SEVERAL YEARS AGO, I arrived at a soccer game in the last few minutes. DC United won. Everyone was celebrating. Even though I was happy about the victory, I wasn’t as excited as those who had been at the whole game. I invite you to fully experience the glorious celebration of Pascha—to be there for the whole event, not just the celebration. I invite you to go through Holy Week day by day and be active participants in all that Holy Week has to offer. Below are some words and activities that will help you on the final portion of your journey to Pascha—Holy Week.

**Holy Monday.** There are two important themes in Holy Monday’s service—preparedness and hypocrisy. **At home today:** Take some time to read the parable of the wise and foolish virgins (Matthew 25:1-13) and discuss how we can prepare to receive our risen Lord. Also, consider discussing hypocrisy. How do we strive to live sincere lives as Christians and not be hypocrites to the world? **At Church tonight:** Along with the chanters, chant the beautiful hymn, Behold the Bridegroom Comes in the Middle of the Night.

**Holy Tuesday.** Today, the theme of repentance rings loudly as we learn about the story of the sinful woman. **At home today:** Read the Gospel lesson Luke 7:35–50 which tells her story. Think of something you can offer to honor Christ just as the sinful woman did. It can be as simple as a prayer or more complex like volunteering time to help those less fortunate. **At Church tonight:** During tonight’s Bridegroom service, we have the beautiful hymn of Kassiani. Listen closely to the hymn (or read it in English if it is being chanted in Greek). Take note of how it tells the story from the Gospel lesson read at home earlier in the day. It is important to realize that our hymnology is based on the traditions and scriptures of our faith.

**Holy Wednesday.** Today, the Sacrament of Holy Unction is offered. Learn more about this sacrament and how to prepare for it by going to www.youth.goarch.org→For Youth Workers→Youth Worker Pulse→Listserv Archive→March 2007→Preparation for the Sacrament of Holy Unction. **At Church this afternoon and tonight:** The Sacrament of Holy Unction is offered twice at our church—3:00pm and 7:00pm. The service of Holy Unction consists of seven Epistle and seven Gospel readings. Pay close attention to the Gospel readings.

**Holy Thursday.** Today, plan to dye your Easter eggs. A brief lesson on the symbolism of Easter eggs is that Easter eggs are dyed red to represent the blood of Christ shed on the Cross. The hard shell of the egg symbolizes the sealed Tomb of Christ. The cracking of the egg (the sealed Tomb of Christ) symbolizes His resurrection from the dead. Dye some of the eggs the traditional red and be more creative with other eggs. Consider learning the techniques used to create Ukrainian eggs. These ornately decorated eggs will provide you with a beautiful keepsake from your Pascha festivities. **At Church today:** Today begins with the Divine Liturgy of Saint Basil at 6:00am. Try to attend as a family before going to work or school. The day will end with the evening service at 7:00pm, which includes the reading of Twelve Gospels telling the story of Christ’s Crucifixion. This is a beautiful service. Since it is quite long, if you cannot stay the entire time, try to come and stay until after the fifth Gospel when Jesus is put on the Cross.

(Continued on page 14)
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Greek Orthodox Metropolis of New Jersey
Saint Katherine Greek Orthodox Church
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Falls Church, VA 22041
703-671-1515 phone
703-671-1385 facsimile

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Costas Mavromatakis 571-344-3634 cgm387@gmail.com

CHURCH SCHOOLS
Adult Bible Study (Saturdays) Gregory McKinney 571-338-6929 dintym@hotmail.com
Adult Bible Study (Sundays) Bill Polizos 571-434-7790 polizos@att.com
Adult Catechetical (Sunday) School Bill Polizos 571-434-7790 polizos@att.com
Youth Catechetical (Sunday) School Christian Demeter, Principal 703-534-5669 cdemeter@excite.com
Greek School Sophia Tsangali, Principal 703-671-5820 stsgangli@stkchurch.com
PAIDEIA Bilingual Preschool Maria Papathanassiou, Director 703-671-7715 mpapathanassiou@gopaideia.org

MINISTRIES
Acolyte Captains Anastasios Galatis 703-383-0073 geliades@verizon.net
AHEPA #370 (Mt. Vernon) George K. Eliades, President 703-281-0843 antovia@verizon.net
AHEPA #438 (P. Derzis) Angelo Toutsi 703-281-0843 antovia@verizon.net
Bookstore Christopher and Frances Kalavritinos 703-671-1515
Choir John Douli 703-899-4131 jndouli@ail.com
Daughters of Penelope Helle #283 Jane Moore, President 540-847-2215 jmoore24@csc.com
DOXI Presv. Pauline Pavlakos 703-239-2627 przpmame@stkchurch.com
GOYA (ages 13-18) Tiffani Wills, President 703-948-7950 tiffany_wills@bullis.org
GRACE Fr. Costa Pavlakos 703-671-1515 frcosstas@stkchurch.com
Greek School Auxiliary Elena Lagos, President 703-241-1176 pedakia@ail.com
HOPE (ages 7 and under) Kelly Alexis, Director 703-909-2256 kalexisi67@gmail.com
Listserv (email list) Presv. Pauline Pavlakos 703-239-2627 przpmame@stkchurch.com
JOY (ages 8-12) Tina Papamichael, Director 703-536-4711 athena02@verizon.net
Missions and Outreach Missi John Demakis 703-319-1610 demakis9931@gmail.com
Parish Committees, List of http://saint-katherines.org/about_us/parish-committees
Philoptochos Helen J. Spanos, President 703-536-3322 helenjspamos@gmail.com
Psalters James Loizou, Protopsalts 703-356-8220 dimitri14@verizon.net
Safeway eScrip Elvira Garnett 703-425-3675 villa45@hotmail.com
Website Presv. Pauline Pavlakos 703-239-2627 przpmame@stkchurch.com
Women's Book Club Christina Vazquez 703-723-7424 czvmail@aol.com
YAL (Young Adult League) TBD

Website Presv. Pauline Pavlakos 703-239-2627 przpmame@stkchurch.com
Fellow Parishioners,

Having served on the Board of Auditors for the last two years and as Parish Council Treasurer for two years prior to that, I am always interested to hear a parishioner’s reaction to our budget. Our 2012 budget is almost $1.1M and is broken down into four principal components: 1) Ministries, 2) Staff, 3) Recurring Expenses (mortgage, utilities, insurance, etc.), and 4) Infrastructure (maintenance, capital improvements, etc.). As you might expect, “people” and paying our monthly obligations are our biggest expenses, but since some parishioners have told me they have difficulty relating to larger numbers, let’s take a slightly different look at what it costs to run Saint Katherine . . . on a daily basis:

- **Ministries** - $312/day
- **Staff** - $1,163 daily
- **Recurring expenses** - $1,317
- **Infrastructure** - $196

Total daily expenses - $2,988

Noteworthy expenditures within the components above include:

- **Office/Church Supplies** - $172/day
- **Utilities** - $220/day
- **Church Mortgages** - $564/day
- **Archdiocese Commitment** - $200/day

What about our schools? For the year ending June 2011, our Greek School and Paideia Preschool had combined expenses of $200,000 per year – or $548/day schools are in session.

