORTHODOX VESPERS
Sunday of Orthodoxy
March 9
5:30pm
(Reception to follow)
Cuba Mission Trip, March 10-16. The first-ever Orthodox mission team to Havana, Cuba will be led by our own Fr. Costa Pavlakos. The dates are March 10-16, 2014. The team has been assembled and they are making their preparations. Please keep them in your prayers.

Mission Lectures on Friday Evenings During Lent. Our Mission and Outreach Committee will again be sponsoring mission lectures Friday nights during Lent immediately after the Salutation services. Refreshments will be served. Come and learn about the interesting things going on with Orthodox missions around the world:

Friday, March 7: Michael Pagedas will discuss his two years as an OCMC missionary in Tanzania.
Friday, March 14: TBA.
Friday, March 21: Fr. Costa and the recently returned team will share their experiences in Havana, Cuba.
Friday, March 28: Christiana Thanos Roulakis will introduce us to the Orthodox Prison Ministry.

Diaper Drive, Palm Sunday, April 13. We will again have our semi-annual diaper drive on Palm Sunday. Collections will take place in the foyer of our Meletis Charuhas Community Center. Please bring unopened packages for ages newborn to 6. No pull ups please. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants.

Project Mexico, August 13-29. Our next mission trip to Project Mexico will take place August 13-19, 2014. Ray Vazquez will again lead the mission. The team will stay at the St. Innocence Orphanage outside of Tijuana, Mexico. Details will appear in next month’s DOXA.

Recap of OCMC Benefit Dinner on February 9. Our sixth annual OCMC Benefit dinner was held at Saint Katherine on February 9. Our keynote speaker was Fr. Luke Veronis of Webster, Massachusetts. Fr. Veronis spent 18 months in Africa and 10 years in Albania as an Orthodox missionary. Most of his missionary experiences were with Archbishop Anastasios of Albania. He shared his experiences with us—the high points and the difficult times. All agreed it was a wonderful experience.

Hold the Date for the 2015 OCMC Benefit Dinner. Next year, our OCMC benefit dinner will feature Rev. John Chakos who is our long-term missionary in Guatemala. Fr. Chakos served for many years in Pittsburg, Pennsylvania but now he and his wife are working with the new Orthodox church in Guatemala. He will share with us the exciting events occurring in the Guatemala as hundreds of thousands are converting to Orthodoxy. Learn how the Church is ministering to them. Save the date!

Food Pantry Recap. Our quarterly food pantry drive was held on February 9. Over 800 pounds of food were collected and delivered to the local food pantry at Columbia Baptist Church. Thanks to all who contributed and a special thanks to Rebecca Leung and Marilyn Rouvelas who organized the collection and delivery. The date for the next collection will be announced in next month's DOXA.

MISSIONS AND OUTREACH

HOMELESS SHELTER

Cooking Schedule. The Adult Bible Class served dinner at Bailey's Crossroads Homeless Shelter on Tuesday, February 18. On March 18, our Daughters of Penelope will serve dinner. In April, our Missions and Outreach Committee will serve.

Clothing Collection. We continue to collect clothing and toiletries for the homeless shelter all year long. Bring new or clean used clothes and unopened toiletries to the foyer of our Meletis Charuhas Community Center. The winter is an especially difficult time for the homeless. Please bring warm clothing including, caps, gloves, thermal socks, etc.

Welcome to Our Newest Missionary. We would like to welcome our newest missionary—Andrew Soves. Andrew was born on February 1, 2014 to Chris and Connie Soves. He weighed 9 pounds, 1 ounce and measured 21 inches long. We understand our little missionary is already considering mission opportunities. Congratulations to the Soves family!

Next Meeting, March 5. The next meeting of the Missions and Outreach Committee will be Wednesday March 5, immediately following the Pre-Sanctified Liturgy. All are welcome to attend.

(Continued from page 1)

wedding crowns (stefana) are joined by a ribbon, which again symbolize the unity of the couple and the presence of Christ who blesses and joins the couple and establishes them as King and Queen of their home, which they will rule with wisdom, justice, and integrity. The priest takes the two crowns and blesses The Bride and The Groom, in the name of the Father, and the Son, and the Holy Spirit and then places the crowns on them. The koumbaro or koumbara then steps behind The Bride and The Groom and interchanges the crowns three times as a witness to the sealing of the union. Some interpret the crowns used in the Orthodox wedding ceremony as a reference to the crowns of Martyrdom, since every true marriage involves immeasurable self-sacrifice on both sides.

The Common Cup. The rite of crowning is followed by the reading of the Epistle and the Gospel. The Gospel reading describes the marriage at Cana of Galilee, which was attended and blessed by Christ and for which He reserved His first miracle. There He converted water into wine and gave it to the newlyweds. In remembrance of this blessing, wine is given to the couple. This is the “common cup” of life denoting the mutual sharing of joy and of sorrow, the token of a life of harmony. The drinking of wine from the common cup serves to impress upon the couple that from that moment on

(Continued on page 14)
PROVIDING ONGOING SUPPORT FOR THE BEREAVED
HELPGUIDE.org

GRIEVING CONTINUES LONG AFTER THE FUNERAL IS OVER and the cards and flowers have stopped. The length of the grieving process varies from person to person. But in general, grief lasts much longer than most people expect. Your bereaved friend or family member may need your support for months or even years.

Continue your support over the long haul. Stay in touch with the grieving person, periodically checking in, dropping by or sending letters or cards. Your support is more valuable than ever once the funeral is over, the other mourners are gone and the initial shock of the loss has worn off.

Don’t make assumptions based on outward appearances. The bereaved person may look fine on the outside, while inside he or she is suffering. Avoid saying things like “You are so strong” or “You look so well.” This puts pressure on the person to keep up appearances and to hide his or her true feelings.

The pain of bereavement may never fully heal. Be sensitive to the fact that life may never feel the same. You don’t “get over” the death of a loved one. The bereaved person may learn to accept the loss. The pain may lessen in intensity over time, but the sadness may never completely go away.

Certain times and days of the year will be particularly hard for your grieving friend or family member. Holidays, family milestones, birthdays and anniversaries often reawaken grief. Be sensitive on these occasions. Let the bereaved person know that you’re there for whatever he or she needs.

Saint Katherine Greek Orthodox Church offers a grief support group, GRACE (Grief Recovery: Accepting, Coping, and Evolving). For further information, please call Fr. Costa Pavlakos at 703-671-1515. Thank you to Maria Papageorgiou for contributing articles nearly every month for the last nine years.

A MEMORIAL PRAYER ON THE SATURDAYS OF SOULS (ΨΥΧΟΣΑΒΒΑΤΟΝ)
March 1 and March 8

We are called to pray for those who have fallen asleep in the Lord on the Saturdays of Souls. Please take time to prepare a list of deceased loved ones for whom you wish the priests to pray. Please note that we keep the names for all three Saturdays of Souls. May the Lord grant eternal rest to the souls of our loved ones.

__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
__________________________________________  ______________________________________
STEWARDSHIP

SHOWN BELOW is a list of families and individuals who participated in the 2014 Saint Katherine Stewardship Program through January 2014. Thank you for responding to the needs of our church. Any questions? Please contact Anna Vassilopoulos at avassilopoulos@sttkchurch.com or 703-671-1515.