Now let’s take a look to see where we get the money each day to pay our bills:

- **Stewardship** - $1,381/day (47%)
- **Other donations** - $196/day (7%)
- **Candles and trays** - $329/day (11%)
- **Fundraising (festivals, etc)** - $548/day (19%)
- **Rentals** - $480/day (16%)

Total daily expenses - $2,988

Hopefully, this slightly more granular look at our budget provides you a fresh perspective on our daily needs and why we must remain diligent stewards. It certainly serves to remind us all how very grateful we are for everyone’s continued support of our community and its diverse ministries.

Turning to other matters, I would like to take a moment to report to you on several ongoing initiatives. In the area of Information Technology, our Parish Council is exploring adoption of a new upgrade to our telephone system by using the Internet (VOIP), instead of conventional phone company wiring. In addition to numerous technological advantages, we anticipate significant cost savings as well. We are also involved in securing critical offsite digital storage and back up for our data systems which we currently do not possess. Using the “cloud” as our storage medium will also provide many other benefits including more reliable e-mail and remote access. Finally, maintaining our physical plant is a never-ending task. Our list of maintenance projects appears below and will give parishioners an understanding of the improvements planned in the coming months:

- Restripe parking lot
- Fix potholes in parking area/drives
- New sidewalks/retaining walls
- Landscaping church grounds
- Telephone (VOIP) conversion
- New bathrooms in Founders’ Hall
- Construct 2nd floor storage area off stage in Charuhas Meletis Hall
- Polish/seal sanctuary floors
- Paint side doors of the sanctuary
- Repaint the foyer of the Meletis Charuhas Hall
- Relocate church safe
- Acknowledgement signage/donors
- Lighting for the Iconostasion
- Refinish/install wooden exit doors in sanctuary
- Railings for steps to solea

In closing, I would like to thank the ministries who were contacted to further participate in the life of the Church by serving as ushers during the second Liturgy. Their response has been overwhelming and we will begin highlighting these individual ministries as part of this program this month.

I trust everyone has had a blessed Lenten journey. On behalf of our Parish Council, I wish you all a Happy Easter. Καλό Πάσχα!

Your Servant in Christ,

Your Signature

President, Parish Council
CATECHETICAL (SUNDAY) SCHOOL

April is an exceptionally beautiful month—spring is in full force, flowers are blossoming throughout the Washington area, the days are getting longer, and the weather is often very pleasant. With so many bright and sunny days, the attendance at Catechetical (Sunday) School flourishes. Above all, this April is extra special as we celebrate Holy Pascha.

On April 7, the Saturday of Lazarus, children and their families are invited to make palm crosses after the Divine Liturgy. There will be no Catechetical School on Palm Sunday the next day. On April 15 (Pascha) there will be no Catechetical School classes either, but parents are urged to attend Church with their children for the moving Agape service where the universality of Christ’s message is brought to use with readings from the Gospel in several languages.

Regular Catechetical School classes will resume on April 22. On that day, our young people should bring back to their classes the mission boxes they received from their teachers at the beginning of Lent. The purpose of the mission boxes is to have another experience giving to others less fortunate. That way emphasis on the scripture lesson, “It is more blessed to give than to receive” is once more accentuated.

We wish all of our Church family a blessed Pascha.

VACATION BIBLE CAMP

Attention Parents: If your child is between the ages of 4-12 you might want to consider registering him/her for the 2012 Saint Katherine Vacation Bible Camp. This year, camp will begin on Monday, June 25 and end on Friday, June 29. Space is limited. Only 60 seats are available, so make sure to register early. This year’s theme is My Orthodox Journey. Younger students will learn about the various areas in the church, from the Narthex to the Altar, and the older students will take a “trip” to Constantinople, Mount Athos, Mount Sinai, and Jerusalem. Registration is $30 and forms can be found in the Narthex. Additionally, if you would like an electronic form, email Christina Vazquez at czvmail@aol.com or Daphne Papamichael at cyprusd@aol.com.

GO GOYA . . .

Saint Katherine GOYA will host their 2012 Basketball Tournament the weekend of April 21-22. Our teams are red hot and have been placing 1st and 2nd in church basketball tournaments.

GOYA will sell ads for their Tournament Book through April 6. Thanks in advance for your support.

For more information or to place an ad, please visit the GOYA table during Coffee Hour on Sundays or contact Mrs. Frances Campbell at frangoo123@yahoo.com.

PAIDEIA

Congratulations to our students and teachers for an outstanding Greek Independence Day Program held on March 24th in cooperation with our Greek School. Our children did a wonderful job with their songs and poems. In March, we also learned about the Feast of the Annunciation of our Theotokos and talked about the coming of spring. We discovered the changes in nature and learned about rainbows, the sun and the stars.

As we near the end of the school year, we would like to recognize the support of SAFEWAY and thank them for providing healthy snacks for our children.

This month, we are focusing on preparations for PASCHA. We will be baking koulourakia, dyeing eggs and decorating our Easter candles (Lampades). Father Costa will also talk to us about the meaning of the Resurrection. We will also be planting seeds and watch them grow; and will talk about Earth Day and recycling.

School will be closed for Holy Week. We return on April 17.

I hope you enjoy this special time as we await the Resurrection of our Lord. Καλή Ανάσταση! Καλό Πάσχα!

SUMMER CAMP

for children ages 3 to 5

July 9 - August 17
(6 weekly sessions)

9:00am to 3:30pm
Monday-Friday

Weekly themes include:
1. Crafty Creations
2. Baking Basics
3. Exploring Ellada - the Olympics
4. Music, Poetry, Rhythm and Art with Ms. Gilda
5. Under the Sea
6. Movement and Dance

Cost: $210 per week

Sign up by April 30. Space is limited.

For registration information:
Email director@gopaideia.org
Call 703-671-7715.
ΠΟΙΟΣ ΕΙΔΕ ΑΝΘΡΩΠΟ ΠΟΙΟΝ ΠΕΤΑΘΕΝ ΚΡΕΜΑΣΑΜΕΝΟΣ ΣΤΟ ΣΤΕΦΡΟ ΚΑΙ ΤΡΙΠΛΗΛΟΝ ΜΕ ΛΟΥΣΗ ΣΤΟ ΠΛΕΥΡΟ ΠΟ ΖΩΝΤΑΝΕΙΝΑΙ ΕΝΕΛΕΙΤΗΡΕΤΑΝΕ ΜΕ ΜΟΝΗ ΤΗ ΔΥΝΑΜΗ ΣΟΥ Η ΓΙΑ ΝΑ ΣΕΙΣΕΙ ΏΛΟΚΛΗΡΗ ΜΕ ΤΗΝ ΑΝΑΣΤΑΣΗ ΣΟΥ ΚΑΙ ΟΙ ΦΩΝΟΙ ΣΑΝ ΝΕΚΡΟΙ ΑΠΌ ΤΡΟΜΟ ΚΑΙ ΦΩΒΟ ΝΑ ΚΟΙΝΩΝΕΤΑΙ ΕΖΩ ΑΠΌ ΤΟΝ ΤΑΡΟ ΣΟΥ,

ΗΤΑΝ ένα γαλήνιο πρωί,... Η ατμόσφαιρα επάρπισε την ανυώματικη ζωτικότητα της από τον λαμπρό ήλιο που ανέτελε στην πόλη του Ορίζοντα... Φως και γαλήνη πλημμύριζαν ολόγυρα, αναμετέχοντας με τις μυρωδιές των ευωδιάσπαρτων λουλουδιών.... Μέσα σ’ αυτή, την μοναδική στην μεγαλοπρεπεία της ατμόσφαιρα, αντήρησε η φωνή του αγγέλου: «Ηγέρθη, ουκ ἐστίν ὁδέ...», Μάρκου 16:6. Κι από τότε η αγγελική αυτή φωνή αντιλαμβάνεται το χαρμακόην μνημίως της, τονιζόμενης στους αιώνες το εξαίρετο θαύμα: Χριστός Ανέστη! Μήνυμα χαράς! Μήνυμα ελπίδας! Μήνυμα θριαμβευτικής νίκης! Μήνυμα που έρχεται να επιβεβαιώσει την νίκη του Χριστού πάνω στις αρχές και στις εξουσίες του σκότους. Επί πλέον όμως και την δική μας νίκη «στον αγώνα του ναό και αυληνόμεμπτο Το Χριστόν Ανέστην», που βγαίνει από όλες τις καρδιές και τα σώματα, είναι μια μεγάλη επιβεβαίωση ότι κι εμείς θα νικήσουμε στον αγώνα του πνεύματος εναντίον της ύλης, του κακού, της αμαρτίας.

Είναι αλήθεια πως μερικές στιγμές είναι δύσκολες και οδυνηρές στον αγώνα μας. Ίσως θα λέγαμε μαύρες στιγμές, γιατί κυριαρχεί η αδυναμία. Είναι στιγμές πικρές, όπου τα γόνατα λυγίζουν. Οι πειρασμοί γίνονται δυνατοί. Σκοτάδι κυριαρχεί στην καρδιά μας, που φοτιζόταν μόνο από τις αστραπές που φέρει το μίσος, ο φθόνος, η μηνυσικική, η σάρκα, για να κάνουν αγιώτερη την καταγείριση.

Ένα σκοτάδι παρόμοιο με εκείνο που ιενώρισε στον Γολγοθά «από έκτης ώρας...έως ώρας ενότητας». Τότε που όλα φάνηκαν ότι χαιρετούνται. Τότε που ο Ιησούς φάνηκε να οδηγείται στην ητέτα, στην εξαφάνιση, στην νεφρατή. Πόσο γέλασαν τότε οι εφηβοί! Пόσο έκλαπαν οι γυναίκες!

Αυτό όμως δεν κράτασε πολύ, γιατί από το σκοτάδι εκείνο πήγαν το φως! Η Ανάσταση! Η νίκη! Η δόξα!

Ερήχθηκε έτσι η Ανάσταση, το «Χριστός Ανέστη» να πουν και στην δική μας την ψυχή την μεγάλη αλήθεια, να μη φοβομαστε. Η νίκη είναι δική μας, όσο κι αν είναι οι πειρασμοί, όσο σκληρή και αν είναι ο αγώνας, πίσω περιμένει με δαφνοστέφανα η νίκη! Έστοι κι αν φαίνεται, προς στιγμή ότι τα πάντα χαίρονται, εστίο κι αν φαίνεται ότι το πρόόπλω και η τσάρτς μας πλησιάζει, είμαστε χριστιανοί, γιατί μας το ψυχόμας, και δεν πρέπει να διαλύζουμε. Γιατί μετά το σκοτάδι της Μεγάλης Παρασκευής, έρχεται το ανοιξιάτικο, φωτεινό πρωί της Κυριακής του Πάσχα, της νίκης! Στο πλευρό μας στέκεται ο ισχυρός Χριστός, που έρχεται και παίρνει θέση στός εκείνους που αγωνίζονται να είναι δίκαιο Του και να κρατούν την ψυχή τους «ασπάζοντας από τον κόσμο», (Ιακώβου 1:27). Όπως εκείνος, μετά τα Πάθη έφτασε στον θρίαμβο της Ανάστασης, έτσι κι εμείς θα φτάσουμε αυτήν την αναγνώσιμη, όπου ο δρόσερος αέρας της νίκης θα αξιώσει ους.

(Continued on page 14, column 1)
PASCHAL PRAYER FOR MEALTIME
Adapted from Prayers for the Domestic Church by Edward Hays

(To be used on Pascha and the 40 days after. The family stands in prayerful silence around their table upon which there are two unlit candles.)