Donald and Irenelee Adams  Mr Michael Dakes  MM Iacovos Ioannou
MM John Agnos  MM Stephen Dakes  Mrs Kim Johnson Isaac
Mr John Agouridis  Mrs Theoressia Dampier  MM James Jatras
Dr/Mrs James Alatis  Ms Elena Dangiles  Mr James Jweler
Rev/Presv Stefanos Alexopoulos  Dr/Mrs Nicholas Darzenta  MM John Jweler
MM Larry Anagnos  Mr Apostoles Dedes and  MM Benjamin Jurado
Ms Janis Anderson  Mrs Evangelia Tsanavara  Mrs Irene Kavakios
MM John Andre  Mrs Antoinette Deneres  MM James Kalaris
MM Tasie Anton  MM Christian Demeter  Mr Mark Kalaris
Mr Nick Antonopoulos  MM Lambros Demetriou  MM Christopher Kalavrutinos
Dr/Mrs Nicholas Argerson  Ms Venetia Denson  Mr Nicholas Kalis
Mr James Argodile  Miss Alexandra Diapoulis  Mr Tim Kalyvas
MM Nektarios Athanasiou  Ms Georgia Dimiras  Ms Christina Kanakis Koutea
Capt/Mrs James Ballard, III  Mr Stephen Dinios and  MM Paul Kanaris
Dr/Dr George Banks  Dr Evie Cavros  Mr Constan Kanellos
Mr Bokis & Papadopoulou-Bokis  MM Brad Donaldson  MM Bill Kapsidelis
M/M George Boosalis  Mr Nicholas Douch  MM John Karamanis
M/M James Boulokos  Mr John Douli  Mrs Helen Karambelas
M/M David Buddenhead  Mr D/Dr Steve Doulis  Mr Ethimos Kotsapis
MM Elias Burton  Ms Mary Drakoulis  MM Dean Katsikes
MM John Calamos  Mr Paul Economou  MM George Kavariligos
Mr William Camarinos  MM Christos Elefantis  MM George Kavros
MM Edward Cameron  MM James Eskenes  MM Nicholas Kikis
Ms Gisella Caparelli  MM Christopher Euripides  MM Michael Kiddis
M/M Alexander Carr  MM Dennis Floros  MM Christos Krios
Mr Zachary Carr and  Mr George Floros  MM Mike Kiro
M/M Renee Lurker  MM Nicholas Floros  MM Thomas Kizsa
Ms Olympia Carranza  MM Vasilos Fotinos  MM Konstantinos Kohilas
M/M Demetris Charalambous  MM James Francis  MM Costas Kolos
M/M George Charuhas  MM Dimitrios Gadonas  MM Steven Kolos
Mr Telly Charuhas  Mr William Galanis  Mr Nicholas Kolosos
M/M Constantine Chelpon  MM Demetrios Galatis  Mr Vitali Kopylov
Rev Dr/Mrs Harry Chelpon  MM Richard Gamble  MM Peter Kouchis
Mr Mikhail Chelpon  Ltc/Mrs Dennis Garbis  Mrs Danae Koutzakis
Mr/Ms Peter Cherpes  MM Martin Gardner  Ms Christina Kutschenreuter
M/M Emmanuel Chiarapar  MM David Garnett  Dr/Mrs Andy Kydes
Mrs Emeradh Chiodakis  MM Aspasia Georgatos  Mr Nicholas Lariagis
M/M George Chrisotacos  MM George Georgiadis  Ms Elaine Ligelis
M/M Constantins Christofi  Mrs Helen Gianelos  Ms Tina Ligelis
M/M Aristotle Christou  MM Spiro Grivas  MM George Louis
Mrs Ileana Contatinescu  MM Mark Gull  Mr Joseph Mackeura
Dr George Contis  Mrs Christina Khayhay Hadigian  Mrs Aspasia Makrigioros
Col/Mrs Harry Contos  MM Andreas Hadjiychouloou  Ms Glykeria Maniatis
Dr Susan Coronis  Ms Diane Gatsis Havinga  Dr/Mrs Jerry Rich
MM Zachary Cucca  MM James Howard  MM Frank Manno
MM Peter Marketos  Mrs Anne Masters  MM George Loujis
M/M Gregory McKinney  MM Louis Mitchell  M/M Efthimios Spyridis
MM Demetris Monis  Ms Jane Moore  Mrs Rhea Stack
MM Robert Morrison  MM John Moschopulos  Ms Pancera Staller
MM Gus Moshos  Ms Tina Moshos  MM John Starnos
M/M Nicholas Moustakas  Dr/Mrs Tom Stambros  M/M Odyseus Stassinos
Mr & Dr Michael Mpras  Mr Clifford Stouts  M/Gus Svolis
M/M Nicholas Mpras  M/Samantha Tannure  M/Alexander Taosakas
M/M Mary Tharos  Dr/Mrs Trikaliotis
Dr/Mrs Constantine Nonas  Dr/Basil Tripas  Mrs Anna Tsirbides
Mrs Roula Oklay  MM Crisillos Orphanides  M/M Constantine Tzafolias
Capt/Mrs Michael Papageorgiou  Dr E.C. Papailias  M/M Thomas Vaccarelli
Dr/Mrs Charles Valanes  Ms Daphne Papamichal  Dr/Mrs Charles Valas
Mrs Niki Valavanis  MM Dimtriots Pasharidis  Col/Mrs Nicholas Vanvaki
M/M Dimitrios Patrianakos  Ms Alexandra Pattara  Ms Catherine Vangelow
Rev/Presv Costas Pavlakos  Mrs Kathy Pesavento  M/M George Vassilopoulos
Col/Mrs Daniel Peyser  Col/Mrs James Veale  M/M Ramon Vazquez
Mrs Katherine Paiss  M/M Stavros Veletis  Col/Mrs James Vealez
M/M Mrs Andrea Kilikadilas  M/M Kostas Pikrilidis  M/M Larry Visos
Dr/Mrs Pilarinos  Mr Dean Pilarinos  M/M Colin Waitt
Mrs Frances Pilarinos  Mr Dean Pilarinos  M/M Donald Wills
Mr Nicholas Lariagis  Mr Nicholas Lariagis  Presv Athena Yanchis
M/M William Porter, Jr  Mrs Kathy Pesevanto  M/Enea Zaros
Mr Pete Poulos  Col/Mrs Daniel Peyser  M/M Nicholas Zavolas
M/M Mitchell Raffels  M/M Theofanis Randis  Capt Christos Zips
Mrs Androula Piskalidas  Dr/Mrs Jerry Rich  Mrs Theodora Ziu
M/M Kostas Pikrilidis  M/M William Salavantis  Mrs Rhea Stack
Mr Dean Pilarinos  Mrs Ann Sedor  M/M Panos Siatas
Dr/Mrs Harry Contos