Blessed are You, Lord our God, who raised up Jesus from the tomb and has gathered all of us around this table. As the light of God overcame the darkness of death, may these candles we now light be for us a sign of the flame of life that burns within our hearts.

(Candles are lit.)

As these Pascha candles call us to the feast of this our table, may the light of Christ, call us to Your eternal feast. May these candles delight our eyes and splendor to our meal.

With great joy, we come to our Paschal dinner as we continue our celebration of the ever-newness of the Resurrection of our Lord and Savior, Jesus Christ. We rejoice in the resurrection of spring, as birds, flowers and fields come alive after the long sleep of winter. May we, in this Paschal meal, share with them the great joy of life.

May the taste of goodness in this food be a promise of the eternal Paschal meal we shall all share together with our Risen Lord. May this Paschal dinner be a sacrament of springtime, peace, and eternal happiness. May God’s blessing rest upon this table and each of us. Amen. Christ is Risen! Truly He is Risen!

(Close by singing Christ is Risen.)

REGISTRY

Baptisms
George Maxīmūs (March 3)
son of Guillermo N. Fuentes and Nickie Donas
Godparent: Kaneli Boosalis

Kostantinos John (March 24)
son of Peter Dinos and Amy Marie Marketos
Godparents: Thomas and Rose Maria Pellicane

Zoe (March 25)
daughter of Ramon Sanchez and Antonia Xereas
Godparent: Percefone Karakosta

Chrismations
Ann Elizabeth Beranis (March 4)
Sponsor: Anastasia Topping

Maximus Reid Allan (March 18)
son of David and Barbara Salvette
Sponsor: George Konstas

Congratulations!

Funerals
Catherine Kakadelis (February 22)
Jenny Holt (March 21, Virginia Beach)

May their memories be eternal.

The SAFEWAY benefits program at Saint Katherine is looking for new members. Please fill out the form below. You can put it in one of the offering baskets on Sunday or mail it to the Church Office. For more information, call Elvira Garnett at 703-425-3675.

SAFEWAY BENEFITS

Card # _____________________________________
Name ______________________________________
Address ____________________________________
__________________________________________
Telephone  _________________________________

A GMU student needs a ride to church. If you are able to offer assistance, please contact Fr. Costas at 703-671-1515.

CAMP GOOD SHEPHERD 2011
The Linwood-MacDonald YMCA Center
Branchville, New Jersey

July 8-14: JOY (ages 8-12)
July 15-21: GOYA #1 (ages 13-18)
July 22-28: GOYA #2 (ages 13-18)

For more information, contact the Metropolis Youth Office at 908-301-0500 or youth@nj.goarch.org.
DIAPER COLLECTION FOR AREA FOOD PANTRIES. On Palm Sunday, April 8, we will once again collect diapers for donation to area food pantries and family charities. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants. Collections will take place in the foyer of our Community Center. Please bring unopened packages of sizes newborn to 6. No pull ups please.

BAILEY’S CROSSROADS HOMELESS SHELTER FEEDING THE HOMELESS. Dinner at the homeless shelter will be served by our Parish Council on March 27 and our Mission and Outreach Committee on April 24. Lunch will be served by our Greek School on Saturday, May 5 and Vacation Bible Camp on Thursday, June 28. If your church group would like to serve, please contact John Devakas at demakis9931@gmail.com.

DIAPER COLLECTION FOR AREA FOOD PANTRIES. On Palm Sunday, April 8, we will once again collect diapers for donation to area food pantries and family charities. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants. Collections will take place in the foyer of our Community Center. Please bring unopened packages of sizes newborn to 6. No pull ups please.

CLOTHING AND TOILETRIES. We continue to collect new and used clothing and unopened toiletries for the Shelter. There is always a need for adult shoes of every kind for men and women—dress shoes, casual shoes, new shoes, and used shoes in good condition. Please give what you can. Bring your items to our community center and we will deliver to the shelter once a week. Thanks to all who have contributed in the past.

OCMC BENEFIT DINNER, SATURDAY, APRIL 28. The 2012 benefit dinner for the Orthodox Christian Mission Center (OCMC) will be held at Saint Katherine on Saturday, April 28. We are pleased to announce that the main speaker will be the Executive Director of the OCMC, Fr. Martin Ritsi. Fr. Martin has served as a mission priest for four years in Kenya and six years in Albania with Archbishop Anastasios. He has been the Executive Director of the OCMC for 13 years. Hear about the exciting things happening in Orthodox Missions around the world.

FR. MARTIN’S TOPIC WILL BE HE WHO HAS EARS, LET HIM HEAR: PREACHING THE WORD WHERE IT HAS NOT BEEN HEARD. Come and be a part of this important event. Tickets are $50.00 per person and $60.00 after April 10, with reduced prices for children. For more information and tickets, contact Gregory McKinney at dintym@hotmail.com or Skip Mersereau at jwmster@gmail.com.

GUATEMALA TEAM JANUARY 2013. Saint Katherine will send a mission team to the Guatemala Orphanage January 16-24, 2013. Fr. Costa will be the spiritual leader and Nicole Leontsinis will be the team leader. For application information, please contact Nicole at nicola713@gmail.com.

ALASKA MISSION TEAM. Due to unforeseen difficulties, we have had to cancel our Alaska Mission effort for this summer. We are now planning for the summer of 2013. For those still interested in an Alaska mission, the OCMC is planning two mission trips to Alaska this summer. For more information, go to OCMC.org.

UPDATE FROM MARIA ROEBER, TANZANIA. I am doing well here in Bukoba. We expect any day to hear the official word from the Ministry of Health about the Orthodox clinic’s registration. We’d been told that we would hear news last Friday, but now we have been told to call back on March 16. In the meantime, I have been working with my fellow missionary and nurse, Felice Stewart, to organize supplies and medications in the clinic. I am also continuing my language study, and I am now at the stage where I am telling short stories to my language teacher using only Kiswahili. I am amazed at how much I actually understand when people talk to me, though my own ability to speak the language is less proficient. However, I am looking forward to starting work in the clinic when we are registered, because then I feel I will get more practice speaking with people. We are also preparing to welcome three short-term OCMC teams in 2012, and are beginning to discuss planning and logistics for those teams. Most importantly, as we are in the blessed season of Great Lent, I am attending twice daily services and am using the extra prayer time to ask God for His blessings upon the ministry and the people here in Tanzania, as well as for my supporters back home in the United States. I have been
<table>
<thead>
<tr>
<th>Date</th>
<th>Service Details</th>
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<tbody>
<tr>
<td>07 April</td>
<td>SATURDAY OF LAZARUS</td>
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<td>Orhros 9:30am</td>
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<td></td>
<td>Divine Liturgy 10:30am</td>
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<tr>
<td>08 April</td>
<td>PALM SUNDAY</td>
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<tr>
<td></td>
<td>1st Divine Liturgy 8:00am</td>
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<tr>
<td></td>
<td>Orhros 9:30am</td>
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<td></td>
<td>2nd Divine Liturgy 10:30am</td>
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<td></td>
<td>Bridegroom Service 7:00pm</td>
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<tr>
<td>09 April</td>
<td>HOLY MONDAY*</td>
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<tr>
<td></td>
<td>Bridegroom Service 7:00pm</td>
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<tr>
<td>10 April</td>
<td>HOLY TUESDAY*</td>
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<tr>
<td></td>
<td>Bridegroom Service 7:00pm</td>
</tr>
<tr>
<td>11 April</td>
<td>HOLY WEDNESDAY</td>
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<tr>
<td></td>
<td>Holy Unction 3:00pm</td>
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<tr>
<td></td>
<td>Holy Unction 7:00pm</td>
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<tr>
<td>12 April</td>
<td>HOLY THURSDAY</td>
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<tr>
<td></td>
<td>Vespers with the Liturgy of Saint Basil (Mystical Supper) 6:00am</td>
</tr>
<tr>
<td></td>
<td>The Holy Passion of Christ (Twelve Gospels) 7:00pm</td>
</tr>
<tr>
<td>13 April</td>
<td>GOOD FRIDAY</td>
</tr>
<tr>
<td></td>
<td>The Great Hours 9:00am</td>
</tr>
<tr>
<td></td>
<td>Great Vespers with the Descent of the Cross 3:30pm</td>
</tr>
<tr>
<td></td>
<td>The Lamentations (Epitaphios) 7:00pm</td>
</tr>
<tr>
<td>14 April</td>
<td>HOLY SATURDAY</td>
</tr>
<tr>
<td></td>
<td>Vespers with the Liturgy of Saint Basil 9:30am</td>
</tr>
<tr>
<td></td>
<td>Canon Preceding the Resurrection 11:00pm</td>
</tr>
<tr>
<td></td>
<td>THE HOLY RESURRECTION Orhros and Divine Liturgy 12:00pm</td>
</tr>
<tr>
<td>15 April</td>
<td>EASTER SUNDAY</td>
</tr>
<tr>
<td></td>
<td>Vespers of Love (Agape) 11:00am</td>
</tr>
<tr>
<td></td>
<td>Easter Egg Hunt</td>
</tr>
</tbody>
</table>

*Holy Confession will be offered at 6:00pm and by appointment.

<table>
<thead>
<tr>
<th>Date</th>
<th>Service Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>07 April</td>
<td>Ιερά Εξομολόγηση στις 6:00μμ και με appointment.</td>
</tr>
</tbody>
</table>

**OTHER WEEKDAY SERVICES IN APRIL**

<table>
<thead>
<tr>
<th>Date</th>
<th>Service Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, April 2</td>
<td>7:00pm Compline</td>
</tr>
<tr>
<td>Wednesday, April 4</td>
<td>Presanctified Liturgy, 7:00pm</td>
</tr>
<tr>
<td>April 20</td>
<td>Lifegiving Fountain</td>
</tr>
<tr>
<td></td>
<td>(9:30am Orhros, 10:30am Liturgy)</td>
</tr>
<tr>
<td>April 23</td>
<td>Saint George (10:00am at Saint George, Bethesda)</td>
</tr>
<tr>
<td>April 26</td>
<td>Apostle and Evangelist Mark</td>
</tr>
<tr>
<td></td>
<td>(9:30am Orhros, 10:30am Liturgy)</td>
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<tr>
<td>Sunday</td>
<td>Monday</td>
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<td>--------------------------------------------------</td>
<td>---------------------------------------------</td>
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<tr>
<td><strong>1 Sunday of Saint Mary of Egypt</strong></td>
<td>6:00pm Holy Confession <strong>7:00pm Holy Compline</strong></td>
</tr>
<tr>
<td>8:00am Divine Liturgy 10:30am Orthodox and Catechist School 10:30am Divine Liturgy</td>
<td>9 Holy Monday 6:00pm Holy Confession <strong>7pm Bridegroom Service</strong> 8:00pm YAL Deuteri Deuteri (sandwich making for the homeless)</td>
</tr>
<tr>
<td>8 Palm Sunday 8:00am Divine Liturgy 9:30am Orthodox and Catechist School 10:30am Divine Liturgy Palm Sunday Luncheon Philoptocho Bake Sale 6:00pm Holy Confession 7pm Bridegroom Service</td>
<td>15 Holy Pascha 11:00am Agape Service Annual Easter Egg Hunt</td>
</tr>
<tr>
<td>22 Thomas Sunday 8:00am Divine Liturgy 9:30am Orthodox and Catechist School 10:30am Divine Liturgy</td>
<td>23 Saint George 10:00am Liturgy celebrated at Saint George, Bethesda</td>
</tr>
<tr>
<td>29 Holy Myrrhbearers 8:00am Divine Liturgy 9:30am Orthodox and Catechist School 10:30am Divine Liturgy 2pm DOP Fashions Around the Tea Tables</td>
<td>30</td>
</tr>
</tbody>
</table>

*Please check the online calendar, http://saint-katharines.org/calendar, for the most current information.*
PHILOPTOCHOS

THE PHILOPTOCHOS HAS BEEN BUSY BAKING for our Annual Easter Bake Sale which will take place on Saturday, April 7 and Palm Sunday, April 8. We are also preparing Easter treat bags of baked goodies for our shut-ins, to be delivered by Fr. Costa.

The April commitments to our National Philoptochos are the Sisterhood of Saint Basil Academy—providing for the physical needs of the children of Saint Basil’s and the International Orthodox Christian Charities which provides food, shelter, and economic self-sufficiency to those in need.

The Philoptochos board urges everyone to submit their Philoptochos stewardship as soon as possible to Mrs. Irene Burton, Treasurer, 6206 Everglades Drive, Alexandria, VA 22312.