2014 STEWARDSHIP FORM

Stewardship is based on the fact that all that we have and all that we are comes from God. We commit ourselves to stewardship as a way of thanking God for all His blessings—returning to Him a portion of the time, talent, and treasure He has given us. Good stewardship of time means we share some of the 168 hours in a week with God and caring for others. Good stewardship of talent means we identify our talents and use them to glorify God and help other people. Good stewardship of treasure means we give a portion of our income to the Church and other charities. During the year 2014, we ask that everyone consider fulfilling their stewardship on a weekly basis. This will allow our church to better plan activities and expenses.

I (my family) pledge(s) $_______ per week of financial stewardship to Saint Katherine Greek Orthodox Church.

Name: ____________________________________________

Address: ____________________________________________

City, State, Zip: ____________________________________________

Telephone and email address: ____________________________

Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. (Hebrews 13:16)
SUNDAY CHURCH DUTY ROSTER

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Responsibilities</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>March 2, 2014</strong></td>
<td><strong>8:00am</strong></td>
<td>Maria Vargas, Captain Bill Polizos, Pierre Tavoularis</td>
</tr>
<tr>
<td><strong>March 2, 2014</strong></td>
<td><strong>9:30am</strong></td>
<td>Nick Larigakis, Captain Kelly Alexis, Chris Christou, Artemis Dimopoulos, Costas Mavromatakis, Jim Stoucker</td>
</tr>
<tr>
<td><strong>March 9, 2014</strong></td>
<td><strong>8:00am</strong></td>
<td>Daphne Vaccarello, Captain Kelly Alexis, Andrea Ballard, Chris Christou, George Moshos</td>
</tr>
<tr>
<td><strong>March 9, 2014</strong></td>
<td><strong>9:30am</strong></td>
<td>M. Mavromatakis, Captain Dr. John Demakis, Artemis Dimopoulos, Costas Mavromatakis, Maria Vargas</td>
</tr>
<tr>
<td><strong>March 16, 2014</strong></td>
<td><strong>8:00am</strong></td>
<td>Andrea Ballard, Captain George Moshos, Bill Porter, Jim Stoucker, Pierre Tavoularis</td>
</tr>
<tr>
<td><strong>March 16, 2014</strong></td>
<td><strong>9:30am</strong></td>
<td>Peter Karounos, Captain Nick Larigakis, Mallamo Mavromatakis, Maria Wills</td>
</tr>
<tr>
<td><strong>March 23, 2014</strong></td>
<td><strong>8:00am</strong></td>
<td>Chris Christou, Captain Kelly Alexis, Artemis Dimopoulos, Bill Polizos, Bill Porter, Maria Vargas, Daphne Vaccarello</td>
</tr>
<tr>
<td><strong>March 23, 2014</strong></td>
<td><strong>9:30am</strong></td>
<td>George Moshos, Captain Andrea Ballard, Peter Karounos, Dr. John Demakis</td>
</tr>
<tr>
<td><strong>March 30, 2014</strong></td>
<td><strong>8:00am</strong></td>
<td>Dr. John Demakis, Captain Andrea Ballard, Artemis Dimopoulos, Bill Polizos, Bill Porter, Maria Vargas, Peter Karounos</td>
</tr>
<tr>
<td><strong>March 30, 2014</strong></td>
<td><strong>9:30am</strong></td>
<td>Mallamo Mavromatakis, Captain Penny Tsiaoushis, GOYA Captain and Epistle Reader, plus 5 other GOYAns, Maria Wills</td>
</tr>
</tbody>
</table>

(Continued from page 11)

they will share everything in life—joys, as well as sorrows and that they are to "bear one another’s burdens." Their joys will be doubled and their sorrows halved because they will be shared.

**The Ceremonial Walk.** The priest then leads The Bride and The Groom in a circle around the table on which are placed the Gospel and the Cross, the one containing the word of God, the other being a symbol of our redemption by Jesus. The Bride and The Groom are taking their first steps as a married couple, and the Church, in the priest, leads them in the way they must walk. The way is symbolized by the circle at the center of which are the Gospel and the cross of our Lord. This expresses the fact that the way of Christian living is a perfect orbit around the center of life, who is Jesus Christ. During this ceremonial walk around the table, a hymn is sung to the Holy Martyrs reminding the newly married couple of the sacrificial life they are to have for each other in marriage—a love that seeks not its own but is willing to sacrifice its all for the one loved.