We wish you a Blessed Lenten Season and a joyous and glorious Anastasi. Kalo Pascha!

DAUGHTERS OF PENELOPE

THE DAUGHTERS OF PENELOPE are having their 4th Annual Fashions Around the Tea Tables on Sunday, April 29 beginning at 2:00pm in the Meletis Charuhas Center. Take a stroll around the Tea Tables and view our unique table settings and raffle prizes. Champagne punch will be served beginning at 2:00pm and Tea will be served beginning at 2:30pm. Fashions will be by Carol Anderson by Invitation. Donation is $35.00, and children over 7 years old, $25.00. All proceeds will benefit our scholarship fund and other philanthropies. Reservations are required, so please call Kathy Cavallo (703-978-1539), Elvira Garnett (703-425-3675), or Jane Moore (540-847-2215) to reserve your spot today!

SAINT KATHERINE BOOKSTORE

THIS MONTH WE ARE FEATURING TWO BOOKS to aid you in your Lenten journey to Pascha:

Athonite Fathers and Athonite Matters by Elder Paisios of Mount Athos. This book deals with the lives or events in the lives of Elders of Mount Athos who lived in the period between 1840 and 1980. The author, Elder Paisios, was blessed in being able to associate with many righteous Athonite fathers, “athletes” of Christ, or to hear others tell of them. He was deeply impressed by their holy simplicity, their unshakeable, genuine faith; he was moved by the generosity of spirit in which they struggled; he admired their self-denial unto death and their devotion to the ascetic ideal; he tasted and was sweetened by the honey of their virtues; and, being animated by the same spirit of Christian struggle, he imitated their godly achievements.

Repentance And Confession by Saint Nektarios. This initial volume is the first of any of Saint Nektarios’ works to be translated into English. It is vital for every Orthodox Christian who is concerned about the salvation of his soul to read this theological yet concise and easily understood study on a much-neglected commandment of God. According to Saint Nektarios, “Confession is the life-saving medicine for society because it is capable of saving many souls from destruction...Confession from a moral standpoint is the greatest benefaction of the Church to society. The spiritual father is the moral physician of society. He alone is capable of intercepting all the bad things that afflict society today...This is what confession is from a moral standpoint, which we unfortunately have not realized and have abandoned. This is why many bad things exist, which afflict society.”

The bookstore is open after liturgy on most Sundays.
AHEPA SCHOLARSHIPS AVAILABLE

The American Hellenic Educational Progressive Association’s commitment to education has been well documented throughout its history. Over $4 million is endowed at the local, district, and national levels toward the use of scholarships and a half-million dollars is awarded annually. Thousands of young men and women have benefited as recipients of AHEPA scholarships at these various levels.

Our local AHEPA family is proud to claim a robust scholarship program to promote, encourage, induce, and advance education at the college and university levels for eligible and deserving youth in our community. We are indeed fortunate to have 4 distinct AHEPA scholarships immediately available to our community in the Washington Metropolitan area. Although we are blessed to have so many scholarship opportunities available for our young students, each year, one or two applicants fail to pay close attention to submission instructions and their applications are eliminated. Please do not let this happen to you!

Each of the following scholarships are separate and distinct, requiring submission of individual applications with differing requirements. What follows is pertinent information provided to make all those eligible aware of their scholarship opportunities and to eliminate confusion about the various scholarship programs available.

**Washington Metro Area Scholarships** have been awarded by DC metropolitan area AHEPA and Daughters of Penelope Chapters since 1970. This competitive program has recognized over 1,500 area students and awarded over $750,000 since its inception. Scholarship presentations will be made at an awards program on Sunday, May 20, 2012 at the Hilton Washington, DC/Rockville Hotel in Rockville, Maryland. In addition to a cash award, each recipient receives a plaque and is individually honored during the award banquet. The award banquet is an exceptional affair and many parents and grandparents attend. Applications and additional information are available in the Church Office and also on the Saint Katherine website. Submission deadline is April 6, 2011.

**The Peter N. Derzis Chapter 438 Community Scholarship** is awarded to a student from the local community who best exemplifies attributes of scholarship and community involvement. This award is made on AHEPA Sunday during ceremonies after the second Divine Liturgy in the Church. Applications and additional information are available in the Church office, from any Chapter officer and also on the Saint Katherine website. Submission deadline is April 6, 2011.

**AHEPA Capital District 3 Scholarships** are awarded to high school seniors throughout the Capital District 3 region (Virginia, West Virginia, Maryland, North Carolina, and Washington, DC). Scholarships are funded through the AHEPA Family District No. 3 Scholarship Foundation. The winners are determined by a scholarship committee which convenes at the District Convention (this year to be held June 6-8 in Annapolis, MD). Award recipients are notified shortly thereafter. The number of awards varies depending on availability of funds, but typically 20-25 awards are made. Additional information may be found on the District website http://www.district3ahepa.com/mydistrict/?page_id=437. Applications and additional information is available in the Church office and also on the Saint Katherine website. Submission deadline is April 1, 2012.

**AHEPAcademy**—for High School Juniors. Apply for the opportunity to be one of a small, select group of Greek-American high school students selected from all over the country to participate in AHEPAcademy, an interactive leadership and networking seminar to be held on the campus of George Mason University outside Washington, DC from June 24-30, 2012. Applications for AHEPAcademy are now available on www.AHEPAcademy.com. The early-action deadline for submission of completed applications to AHEPAcademy is March 4, 2012. The final deadline for submission of completed applications to AHEPAcademy is April 1, 2011, but please contact AHEPAcademy and your local AHEPA Chapter as soon as possible to indicate your interest in applying for the program and regarding your eligibility to receive a scholarship from your local AHEPA Chapter for your participation in the AHEPAcademy on Campus program.

Multiple **AHEPA National Scholarships** are also offered to a wide variety of students. Recipients are traditional and non-traditional students; seminarians, including those entering Holy Cross Greek School of Theology; and high school seniors, college, and post-graduate students who are looking to become tomorrow’s leaders in the Hellenic American community. For additional information or to download applications for over a dozen additional AHEPA scholarships, please go to http://www.ahepa.org/uploads/pdf/ahepa_scholarship_2012.pdf. Submission deadline is March 31, 2012.
REALTY ALLIANCE INC. (RAI)
http://raidonations.org

Realty Alliance, Inc. (RAI), http://raidonations.org, is an organization dedicated to the funding of non-profit organizations such as Saint Katherine, through affiliated real estate agents who donate a portion of their compensation. Anyone wishing to buy or sell real estate merely checks the website mentioned above for a participating realtor who will ensure their donation is made to our parish. The average individual donation for our area is approximately $2,500 and is tax deductible to the buyer or seller.

This is a national organization and participation is not limited to just our parishioners. Any referral a member receives from a friend, relative, or co-worker anywhere in the country will qualify for a donation to Saint Katherine as long as a participating RAI agent is utilized. We hope all parishioners will consider using the services of realtors who participate in this endeavor and further that you designate Saint Katherine as the recipient of your generosity.

RAI has provided funding to organizations such as The American Cancer Society, YMCA, Big Brothers and Big Sisters, as well as numerous churches.

Study with Vasilios Boobas
703-256-0666
Noted Concert Pianist and Performer
Symphony Soloist
Distinguished Teaching for More than 30 Years

Miss Me, But Let Me Go
Author Unknown

When I come to the end of the road, and the sun has set for me.
I want no rites in a gloom-filled room.
Why cry for a soul set free?
Miss me a little—but not too long, and not with your head bowed low.
Remember the love that was once shared.
Miss me, but let me go.
For this is a journey we all must take, and each must go alone.
It’s all a part of the master’s plan, a step on the road to home.
When you are lonely and sick of heart, go to the friends we know.
Bear your sorrow in good deeds. Miss me, but let me go.
SHOWN BELOW is a list of families and individuals who participated in the 2011 Saint Katherine Stewardship Program from February 1 through February 29. Thank you for responding to the needs of our church. (Complete lists will be published periodically.)

Our stewardship pledge form is on page 15. If you have not yet sent a pledge, please complete the form and send it to the office as soon as possible. Alternatively, you may pledge online today at www.saint-katherines.org/stewardship. Your Church and community depend on your stewardship commitment.

Any questions? Please contact Anna Vassilopoulos at avassilopoulos@stkchurch.com or 703-671-1515.

CHRIST IS RISEN! TRULY HE IS RISEN!

Albanian: Krishti Ungjall! Vertete Ungjall!
Arabic: Al Maseeh Qam! Haqqan Qam!
Armenian: Christos harjav i merelotz!
Dutch: Christus is opgestaan! Hij is waarlijk opgestaan!
English: Christ is Risen! Indeed, He is Risen!
Estonian: Kristus on üles tõusnud.
Finnish: Khristus Voskrese! Voistinu voskrese
French: Le Christ est ressuscité.
Georgian: Kriste aghsdga! Cheshmaritad aghsdga!
Greek: Christos Anesti! Alithos Anesti!
Hebrew: Ha Mashiyach qam! Ken hoo qam!
Hebrew: Ha Mashiyach qam! Ken hoo qam!
Hebrew: Ha Mashiyach qam! Ken hoo qam!
Italian: Cristo è risuscitato. In verità è risuscitato.
Japanese: Harisutosu Fukkatsu! Jitsu Ni Fukkatsu!
Kazakh: Христос воскрес! Алathing воскрес!
Korean: Khristos voskres! Voistinu voskres!
Latin: Christus resurrexit! Vere resurrexit!
Persian: Khristos Voskrese! Vaistinu Voskrese!
Polish: Khristus Zmartwikstau! Zaiste Zmartwikstau!
Portuguese: Cristo Ressuscitou!
Rumanian: Hristos a Inviat! Adeverat a Inviat!
Russian: Khristos voskres! Voistinu voskres!
Serbian: Hristos Vaskrese! Vaistinu Vaskrese!
Spanish: Cristo ha resucitado!
Swahili: Kristu amefufuka. Kweli amefufuka.
Syriac: Meshihqa qam! Bashira qa!
Ukrainian: Kristos Voskres! Voistinu voskres!
Ukrainian: Kristos Voskres! Voistinu voskres!
Ukrainian: Kristos Voskres! Voistinu voskres!
Vietnamese: Christo soc! Hien thuc soc!
Welsh: Christus ystodd! Yn araf ystodd!
Greek: Christos Anesti! Alithos Anesti!

(Continued from page 7)

blessed to celebrate many feasts in the past several months, as well as to prayerfully welcome newcomers into the Church—I’ve been to three baptisms and two weddings here in Bukoba, and have been inviting and welcoming many visitors to our local parish. The people in Bukoba are very excited to hear about the upcoming opening of the Orthodox clinic—many of them remember the Greek priest and physician who worked here for many years, and they remember what good and loving care he gave. I hope that in my next update I will be able to report that we are even closer to reopening. Please continue to pray for us, and for the people of Tanzania!
Good Friday. Today, try to keep your home as quiet as possible. Better yet, please join us at church, retreating from the world and preparing for Easter. Consider pulling your children out of school for the day. (Fr. Costa will provide a note to excuse the absence.) We will have an Altar Boy Retreat and prepare for Pascha by wrapping the Easter eggs with the GOYAns, decorating the Epitaphios, cleaning the church, etc. A Lenten meal will be provided. There are three services today: The Great Hours at 9:00am. The Apokathelosis (Lowering of Christ from the Cross) in the afternoon at 3:00pm, and The Lamentations at 7:00pm.

Holy Saturday. Today, continue your home preparations for Easter. At church today: The Holy Saturday morning service is the first announcement of the Resurrection. Vespers, sung in the morning by anticipation, and the Liturgy of Saint Basil begin at 9:00am. Listen closely to the Old Testament reading of the story of the three youths. Sing the response to the Hymn of the Three Youths, “Praise the Lord and exalt Him forever.” Shortly after the hymn, after the Epistle reading, the priest “decorates” the church as he proceeds down the middle aisle, chanting and scattering bay leaves and rose petals.

Holy Pascha of Our Lord and Savior Jesus Christ. Christ is Risen! Truly He is Risen! Orthodox Christians throughout the world victoriously proclaim this message for a full 40 days after Easter. As a family, learn to declare the Resurrection in different languages. Go to page 13 of this issue for translations into various languages. At Church today: The liturgical celebration does not end with the Resurrection Service at midnight but rather continues with the beautiful Agape Vespers at 11:00am. This service proclaims the Gospel in many languages.