**The Removal of the Crowns.** At the conclusion of the Ceremonial Walk, the priest removes the crowns from The Bride and The Groom and beseeches God to grant to the newlyweds a long, happy and fruitful life together. He then lifts up the Gospel and separates their joined hands reminding them that only God can separate the couple from one another.

There are no vows because it is assumed that the bride and groom have come of their own free will and ask God to bless their union. It is by the grace of God, through the Holy Spirit, that this service is a sacrament of the Church.

I have taken great care to provide a marriage preparation class to everyone who gets married in the Church. The couple is joined to us, as a new family in the congregation of Saint Katherine Church.

You may go to our church’s website, www.saint-katherines.org, and click on the green “Sacraments” button in the right-hand column to get more wedding information and forms.

With love in Christ,

Fr. Coste

(Cont’d from page 6) μας και να την οδηγήσουμε καλά. Πρέπει λοιπόν με κάθε ψυχή να γίνει αυτή η προσπάθεια, ειδικά τώρα που σε λίγο μπάινουμε και στην Μεγάλη Σαρακοστή, γιατί διαφορετικά θα πέσουμε στην καταστροφή. Μας το ζητεί ο Κύριος μας, ο οποίος μας θέλει ακέραιως εσωτερικά και καθαρούς, αλλά και αληθινά επιτυχήμένους στην ζωή μας. Και αυτά δεν μπορεί να γίνουν μελανείς με χαλινάρισμα και αγνή φαντασία.
SUNDBAY BRUNCH
ALL YOU CAN EAT! 10am-2pm
Adults $15.95, Kids 6-12 $7.95
Under 6 Free!
We take reservations for large parties!

Non-Profit Org.
U.S. POSTAGE
Paid
Merrifield, VA
Permit No. 7019

ATTENTION POSTMASTER:
Please expedite. Dated material.

Demetry Pikrallidas
AV Rated Attorney
Peeminent Legal Ability and Ethical Standards,
The Higher Legal Rating Possible

- Complete Business Formation/Representation
- Serious Injury
- Traffic and Criminal
- Domestic Relations
- Wills, Trusts

Cases Handled in Arlington, Alexandria, Fairfax, Prince William, Loudoun, and District of Columbia

www.piklaw.com 703-267-2600

The Kalis Companies
Nicholas Kalis
Principal
1420 Spring Hill Road
Suite 600
McLean, VA 22102
V 703 585-0100
F 703 734-8801
nkalis@kaliscompanies.com
www.kaliscompanies.com

PJ Skidoos opened in 1978 and is a Greek family owned “American restaurant” in Fairfax City. We are located west of St. Katherine Greek Orthodox Church on Rt. 50.
www.pjskidoos.com
9908 Fairfax Blvd Fairfax, VA 22030 (703)591-4515

Private banquet rooms available for all occasions! Seat up to 150 people.
Wonderful value & delicious food!
Beautiful wood bar & dancefloor.
Our Greek Head Chef will cater to all tastes!

See additional ads on page 15. Why don't YOU advertise in the DOXA? Only $50/month or $300 per year for a business-card-sized ad.

www.piklaw.com

Demetry Pikrallidas
AV Rated Attorney
Preeminent Legal Ability and Ethical Standards,
The Highest Legal Rating Possible

- Complete Business Formation/Representation
- Serious Injury
- Traffic and Criminal
- Domestic Relations
- Wills, Trusts

Cases Handled in Arlington, Alexandria, Fairfax, Prince William, Loudoun, and District of Columbia

www.piklaw.com 703-267-2600

The Kalis Companies
Nicholas Kalis
Principal
1420 Spring Hill Road
Suite 600
McLean, VA 22102
V 703 585-0100
F 703 734-8801
nkalis@kaliscompanies.com
www.kaliscompanies.com

PJ Skidoos opened in 1978 and is a Greek family owned “American restaurant” in Fairfax City. We are located west of St. Katherine Greek Orthodox Church on Rt. 50.
www.pjskidoos.com
9908 Fairfax Blvd Fairfax, VA 22030 (703)591-4515

Private banquet rooms available for all occasions! Seat up to 150 people.
Wonderful value & delicious food!
Beautiful wood bar & dancefloor.
Our Greek Head Chef will cater to all tastes!

See additional ads on page 15. Why don't YOU advertise in the DOXA? Only $50/month or $300 per year for a business-card-sized ad.