There are many resources to guide you through the remainder of Great Lent and Holy Week. A good resource is http://lent.goarch.org/, a website dedicated to Great Lent, Holy Week, and Pascha. We have the book Holy Week - Easter, in Greek and English, available at church.

GOYA

GOYA will fold palms into crosses following Liturgy on the Saturday of Lazarus, April 7, and wrap the Easter eggs on Good Friday morning, April 13, following the Great Hours.

GOYA will host their Annual Basketball Tournament on Saturday and Sunday, April 21 and 22. If you would like to place an ad in our Tournament Book, please contact Mrs. Frances Campbell at frangoo123@yahoo.com or see her at Coffee Hour.

Games will be held at JEB Stuart High School and our Church Gymnasium on Saturday, April 21, and in our Church Gymnasium only on Sunday, April 22. Please come cheer for us! ALL TEENAGERS OF OUR COMMUNITY are invited to the Tournament Dance on Saturday, April 21, 8:30pm-11:30pm. Music by DJ Stavros.

GOYA has Church Duty during second liturgy on Sunday, April 22. Thalia Falcon will be the Captain and read the Epistle. Five other GOYAns will join her in the administration of church duties.

GOYA will participate in the Saint Demetrios, Baltimore and Saints Constantine and Helen, Annapolis tournaments on April 28-29 and May 7-8, respectively.

(Continued from page 5, column 2, Greek School)

On the Saturday of Lazarus there is Church School. Students must be prepared for going to church and receiving Holy Communion. Then, they will help the GOYAns with folding the palms into crosses for Palm Sunday.

Remember the Ellinomathia exams: Monday, May 14 – A1 (for children 8-12), A1 (for teenagers and adults), A2 and B1 Levels; Tuesday, May 15 – B2 and G1 Levels; and Wednesday, May 16 – G2 Level. The Graduation date has been changed to Sunday, May 20, at 5:00pm at the Meletis Charuhas Center.

Important Dates to Remember:

March 31 Teachers’ Meeting, 1:30pm
April 07 Saturday of Lazarus/Divine Liturgy and Holy Communion (Students must be in class at 9:30am and then go to church, with their teachers)
April 10-12 No Classes (Holy Week|Greek School Spring Vacation)
April 15 Agape Vespers/Easter Egg Hunt, 11:00am
April 21 Teachers’ Meeting, 1:30pm
May 14 Ellinomathia Exams – A1 (children), A1 (teenagers/adults), A2, and B1 Levels
May 15 Ellinomathia Exams – B2, and G1 Levels
May 16 Ellinomathia Exams – G2 Level
May 20 Graduation, 5:00pm
June 1-3 Spring Church Festival
June 18 Comprehensive Examination in Modern Greek (Regents)

Christos Anesti! Christ is Risen.

Fr. Costa

(Continued from page 5, column 1)

αγονιστές του Κυρίου.

Έχει μεγάλη ανάγκη ο κόσμος να νοώθη την αναστάση της σαράντα μέρες που ζούμε. Αποζητάει ελπίδα, χαρά, ευχή, που μόνο ο Χριστός τη δίνει. Ας ψάλλουμε όλες τις σαράντα μέρες δυνάμει το «Χριστός Ανέστη» για να αντιχρησίσει ο κόσμος όλα από τη χαρά της Ανάστασης και το σπουδαίτερο να ζήσουμε από δώ και πέρα μια ορθά, οντιστημένη ζωή, όπως ακριβώς μας δίδαξε ο Κύριος μας Ιησούς Χριστός!
In faith, prayer, and sacrifice, my family and I wish to share in the support and work of our Greek Orthodox Church of Saint Katherine. Out of our love and gratitude to God for all His blessings, we would like to pledge the amount of $____________ for the year 2012   Today’s Date: _______________

Name:  ____________________________________________________________________________________
Address:  ________________________________________________________________________________
City, State, Zip:  ____________________________________________________________________________
Telephone and email address:  _________________________________________________________________

Με πίστη, προσευχή και θυσία, η οικογένειά μου και εγώ επιθυμούμε να συμμετάσχουμε στην υποστήριξη και υπηρεσία της Ελληνικής Ορθοδόξου Εκκλησίας Αγ. Αικατερίνης. Από αγάπη και ευγνωμοσύνη στον Θεό για τις ευλογίες Του, θα θέλαμε να υποσχεθούμε το ποσόν των $____________ για το έτος 2012   Ημερομηνία (σημερινή): _______________

Όνομα:  ____________________________________________________________________________________
Διεύθυνση:  ________________________________________________________________________________
Πόλη, Νομός, Ταχ. Κώδικας:  __________________________________________________________________
Τηλέφωνο και Διεύθυνση email:  _______________________________________________________________

### SUNDAY CHURCH DUTY ROSTER

<table>
<thead>
<tr>
<th>Date</th>
<th>Captain</th>
<th>8:00am</th>
<th>9:30am</th>
</tr>
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<tbody>
<tr>
<td>April 1, 2012</td>
<td>Andrea Ballard, Captain</td>
<td>Chris Euripides, Iacovos Ioannou, Costa Mavromatakis</td>
<td>Maria Wills, Captain George Moshos, Jim Stoucker, Pierre Tavoularis</td>
</tr>
<tr>
<td>April 8, 2012</td>
<td>Chris Euripides, Captain</td>
<td>Daphne Vaccarello, Christina Vazquez, Maria Wills</td>
<td>Jim Stoucker, Captain Chris Christou, Korinna Garbis, Dr. George Silis</td>
</tr>
<tr>
<td>April 22, 2012</td>
<td>Korinna Garbis, Captain</td>
<td>Pierre Tavoularis, Daphne Vaccarello, Christina Vazquez</td>
<td>George Moshos, Captain Andrea Ballard, Nick Larigakis, Bill Porter</td>
</tr>
<tr>
<td>April 29, 2012</td>
<td>D. Vaccarello, Captain</td>
<td>George Moshos, Pierre Tavoularis, Maria Wills</td>
<td>Thalia Falcon, GOYA Captain, plus 5 other GOYAns</td>
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<td>Paidia Parents</td>
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<td>Thalia Falcon, GOYA Captain</td>
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<td>plus 5 other GOYAns</td>
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<td>Paidia Parents</td>
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<td>(6 volunteers)</td>
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ATTENTION POSTMASTER:
Please expedite. Dated material.